



AYLA SPA



---

Welcome to Ayla Spa, where our spa treatments are designed to pamper you thoroughly. We are well-tuned to your longing for relaxation of the body and rekindling of your senses. Keeping your needs in mind, we have crafted a wide-range of treatments to suit your every need

Ayla Spa believes that the elimination of stress and tension is critical to the improvement and maintenance of overall well being. At Ayla Spa, where is called "The Oasis of Calm", we work to improve quality of life through physical and mental rejuvenation. Treatments, designed to satisfy the whole body, are provided by highly trained staff in the field of massage therapy and skincare as well as a full range of body therapies.

Ayla Spa is for those of us who wish for peace in the world and opt to start within.

# BODY MASSAGE

## Holistic Massage 60'/90'/120'

800/1000/1200

This treatment use a combination of gentle techniques and high-quality oils to bring about a balanced, calm and stress-free state of being.

BEST  
SELLER

## Ayurveda massage 60'/90'/120'

800/1000/1200

Using point-focused accupuncture technique, this treatment hamonize the body and mind with muscle relaxation and calmness to the whole nervous system.

## Sport Massage 60'/90'/120'

800/1000/1200

This treatment brings deep relaxation to and release tension of all muscles. For those who like sports and activities.

## Thai Massage 90'/120'

1000/1200

An ancient healing treatment without oil that combines broad and targeted acupressure, stimulation and manipulation of energy lines

## Hot Stone Massage 90'/120'

1200/1400

Heated, smooth basalt stones incorporated into this unique massage treatment facilitate the balancing of the energy centers in the body and encourage muscle relaxation.

BEST  
SELLER

## Four-Handed Massage 60'/90'/120'

1600/1800/2200

A wonderful experience for spaholic who have a difficult time letting go of day-to-day thoughts and stresses.

# FOOT MASSAGE

## Foot relaxing 60'/90'

800/1000

A signature treatment using a fusion of massage techniques and point accupuncture that helps to relax and release aches.

## Foot care with scrub 90'

1000

All in one treatment combining skin exfoliaation that helps to relieve soreness.

*All price are quoted in thousands of VND.*

 *Pressure strength*

## BODY SCRUBS

- Peeling With 3 Salts 45'** 850  
Restore a silky and radiant skin thanks to a mixture of essential oils and salts from Himalaya, France and Dead sea.
- Toning Scrub 45'** 850  
A melt-in texture, sprinkled with lemon peel, transporting you to a fresh, invigorating sensorial escape.
- Silhouette Scrub 45'** 850  
A grapefruit-scented scrub that is both delicious and invigorating to enhance your silhouette.

## BODY WRAPS

- 100% Customized Hydra-Nourishing Cocoon Mask 45'** 850  
Experience the comforting sensation of a hydrating/nourishing wrap applied warm onto the skin, and let your body and your mind indulge in pure escapism with the fragrance you have chosen.  
Soft skin effect guaranteed!
- Detoxifying Wrap 45'** 850  
Express treatment with an enveloping mousse wrap and a relaxing / detoxifying 3 tea alchemy

### AYLA PREMIUM

#### SECRET DE SOTHYS™

- Face Ritual 90'** 3900  
An 8-step treatment for the face, combining sensorial make-up removal, an ultra-effective scrub, exceptional modelling gestures, high-performance masks, final smoothing with an icy effect and enhancing beauty pampering.
- Body Ritual 90'** 1800  
A 3-step treatment for the body: after an awakening prelude, a granita scrub enhances your body, then a nourishing modelling step transports you into deep relaxation.
- Face & Body Ritual 180'** 4500  
This new 3-hour face and body ritual elegantly and stylishly combines the ingredients for the ultimate unique treatment, an unforgettable experience of well-being  
Complimentary Flower bath with Rice bran

#### HANAKASUMI™ 135' 2600

- Step 1:** Flower bath with rice bran 30'  
**Step 2:** Body scrub with Chery blossom-rice powder- gommage 45'  
**Step 3:** Body massage and nourishing with shea butter with Asian essences 60'

# PACKAGES

<b>Body Detoxifying</b>	<b>1500</b>
<ul style="list-style-type: none"><li>• Body scrub 45' (Peeling/Toning/Silhouette)</li><li>• Body massage 60' (Holistic/Ayurveda/Sport/ Thai)</li></ul>	
<b>Body Refreshment</b>	<b>1500</b>
<ul style="list-style-type: none"><li>• Body wrap 45' (Cocoon/Detoxifying)</li><li>• Body massage 60' (Holistic/Ayurveda/Sport/ Thai)</li></ul>	
<b>Energy Balance 150'</b>	<b>2000</b>
Step 1: Body massage 60' (Holistic/Ayurveda/Sport/ Thai)	
Step 2: Detox energie intensive facial treatment 90'	
Trio of exclusive active ingredients: Patented elderberry*- siberian gingseng - peptides	
<b>Create Your Own 180'</b>	<b>2300</b>
Step 1: Body scrub 45' (Peeling/Toning/Silhouette)	
Step 1: Body massage 60' (Holistic/Ayurveda/Sport massage)	
Step 3: Facial treatment 75' (Soothing/Correcting/Detox for men)	
<b>All In One - Up To 195'</b>	<b>3100</b>
Step 1: Body scrub 45' (Peeling/Toning/Silhouette)	
Step 2: Body massage 60' (Holistic/Ayurveda/Sport/Four-handed)	
Step 3: Facial treatment 75'-90' (All facial treatment)	

## EXTRA PAMPERING

<b>Flower Bath With Rice Bran 30' / Combo 3 baths</b>	<b>500/ 1000</b>
Softening, soothing muscles, drawing out infection by bathing with flower and rice bran. The scent from nature will whisk away your stress.	
*Advanced booking is recommended.	

<b>Hot Sauna 15'</b>	<b>Complimentary</b>
Let your body detox and then get extreme stress reduction, improve circulation and oxygenation after 10 -15 minutes in our private sauna room.	
*Advanced booking is recommended.	

*All price are quoted in thousands of VND.*

 *Pressure strength*



---

### Secrets of relaxation

The Silent Mind and Progressive Muscle Relaxation are two secrets of relaxation, from that led to the winning under pressure. At Ayla, all you need to do is lying down, give your mind freedom and let us bring you to the deep level of tension release.



### Satisfying our clients

At Ayla, our philosophy is attention to details while customizing on individuals' needs. We care about your concerns of either your skin or your body. Since the guest's satisfaction creates our values, we are continuously improving ourselves to bring the best and unique experience for our clients.

