

Balanced Buddies

Friendship, Support, and Independence

Finding the right companion for your teen or young adult isn't always easy. Many families struggle to find someone they trust to provide the right level of support, connection, and encouragement.

Our Balanced Buddies are carefully vetted, background-checked, and experienced in fostering social engagement and independence. Whether your loved one needs a supportive friend for community outings, help navigating social situations, or simply someone who understands their unique way of engaging with the world, our Buddies are here to provide reliable and compassionate companionship.

Whether it's for social outings, skill-building, or just having a trusted companion, Balanced Buddies offers meaningful support and genuine connections—helping your loved one thrive with confidence.

Our Balanced Buddies program is best suited for individuals who are 14 years or older, relatively independent and do not require support for high-risk behaviors such as elopement or aggression. If your child has specialized needs beyond the scope of this program, we're happy to guide you toward other services that may be a better fit.

