

ALALTH & A

Tuesday 9:00 am-6:00 pm

Wednesday 9:00 am-6:00 pm

Thursday 9:00 am-6:00 pm

Friday 9:00 am-12:00 pm

Saturday 8:00 am-1:00 pm

First time Clients are required to do a 60 minute massage at initial session

Cupping, Rock Taping, Cold Stones These

are additional services that will go along with a massage therapy appointment.

Phyllis Wallington, PHD, Licensed Massage Therapist

30 minute session - \$ 45.00 ADDITIONAL CHARGES:

60 minute session - \$ 75.00 Cupping - \$10.00

90 minute session - \$107.50 Rock Taping - \$10-\$30

(Amounts are based on Cash pricing) Cold Stones - \$5.00

101 S. Main St., Sandwich, IL 60548 - www.jchealthfitness.com - (815) 786-9291