## **MENU**

- \* All Lunches served with milk and fresh fruit
- \* All snacks served with filtered water

\* Our Menu focuses on home cooked meals, with healthy options that are kid friendly

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	AM Snack	Granola Bar Apples	Raisin Bread	Dry Cereal Mix	Bagels And Cream Cheese	Bread Sticks Apple Sauce
Week 1	Lunch	Pancakes, Sausages Cucumbers	Rotini Alfredo Pasta Peas & Carrots	Chicken Noodle Soup Soda Crackers, Bread	Grilled Cheese Sandwiches Ham Mixed Veggies	Beef Burgers, Cheese Corn
	PM Snack	Soda Crackers Cheese Whiz	Fish Crackers Pears	Veggie Crackers Cucumber, Bell Peppers, Carrots & Dip	Oatmeal Cookies And Banana	Tortilla Chips/Pita Salsa
	AM Snack	Fish Crackers Apples	Muffins Pears	Dry Cereal Mix	English Muffins Cheeze Whiz	Ritz Bits And Yogurt
Week 2	Lunch	Nachos Ground Beef, Cheese, Sour Cream, Salsa, Mixed Veggies (Soft Taco, Infant & Toddler)	Fish French Fries Corn	Chili Mac Bread Peas	Chicken Fingers Rice Cucumbers	Pizza Quesadilas Carrots & Dip
	PM Snack	Cheese, Crackers And Pepperoni	Fruit To Go Nutri Gran Bars (Inf. & Tod) Crackers	Teddy Grahams Oranges	Arrow Root Cookies And Banana	Veggies Sticks Apples
	AM Snack	Strawberry Pastry Crisps Apples	Bagels And Cream Cheese	Dry Cereal Mix	Rice Cakes Banana	Granola Bars Apple Sauce
Week 3	Lunch	Italian Meatball Mashed Potatoes Peas & Carrots	Ham and Cheese Sandwiches Chips Corn	Sloppy Joes Carrots & Dip	Spaghetti with Meat Sauce Peas	English Muffin Melts Deli Chicken Mixed Veggies
	PM Snack	Soda Crackers Cheese Whiz	Rice Krispie Squares Pears	Fish Crackers And Clementines	Pita, Cucumber Ranch Dip	Party Mix
	AM Snack	Banana Bread Apples	Croissant Pears	Dry Cereal Mix	Muffins Bananas	Animal Crackers And Yogurt
Week 4	Lunch	Chicken Nuggets Tater Tots Corn	Mac And Cheese Deli Turkey Carrots	Garlic Penne Peas Bread	Chicken & Cheese Quesadillas Sour Cream and Salsa Cucumber	Hot Dogs French Fries Mixed Veggies
	PM Snack	Vegetable Crackers Cranberries	Fruit To Go Nutri Gran Bars (Inf. & Tod) And Sea Salt Crackers	Oranges Chocolate Cookies	Cheese, Crackers And Pepperoni	Trail Mix