

# Exploring YOUR FAMILY HISTORY

with Sandra Martell

**Preserve your family stories** for children, grandchildren, and future generations, or simply understand your ancestral roots more deeply. This small-group workshop offers a guided, hands-on approach to discovering, researching, and telling your family's story.

Participants can choose one or both of two approaches:

- **Focus on one person.** Explore the life of a relative you know or remember. Together, we'll use genealogical records, historical context, and your own memories, photos, and materials to learn that person's story.
- **Build a family tree.** Create a family tree with records, photos, and information about the time, place, and events that shaped the lives of your ancestors.

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While writing support is available, no prior writing experience is required. Our focus will be on discovery and storytelling.

Before the first session, you'll receive a simple form to record what you already know so research can begin right away.

After each session, you'll leave with research materials, guiding questions, and a portion of your developing story, along with clues on what to explore next.

**February 3, 10, 17, 24 1-3:30pm**

*Four Sessions – Tuesdays*

**Fee:** \$40 per session or  
\$140 for all four sessions

Limit 5 participants.

Additional sessions may be arranged.

"I've researched family histories for myself and others for several years, working with genealogical records, family documents, photographs, and personal memories to discover the larger family story. This workshop grew out of my experiences and is designed to share practical research methods and an approachable process for participants."

Sandra