

# **HERITAGE NURSING AGENCY**

704 Tuolumne Street  
Vallejo, CA 94590  
Phone: (707) 553-7730

## **DEMENTIA TRAINING**

**I acknowledge that I have received 2 hours Dementia Training.**

**Name:** \_\_\_\_\_ **Title:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

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## Post-test

### Dementia Care Series Part I

#### *Mental Decline & Caregiving Challenges*

Name: \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_

1. Dementia often leads to physical changes such as loss of mobility and a decline in bowel and bladder control. **TRUE OR FALSE**
2. Dementia often brings about changes in personality and behavior. For example, a resident that was once even-tempered may now become easily agitated: **TRUE OR FALSE**
3. Patience, understanding and being respectful can help make caregiving for a dementia resident easier. **TRUE OR FALSE**
4. When a resident lashes out at you verbally or physically it is important not to take it personally. **TRUE OR FALSE**
5. It is acceptable to scold or strike back at a resident who insults you or tries to hit you. **TRUE OR FALSE**
6. You should be alert to changes in a resident's mental functioning and report those changes to your supervisor. **TRUE OR FALSE**
7. Dementia is a disorder of the brain results in memory loss and a decline in thinking abilities. **TRUE OR FALSE**
8. Brain damage resulting from dementia causes many individuals to experience reality in a very different way. **TRUE OR FALSE**
9. Trigger such as frustration or fear can lead to difficult behavior. **TRUE OR FALSE**
10. A dementia resident may try to exit the facility because he or she is searching for someone or something from the past. **TRUE OR FALSE**

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### Dementia Care Series Part II

#### *Physical Decline & Caregiving Challenges*

Name: \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_

1. Dementia often leads to physical changes such as loss of mobility and a decline in bowel and bladder control. **TRUE OR FALSE**
2. Dementia is a brain disorder that leads to mental and physical decline. It is a condition that is known to grow worse with time. **TRUE OR FALSE**
3. At mealtime, a dementia resident may forget how to use eating utensils such as a fork or spoon. **TRUE OR FALSE**
4. Non-verbal signs that a dementia resident may need to use the bathroom include restlessness, tugging at clothing or a distressed facial expression. **TRUE OR FALSE**
5. Dementia residents with impaired mobility are at a higher risk for falls, accidents or injuries. **TRUE OR FALSE**
6. You should be alert to changes in a resident's physical functioning and report those changes to your supervisor. **TRUE OR FALSE**
7. As dementia progresses, individuals will gain their strength back and improve their coordination. **TRUE OR FALSE**
8. An underweight dementia resident is at a greater risk for illness as well as injuries such as bone fractures and skin tears. **TRUE OR FALSE**
9. A decline in bowel and bladder function places a dementia resident at a higher risk for constipation and urinary tract infections. **TRUE OR FALSE**
10. Dementia may cause changes in taste and smell that may limit what a resident will eat and how much. **TRUE OR FALSE**

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### Dementia Care Series Part III

#### *Understanding & Managing Difficulty Behavior*

Name: \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_

1. You can help calm residents by telling them that you understand what they are going through and that you are there to help them. **TRUE OR FALSE**
2. Disruptive or unusual behavior may be a way that a resident is attempting to reach out for help. **TRUE OR FALSE**
3. Emotional distress such as fear, anger of confusion can lead to challenging. **TRUE OR FALSE**
4. When a resident lashes out at you verbally or physically it is important not to take it personally. **TRUE OR FALSE**
5. It is acceptable to scold or strike back at a resident who insults you or tries to hit you. **TRUE OR FALSE**
6. You should be alert to changes in a resident's behavior and report those changes to your supervisor. **TRUE OR FALSE**
7. After you get to know your residents, you'll have a better idea on what approach to take when you need to distract or redirect them. **TRUE OR FALSE**
8. Brain damage resulting from dementia causes many individuals to experience reality in a very different way. **TRUE OR FALSE**
9. Caregiving that is rushed can cause a resident to become agitated. **TRUE OR FALSE**
10. A dementia resident may try to exit the facility because he or she is searching for someone or something form the past. **TRUE OR FALSE**