

RESILIENT MINDS COUNSELING

ASIST (Applied Suicide Intervention Skills Training)

Workshop Oct 28 & 29, 2024

(Mon & Tues) 9am – 4pm (Both Days)



Registration Fee: Sign up by 30 Sep for \$250/After 30 Sep \$275

(5% of the proceeds go to 988 Suicide & Crisis Lifeline)

Where: Murrieta, CA 92563

Who: Anyone 16 and up who wants to learn about suicide intervention skills.

Registration: Dr. Candice Leffingwell, MHC, MFT

Email: rmcounselinginc@gmail.com/ Phone: 424-245-0539

Check out our website <https://resilient-minds-counseling.com>

For more information on other workshops, our services, and who we are!

THIS TRAINING INCLUDES:

- Two day In-Person workshop on suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public

DESCRIPTION

- LivingWorks ASIST is evidence-based.

RESILIENT MINDS COUNSELING

- Interventions shown to increase hope and reduce suicidality
- Training shown to increase general counseling and listening skills
- Saving lives and costs, yielding return on investment of up to 50:1

WHO IS THE TRAINING FOR?

Suitable for all persons in positions of trust: health professionals, social service workers, teachers, counselors, youth workers, police and correctional staff, and community volunteers. Prepared caregivers can help prevent suicide. Includes a Suicide Intervention Handbook and a certificate.

ASIST is a two-day, two-trainer, workshop designed for members of all caregiving groups. Family, friends, and other community members may be the first to talk with a person at risk, but have little or no training. ASIST can also provide those in formal helping roles with professional development to ensure that they are prepared to provide suicide first aid help as part of the care they provide.

CE CREDITS

Go to www.livingworks.net to link to CEUnits for the exam to receive credits. Use the resources tab and go to the continuing education page to find the link. Click on the CEUnits link and when it comes up click on the [start here] box to register. The cost for the Continuing Education is \$60 for 12 hours but you will not be charged until you pass the exam and download your certificate. You will have an evaluation of the process to complete before you print your certificate.

Learn more about ASIST and see the evidence at www.livingworks.net/ASIST

