

May 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 WORKOUT 6:30AM - 7:30AM	5 WORKOUT 6:30AM - 7:30AM	6 WORKOUT 6:30AM - 7:30AM	7	8
9	10	11 WORKOUT 6:30AM - 7:30AM	12 WORKOUT 6:30AM - 7:30AM	13 WORKOUT 6:30AM - 7:30AM	14	15
16	17	18 WORKOUT 6:30AM - 7:30AM	19 WORKOUT 6:30AM - 7:30AM	20 NO WORKOUT LAST DAY OF SCHOOL	21	22
23	24 WORKOUT 730AM -9AM	25 WORKOUT 730AM -9AM	26 WORKOUT 5PM-6PM	27 WORKOUT 5PM-6PM	28	29
30	31 NO WORKOUT MEMORIAL DAY					

June 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 WORKOUT 730AM -9AM OPEN FIELD 6PM-7PM	2 WORKOUT 5PM-6PM OPEN FIELD 6PM-7PM	3 WORKOUT 5PM-6PM OPEN FIELD 6PM-7PM	4	5
6	7 WORKOUT 730AM -9AM MWSU PASSING LEAGUE - EVENING TIME TBD	8 WORKOUT 730AM -9AM	9 WORKOUT 5PM-6PM OPEN FIELD 6PM-7PM	10 WORKOUT 5PM-6PM	11	12
13	14 WORKOUT 730AM -9AM MWSU PASSING LEAGUE - EVENING TIME TBD	15 WORKOUT 730AM -9AM	16 WORKOUT 5PM-6PM OPEN FIELD 6PM-7PM	17 WORKOUT 5PM-6PM	18	19
20	21 WORKOUT 730AM -9AM MWSU PASSING LEAGUE - EVENING TIME TBD	22 WORKOUT 730AM -9AM	23 WORKOUT 5PM-6PM OPEN FIELD 6PM-7PM	24 NO WORKOUT	25	26
27	28 WORKOUT 730AM -9AM	29 WORKOUT 730AM -9AM JUNIOR HIGH CAMP 530PM -7PM	30 WORKOUT 5PM-6PM OPEN FIELD 6PM-7PM JUNIOR HIGH CAMP 530PM -7PM			

July 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				WORKOUT 5PM-6PM OPEN FIELD 6PM-7PM JUNIOR HIGH CAMP 530PM -7PM	1	2	3
4	5 DEAD WEEK	6 DEAD WEEK	7 DEAD WEEK	8 DEAD WEEK	9 DEAD WEEK	10	
11	12 730AM -9AM WORKOUT	13 730AM -9AM WORKOUT	14 5PM-6PM WORKOUT	15 5PM-6PM WORKOUT	16	17	
18	19 WORKOUT 730AM-9AM HIGH SCHOOL CAMP 5PM-730PM	20 NO WORKOUT HIGH SCHOOL CAMP 5PM-730PM	21 NO WORKOUT HIGH SCHOOL CAMP 5PM-730PM	22 NO WORKOUT HIGH SCHOOL CAMP 5PM-730PM	23	24	
25	26 NO WORKOUT HIGH SCHOOL CAMP 5PM-730PM	27 NO WORKOUT HIGH SCHOOL CAMP 5PM-730PM	28 NO WORKOUT HIGH SCHOOL CAMP 5PM-730PM	29 NO WORKOUT HIGH SCHOOL CAMP 5PM-730PM	30 ALBANY TEAM CAMP TIME TO BE DECIDED	31	

August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 DEAD WEEK	3 DEAD WEEK	4 DEAD WEEK	5 DEAD WEEK	6 DEAD WEEK	7
8	9 WORKOUT 730AM -9AM 1ST HIGH SCHOOL PRACTICE 5PM-7PM CELEBRATION MEAL	10 NO WORKOUT HIGH SCHOOL PRACTICE 5PM-7PM	11 NO WORKOUT HIGH SCHOOL PRACTICE 5PM-730PM	12 NO WORKOUT HIGH SCHOOL PRACTICE 5PM-730PM	13 NO WORKOUT HIGH SCHOOL PRACTICE 5PM-730PM	14
15 FILM 5PM - 7PM	16 NO WORKOUT HIGH SCHOOL PRACTICE 5PM-730PM 1ST JH PRACTICE 5PM-630PM	17 NO WORKOUT HIGH SCHOOL PRACTICE 5PM-730PM JH PRACTICE 5PM-630PM	18 NO WORKOUT HIGH SCHOOL PRACTICE 5PM-730PM JH PRACTICE 5PM-630PM	19 NO WORKOUT HIGH SCHOOL PRACTICE 5PM-730PM JH PRACTICE 5PM-630PM	20 NO WORKOUT JAMBOREE 6PM TBD	21
22 FILM 5PM - 7PM	23 NO WORKOUT HIGH SCHOOL PRACTICE 330-6PM	24 NO WORKOUT HIGH SCHOOL PRACTICE 330-6PM	25 NO WORKOUT HIGH SCHOOL PRACTICE 330-6PM	26 NO WORKOUT HIGH SCHOOL PRACTICE 330-6PM	27 FIRST GAME AT KING CITY 7PM	28
29	30	31				