



**KEEP
CALM
AND
GET
REIKI**

Reiki Treatments are Highly Beneficial in dealing with:

- **Reducing stress and stress related ailments**
- **Reducing and eliminating pain**
- **Depression and Anxiety**
- **Relationships**
- **Emotional balance, selfesteem and mental clarity**
- **Fatigue and Sleeping problems**
- **Trauma and Grief**
- **Weight Loss and Addictions**