

How to Choose a **CAREER**

examine yourself

Interest-based questions:

What do you enjoy learning about?

How do you like to spend your time?

Do you enjoy manual labor or mental labor?

Do you enjoy working outside or inside?

Value-based questions:

What is most important in your life?

What are your priorities in life?

Where do you find meaning?

What change would you like to be a part of?

Trait-based questions:

What does success mean to you?

What do you want more of?

Which of your strengths do you enjoy the most?

Which of your skills are you most proud of?