

Desert Springs

October 2024
Volume 9 Issue 9



Newsletter of Holy Trinity Greek Orthodox Cathedral

1973 E. Maryland Avenue, Phoenix, Arizona 85016

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Rev. Alexander Eliades
Rev. Deacon John Thrasher

Office Hours:

Monday–Friday, 9:00am–3:00pm

Sunday Worship

8:00am Orthros
9:30am Divine Liturgy

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Desert Springs Deadline

The 25th of each month

Sunday Bulletin Deadline

Wednesdays, 12 noon

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President: Paul Katsenes
Vice President: Connie Contes
Treasurer: Jim Manelis
Secretary: Andi Furlis
Sandy Annos, Charlie DeMoss,
Alexander Harding, Jill Leach,
Chris Petroulakis, John Schneider

Holy Trinity Cathedral
www.holytrinityphx.org

Metropolis of San Francisco
www.SanFran.goarch.org

Archdiocese Website
www.goarch.org

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- **Living Orthodox** — Mary Pardhe: livingorthodoxministry@gmail.com
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Attention Organizations:

Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at AdminAssist@holytrinityphx.org and Kristen at kristen.vasilarakos@outlook.com. **It is the organization's responsibility** to inform Heidi, Yvonne, and Kristen of any updates to your listing.

A Message from Father Apostolos

Through Little Eyes

One of the challenges of living in the desert is that you never know how to pack for travel... not even for hurricanes. Our recent visit to meet the newest grandchild was to have been brief and uneventful, but Hurricane Helene swerved east in the Gulf of Mexico and made a beeline for Atlanta where our son and his family reside. By the mercies of God, we were kept safe despite staggering amounts of rain, affording me two bonus days with our precious granddaughter and grandson.

The experience of holding a new life grows more profound with advancing years. Beholding the perfection of 'The Image' in the face of a newborn baby is breathtaking. Such perfection! Such innocence! Such purity! And such responsibility for us entrusted with crafting a world worthy of our little ones!

Upon taking our newborn grandson in my arms, I began to pray that his precious eyes, barely open, would see only the Face of God and the good things God provides. That his ears would hear only song and laughter. That his little heart would hold within the assurance of salvation in Christ God. Would that such prayers be as easily answered as uttered.

Long after my bones have turned to dust, his generation will be grappling with the challenges my generation set for them. What will be his prospects for the quality of life I take for granted and feel entitled to enjoy? Will his air be breathable? His water potable? His flora verdant? His soil capable of sustaining life? Will civilizations then endure or will they fall under the welter of revisited biases and curated hatreds we've unleashed upon ourselves? These are the questions that assail me as I whisper my prayers over his sleeping form.

The Orthodox Church has since its inception at Pentecost stood as a bulwark against the spiritual and cultural darkness and celebrated ignorance always lurking where the Light of Christ is rejected. And it is within Her walls that successive generations can be equipped to surmount the difficulties they will surely face. And they must be equipped to preserve themselves, their sanity, integrity, dignity, and personal and spiritual well-being, to be taught how to be a well-ordered human being. This is what we owe to the generations of little ones behind us and to erect any obstacles in the path of their spiritual development would be monstrous.

This sacred charge is neither automatic or osmotic. Forging Godly character in our little ones requires sustained effort and prioritization over the countless distractions which will vie for their affection and attention. This sacred charge will tax and weary us at times. I stand in awe of young parents who give of themselves well past the point of exhaustion to nurture their young ones. St. Paisios of Athos writes

Fr. Apostolos' Message continued on page 5



Stewardship

By Sandy Meris



STEWARDSHIP 101

Fill out your Stewardship Pledge Card, Rinse and Repeat!

Q: Why do I need to fill out a new pledge card every year?

A: This is a question I get asked a lot by both new and established parishioners. While it may seem repetitive to some, there is a method to the madness I promise you!

First, it's important to understand that this is standard practice at most churches and definitely the established protocol at all Greek Orthodox churches. This is an expectation set forth not by Holy Trinity, but by the Archdiocese.

Why is this an Archdiocese protocol, you may ask? Because it is important that once a year we take a moment to reflect and take stock on our financial commitment to our church.

Our circumstances change. We may move, change jobs, start a family, become empty nesters or retire and thus, our financial situation changes as well. Our annual commitment should reflect this.

Q: How much should I pledge?

A: The Bible is clear and asks us to tithe which is giving 10% of our income to the church. We lovingly ask that each of us give our "fair share." If you can afford to give more we hope you feel called to do so. For those who are unable then we ask that you give what you can. Each year, it is important that we take a moment to truly reflect on our financial commitment and give sacrificially. This is one of the most significant aspects of why our Stewardship is done on an annual basis.

Q: Why do I need to be a Steward?

A: In order to be a "steward in good standing" one must complete a pledge card **each year** and make a financial contribution toward that pledge.

One must be a "Steward in good standing" in order to vote during a parish assembly, run for a seat on the parish council or be an officer in a church ministry.

The Archdiocese understands that when we are invested financially in our parish we are more active and involved.

"For where your treasure is, there will your heart be also."

Matthew 6:21

Q: Is Stewardship just about financial giving?

A: Stewardship is made up of three components - time, talent and treasure. In order to be fully engaged and committed to our parish we are called to give not just financially but also of our time and lending our talents to the church when and where they are needed. When we are regularly attending services, active in the ministries and life of the parish and practicing sacrificial financial giving, we then realize the full benefits of being an Orthodox Christian.

A Message from Father Apostolos, continued

beautifully of this in the fourth volume of his collected writings, title "Family Life." He writes that Godly parents must "bathe" their children in ceaseless prayer, must exhibit boundless patience as they mature, always quick to forgive and always loathe to scold. St. Paisios affirms that angry and egoic reactions to the stumbles children make is unworthy of Christ. He leans heavily into the paradigm of modeling correct and Godly behavior by parents for their children. We must demonstrate how to live an Orthodox Christian life by manner of our daily lives.



Jesus once rebuked His Disciples when they attempted to shoo away the little ones who instinctively ran into His arms. "Permit the little children to come to me, for such is the Kingdom of Heaven." Indeed, Jesus reminded the Disciples that unless they became as little children, pure, innocent, trusting, joyful, they would certainly not enter the Kingdom. He ended this dissertation with a warning that it would be better to be lashed to a mill-stone and drowned in the sea than to offend one of His little ones.

We are richly blessed at Holy Trinity with the joyful cadence of little souls raising their voices in the presence of God. Such blessed cacophony is the sound of God's favor and the measure of a parish's health and vitality. Our parish family is enriched with every new little soul presented in the 40-day Presentation and at every Baptism. These children are our treasures, than which nothing is more valuable. It is our sacred trust to support and encourage young parents who brave the sometimes withering stares cast their way when children behave as children will.

Orthodox worship is not a show, nor a concert, not performance art. Any attempt to make it such denudes it of its true purpose. Heaven resounds with the praises of little saints who surround the awesome Throne of the One who suffers them to be near Him, "for such is the Kingdom of Heaven. As we behold the Face of God in the faces of our little ones, may our hearts be softened and may we be inspired to do all that we can to support their spiritual development.

Church Website

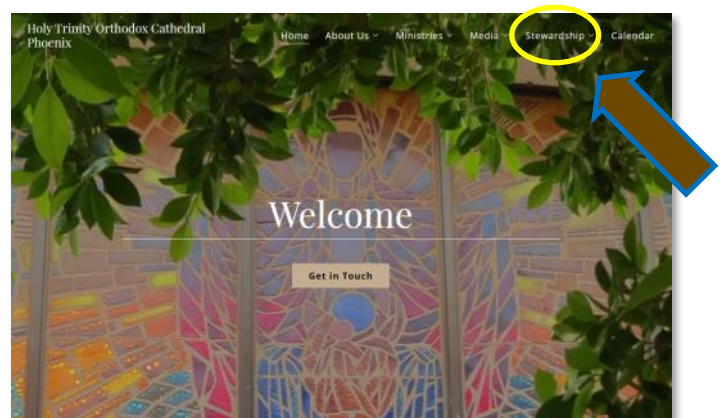


Have you checked out the website lately?

www.holytrinityphx.org

- Events
- Services
- Photos
- Calendar
- Stewardship

Easy Stewardship Sign Up!



Use **WeShare!**

Go to www.holytrinityphx.org and then click on **Stewardship**.

Recent Baptisms Using the New Adult Font



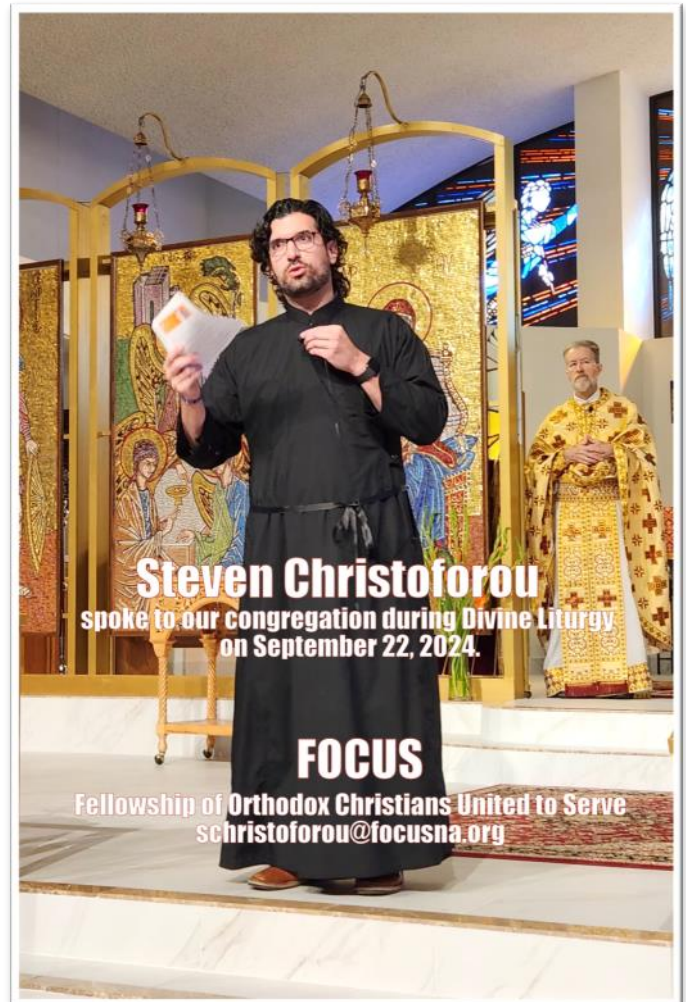
Parish Assembly

September 8, 2024



FOCUS Speaker

September 22, 2024



House of Stewards

As of 09/27/2024

Calli Allman
Alexandra (Alex) Anagnopoulos
Dina Anagnopoulos
Nikki Anest
John & Sandy Annos
Carla Antypas
Elaine Apostle
Argyro Apostolou
Chris Athens
Christina Bakavelou & Chris Perry
Constantine & Eleni Balanis
Joanna Bankson
Crisanne & Scott Bansner
Christopher Bass
Dean Bass & Liz Beckman
Sam & Heidi Bass
Alexandra Bates Family
Joyce Baulinka
Dr. Nicholas Baziotes
Athena Beaty
Scott & Stacey Beaty
George & Stacy Benetos
Stamatios Benetos
Dan & Vicki Bichekas
Peter & Jennifer Bilitsis
James & Helen Bruno
Georgia Brusalis
Chris & Rita Bruskas
Kristen Bruskas
Connie Burkhart
Betty Carras
Kathy Carras
Dawn & Casey Cartier
Michael Cartier
Chad & Amanda Carver
Haralambo Charitou
Laurel Charnas-Schiller & Todd Schiller
Harriet Chotras
Jim Chotras
Pete & Kim Choukalas
Theo & Pauline Christakos
Kenny & Zoe Christenson
Katherine & Jeffrey Clarke
George Condon & Dafina Boswell
Jarmeen Constantine
Andy & Mara Contes
Jamie Contes
James & Connie Contes
James S Contes
Ethan & Talia Curtis
Evonne Damianos
Nick & Sharon Daniolos
Patty Davis
Rebecca Davis
Leonard & Elaine Debickero
Anastasia Dellas
Hercules Dellas
Patrick & Karla Delord
Tom & Irene Demas
John & Mary Demetropoulos
Anthony & Patricia Demopoulos
Bill DeMoss



Charles DeMoss
Chris DeMoss
John & Marjorie DeMoss
Michael & Maureen DeMoss
Basil & Ruth Denaxas
Benson & Mary Denooyer
Alexandros & Erika Dimitriadis
Jenny Bruno-Doster
Stanley & Fran Drozdz
Caroline Economopoulos
Christos & Dena Economopoulos
Fr. Alexander & Presu. Laura Eliades
Emil Ellis
Aristotelis & Dianne Euripidou
Ed & Katherine Fancher
Greg Fernandez
Helen Fernandez
Keith & Ashley Fightmaster
Mary Floor
Anna Furlis
Athanase & Georgia Furlis
Athanasia Furlis
Ted & Andi Furlis
Tim & Antonette Fraenkel
Chris & Celeste Francis
Georgana Frieh
Joshua & Kayla Gabrielsen
Semos Gardner
Demetra Georgelos
Diana Georgelos
Pamela Georgelos
John Giannopoulos
Harrison & Mandy Gillis
Pauline Ginakes
Stella Glitsos
Eva Goodman
Bill & Lynn Graham
Gina Graham
Gail Grevas
Sophia Guaclides
David Haag
Mary Haidos
Donald Hall
Terry Harper
Mary & Roger Harris
Patsy Harris
Dinos & Koula Georges
Alex Harding
George & Georgette Hasiotis
Alexia Haugen
Stephanie & Gregory Heckel

Diane Herman
Fr. Apostolos & Presu Denise Hill
Greg Hill
Michael & Veronica Hill
Bessie Hotis
Steven & Candace Huff
Gelu & Maria Isfanut
Jeffrey & Melina Johannesmeyer
James & Linda Kaliuas
Paulos Kairis
Peter & Nicole Kamboukos
Basilis & Roula Kaneris
Marianna Kaneris
Jean Kantaros
Nick & Dena Kantaros
Voule & Cathy Kapetanakis
William & Harriet Kapolas
John & Tressa Karagiannis
Vasilios & Vasiliqi Karagiannis
Maggie & Marko Karakozis
Mia Karandreas
Pete & Tina Karegeannes
Virginia Karegeannes
Julie Karoutas
Joshua & Nyla Karoutas
Joann Karros
Fotini Katrakis
George & Niki Katsaros
Chris & Nobuko Katsenes
John & Mary Katsenes
Paul & Lori Katsenes
Tom Katsenes
Tom (Jack) Katsenes
Helen Katsufarakis
Jim & Poppy Kavouris
Fany Kechajias
Nikolaos Kentimenos & Panagiota Kladou
Cathy & Quent Keyser
Ronald & Virginia Kidd
Emily Kimmell
George & Zanetta Kleanthis
Anastasia Kompos
Maria Kompos
Spiros & Maria Kontakis
Arthur & Carol Kostaras
Kostadinis & Anatoli Kostouros
Johnny & Elizabeth Kratsas
Nick & Marina Kretsedemas
Tammy Kretsedemas
Joanne Koukouvetakis-Kruljac
Deborah Caras & Gregory Kunkel
Charlie & Patty Ladas
John & Evangelia Lambrou
Bruce & Judith Lamond
Elias & Mary Lamos
Scott & Jill Leach
Steven & Constance Lemere
Lea Linaris
Georgia Lipane
Luke & Maria Lipnos
Gregory Lizanich
Gabriel & Anna Lopez
James & Stephanie Machas
Maria Maciejewski
Daniel Macinnis

*House of Stewards continued on page 8
Desert Springs October 2024*

House of Stewards continued from page 7

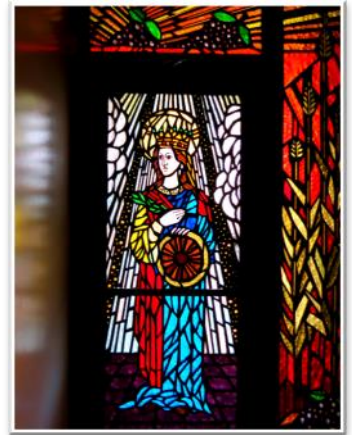
Margo Makris
Marika Madridis
Julie & Felix Mamani
Jim & Donna Manelis
Maria Maniatis
Anna Manos
Bill & Rina Marinakos
Douglas & Ann Markakis
James & Michele Markakis
Becky Martin
Mary Lou Mastorakos
Steve & Mari Mastorakos
Katerina Matheos & Wesley Baker
Pamela Maydanis
Peter & Christina Maydanis
Andrea Mastorakos McNamara
Angela & Chris Mead
Stephen Mellas
Christian Meris
Joanne Meris
William & Sandy Meris
Anthony & Tania Miaoulis
Anastasia Migias
Paul & Linda Miller
William & Jean Miller
Andrew & Anastasia Mitchell
John & Eleanna Mitchell
Philip & Helen Mitchell
Oleg & Emily Moroz
Dino Moschovitis
James & Irene Mourikes
Spyro & Effie Mousses
Matthew & Sophia Neumann
Kathy & Jerry New
John & Maria
Nicholas
Evelyn Nickalew
John Nicolettos
AnnaMarie Nieblas
Irene Pagoudis
Else Paletsos
Elizabeth Palmer
Alexi & Alexia Panagiotakopoulos
Anna Panagiotakopoulos
Christo & Connie Panagiotakopoulos
Niko Panagiotakopoulos
Thanasi & Melissa Panagiotakopoulos
Phillip & Eleni Panagiotoglou
Sofia Panagiotoglou
Chrysoula Papadopoulos
Socrates & Stephanie Papadopoulos
Aaron Papagalos
Ria Papageorgiou
Betty Papas
Nick Papas
Spyros & Rita Papaspyrou
Gabriella Papatzimas
Nicholas & Stacy Papatzimas
Angeline Pappas
Andrew & Emily Pappas
Harry & Fannie Pappas
Irene Pappas
John & Andrea Pappas
Daniel & Anna Pardhe
Athena Parmenter
Amy Paul
Christine & Peter Pearce
John & Dina Pesognelli
Fotini Pestrivas
Zoe Pestrivas
Peter & Gayle Petkas
Chris Petroulakis
Jacque Petroulakis
Bill & Kathy Petsas
Michael & TeAnn Philippis
Brian & Athena Pickett
Mary Poulakidas
Pete & Anthipe Pries
Nicole & David Pyle
Bertha Quinn
Alex Rentzis
Alexi & Sara Rentzis
Jenn Rentzis
Menelaos Rentzis
Voula Rentzis
Catherine Romo
George Rouman
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Stellios & Nicole Samaradellis
Dimitra Sampson
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Peter Schneider
Warren & Kalliopi Schneider
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Lainie Seretis
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John Siavelis
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Christopher & Marilyn Sonier
Elyse Sioles & Robert Stamm
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Peter Skoubis
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Leo & Rachel Speliopoulos
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James L & Karen Speros
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Nitsa Stamataletos
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Jonathan Stamatis
Jimmy & Lisa Sterio
Tristan & Alana Stoutenburg
Robert Stuart
Steven & Jean Talkington
Despina Taularides
William & Rebecca Taularides
Nick & Effie Theodore
Gus Theodoropoulos
Jim Thomas
Deac. John & Diak. Mary Thrasher
Andrew Touvannas
Thaddeus & Katherine Tropea
Stacy & Gerri Tsantilas
Stella Tsantilas
Dean & Brenda Tseunis
Dimitrios Tsioutsiopoulos
Matthew & Eva Turgeon
Costa & Koko Tzavaras
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Argyro Vasquez
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Stacy Vaughn
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Paulina & Doug Watson
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Connie M. Williams
Dan Williams
Anne & William Wilson
Mike & Christina Wombacher
Richard & Katina Wood
Joesph & Athina Yadush
Zachariah Yoon & Elizabeth Hong
John & Andreanna Zafiropoulos
Anthony & Karen Zaman
George & Katherine Zannis
Jerry & Amanda Zannis
Dimitrios & Eugenia Zannis
Zella Zannis
Evangelia Zikos
Dimitrios Zistatsis
Eleanna Zistatsis
Michael & Christina Zistatsis

2024 PLEDGED FAMILIES

We offer you our thanks for your dedication to our parish and your participation in Christ's work of salvation. If you have not filled out a Pledge Card for 2024, please pick one up in the Church Narthex or [visit holytrinityphx.org](http://visit.holytrinityphx.org). If you have filled out a 2024 Pledge Card but your name does not appear on this list, please know any omissions are unintentional. Please call the Church office immediately and we will resolve the situation.

Holy Trinity's St. Katherine Philoptochos

Kristen Vasilarakos, President



St. Katherine faceted glass icon in the south wing of the Narthex.

☪☪☪
**Next Meeting on Thursday,
 October 3, 2024 at 6:00 pm
 in the Lounge of the Speros Community Center**
 ☪☪☪



Coffee in the Conference Room



Tuesdays at 9:30 am

For those with a flexible schedule:
 Join us for coffee and talk. Included within the social are activities related to Philoptochos' **Circle of Angels**, other chapter support, sometimes church office support, and just plain hanging out with friends. We'd love to see you!



Assisting the Festival by adding labels to brochures.

JOIN PHILOPTOCHOS 2024

We are the right hand of the Church! We would like you to know that membership to Philoptochos *IS IMPORTANT* for our community, the Archdiocese and Metropolis.

Invitation to Philoptochos:

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: (____) _____ CHECK # _____ AMOUNT: _____

\$15 will be sent to the Archdiocese and \$15 to the Metropolis. **Any amount over \$30 will be retained for our chapter charities and obligations.**

Mail your membership to:
 St. Katherine's Philoptochos of HTC Membership 2024, 1973 E. Maryland Avenue, Phoenix, AZ 85016


Holy Trinity's St. Katherine Philoptochos



St. Katherine Chapter of Holy Trinity Cathedral
Blessing of the Waters
2024

Light the Path

Not even distance can keep us in the darkness.



"The light shines in the darkness, and the darkness has not overcome it."
John 1:5

SAVE THE DATE
Sunday, November 17, 2024
2:00 p.m.

Los Coyotes Country Club
8888 Los Coyotes Drive
Buena Park, California

Light the Path

In support of the Bishop Anthony Philoptochos Student Aid Endowment Fund. *Join us! More details coming soon!*

What is Philoptochos?

The translation is
Philo = Friend and
Ptochos = Poor.
It is literally "Friend of the Poor".
Consider joining us today!

The Metropolis of San Francisco Philoptochos has 59 parish chapters and over 4,000 members who are motivated by the words of the Lord, "I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me... inasmuch as you did it to one of the least of these My brethren, you did it to Me."

The 63rd Original Phoenix Greek Festival

October 11, 12, & 13, 2024

[PHOENIXGREEKFESTIVAL.ORG](https://phoenixgreekfestival.org)



Check out our website! <https://phoenixgreekfestival.org>

Holy Trinity Greek Orthodox Cathedral
1973 E Maryland Ave
Phoenix, AZ 85016

We are pleased to provide you with an opportunity to share in the rich history, culture, and culinary delights of Greece. Enjoy Greek food, music, dancing, jewelry, art, grocery items and activities for children.

Friday, October 11
Saturday, October 12
Sunday, October 13

<https://phoenixgreekfestival.org/>

TICKETS ARE NOW LIVE ON EVENTBRITE!

Skip the lines. Save some time. Get your tickets ONLINE!

AUTHENTIC GREEK MUSIC

[HTTPS://PHOENIXGREEKFESTIVAL.ORG/](https://phoenixgreekfestival.org/)

SET YOUR ALARMS WE'RE STARTING EARLY!

3PM

Holy Trinity Greek Orthodox Cathedral
1973 E Maryland Ave
Phoenix, AZ 85016
<https://phoenixgreekfestival.org/>

THIS SUNDAY:

- 1) FILL OUT A VOLUNTEER FORM
- 2) TAKE A FEW FLYERS TO PASS OUT TO NEIGHBORS, HAIR DRESSERS, YOUR FAVORITE COFFEE SHOP...EVERYWHERE!
- 3) BUY ADMISSIONS TICKETS FOR FRIENDS, FAMILY AND VENDORS TO ENCOURAGE THEM TO COME!!!
- 4) BUY GIFT CERTIFICATES (\$10 & \$25) FOR SPECIAL GIFTS TO TEACHERS, CO-WORKERS, BARBERS... YOU GET THE PICTURE!!!

SAGANAKI

[sah-gah-NAH-kee] (noun)

A Greek culinary masterpiece where a piece of chicken, typically a half-pound, is lightly breaded and fried to golden perfection. The chicken is then basted with orange and served hot, resulting in a deliciously juicy and crispy experience.

LOUKOUMADES

[loo-kooh-MAH-dees] (noun)

Traditional Greek honey puffs, made from a light and airy dough. These dough balls are golden and crispy. Some variations like Loukoumades are then drizzled with warm honey and spiced with cinnamon. With a sticky exterior and a fluffy interior, Loukoumades are a heavenly dessert that melts in your mouth.

SOUVLAKI

[soo-VAH-lee] (noun)

A beloved Greek street food consisting of marinated chunks of meat, typically pork or chicken, broasted onto skewers and grilled to perfection. Served with pita bread, tzatziki sauce, and a medley of fresh vegetables, Souvlaki offers a burst of Mediterranean flavors in every bite.

FESTIVAL FOOD

Greek Festival 2024 IS Here!

Festival Setup: Saturday, October 5 at 9am join us to setup the Festival!

2024 Festival Tshirts will be sold to volunteers for \$15 during booth set up on Wednesday, **Oct. 9th**. See Sandy Meris to purchase your shirt. They will be sold during the Festival for \$20.

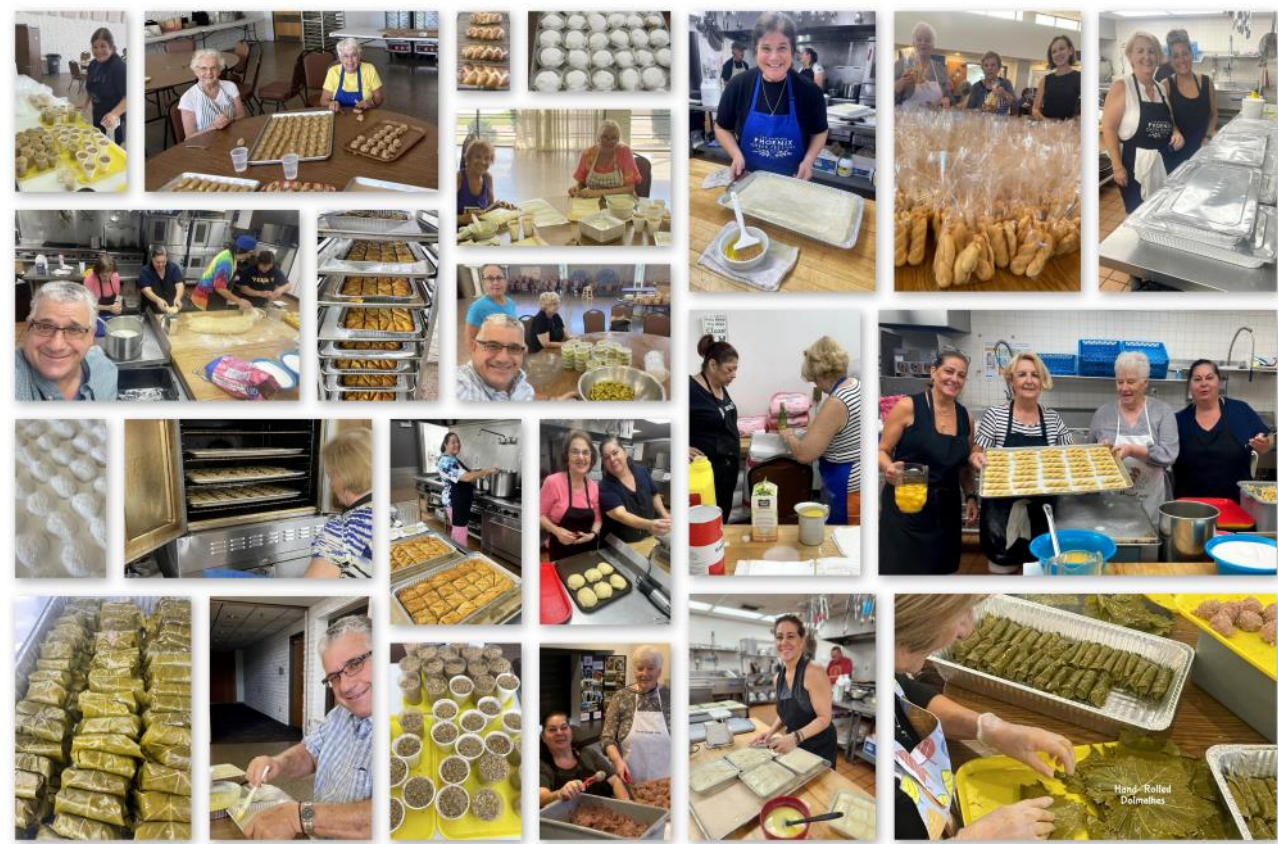
The cost for parking in our church parking lot during the Festival is \$10. Volunteers with a volunteer pass will only pay \$5 for a spot if the volunteer lot is full.

Sunday, October 13, Divine Liturgy will begin at **9:00 am**.

Everyone's help is needed for Festival Clean Up - Monday, October 14, 8:00 am.

The 63rd Original Phoenix Greek Festival—Baking

October 11, 12, & 13, 2024



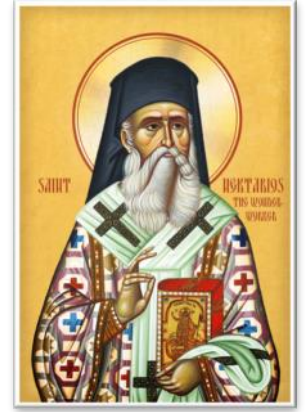
PHOENIXGREEKFESTIVAL.ORG



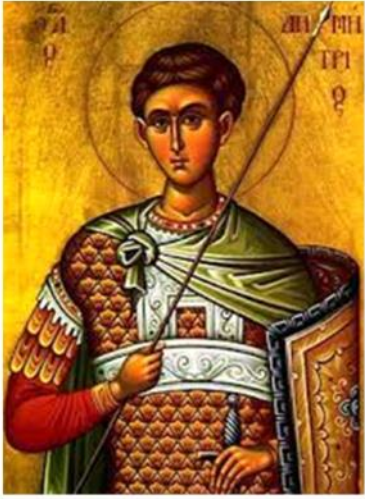
Photos by Jim Mourikes and Zoe Pestrivas
Desert Springs October 2024

St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou
stnectariosphx@gmail.com



The Holy Great Martyr Demetrius the Myrrh-streamer



On October 26, we have the opportunity to commemorate the Holy Great Martyr Demetrius the Myrrh-streamer.

Saint Demetrius was a Thessalonian, a most pious son of pious and noble parents, and a teacher of the Faith of Christ. When Maximian first came to Thessalonica in 290, he raised the Saint to the rank of Duke of Thessaly. But when it was discovered that the Saint was a Christian, he was arrested and kept bound in a bath-house. While the games were under way in the city, Maximian was a spectator there. A certain friend of his, a barbarian who was a notable wrestler, Lyaeus by name, waxing haughty because of the height and strength of his body, boasted in the stadium and challenged the citizens to a contest with him. All that fought with him were defeated. Seeing this, a certain youth named Nestor, acquaintance of Demetrius', came to the Saint in the bath-house and asked his blessing to fight Lyaeus single-handed. Receiving this blessing and sealing himself with the sign of the precious Cross, he presented himself in the stadium, and said, "O God of Demetrius, help me!" and straightway he engaged Lyaeus in combat and smote him with a mortal blow to the heart, leaving the former boaster lifeless upon the earth. Maximian was sorely grieved over this, and when he learned who was the cause of this defeat, he commanded straightway and Demetrius was pierced with lances while he was yet in the bath-house, As for Nestor, Maximian commanded that he be slain with his own sword.

The Children's Garden Will Return After the Festival!

The Children's Garden at Coffee Hour

Used in conjunction with the Pre-K/K class for Sunday School, this area in the Large Hall will be available on Sundays for our little ones to play in and learn together. For any questions or if you're interested in helping please contact Mara Contes [here](#).

Note: the Garden has been temporarily taken down but will return after the Festival.

OPEN FOR FUN SUNDAYS DURING COFFEE HOURS

GOD'S GARDEN

Play Area - In the Large Hall

FOR AGES:
6 months - 5yrs
(NOTE: siblings welcomed)

HOW TO HELP:
Volunteer to monitor / run the area on a Sunday.

WHY HELP:
A fun way to meet other families and have fun with your kids.

Questions or to help, contact: Mara Contes
mara.contes18@gmail.com

GOD'S GARDEN

WISH LIST:

In NEW or slightly used condition, please.

- Duplo Blocks
- Magnet Tiles
- wooden puzzles
- books
- play kitchen
- chalk board or art easel
- Lysol spray
- Clorox wipes

Celebration Committee



Let's Celebrate!

On the first Sunday of each month, the Celebration Committee organizes a potluck during coffee hour to celebrate all the special events in parishioners' lives and birthdays that take place in that month. Please join us every month to celebrate!

In September, the Celebration Committee celebrated all those newly baptized – Max and Zane Cups; Justen, Virginia, Noah, and Landon Merk; and Nyla, Perseus, and Gaia Karoutas along with all September birthdays! In honor of the events, the hall was decorated with fall-themed colors, balloon columns, tablecloths, and fall foliage centerpieces.

If you or someone you know from the parish is celebrating a baby, birthday, an anniversary milestone, or any other special event, please let the Church Office or the parish Celebration Committee know so that we can celebrate as a community! You can send an email with suggestions and details to: htcphxevents@gmail.com.

If you are interested in volunteering or supporting the Celebration Committee efforts, please email htcphxevents@gmail.com and/or talk to Terri Alexon or Mary Pardhe!

If you would like to support future Celebration Committee events with a donation, please visit <https://bit.ly/HTphxCC> or put "Celebration Committee" on the memo line of checks made out to the Cathedral.



Celebration Committee

October Birthdays



Communal Cooking Event

In September, the Communal Cooking crew led by Phillip Panagiotoglou served scrambled eggs, breakfast potatoes, buttermilk biscuits, sausages/bacon, watermelon, cake, ice cream, and a beautiful rice pudding by Jarneen Constantine. If you are interested in helping out or joining us for future cooking events, please email htcphxevents@gmail.com. In addition, please feel free to bring a dish to share with the community on the first Sunday of every month!

Our Church Family

Baptisms

“For as many of you as were baptized into Christ have put on Christ.”

Galatians 3:27



09/06/2024

Dean, son of Kayla & Joshua Gabrielson

Godparent: Madeline Castino

God’s Blessings be upon him.

09/07/2024

Perseus & Gaia, son & daughter of Nyla & Joshua Karoutas

Godparents: Heidi & Sam Bass

God’s Blessings be upon them.

Nyla Karoutas

Godparents: Heidi & Sam Bass

God’s Blessings be upon her.

09/21/2024

Audrey Lewter

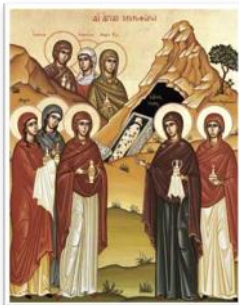
Godparents: Mary & Kevin Taivalkoski

God’s Blessings be upon her.

Funeral

“Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever.”

Psalm 23:6



09/05/2024

Donald “Noley” Harms

May his memory be eternal.



Light a Candle

In this time more than ever we need prayer. For those not able to come to the Cathedral, we have set up this ability to light a candle virtually! Please click the link above and follow the instructions. Enter your name and the names of those you wish prayed for in the PayPal “Notes” section, and Father Apostolos or Father Alexander will light a candle and say a prayer for you.



Choral Fellowship

Warm up your voice and join us on Sat., Nov. 16, in Peoria for our in-person One Day, One Hymn choral fellowship event! We’ll learn, sing, and record a video of Fr. John Finley’s beautiful English “Trisagion Hymn.” Registration opens **Sept. 23** at www.occfellowship.org. Come sing with us!

ORTHODOX CHRISTIAN CHORAL FELLOWSHIP
ONE DAY, ONE HYMN!

Saturday, November 16, 2024 10 AM - 3 PM
St. Haralambos Greek Orthodox Church - Peoria, AZ

Sing to God **COME SING WITH US!** *Sing to the Holy Spirit*

BEAUTIFUL ENGLISH “TRISAGION HYMN”
BY FR. JOHN FINLEY
VIDEO RECORDING FOR SOCIAL MEDIA
DELICIOUS LUNCH
FAMILY EVENT FOR AGES 8-108

Sing to the Holy Spirit **IF YOU LOVE TO SING, YOU’LL LOVE THIS EVENT!** *Have mercy on us*

REGISTRATION OPENS SEPTEMBER 23
at occfellowship.org

Adults \$15 Children (12 & under) \$10
Additional children in same family \$5

For more information, please email us:
info@occfellowship.org

occfellowship.org facebook.com/occfellowship

Orthodox Christian Choral Fellowship, OCCF, is a non-profit organization whose mission is to foster fellowship among the members of Orthodox Christian parishes through participation in choral singing.

Fall Catechism Class

HOLY TRINITY CATHEDRAL
Catechism Class
For Newcomers and Long-time Members

**Wednesday Nights after
6:30pm Paraklesis
Office Conference Room
and Zoom**

**EMAIL FR ALEXANDER FOR ZOOM INFO
CLASS BEGINS AUGUST 21**

Attention All Educators!

Did you know there are many of us here at Holy Trinity Cathedral who are teaching/administrating in the public and private fields of education?

If you are a current, or retired teacher, administrator, or working on your degree in education. Let's get together and talk. Some topics we can share are: how the first 9 weeks of the year are going? Some concerns you or teachers and administrators in general are seeing today? What is working for you and sharing some best practices? Or just relax and chat. If you are interested come join us for a half hour or so in the office conference room on **Sunday, September 29**, after the conclusion of Sunday School. If you have any questions please email Chris Francis at battersbox7@yahoo.com, or call **623-523-3013**.



Eight Dates Seminar

The Greek Orthodox Metropolis of San Francisco **Family Wellness Ministry** and the **Office of Youth and Young Adult Ministries** invite you to journey with us through

Eight Dates
Essential Conversations for a Lifetime of Love
by John and Julie Gottman, Ph.D.

Held twice monthly on Thursday evenings via **ZOOM**

Our 2024-2025 series will be held **Thursdays at 6:30pm PT** via Zoom.

Each session is designed by our Family Wellness Ministry team to engage couples in essential conversations. **Topics include:**

• September 19	• November 21	• Trust & Commitment	• Family
• September 26	• December 5	• Addressing Conflict	• Fun & Adventure
• October 10	• December 19	• Sex & Intimacy	• Growth & Spirituality
• October 24	• January 9	• Work & Money	• Hopes & Dreams
• November 7			

"This series transformed our marriage and got us talking and connecting again."
— Jenn & Stavros

"Over the last four years, over 800 couples participated in our *Eight Dates* program and we've received countless positive comments of how this experience strengthened their relationships."
— Presvytera Pat Tsagalakis

LEARN MORE AND REGISTER HERE

PRESENTED BY

familywellnessministry.org/eight-dates

Fall Bible Study



Fall Bible Study

The (not so) Minor Prophets

Our Fall Bible Study series will commence in September and will focus on the Minor Prophets of the Old Testament. These brave saints withstood the opposition of their countrymen as they delivered the messages God gave them to proclaim.

Set against the backdrop of national catastrophe as the Assyrian, Babylonian, and Persian overran Israel from the mid 8th to the mid 5th centuries BC, the Minor Prophets had the unenviable task of announcing why these events were happening and how they could be ended.

The studies will occur at 5:00PM on Sunday evenings via ZOOM only, beginning on the 15th. Please reply to papoulihill@gmail.com be sent the link to the meetings

Fr. Apostolos Hill

Coffee Socials Following Sunday Liturgies



The September Coffee Socials were sponsored by **OPA**.

The October Coffee Socials are sponsored by **Choir**.

thank You
for Your
awesomeness



Donations



We greatly value all your donations! Please remember, when you write us a check, to include your **intention for the donation** i.e. stewardship, candles, etc.

Assumption Dedication

COME CELEBRATE WITH US

Please join
Metropolitan Gerasimos
and
The Assumption Community
for the
Dedication of the Community Center
and Celebration Dinner

SATURDAY OCTOBER 26, 2024
ASSUMPTION GREEK ORTHODOX CHURCH
8202 EAST CACTUS ROAD SCOTTSDALE

RECEPTION 5:00 pm
\$150 PER PERSON

DINNER 6:00 pm
SEMI-FORMAL ATTIRE

PLEASE JOIN US ON SUNDAY OCT. 27th
FOR A COMPLIMENTARY LUNCHEON
FOLLOWING LITURGY

RESERVATIONS MUST BE MADE BY OCTOBER 12th

2 ASSUMPTION GREEK ORTHODOX CHURCH, SCOTTSDALE, AZ

Sunday School Returns!



We're excited to announce Sunday School classes back in classrooms this Fall! Led by Alexia Panagiotakopoulos as our new director, we have our 4 "pods" which will be:

- Pre-K-K (located in the Lounge Area)
- 1-4th Grade (located in the Goya Room)
- 5-8th Grade (located in the Conference Room)
- 9-10th Grade (located in the Chapel)

All 11-12 Graders who wish to participate will be assigned a classroom to volunteer in as an assistant teacher.

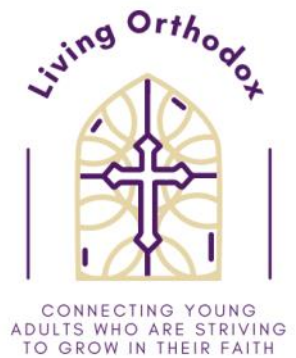
Children will be dismissed after the final Amen in Liturgy and memorials and announcements will be given after the dismissal of the students. Sunday School will be dismissed at 11:30am tentatively until we confirm this is the proper amount of time needed, adjustments may come later and you will be notified.

Email Alexia at our new email:
htphxsundayschool@gmail.com

REGISTER HERE: [2024-2025 Sunday School Registration \(jotform.com\)](https://2024-2025.SundaySchool.Registration(jotform.com))

Living Orthodox Young Adult Ministry

Living Orthodox is a national, pan-Orthodox ministry that is building a community of young adults (18-30s) who are striving to grow in and connect with their faith. Sign up at <https://bit.ly/LOconnect> for our email/SMS lists!



FOCUS Shelter

We're excited to share that the fundraising efforts in the Valley have allowed us to reach a \$75,000 matching grant! We are now working towards another \$25,000 matching grant. The long-term shelter plans continue to be developed; however, the search for a Center Director is underway. To view the job qualifications, please visit <https://www.orthodoxjobs.com/postings/2024/center-director-focus-phoenix.s>

Living Orthodox Fall Retreat

Save the date for our next retreat on November 16th from 8:30 – 3:30! Fr. Chris Salamy from St. George Antiochian Church will be the keynote speaker. Registration and further details on the presenter list will be shared shortly.

August Event

The August event was a beautiful potluck and discussion with Fr. Apostolos Hill on the topic of “Entering into the Liturgical Life of the Church”. The summary of the event is below; however, the full video can be viewed on our YouTube channel (<https://bit.ly/3O2roul>).

If you or someone you know is interested in learning more about Living Orthodox, please email us at livingorthodoxministry@gmail.com! You can also visit <https://linktr.ee/livingorthodox> for links to our social media.



ENTERING INTO THE LITURGICAL LIFE OF THE CHURCH

Written by Living Orthodox volunteers

The Living Orthodox Group's August meeting of 2024 focused on the Liturgical life of the church. Father Apostolos Hill of Holy Trinity Cathedral shared the ancient church's wisdom and perspective on the Liturgical life, dating back to the Hebrews conception of the universe as ordered by nature. God was never seen as the author of confusion; he established an inherent pattern reality that gave us purpose. Man began to call out to the Lord recognizing this fundamental view on nature; thus, showing us that dialogue is necessary to knowing Him and His will. Communication has always been an essential part of the faith; especially with the Levite priesthood when God gave them specific instructions to follow. The ancient priesthood did not make up rituals, nor did they practice the faith spontaneously; likewise, the Orthodox Church today functions in this way. Based on the continuity between the Old Testament and the New Testament, we cannot help but be liturgical like our predecessors.

Living Orthodox continued on page 21

Desert Springs October 2024

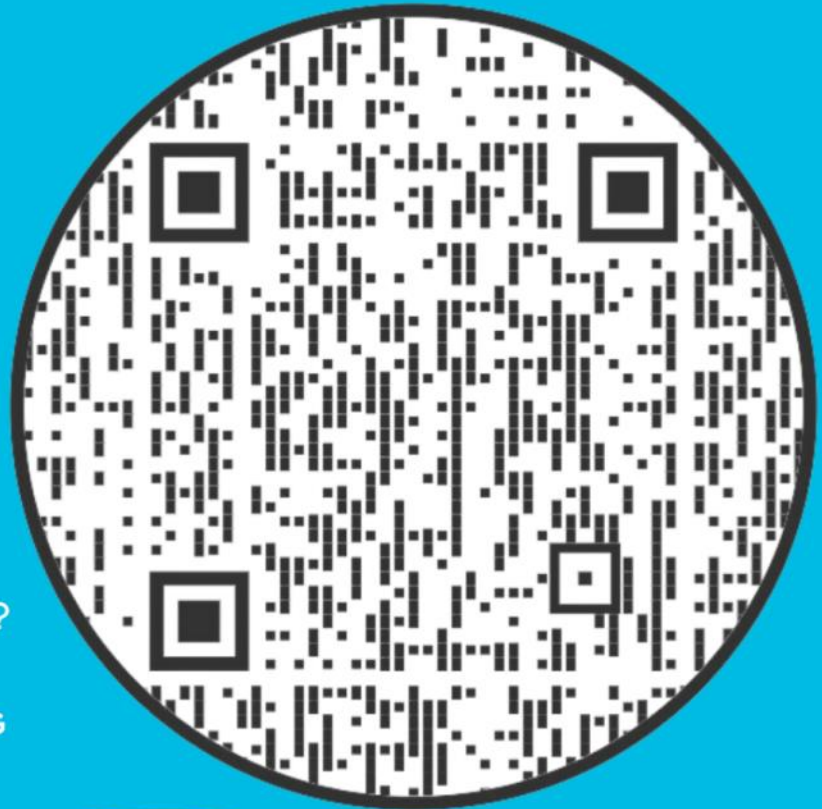
FOCUS Flyer

Scan the QR code to donate and help us unlock \$100,000 in matching grants to support this new FOCUS Center!

HELP US DEVELOP A NEW FOCUS CENTER IN PHOENIX

Interested in joining our team?

EMAIL
SCHRISTOFOROU@FOCUSNA.ORG
TO JOIN OUR EXPLORATORY
COMMITTEE



Living Orthodox Young Adult Ministry

Living Orthodox continued from page 19

Documents from the early church like the Didache after the death of St. John discussed how Christians worshipped. The services correspond to the flow of the day, whether it's vespers as the sun sets or compline after meals. The reality behind what we do is that we are called to sanctify time and space through worship, bringing it back to God. Our purpose is to become transfigured through this way of life conforming to God's liturgy of life. If we can do this well enough, we become Agios (ἅγιος): not of this world. We eventually cease to identify with the world. Under the duress of outside influences, it is a historical aberration that societies stopped being liturgical. In fact, church canons dictate how our absence and lack of participation remove us from our true place and state of being. We are called to be participatory and collaborate with God (called synergy) so that we can sanctify space and engage in sacramental living.

A challenge for Christians today is how we choose work and balance in our lives. Since time belongs to God, we must remove ourselves from the worldly understanding of time (χρόνος), to move toward God's time (καιρός). We must choose work that lends itself to frequent church attendance. As we make our way to the church, we are called to engage in entrance prayers and recitations of the psalms as we enter church. The idea of a singular existence is not Orthodox. Prayer is communal and a call to connect with God and our fellow man. We must challenge ourselves to engage with prayer deliberately so that our prayer life becomes noetic. The noetic prayer is stimulated through our act of prostrations. Prostrations are incarnational elements of prayer because we seek to elevate our souls by humbling ourselves. Christ will become the center of our life when we begin to dedicate all parts of our life to Him.

Finally, Father Apostolos stressed how the church is family in the deepest of ways. Our quote-on-quote nuclear family represents the church, but more importantly, the Orthodox church is our family. We are not self-directed beings but called to engage with others in a liturgical way: praying together, asking for forgiveness of offenses, and communing with one another—inside and outside of the church. God invites us to come eat with Him and eat Him. If we are on time for all the other things in life like dates and dinner parties, why are we not on time for the services where true life is found? God is the greatest of hosts and will meet us where we are at when we come to Him.



Liturgical Services will continue to be
live streamed
by Father Apostolos
and Father Alexander.

All services can be found on the **Home
Page** of the Cathedral's website
www.holytrinityphx.org,
in addition to the continued postings on
our Facebook page.



Desert Springs Issues Available to Our Seniors

or the computer-challenged!

In an effort to reach our whole Parish Community with Cathedral news, issues of the Desert Springs will be available for **FREE** to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

Desert Springs Subscription

Enjoy **color** copies of Holy Trinity Cathedral's *Desert Springs* delivered to you!

Name: _____

Street Address: _____

City, ST, Zip: _____

Contact Phone: _____

Return this form to the Church Office or
contact Kristen at 602-332-8809

HTC on Facebook

The page offers news of our Parish Community, in addition to offering links to videos of our services.

[Holy Trinity Greek Orthodox Cathedral—Phoenix, AZ](https://www.facebook.com/HolyTrinityGreekOrthodoxCathedral)



Endowment Fund

✦ THE HOLY TRINITY CATHEDRAL ENDOWMENT FUND ✦

The Holy Trinity Endowment Fund was established in 1992 with an initial deposit of \$2,000. The goal was to build the Endowment Fund whereby the interest and appreciation would one day provide sufficient income so Holy Trinity would no longer be totally dependent on an annual festival to supplement stewardship income.

The Endowment Fund is obligated to preserve the donor's contributions such that the principal will remain **inviolable** and be held in perpetuity by the Church. The funds are prudently managed by the investment committee, which reports to the Parish Council. The investment committee only approves withdrawals from the earnings and appreciation, over and above the donor's contributions, and are used only to benefit Holy Trinity and its ministries.

Over the course of the past twenty-nine years the committee has held steadfast to this mission, and as a result, generous donors from our Church, desiring to leave a legacy **in perpetuity** for their family, have made contributions totaling **\$654,340.00**.

This is your opportunity to put your lifetime thumbprint in the history of Holy Trinity Cathedral.

We have been blessed by the generosity and foresight of the individuals and families listed on the next page. We benefit today from their kindness and vision. If your circumstances allow you to give a gift above and beyond your annual stewardship commitment, then please take this occasion to join the others in creating a legacy by pledging your gift to Holy Trinity Cathedral's perpetual Endowment Fund. Gifts of \$10,000 or more will be separately listed along with others who have reached that level.

Your gift, no matter the amount, will be combined into the general endowment fund, and will be greatly appreciated.

Endowment Gifts

Platinum Donors: \$100,000+

Faye Boukas
George & Ann Souvall
John George Thomas

Gold Donors: \$50,000+

Dr. Nicholas Baziotes
Silver Donors: \$25,000+
The DeMoss Families
IMO+ Tasia Pritchard

Bronze Donors: \$10,000+

Gabriel & Helen Papagallos, IMO+ Mary Montague, John & Mary Katsenes, George & Koula Cheros, IMO+ Dina Sakellarakis, Steve & Joan Vrahas, Ange & Alex J. Pappas, James & Connie Contes, Dennis & Anastasia DeBerry, IMO+ John G. Zannaras, Steve & Judith Vrahas, Irene Pilafas Pappas

General Endowment Fund donations over \$1,000.00

Dr. Christopher J. DeMoss, the Lambrou Family

In Memory Of Gifts:

IMO+ Stacy Hotis, IMO+ Danny Speros, IMO+ Mark Sprintz, IMO+ Chris Gabriel, IMO+ Fr. James & Presb. Katherine Tavlarides, IMO+ Fr. Anthony & Mary Coniaris, IMO+ Tom Contes, IMO+ Leonard Mastorakos, IMO+ John Sgouros, IMO+ Chris Gabriel, IMO+ Athena & Dan Choukalas, IMO+ Milton & Harriet Sioles, IMO+ Koula & Pete Triantafyllou, IMO+ James H. Karros, IMO Bette Maniatis, IMO Dan Lester Hill



**✦ CONSIDER GIFTING HIGHLY APPRECIATED STOCK. ✦
72 AND OLDER, SAVE TAXES BY GIVING FROM YOUR IRA. ✦**

AHEPA CHAPTER 219



Our Next Meeting

Date: Thursday, October 17, 2024
Location: HT Speros Community Center
Time: 6pm cocktail hour and hors d'oeuvres
Dinner: 7pm
Meeting: 7:45 - 8:45pm
Cigars on the patio: 9:00 - 10:00pm

RSVP: AHEPA219@GMAIL.COM
or call President Costa Tzavaras
(602) 999-9819

Membership Information

Contact Pete Marudas
602.284.1638
Rosemar2@msn.com




SCHOLARSHIP

PROGRAM 2024 -2025

**DEADLINE - MUST BE
POSTMARKED OR
RECEIVED BY
NOVEMBER 2, 2024**

**ELECTRONIC APPLICATION
IS ON [AHEPA219.COM](https://www.ahepa219.com)**

**FOR MORE INFO CONTACT
NICHOLAS PETSAS
602-710-0840**

 602-710-0840

 npetsas@outlook.com



Daughters of Penelope

Helenos Chapter #432

Daughters of Penelope El Camino District 20



September 2024

A Big THANK YOU to all our sisters who attended our first meeting!

Helenos an exciting year ahead as we reviewed our calendar and budget to make it happen. With the Power of WE... WE can have FUN!



Our October event is making blankets through Project Linus for children 0-18 in need. Winter is coming and 3 yards of fleece is all it takes to help!

Save the date for our Founder's Day Luncheon November 16th at 12 noon in the Holy Trinity Community Center, Phoenix AZ and only \$25!

Our Guest Speaker obtained through Questers, is the author of *100 Years of Women's Suffrage*. She will be presenting our history as strong women and all our accomplishments with period clothing and a bit of humor. More information will be forthcoming.

Submitted with Love in ΘΠ,
Cynthia Bekiaris, President
Helenos #432, Phoenix, AZ



I was in attendance, but am a horrible picture taker.

Greek School

Irene Dartoozos Mackos, Director
phxgreeksschool@gmail.com

Are you ready to learn Greek- Classes start in November!

To sign up or learn more, visit our website www.greeklanguagekitchen.com

Look forward to welcoming you to our Greek Language Classes and hoping you explore the beauty and richness of the Greek Language!



Holy Trinity Greek
&
Heritage School of Phoenix

Panigiri on November 2!



MARK YOUR CALENDARS FOR OUR

PANIGIRI

**HOSTED BY THE HOLY TRINITY
GREEK DANCE PROGRAM**

SATURDAY, NOVEMBER 2ND
1973 E. MARYLAND AVE, PHOENIX, AZ 85016

**LIVE MUSIC.
VIP TABLES.
DINNER. DANCING.**

CONTACT ANNA WITH QUESTIONS:
(602) 469-8676

OPA—Orthodox Parents Association

Caroline Economopoulos, President



Are you getting the weekly
OPA Newsletter?

OPA communicates primarily through email,
via our email newsletter.

To stay informed on all of the
youth, parent, and family happenings at Holy Trinity,
sign up today.

It's easy, just email your information
ciecomom@gmail.com,
and we'll get you added to list!

Youth & Family Volunteer Opportunity

OPA Family Volunteer Opportunity

FMSC offers volunteers a one-of-a-kind experience. You'll hand-pack rice, soy, dried vegetables and a nutritionally complete blend of vitamins and minerals into bags which are then sealed, boxed, placed on pallets and shipped to our incredible partners working hard to reach the neediest children around the world.



OUR EVENT:

Group Name: HT Greek Orthodox Cathedral
Group size: 50 Spots reserved
Location: 1100 W. Grove Parkway, Suite 101,
Tempe, AZ 85283 - **NEW LOCATION**
Date: Saturday, October 26, 2024
Time: 12:00 PM – 2:00 PM

Volunteer age requirements

Please follow this student-to-adult ratio when
registering to volunteer:

- For safety reasons, children under the age of 5 are not allowed in our packing area (sorry, no exceptions)
- Grades K-2: 1 student to 1 adult
- Grades 3-6: 3 students to 1 adult
- Grades 7-12: 4 students to 1 adult

SIGN UP TODAY

4F—September



Upcoming 4F Nights

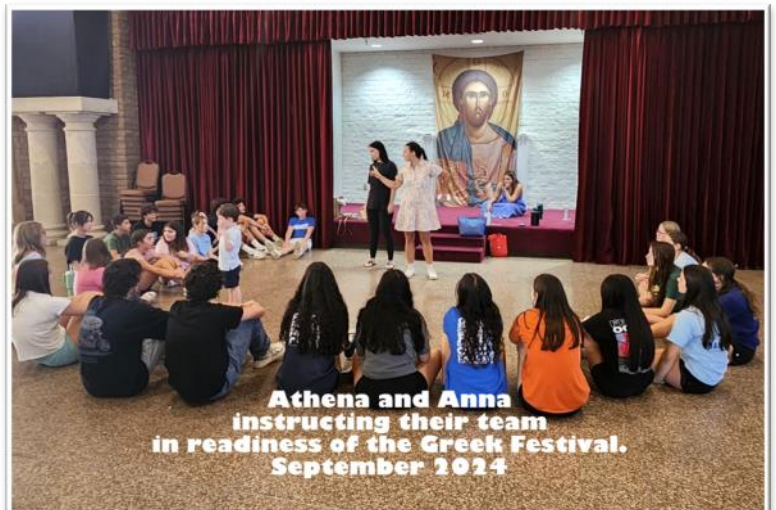
October 19 (Family Movie Night), November 9, and December 14

Senior Goya

We will once again attempt to have consistent Sr. Goya (High School) meetings for our High Schoolers this Fall. In this important time of their life it is imperative that they have the ability to be with their peers in their faith.



Festival Dance Rehearsal



Festival Flyer



OCTOBER 11-13, 2024

GREEK FOOD, MUSIC, DANCING & MORE

FRIDAY, OCT 11
3pm - 10pm

SATURDAY, OCT 12
11am - 10pm

SUNDAY, OCT 13
11am - 6pm

HOLY TRINITY GREEK ORTHODOX CATHEDRAL
1973 E. Maryland, Phoenix | phoenixgreekfestival.org

@originalphxgreekfest | OriginalPhoenixGreekFestival



ADMISSION

\$5.00 - for an entire day of fun

Children under 12 free

Seniors over 60 free entry on:

- Friday 3:00 - 5:00pm
- Saturday 11:00am - 3:00pm

*No pets permitted (service dogs excluded)

PARKING

FREE Parking at
Charles Schwab -
24th St. & Lincoln
Shuttles every 15 minutes

\$10.00 to park in
church parking lot



EAT . DANCE . SHOP . PLAY

Authentic Greek Food • Homemade Pastries • Taverna with Greek Beer & Wines
Greek Dancing • Live Greek Music • Art, Jewelry & More • Village Market
Hellenic Museum of Phoenix • Cathedral Tours • Children's Rides & Activities

THE LONGEST-RUNNING AND LARGEST ORIGINAL GREEK FESTIVAL IN THE VALLEY.