COMMON INFECTIONS CHART

INFECTION	SIGN/SYMPTOMS	HOW IT SPREADS & CONTAGIOUS PERIOD	EXCLUSION FROM DAYCARE
Measles	Commonly seen 7 - 21 days after exposure: **fever, cough, runny nose, red watery eyes, small red spots on the inside of cheeks with whitish or bluish center, red blotchy rash on face which then spreads over body**	Breathing in contaminated air from an infected person who is coughing, sneezing or speaking. Person to person by touchig contaminated hands, surfaces or objects. Very contagious	Exclude from daycare and can only return with a doctor's note that says child is well enough to be at daycare and no longer contagious.
Molluscum Contagiosum Virus	Commonly seen 2 - 7 weeks up to 6 months after exposure: **2 - 5mm flesh-coloured lesions commonly on trunk, face, arms and legs**	Direct skin-to-skin contact. Can be spread by touching contaminated hands, surfaces or objects	Can remain at daycare as long as all lesions are covered while in attendence.
Pinkeye (Conjunctivitis) Virus	Commonly seen 1 - 3 days after exposure: **Red or pink eyes, swelling, itchy eyes, lots of tears, discharge from eye**	Person to person. Touching your eyes with with contaminated hands or objects	Exclude from daycare for 24 hours after antibiotic has been started. **Reminder: young children can not maintain proper hand hygiene**
Strep Throat (Streptococcus) Bacteria	Commonly seen 1 - 5 days after exposure: **Sore throat, toungue might be red,fever, swollen tonsils and glands**	Breathing in contaminated air from an infected person. Person to person via direct contact with a person's saliva, nasal or wound discharge	Exclude 24 hours after treatment. Must be healthly enough to participate in all activities. No fever
Fever	Body temperature is 101°F or 38.3°C,	Virus can spread from person to person	Must go home immediately. Can return to daycare when original symtom has ceased. If child returns the next day and orginal symptom returns, must go home and be off 24 hours. If at any time child has 2 of these symptoms, must go home immediately and be off the next day.
Vomitting	Ejecting all or part of the contents from the stomache through the mouth.	Person to person.	
Diahrea	Abnormally loose or watery stools.	Person to person	

If any illnesses come into the daycare that are not written in this policy, the Superviosr will refer to the guidelines set out by the Windsor-Essex Health Unit, "A Guide To Common Infections"