



# MHCB Vegreville



ELK ISLAND  
CATHOLIC  
SCHOOLS

*Seeing Christ in Everyone*

## March 2026

Welcome to March, hopefully spring is right around the corner. MHCB has a few partnership programs happening in March such as; *Family Fun spring break take home kits*, *Move it Monday* and *Mindful art at the early dismissal program*. All of these programs are free of charge and you can register through the library. You can find more information on the posters for them which is located on the last page of the newsletter. MHCB will also be running a *Home Alone Safely* course over spring break on March 26, most of the spots are filled but you can also be added to our waitlist which means you would be contacted first when we run it again in the summer. This program is also in partnership with the VegMin Learning Society, Vegreville RCMP and the Fire Department.



### AL Horton:

Happy March everyone, last month was packed with programs including awareness days like Random Acts of Kindness week and Pink shirt day. Our grade 4 Kindness Club stepped up to post kind sticky notes to student lockers and made kindness posters for each of our classrooms. We also officially published our first issue of the 2026 ALH Newspaper in February, with our March issue already underway. In classrooms, we wrapped up our Kelso's Choices and GoZen! Programs with the grade 2's and one of our grade 3 classes and are now starting on our first unit of MindUp, a mindfulness program that uses brain focused strategies to help students regulate emotions and foster resilience. The grade 4-6 classes work through Open Parachute, and our 1's are still working through the Slumberkins programs. Navigating friendship has been a theme in many of our lessons, where we have learned about overcoming challenges, communication, and fun ways to make new friends. I've been so impressed with how much everyone has grown and learned so far.

Mr. Vadnais

### **Vegreville Composite:**

February was a busy month at the Comp, we had a kindness challenge and the students found cupcakes around the school with different kindness challenges to complete. We also had our annual pink shirt day trivia for block 1 and many classes participated but a big congratulations to Mr. Warawa's grade 9 construction class for winning. Due to student request from our lunch time board game group Ms. McSween got a few new games, students are welcome to drop in and play games anytime at lunch and on their spares. Stay tuned to school announcements for more great lunch time activities. -Ms.McSween

### **St. Martin's:**

Hello everyone, random acts of kindness week and pink shirt day have made this month busy in the best way possible. We had a school-wide draw where nominees did a random act of kindness for the school. Although there were only 12 winners, there were so many nominations of students doing kind things. Great job St. Martins!

Our Kindness club also decided to “sprinkle” kindness around the school by doing candy handouts, all with a kind note attached to them. Such a great way to show kindness.

This month we've been talking a lot about resilience and ways we can work towards lifting ourselves up when we're down and seeking out happiness in our lives. When we're resilient we're able to overcome challenges, learn from our mistakes, and to love ourselves no matter what. I look forward to everything March has to bring and all the new skills we will learn.



### **St.Mary's:**

St. Mary's “sprinkled kindness” in their school with a random act of kindness scavenger hunt. I hid small acts of kindness around the school and students had to find them and take a picture or video of them completing that act of kindness to show me. I had small prizes waiting for them. A big thanks to all that participated. I love being at St. Mary's and look forward to what the next month will bring.

### **Mundare:**

This month I started at Mundare school and it has been nothing but amazing. All the students and staff are so kind and welcoming, it has been a great community to be a part of. I am starting a variety of programs in all the grades at the school that cover a range of topics like social-emotional learning, conflict resolution, and building resilience. I am looking forward to the time I get to spend in Mundare.

-Ms. Maida

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# Spring Break Kits!

Register online for a community collaborative  
Family Spring Break Kit  
filled with activities and information!

Kits will be available for pick up  
Monday, March 23rd at the library

Limited kits available

Register online at

<https://www.vegrevillelibrary.ab.ca/Programs-Events/spring-break-kit?id=1774245600-1019603>



Sponsored by



# MOVE IT! MONDAY



10:15-  
11:30

MARCH  
23

SUGGESTED AGES: 5-12

Games, Sports and Active Stations  
Located in the Library Gymnasium

Registration available online!

For More Information, contact us:  
[hello@vegrevillelibrary.ab.ca](mailto:hello@vegrevillelibrary.ab.ca)  
[vegrevillelibrary.ab.ca](http://vegrevillelibrary.ab.ca)

780-632-3491

4709 - 50 St Vegreville, AB T9C 1R1

Parents/Caregivers/Guardians for Ages 9 and under are asked to stay on-site

Coffee Lounge will be set-up in the Board Meeting Room!



## JOIN US FOR OUR HOME ALONE SAFELY COURSE

AGES 10-12

GIVING CHILDREN THE CONFIDENCE  
AND KNOWLEDGE TO STAY HOME  
ALONE SAFELY

FREE OF  
CHARGE



SNACKS  
PROVIDED

WITH SPECIAL GUEST SPEAKERS:  
VEGREVILLE FIRE DEPARTMENT & RCMP

MARCH 26, 2026  
9:30 AM-2:15 PM  
© VEG MIN LEARNING SOCIETY

Email  
[kirstin.mcsween@eips.ca](mailto:kirstin.mcsween@eips.ca)  
to register



## EARLY DISMISSAL DAY

### PROGRAM

EARLY DISMISSAL FUN FROM 2:30-3:30PM

(AGES 6-11)

REGISTER FOR EACH SEPARATE SESSION!

2025/2026 PROGRAM WAIVER & PROGRAM LETTER

MUST BE SIGNED

LIMITED SPOTS AVAILABLE

• VARIETY OF CRAFTS & GAMES WITH PARTNERING ORGANIZATIONS

#### DATES

FEBRUARY 25- CANCELLED DUE TO LACK OF REGISTRATIONS

MARCH 11- MHCB FACILITATING



REGISTER ONLINE AT [HTTPS://WWW.VEGREVILLELIBRARY.AB.CA/PROGRAMS-EVENTS/EARLY-DISMISSAL-  
DAY-PROGRAM-EACH-CHILD-MUST-BE-REGISTERED-SEPARATELY-FOR-EACH-SEPARATE-SESSION?](https://www.vegrevillelibrary.ab.ca/Programs-Events/early-dismissal-day-program-each-child-must-be-registered-separately-for-each-separate-session?id=1770845400-1019375)  
ID=1770845400-1019375

