

COFFEE CUP INSIGHTS

Official Newsletter of Invitari Limited
invitari.co.uk



Invitari
BUILT ON TRUST

Happy Easter

Dear all,

In the first two weeks of April, many of us will have the opportunity to enjoy the Easter holidays.

From Monday 1st April to (and including) Monday 8th April, Invitari will be closed so that staff are able to spend quality time with their families.

For those of you going abroad for the occasion, we wish you safe travels and for anyone needing ideas of how to keep the children entertained in the UK, 'Day's Out With The Kids' offer suggestions of some amazing activities and day trips for the whole family up and down the British Isles.



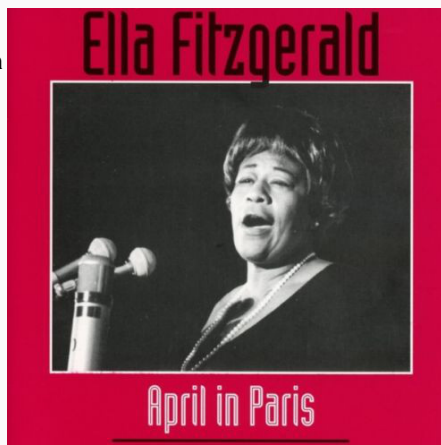
Click on the pictured link or copy and paste the address into your web browser for more details.
<https://www.dayoutwiththekids.co.uk/hub/things-to-do/easter-holidays-activities-things-to-do>

For anyone who will not be taking their holidays just yet and will be keeping the country running whilst we are away. Thank you and we hope you benefit from the quieter journeys in to work.

Happy Easter everyone!

Ella Fitzgerald - April in Paris

April in Paris was first performed by Freddy Martin in 1933 and re-released with Louis Armstrong in October 1956. In the song, a woman sits in a Parisian cafe during the month of April wishing that she had known what love was so that she'd have something to remember. The American Jazz singer, Ella Fitzgerald was born on 25th April 1917 and was sometimes referred to as 'First Lady of Song' or 'Queen of Jazz'. Known for her purity of tone, impeccable diction and improvisational ability in scat singing.



TIME CAPSULE

1983 - 14TH APRIL
THE FIRST CORDLESS PHONE WENT ON SALE IN BRITAIN

1858 - 24TH APRIL
BIG BEN IS INSTALLED IN THE CLOCK TOWER OF WESTMINSTER PALACE

DATES FOR YOUR DIARY

1ST APRIL
APRIL FOOL'S DAY

1ST APRIL
EASTER MONDAY

1ST APRIL
WORLD AUTISM AWARENESS DAY

9TH - 10TH APRIL
EID AL-FITR

15TH APRIL
WORLD ART DAY

22ND - 30TH APRIL
PASSOVER

23RD APRIL
NATIONAL SHAKESPEAR DAY

23RD APRIL
ST GEORGE'S DAY

WHAT THEY SAID...!

"ART IS THE EXPRESSION OF THE PROFOUNDEST THOUGHTS IN THE SIMPLEST WAY."

ALBERT EINSTEIN

IMMUNE BOOSTING 'SUPERFOODS'

RECIPE SUGGESTIONS

It is the anthocyanins that gives Rhubarb it's red colouring, which high in antioxidants as is proanthocyanidins. It has been said that these antioxidants have anti-bacterial, anti-inflammatory, and anti-cancer properties, which help protect you from many health-related issues such as heart disease, cancer, and diabetes.



Rhubarb is a rich source of nutrients providing 45% of Daily Value of Vitamin K in a serving size of 1 cup. In addition, rhubarb contains Vitamin C and A, along with Folate, needed to produce healthy red blood cells and is critical during periods of rapid growth, such as during pregnancy and fetal development. Rhubarb provides 32% of Daily Value of manganese in a serving and has Riboflavin, and Niacin.

Did you know?

The theme in 2024 for World Art Day on 15th April is "A Garden of Expression: Cultivating Community through Art."

Payments

When making online banking payments to Invitari, adding the invoice number to your reference will enable us to match up payments and prevent unnecessary reminder notices.

Customer Data

Due to changes to GDPR, customers will now be able to access their personal information that Invitari Ltd hold. This will be through an online portal. Keep an eye on your inbox for more information but should you need immediate access, please do get in touch.

Appointments

Most of the calls we get on a daily basis is through word of mouth. This is due to the many happy customers we have served over the years who have referred our services to friends, families and strangers that have asked for trusted traders.

It is because of this that Invitari Ltd is often booked up to 6 months in advance which means that if our team are turned away on the day of your booking, it can often be difficult to find a convenient day to reschedule. We understand that sometimes it will be necessary to reschedule and therefore we will do our best to meet your needs. Please see our full list of Terms and Conditions for cancellations and rebooking, available on the Invitari Ltd website (link below)

www.invitari.co.uk

Spotlight - Storyville Tattoo Studio



The 15th April marks the birthday of one of the world's most famous artists, Leonardo da Vinci. It is also the day we celebrate World Art Day, to honor the contributions of artists and promote the importance of art in our lives.

In this months Spotlight, we spoke to local artist Nick Horn from Storyville Tattoo Studio about his recent move from East Dulwich to SE23.

After spending 6 years in East Dulwich, the decision was made to move to Honor Oak Park to create a peaceful and inspiring environment where everyone is made to feel welcomed.

"We have been made to feel so welcomed in Honor Oak. The people and businesses we have met since we moved in have been very encouraging and supportive."

Having almost a quarter of a century tattooing experience behind him, Nick and his team are able to offer tattoos of all shapes and sizes with the same level of care and consideration to each and everyone one their clients.

With each customer that walks through the door there is a new story, a new experience and a new opportunity to design something truly unique.

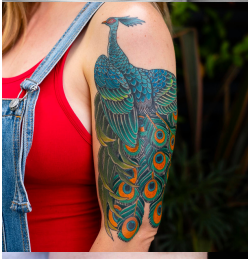
When discussing World Art Day, Nick explained that it is important to be able to understand what a customer is asking for when designing their tattoo. For them inspiration can come from the most obvious and obscure of places so there are many different artists of different mediums who inspire the work he does. That being said, some of Nicks favorite styles are Japanese artwork and Old School.

Storyville Tattoo Studio encourage all of their clients to do their research before committing to a particular studio or artist and it is important to ask questions. Help is available with composition and placement of a design and should you ever require a cover up of a tattoo that no longer works for you, the team are happy to discuss what is achievable and advise on what options are available.

Excellent customer service is always offered along with a friendly welcome and the kettle is always on.



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Appointments Available