

MASSAGE

Swedish Massage | \$15,000

Also known as classic massage. This technique uses light to medium pressure to promote relaxation by releasing muscle tension and improving circulation. Swedish massage is gentle and better suited for people interested in relaxation and tension relief. Great for first time clients.

Deep Tissue Massage | \$18,000

A medium to deep pressure massage to relieve pain and restore tissue to a healthy state. This technique focuses on the deepest layer of muscles and releases chronic muscle tension. Administered as a full body or localized area treatment depending on client need. Excellent before or after workout.

Hot Stone Massage | \$20,000

Hot Stone Massage incorporates a customized massage with the use of hot stones to create a healing and relaxing experience. Each 80 minute massage eases muscle stiffness and increases circulation and metabolism.

Shiatsu Massage | \$25,000

Shiatsu works on the principle that energy moves through the body along meridian lines. When energy gets blocked or stuck, this results in physical, emotional, or psychological discomfort. During a shiatsu massage, the therapist manipulates pressure points and the meridian lines to remove blockages and restore harmony in the body.

Couples Massage | \$35,000

Share a moment of relaxation with your best friend or loved one. We have a couple's treatment room where you and your loved one can enjoy massage together. Each therapist can customize the massage to meet your unique health goal.

Reflexology | \$8,000

Reflexology Massage is a targeted massage that activates pressure points along the sole of your feet. It will help relieve pain, stimulate circulation, and balance the bodily systems.

Fire Cupping | \$15,000

Cupping therapy is a form of alternative medicine. This technique uses a cup to pull an area of skin into a suction that decompresses muscles and connective tissue.

Shoulder Massage | \$6,000

Therapist applies pressure on the muscles around your neck and shoulders to help reduce muscular tension and ease day-to-day stress.