Office Hours:
Monday–Friday, 9:00am–3:00pm

Sunday Worship
8:00am Orthros
9:30am Divine Liturgy

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Desert Springs Deadline
The 25th of each month

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www.holytrinityphx.org

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- Hellenic Museum — Bessie Hotis: call 602-953-1913
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- Wedding Coordinator — Lindsay Vardalos
- YAL — Alexander Harding: text 480-626-3149

Attention Organizations:
Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at AdminAssist@holytrinityphx.org and Kristen at kvasilarakos@cox.net. It is the organization's responsibility to inform Natalie and Kristen of any updates to your listing.
The long-established publication *Christianity Today* just released the results of its annual “State of Theology” survey which tracks the adherence of respondents to foundational Christian doctrines such as the Divinity of Jesus Christ, the Holy Trinity, Salvation, and Moral teachings.

Survey responses were consistent with recent trends. However, the acceleration of these trends was troubling. For instance, 56% of Evangelical respondents indicated a belief that Jesus Christ is not the only way to Heaven. This reflects the heresy of Universalism (“apokatastasis” in Greek) espoused by Origen of Alexandria and denounced by the Holy Fathers in 553AD at the 2nd Ecumenical Council of Constantinople.

More troubling, 75% of Evangelical respondents expressed a belief in the statement Jesus is the first and greatest being *created by God*.” This heretical notion is bald-faced Arianism which was dispatched by the Holy Fathers of the Church, e.g. Sts. Athanasius, Alexander, Nicholas, Anthony, and Spyridon, at the 1st Ecumenical Council in Nicaea in 325AD. Further, 43% of respondents denied the Divinity of Jesus Christ altogether. (Arianism again!)

Among the many other disturbing results uncovered; 68% affirm that worshiping in a parish is *not* necessary; 53% doubt the accuracy of Holy Scripture; 48% agreeing with the statement that God learns and adapts to different circumstances, hence is mutable and imperfect (!)

We may be tempted to dismiss such surveys as irrelevant to us as Orthodox Christians, but we would be unwise to do so.

Holy Orthodoxy has always faced a headwind in our American culture antithetical to the Ancient Christian Faith. And as successive waves of Orthodox faithful from our native lands have become successively Americanized, our grasp of essential Orthodox doctrines has successively slipped.

Much of this disintegration can be attributed to the cult of the “individual" which elevates all views, all opinions, all hermeneutics (how truth is discerned from error) to equal status, especially on social media platforms.

The term “individual” is nowhere to be found in Holy Scripture, the Greek synonym ἰδιώτης from which the word “idiot” is derived, being the nearest approximation and signifying one who isolates oneself. We *do* speak frequently of personhood and even ascribe the term to the Godhead Who has revealed Himself is a Trinity of Divine Persons.

Embarking upon my catechumenate period ages ago, I was immediately struck by two aspects of Orthodox theology: its intellectual honesty and its internal consistency. Escaping the subjectivity of the Evangelical world, I found solace in the 2,000-year preservation and application of the “truth once delivered to the saints” (Jude 1:3)
In the ensuing years, it has been ever reinforced that one must not supplant the teachings of the Orthodox Church with one’s own private views. As is often stated, the articles of the Nicene Creed (which comprise the basis for our Parish-wide Faith and Family catechism lessons) are not presented salad-bar style. We cannot simply pick and choose what teachings we will and will not embrace.

One cannot credibly refer to oneself as an Orthodox Christian while rejecting the essential and non-negotiable elements of Orthodox teaching as outlined above. We must exercise extreme caution when tempted to follow this or that popular modern “preacher” on social media.

Responsible and serious-minded Orthodox adherents must avail themselves of the educational and catechetical opportunities provided in the local parish and must reinforce them by reading solid Orthodox theological writings. Especially in the din of competing voices and the blur of images racing past us, consistent and ongoing study of our Faith is indispensable.

To be a disciple of Jesus Christ is to be a lifelong student. Thank God we enjoy many opportunities to enrich our knowledge of Holy Orthodoxy here at Holy Trinity Cathedral; Catechism and Bible Study classes, Faith and Family Catechism and supporting materials, our Young Adult Reading Ministry, and the Lending Library in the Narthex.

May we avail ourselves of these opportunities as faithful Orthodox Christians and embody the purity of the Gospel message in the bosom of the Church!

Welcome!

On 09/25/2022, we welcomed V. Rev. Archimandrite Chrysostomos Gilbert, who served at that morning’s Divine Liturgy for the 1st Sunday of Luke! We wish him all God’s blessings as he begins as Dean of the Archdiocesan Cathedral in New York City!
To be a welcoming community sharing Christ’s love through faith and service

**OUR FESTIVAL - ONE BIG GIANT ACT OF STEWARDSHIP**

Ted, Nick and Angelo use their off work hours and even their vacation days to spend countless hours setting up booths, making sure all the deliveries get put away, and coordinating every last detail of the Festival. Joanna Mackos oversees the baking of thousands of pieces of pastries, spending eight hours a day at church measuring, assembling, baking and overseeing dozens of women bakers. Billy Tavlarides arrives at the church Festival weekend at dawn to get the chicken and lamb in the ovens, working the entire weekend in the hot, secluded kitchen. Thad Tropea organizes volunteers and sets up the food lines. Kalli Schneider organizes all the bars and orders the liquor, beer, wine and soft drinks. Andy Stamatis gets to the Festival early to make sure the loukoumada batter is just right. The booth leaders such as the Manelises, the Panagiotakopoulos’, the Bilitsis’ and countless others spend the entire weekend of the Festival cooking, greeting people, hosting their friends and neighbors and making sure the Festival attendees have a great time.

There are far too many parishioners who put in countless hours, take time off of work and even vacation days to help set up, prepare, cook, bake, organize and volunteer at our Festival. This is all done side-by-side, working together for the greater good. Our Festival is our church’s largest fundraiser. In addition, it invites people onto the grounds of our church community and gives them a glimpse of what a true church family looks like. Clearly, our Festival is a beautiful example of the true meaning of Stewardship.

**holytrinityphx.org**

Our website receives 50+ views a day!

In August, the website had 3,346 visitors. In September, we continued the trend, again averaging more than 100 visitors a day:

3,127 Site Visitors

Have you checked out the website lately?

- Events
- Services
- Photos
- Calendar
- Stewardship
House of Stewards
As of 09/29/2022

Panagiota Agelakos
Catherine Agra
Evan & Terri Alexon
Constance Anagnopoulos
Mike & Alexandra Anagnopoulos
Nikki Anest
Bettina Angelos
John & Alexandra Annos
Elaine Apostle
Chris Athens
Christina & Chris Bakavelou
Constantine & Eleni Balanis
Taylor Bankson
Ted & Rebecca Barabatis
Marissa Bard
Shannon & Elise Bard
Alexandra Bates
Joyce Bavlinka
Dr. Nicholas Baziotes
Scott & Stacey Beaty
George & Stacy Benetos
Stamatios Benetos
Dan & Vicki Bichekas
Peter & Jennifer Billitsis
Emily Blazer
James & Helen Bruno
Chris & Georgia Brusalis
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Kristen Bruskas
Constance Burkhart
Kathy Carras
Frank & Alice Carris
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Harriet Chotas
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Michael & Maureen DeMoss
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Marta Ntatsos
Irene Pagoudis
Jeremy & Anastasia Oxley
Else Paleitos
Elizabeth Palmer
Alexander & Alexia Panagiotakopoulos
Anna Panagiotakopoulos
Christo & Connie Panagiotakopoulos
Nikolas Panagiotakopoulos
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Nicholas Papas
Nicholas & Stacy Papatrizias
Andrew & Emily Pappas
Angelina Pappas
Harry & Fannie Pappas
Irene Pappas

House of Stewards continued on page 7

Desert Springs October 2022
If you have filled out a 2022 pledge card but your name does not appear on this list, please know any omissions are unintentional. Please call the church office immediately and we will resolve the situation.
JOIN PHILOPTOCHOS 2022-2023

We are the right hand of the Church! We would like you to know that membership to Philoptochos IS IMPORTANT for our community, the Archdiocese and Metropolis.

Invitation to Philoptochos:

NAME: ________________________________________________________________

ADDRESS: ____________________________________________________________

______________________________________________________________________

EMAIL: ________________________________________________________________

PHONE: (_____) _____________ CHECK #__________________________ AMOUNT: ________________________

$15 will be sent to the Archdiocese and $15 to the Metropolis. Any amount over $30 will be retained for our chapter charities and obligations.

Mail your membership to:
St. Katherine’s Philoptochos of HTC Membership 2022, 1973 E. Maryland Avenue, Phoenix, AZ 85016

What is Philoptochos?
The translation is Philo = Friend and Ptochos = Poor.
It is literally “Friend of the Poor”.

Holy Trinity’s
St. Katherine Philoptochos
Alex Anagnopoulos, President
Holy Trinity’s St. Katherine Philoptochos
Coffee in the Conference Room!

Starts
Tuesday, October 11, 2022
and every Tuesday...
9:30-11:00 am
No RSVP needed - just stop on by!

Chapter Ad
Submitted to the National Centennial Journal

We pay homage to those who came before us.

St. Katherine Philoptochos Chapter #4001 of Phoenix
is honored to contribute to the Centennial Commemorative Journal
of our Holy Archdiocese of America.

In the late 1920s, local Greek women formed a ‘Ladies Society’, administering to compatriot and community
needs and selflessly volunteering at the nearby tuberculosis sanitorium. From that noble start, the Ladies
Society eventually became a part of the new National Philoptochos and chose the name St. Katherine.

We strive to uphold the intent of our fore-mothers to offer assistance to those in need. We fully embrace
the mission statement of the National Philoptochos and participate in Metropolis and National charities
while also maintaining a local focus on schools and scholarships, baking, women’s wellness, the homeless,
the working poor, the elderly, the infirm, the human-trafficked, and various other local charities.
61st Original Phoenix Greek Festival

OCTOBER 7-9, 2022
GREEK FOOD, MUSIC, DANCING & MORE

FRIDAY, OCT 7
5pm - 10pm
SATURDAY, OCT 8
11am - 10pm
SUNDAY, OCT 9
11am - 6pm

HOLY TRINITY GREEK ORTHODOX CATHEDRAL
1973 E. Maryland, Phoenix | phoenixgreekfestival.org
@originalphxgreekfest  OriginalPhoenixGreekFestival

ADMISSION
$5.00 - for an entire day of fun
Children under 12 free
Seniors over 60:
FREE Saturday from
11:00am - 3:00pm
*No pets permitted (service dogs excluded)

PARKING
Free Parking at
Charles Schwab -
24th St. & Lincoln.
Shuttles every 15 minutes
$10.00 to park in
church parking lot

EAT. DANCE . SHOP . PLAY

Authentic Greek Food • Homemade Pastries • Taverna with Greek Beer & Wines
Greek Dancing • Live Greek Music • Art, Jewelry & More • Village Market
Hellenic Museum of Phoenix • Cathedral Tours • Children’s Rides & Activities

THE LONGEST-RUNNING AND LARGEST ORIGINAL GREEK FESTIVAL IN THE VALLEY.
61st Original Phoenix Greek Festival

**FRIENDS OF THE FESTIVAL**
THANK YOU FOR YOUR GENEROUS DONATIONS!

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Hon. Connie Contes (ret.)
IMO Taake Tavlandes &
Hon. Hercules A. Delias,
IMO Alexander H. Delias,
Margaret A. Delias, & Carol M. Delias
DeMoss Family
IMO Bette Maniates
Georgana Freh & Emily Kimmell
IMO Bill Kimmell & Karen Kimmell
The Choukalos Family
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Elaine Apostol
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Holy Trinity Choir
IMO Nicholas G. Harris
IMO Dena Pikulas
IMO of John & Jean Spouros
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IMO Tiffani Nielle Bichekas
Daughters of Penelope
Dimitris Zannis Family
IMO Nick Harris
Elia & Mary Lambis

***** THANK YOU TO OUR COMMUNITY SPONSORS *****

We regret any errors or omissions due to printing deadlines.
61st Original Phoenix Greek Festival

September 6, 2022

September 27, 2022
61st Original Phoenix Greek Festival

Photos from various baking days in September 20, 2022

Collage by Gabriella Papatzimas
61st Original Phoenix Greek Festival

Saturday Build Week 1
61st Original Phoenix Greek Festival

Saturday Build Week 2
Endowment Fund

The Holy Trinity Endowment Fund was established in 1992 with an initial deposit of $2,000. The goal was to build the Endowment Fund whereby the interest and appreciation would one day provide sufficient income so Holy Trinity would no longer be totally dependent on an annual festival to supplement stewardship income.

The Endowment Fund is obligated to preserve the donor's contributions such that the principal will remain inviolate and be held in perpetuity by the Church. The funds are prudently managed by the investment committee, which reports to the Parish Council. The investment committee only approves withdrawals from the earnings and appreciation, over and above the donor's contributions, and are used only to benefit Holy Trinity and its ministries.

Over the course of the past twenty-nine years the committee has held steadfast to this mission, and as a result, generous donors from our Church, desiring to leave a legacy in perpetuity for their family, have made contributions totaling $644,340.00.

This is your opportunity to put your lifetime thumbprint in the history of Holy Trinity Cathedral.

We have been blessed by the generosity and foresight of the individuals and families listed on the next page. We benefit today from their kindness and vision. If your circumstances allow you to give a gift above and beyond your annual stewardship commitment, then please take this occasion to join the others in creating a legacy by pledging your gift to Holy Trinity Cathedral’s perpetual Endowment Fund. Gifts of $10,000 or more will be separately listed along with others who have reached that level.

Your gift, no matter the amount will be combined into the general endowment fund, and will be greatly appreciated.

The simple and smart way to give a portion of your estate to Holy Trinity: ask your banker, broker, realtor, life insurance agent to simply put a TOD or POD designation on your property or account, and select the percent of that account you wish to pass to Holy Trinity. TOD= transfer on death, POD= payable on death. This designation will transfer that percentage to Holy Trinity, on your passing, and avoid costly probate.

REMEMBER THE CHURCH IN YOUR WILL
Endowment Fund

GIFT DONATION FORM

Please list my endowment gift as follows: ________________________________

Here is my Endowment gift, which I may add to, of $___________

I plan to include the Holy Trinity Endowment fund in my Will___, my Living Trust___, or TOD*___

Signed:______________________________________________________________

Dated:__________

Donor, please sign and keep a copy for your records

*TOD = transfer on death

All gifts will be preserved in the archives of Holy Trinity Cathedral

Gifts of $10,000 or more may be made over a three year period.

Thank You. and + God Bless You + for your generosity.

Holy Trinity Greek Orthodox Cathedral + 1973 E Maryland Phoenix AZ 85016

+ CONSIDER GIFTING HIGHLY APPRECIATED STOCK. +
+ 72 AND OLDER, SAVE TAXES BY GIVING FROM YOUR IRA. +

ENDOWMENT GIFTS OVER $10,000.00

Gabriel & Helen Papagallos  Faye Boukas  George & Ann Souvall
The DeMoss Families  Dennis & Anastasia DeBerry  IMO+ Tasia Pritchard
IMO+ Mary Montague  George & Koula Cheros  John George Thomas
IMO+ John G. Zannaras  IMO+ Dina Sakellarakis  Steve & Joan Vrahases
Steve & Judith Vrahases  Dr. Nicholas Baziotes  James & Connie Coin Contes
Ange & Alex J, Pappas  John & Mary Katsenes

GENERAL ENDOWMENT FUND DONATIONS OVER $1,000.00

Dr. Christopher J. DeMoss, the Lambrou Family

+ REMEMBER HOLY TRINITY IN YOUR WILL +
Sunday School Is Now ‘4F’

New Mode of Religious Education!

Dear Parents and Students of Holy Trinity Cathedral,

As the School Year is somehow already upon us, we are so excited to begin our new year of Youth Ministry here at Holy Trinity with some invigorating new opportunities for all ages.

For a great confluence of reasons we are changing up our usual model of Sunday School. It is no secret that our numbers in Sunday School have dwindled more and more in the last decade. This is not something we have done wrong but a universal fact in almost all parishes across the country, Orthodox and non-Orthodox. There is a lack of student attendance, parent commitment, and volunteers to even make the most simple class function. We had wonderful teachers last year, new curriculum, used only our Education Building Classrooms and yet still many went through weeks at a time of having no more than 2-3 students. We do not have the manpower to execute Sunday School in it’s traditional form this year week in and week out. Knowing this, we aren’t throwing in the towel and quitting but we must try something different to find what works so we can instruct our children in their faith and guide them to salvation.

After speaking to a few different parishes with their alternatives to Sunday School we’ve moved that the main event for the spiritual education of our youth at the church will now take place on the 3rd Saturday of every month (you can give your feedback on the time below). On these Saturdays we will have three 45 minute sessions that will give about the same amount of education time as the old model of Sunday School. Because of this shift, your child’s attendance at each meeting is critical, please make every effort to make these the priority of your day.

Please mark these dates in bold on your calendar:

October 15: The Saints
November 19: Gratitude and Eucharist
December 17: Christmas
January 21: The Sacraments
February 25: Life in Christ
March 18: Lenten Retreat
April 8: Lazarus Saturday Breakfast and Holy Week Retreat (After Lazarus Saturday Liturgy)
May 6: Commands of Christ

To add to this, we will also be catechized as an entire parish at the end of every Sunday Divine Liturgy before the Dismissal. Fr. Apostolos and Fr. Alexander will continue to offer the homily in it’s proper place after the Gospel (but a bit shortened) and whichever priest is not preaching (and sometimes a guest speaker) will offer to the community a 5-10 minute lesson at the conclusion of Divine Liturgy for all to benefit from. This lesson time will allow us to methodically work through The Nicene Creed, the center of our faith, as a whole community. The bulletin will include discussion points based on the lesson for a family to discuss on the way home. Liturgy will then be concluded.
and all can enjoy Fellowship Hour together as a community.

We will also be including a handout "Church in the Home" to foster discussion about that Sunday’s Gospel reading and how we can apply it in our lives.

Next week we will follow this with another email discussing the vast array of other ministries that will be offered here at Holy Trinity to supplement your family’s growth in Christ and His Church.

The purpose of this Survey is to find out what works best for us as a parish family and your family. Please only use this survey if you are a parent of a school age child or someone who wishes to volunteer. There will be a great emphasis this year on you as a parent leading your child's development in the Church so your level of commitment will be of paramount importance to their spiritual growth (and your own!).

If you have any questions or would like to volunteer at these events, please email our director, Kathy New here or Fr. Alexander here and fill out the survey.

Kathy New, Sunday School Director
Kalli Schneider, Advisor and Former Director
Fr. Apostolos Hill
Fr. Alexander Eliades

Sunday Lessons
4F Night
September 17, 2022

Photos by Nate Tropea
Celebration Committee

Let’s Celebrate!

On the first Sunday of each month, the Celebration Committee at Holy Trinity Cathedral hosts a community potluck where parishioners bring their favorite food item to share during coffee hour. As always, the goal is to help the faithful get to know each other better and to grow closer as a spiritual family. To further our outreach, we especially encourage you to invite a friend or neighbor to the monthly potluck to expose them to our wonderful church.

Antique blue Mason jars filled with fresh hydrangea flowers donated by Cathedral Organist Terry Seretis decorated the tables covered with golden brown overlays and white tablecloths.

A “Celebration” half-sheet cake donated by Gina Graham centered the front table, which was decorated with a balloon garland of gold and orange balloons and fall leaves and highlighted by a “cutest pumpkin in the patch” banner to acknowledge the baptism of Chryssanthos Dimitri Seretis, son of Lainie Seretis.

Father Alexander and co-chair of the Celebration Committee, Terri Alexon, presented Lainie with a gift of a small cross for her son’s iconostasis and a board book describing what you see inside of an Orthodox church. We look forward to seeing little Chryssanthos Dimitri grow up at Holy Trinity Cathedral!

In addition to ALL these blessed events, we celebrated a long list of September birthdays. Thanks to Presv. Denise Hill once again for crafting another colorful community birthday card (see the list of names on the following page).

Thanks to all who have participated in the monthly potluck, sharing your favorite food item. Again, we greatly appreciate those who have shared their milestone events with our Holy Trinity Christian family. If you or someone you know from the parish is celebrating a baby, a birthday, an anniversary milestone, or any other special event, please let the Church Office or the parish Celebration Committee know so that we can celebrate as a community! You can contact the church or send an email with suggestions and details to: htcphxevents@gmail.com.
Celebration Committee
October Birthdays!

Happy Birthday

John Annos
Christina Bakavelou
Constantine Balanis
Elise Bard
Stamatios Benetos
Pauline Christakos
Laurel Coil-Petsas
Cassian Contes
Rebecca Davis
Stacy Deligiannis
Tom Demas
John Demetropoulos
Denise Dye
Maximos Eliades
Athanase Fourlis
Chris Frye
Koula Georges
Gina Graham
Diana Harris
Claire Herrera
Micah Hill
Presv. Denise Hill
Richard Jacobson
Pete Kamboukos
Marianna Kaneris
Jean Kantaros
Bebe Katsenes
Tom Katsenes
Mary Kladis
JoAnne Kruljac
Debbie Kunke
Jill Leach
Nathaniel Lipnos
Brianna Lopez
Margo Makris
Jim Manelis
Bill Marinakos
Nick Marino
Melina McKenzie
Anthony Miologos
Thanasi Panagiotakopoulos
Eleni Panagiotoglou
Voula Papamatheakis
John Pesognelli
Chris Petroulakis
Pantelis Petroulakis
Julia Pritos
Voula Rentzis
Maria Ruttle
Karen Speros
Nick Theodore
Dominic Tropea
Efrosini Tsakiris
Lindsay Vardalos
Catherine Wallerich
Jaclyn Walsh
Dan Williams
Michael Wombacher
Alexa Wood
Zella Zannis
Parish Retreat
October 15, 2022

*Free* Wheelchairs & Walkers Available!

If you or someone you know is in need of a 2-wheel walker, a 4-wheel walker or a wheelchair, please let Natalie in the office know so we can arrange to give them to you.

HTC on Facebook

The page offers news of our Parish Community, in addition to offering links to podcasts and videos of our services. Holy Trinity Greek Orthodox Cathedral—Phoenix, AZ

Donations

We greatly value all your donations! Please remember, when you write us a check, to include your intention for the donation and your envelope number in the memo line. i.e. stewardship, candles, etc.
Thank you all!
St. Nicodemas Book Discussion Club

Pan-Orthodox Book Discussion Club

This month, we launched our fall potluck and discussion series with a talk by Fr. Apostolos Hill on “Cultivating a Life of Prayer”. Twenty Orthodox young adults from 18-35 gathered at Holy Trinity Cathedral for an evening of fellowship and conversation. After enjoying a delicious meal together, we heard Father’s presentation on the aspects of developing a prayer rule that can be memorized and be done spontaneously. We learned about the importance of making peace with silence and how both intentionality and stillness help us to enter into prayer. An important takeaway was that prayer rules can be short, even just 3 minutes; however, creating the discipline of giving 3 minutes of intentional time to God daily, even if we are tired, is of great spiritual benefit. At the end, we had a brief small-group discussion and prayer ropes were distributed to anyone who wanted them. If anyone, young adult or not, would like a prayer rope, please see Fr. Apostolos.

Seven parishes were represented at the September gathering! On October 23rd, we will have a featured speaker, Mr. Sam Herron, and panel discussion on the topic of “Music Ministry in the Church”. All young adults, whether they are part of the club or not, are welcome to attend our monthly potlucks!

We also welcomed Fr. Jacob Saylor and Fr. Jeffrey Frate to our spiritual advisory board. They will be joining Fr. Apostolos Hill and Fr. Alexander Eliades in overseeing our virtual meeting and participating in the potlucks, as their schedule permits. We also appointed parish representatives for each parish represented in the club - Justin Janetsky and George Miller (Assumption Greek Orthodox Church), Brigitte Kloos (St. John the Baptist Romanian Orthodox Church), Max Lang (St. Katherine’s Greek Orthodox Church), Jon Lotti (St. Ignatius Antiochian Orthodox Church), David Lyon (St. George Antiochian Church), Mary Pardhe (Holy Trinity Greek Orthodox Cathedral), and Mary Rizk (St. George Greek Orthodox Church).

For more information on the club, please email yalazbookclub@gmail.com or contact your parish representative above! Our Linktree is https://linktr.ee/yalazbookclub.

Book Reviews

"Way of the Ascetics” by Tito Colliander

Submitted by Justin

A compelling and concise guide to asceticism, summarizing the work of the fathers.

I especially love how concise it is. It is easy to read and every sentence is rich and meaningful. The book and each of the chapters are very short. It compels you to challenge yourself and lays out the tools one needs for spiritual warfare, pulling from the fathers of The Church.

Book Club continued on page 25
"Orthodoxy and Heterodoxy" by Andrew Stephen Damick
Submitted by Tyson

Explores the differences between major sects of Christianity and other major religions and the Orthodox Church.

I think it is an excellent read, for anyone from cradle Orthodox to non-Orthodox, since it gives consideration to many other religions while succinctly describing the Orthodox faith. It is not an apologetic work, and was not supposed to be, but it does help Orthodox Christians understand who they may interact with, as well as provide some evangelistic teachings. I especially love how it promotes *living* the faith more than merely talking about it, as that is a potential pitfall when engaging with this topic.

On Wealth and Poverty, by St. John Chrysostom
Submitted by Nick Marino

Explains what the rich and poor should do respectively for their salvation by deeply examining the parable of The Rich Man and Lazarus.

This book contains 7 sermons that St John gave about The Rich Man and Lazarus. A couple of themes include: (a) how everything will be inverted in the Kingdom of God when it comes to wealth and poverty, (b) how in this world we are all merely actors, and our true selves will be revealed at the time of our judgment. I highly recommend this book because it teaches what each group needs to do to make it into the kingdom of God. For the rich, it's ensuring that you give alms to the poor and not use your money for a decadent lifestyle. For the poor, it's not despairing in your state of poverty within this world and enduring with patience. My only issue with the book is, as with a lot of St. John's sermons, it can be hard to follow at times because he either goes on tangents (though these are related to the main topic) and/or he spends a lot of time saying that he is emphasizing a certain point before making said point.

"The Institutes: Twelve Books on the Cenobitic Monasteries and the Remedies for the Eight Principal Passions" by St. John Cassian
Submitted by Mary Pardhe

A handbook on monastic life followed by an explanation of the eight principal passions and ways to overcome them.

The first part of the book was intended to be a guidebook for monasteries that sought to be patterned after the life of the Egyptian desert monastics. The discussion on the daily prayer cycle was especially valuable since it discussed the spiritual significance behind the prayers done at each hour. The last eight chapters discuss the eight principal passions and provide practical guidance on how to overcome them.

"The Jesus Prayer for Those Living in the World by St. John Cassian
Submitted by Max Lang

Fr. Stephanos is a spiritual child of Geronda Ephraim and gives instructions on the Hesychastic tradition of the Church for people who are not monastics. This has inspired me and helped me better understand the Jesus Prayer. I really appreciate the practical element of this book as well as all the examples given in various first-hand accounts.
Our Church Family

**40 Day Blessing**
“One thing I ask of the Lord, this is what I seek; that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple.” Psalm 27:4

**09/25/2022**
Clara Eleni, daughter of Cara Doll & George Rodopoulos
*God’s Blessings be upon her.*

**Chrismation**
“For as many of you as were baptized into Christ have put on Christ.”
*Galatians 3:27*

**09/25/2022**
Jeffrey Johannesmeyer
Sponsors: Stephanie & James Machas
*God’s Blessings be upon him.*

**Baptisms**
“For as many of you as were baptized into Christ have put on Christ.”
*Galatians 3:27*

**09/03/2022**
Chryssanthos Dimitri,
Daughter of Lainie Seretis
Godparent: Marina Theoharopoulos Lagos
*God’s Blessings be upon him.*

**09/17/2022**
Magdalene Jael,
Daughter of Alana & Tristan Stoutenburg
Godparent: Mary Pardhe
*God’s Blessings be upon her.*

Funerals

“Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever.”
*Psalm 23:6*

**09/12/2022**
Christos Brusalis
*MAY HIS MEMORY BE ETERNAL.*

Kate Chames
*MAY HER MEMORY BE ETERNAL.*

New Office Administrator

We are pleased to announce the hiring of Yvonne Vranes as our new Front Desk Office Administrator. Yvonne has taken over for Juli Pritsos who recently moved to Prescott Valley and who has filled in admirably in different office capacities for the last few years. Yvonne is of Serbian descent and is a member of St. Ignatius Orthodox Church in East Mesa. Please welcome Yvonne and say a thank you to Juli!
The Holy and Glorious Apostle Thomas was born in the Galilean city of Pansada and was a fisherman. Hearing the good tidings of Jesus Christ, he left all and followed after Him. The Apostle Thomas is included in the number of the holy Twelve Apostles of the Savior.

According to Holy Scripture, the holy Apostle Thomas did not believe the reports of the other disciples about the Resurrection of Jesus Christ: “Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into His side, I will not believe” (John 20:25).

On the eighth day after the Resurrection, the Lord appeared to the Apostle Thomas and showed him His wounds. “My Lord and my God,” the Apostle cried out (John 20:28). “Thomas, being once weaker in faith than the other apostles,” says Saint John Chrysostom, “toiled through the grace of God more bravely, more zealously and tirelessly than them all, so that he went preaching over nearly all the earth, not fearing to proclaim the Word of God to savage nations.”

Some icons depicting this event are inscribed “The Doubting Thomas.” This is incorrect. In Greek, the inscription reads, “The Touching of Thomas.” In Slavonic, it says, “The Belief of Thomas.” When Saint Thomas touched the Life-giving side of the Lord, he no longer had any doubts.

According to Church Tradition, the holy Apostle Thomas founded Christian churches in Palestine, Mesopotamia, Parthia, Ethiopia and India. Preaching the Gospel earned him a martyr’s death. For having converted the wife and son of the prefect of the Indian city of Meliapur [Melipur], the holy apostle was locked up in prison, suffered torture, and finally, pierced with five spears, he departed to the Lord. Part of the relics of the holy Apostle Thomas are in India, in Hungary and on Mt. Athos.
Bible Study

HOLY TRINITY BIBLE STUDY: 
THE BOOK OF HEBREWS
BEGINNING SEPTEMBER 10, EVERY SATURDAY @ 9AM 
ON ZOOM
EMAIL FR. APOSTOLOS FOR MORE INFO:
PAPOULIHILL@GMAIL.COM

Orthodoxy 101

HOLY TRINITY ORTHODOXY 101
PARISH-WIDE CATECHISM WITH FR. ALEXANDER
BEGINNING SEPTEMBER 12, EVERY MONDAY @ 7PM 
IN THE CONFERENCE ROOM AND ON ZOOM
EMAIL FR. ALEXANDER FOR MORE INFO:
FRAELIADES@HOLYTRINITYPHX.ORG
Liturgical Services will continue to be live streamed by Father Apostolos and Father Alexander.

All services can now be found on the Home Page of the Cathedral’s website www.holytrinityphx.org, in addition to the continued postings on our Facebook page.

Thank you to Tom Giatron and Joshua Pardhe for their above-and-beyond efforts to bring clear and timely video to all!

**Desert Springs Issues Available to Our Seniors or the computer-challenged!**

In an effort to reach our whole Parish Community with Cathedral news, issues of the Desert Springs will be available for FREE to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

**If you have been receiving the mailed Desert Springs, but no longer need it mailed to you, please let the Church Office know. Thank you!**

**Desert Springs Subscription**

Enjoy color copies of Holy Trinity Cathedral’s Desert Springs delivered to you!

Name: ___________________________________________________

Street Address: _____________________________________________

City, ST, Zip: _______________________________________________

Contact Phone: _____________________________________________

Return this form to the Church Office or contact Kristen at 602-332-8809
What YOU Can Do to Help Visitors Feel Welcome

Have you noticed new faces? We’ve had many visitors stop by lately. Some are Orthodox and visiting from other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let’s make sure we say Hello!

“Welcome! I don’t believe we’ve met yet. My name is (your name)” is a great start. Offer to walk with them to the Coffee Social. A personal connection goes far!

“In this time more than ever we need prayer. For those not able to come to the Cathedral yet, we have set up this ability to light a candle virtually! Please click the link above and follow the instructions. Enter your name and the names of those you wish prayed for in the PayPal “Notes” section, and Father Apostolos or Father Alexander will light a candle and say a prayer for you.

“Light a Candle”

You’re Invited!

St. Katherine
Greek Orthodox Church
40 Year Anniversary Gala
with His Eminence Metropolitan Gerasimos

Saturday, October 15, 2022
Tickets $100
Cocktails | 6 PM
Dinner & Dancing | 7 PM
Cocktail Attire
STKATHERINEAZ.ORG
2716 North Dobson Road
Chandler, Arizona 85224
(480) 899-3330

“To be a welcoming community sharing Christ’s love through faith and service.”
Coffee Hours

Thank you to OPA for sponsoring Coffee Hours in September.

The October Coffee Hours are sponsored by Choir.

Thank you!
Dear Desert Diamonds & Friends,

October will be here before we know it and our church's Festival is soon approaching. Many of you have been busy helping in various ways to make this a success. That said, our October activities will be after the Festival; you can relax, enjoy good food and fellowship.

Our Daughters of Penelope are having a Family Picnic right here on our campus patio on Saturday, October 29th, 2022, from 4:00pm-8:00pm. Call me to make your reservations & pay for your admission.

Nacho Bar, Chicken Dinner, Build Your Own Sundaes, Soft Drinks & Frappes - No Host Beer & Wine
$20 ADULTS w $10 CHILDREN 4-10  FUN & GAMES FOR ALL AGES!

Our own AHEPA #219 is hosting a Community Picnic on Saturday, October 22, 2022 from 11am-3pm at McCormick Stillman Park - ASTE RAMADA: 7301 E. Indian Bend Rd., Scottsdale, AZ 85250 A complimentary BBQ Buffet & Drinks provided
Reservations by Oct.15th to Art Boujotas, 480.586.0511 or email: aboujotas@gmail.com

September 21, 2022
Christos Restaurant

Graphics by Gabriella Papatzimas
Stop by Tiffani's Taverna at the Greek Festival
Oct 7, 8, & 9th

Our Next Chapter Meeting
Thursday, October 20th
6 PM

Holy Trinity Greek Orthodox Cathedral Community Center

Community Picnic Saturday,
October 22 - 11 am - 3 pm
McCormick Stillman Railroad Park
RSVP to Art Boujotas
480-586-0511,
aboujotas@gmail.com

Interested in Membership?
Contact Steve Lemere
770-990-6825
AHEPA Chapter 219

Community Picnic
Saturday, October 22, 2022
11am to 3pm
McCormick Stillman Park - Aste Ramada:
7301 E. Indian Bend Rd., Scottsdale, AZ 85250
BBQ Buffet and Drinks Provided    Cost is FREE!


RSVP by October 15 for food count purposes to Art Boujotas - 480-586-0511, aboujotas@gmail.com
Kalispera!!

It's "back to school" month for Greek School.

As in many European countries, also in Greece, the "new school year" officially started again.

In Greece they say "πίσω στα θρανία", which means "back to the desks".

Greek school has two classes this year: a class for early learners (3 -5 years of age) and a multi-level class.

Early learners meet from 4-5pm every Wednesday and the multi level from 5-7pm.

Early learners learn the Greek alphabet through thematic hands-on activities, phonological awareness, music, songs and videos. They are also able to recognize their name and basic greetings.

Multi level class will be able to recognize read and write in Greek. The first hour will be dedicated to conversational speech and the second hour will be design to grammar, reading and writing in Greek.

Deadline for registration for Greek School is October 5. Please contact phxgreekschool@gmail.com for more information.
This past September the Grand President of the Daughters of Penelope attended a luncheon in Long Beach, CA and the Western Regional Dinner that evening at St. Sophia Cathedral honoring Father Bakas and Lt. Governor Eleni Kounalakis. Cathy Keyser and Julie Karoutas attended the luncheon from our Helenos Chapter. Julie Karoutas attended the dinner as well.

On August 21, 2022, our chapter participated in Ministry Sunday. Cathy Keyser and Julie Karoutas joined the AHEPA Chapter 219 President, Steve Lemere, at this event.

**Helenos Chapter 432 Philanthropy:**
- UMOM

**El Camino Real District 20 Philanthropy:**
- Water with Blessings

**National Organization Philanthropy:**
- Meals on Wheels, Penelope House, “Limbitless” Solutions, LAM Foundation

**Upcoming Events:**

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<th>Event</th>
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<tr>
<td>Monthly meeting</td>
<td>Sunday, October 16</td>
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<td>Daughters Annual Picnic</td>
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<td>Fundraiser</td>
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<td>Monthly meeting</td>
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<td>Christmas Party</td>
<td>Saturday, December 10</td>
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Officers:
- Cathy Keyser, President
- Angie Lambrou, Vice President
- Deedee Staikos, Recording Secretary
- Connie Panagiotakopoulos, Corresponding Secretary
- Anastasia Mitchell, Treasurer
- Jennifer Bilitsis, Marshall
- Julie Karoutas, Officer at Large

If you are interested in joining the Daughters of Penelope please contact Angie Lambrou (Vice President) by email angie.Lambrou@cox.net or by phone at (480) 473-4906
Daughters of Penelope Chapter 432

HOLY TRINITY
1973 EAST MARYLAND AVE.
PHOENIX, AZ

SATURDAY, OCTOBER 29, 2022
4PM-8PM

Menu
Nacho Bar, Chicken Dinner, Build Your Own Sundaes
Soft Drinks & Frappes – No Host Beer & Wine

$20 ADULTS • $10 CHILDREN 4-10

FUN & GAMES FOR ALL AGES!

FOR TICKETS CALL ANGIE - 480.540.5376
All Saints Camp Fundraiser

6TH ANNUAL INVITATIONAL

NOV 12 2022

BENEFITING ORTHODOX YOUTH ATTENDING ALL SAINTS CAMP

When & Where
NOVEMBER 12, 2022
8:00 AM Shotgun
6:30 AM Registration

STARFIRE GOLF CLUB
11500 N Hayden Road
Scottsdale, AZ 85260

AWARDS LUNCHEON
Assumption Community Center
8202 E. Cactus Road, Scottsdale

Event Highlights
4-PERSON SCRAMBLE
• 18 Holes of Golf
• Player Swag Bag
• Grab & Go Breakfast
• Hole-In-One Opportunities
• Fun On-Course Activities
• Cool Contests
• Team Awards
• Awards Luncheon

Entry Fees
VIP PACKAGE
(Entry Fee + Super Ticket)
VIP Individual Entry $250
VIP Foursome Entry $1,000

REGULAR ENTRY*
Individual Entry $200
Foursome Entry $800

*Super Tickets may be purchased on event day for $75 per player.
OPA—Orthodox Parents Association
Caroline Economopoulos, President

Are you getting the weekly OPA Newsletter?
OPA communicates primarily through email,
via our email newsletter.
To stay informed on all of the youth, parent, and family happenings at Holy Trinity,
sign up today.
It’s easy, just email your information
cjecomom@gmail.com,
and we’ll get you added to list!

OPA Meetings

One of the unique things about Holy Trinity Cathedral has always been OPA (Orthodox Parents Association) and their ability to facilitate ministry. This year we would like to empower the parents of different age groups to have meetings in their homes and other social outings with our groups:

HOPE: Grades 1-3
JOY: 4-6
Jr. Goya: 7-8
Sr. Goya: 9-12

If you are interested in heading up some outings or hosting your child’s age group at your house, or simply learning more about OPA, please email Caroline Economopoulos here.

Please also join us also for OPA’s informational meeting on August 14 after Divine Liturgy in the Hall. Refreshments will be offered.
Little Lambs
By Debra Harrison

The Little Lamb’s will be parading at noon each day of the Festival.

I hope we can facilitate lifelong friendships for our little ones and their parents.

Our fall and winter plans are to visit the chocolate factory, the wild animal park, monthly pre-k religious instruction, and to schedule play dates weekly.

We are considering a bake sale and dinner for fundraising and are open to suggestions.
Our Youth

Church in the Home

If the faith is not spoken about in the home, there is no point in attempting education at church at all. To better equip our families, we are developing a simple one page handout "Church in the Home" for each Sunday that will be sent out every week as well as printed in the Narthex on that Sunday's Gospel. This will contain the Gospel, a small paragraph explaining context and background and some discussion questions for the whole family to grow in their faith.

Other Opportunities

Reach out to Fr. Alexander here if you'd like to learn how your children can be involved as Altar Boys, in the Choir, learn Byzantine Chant, join our Greek School, or any other ministry of interest.

Of course you and your children are welcome to join for both Bible Study and Catechism Class throughout the year. More information will be forthcoming on this soon as well.

Our children have been entrusted to us by God to return them to Him as much like Him as they can be. Whether your child will prioritize God and the Church when they grow up is dependent on you prioritizing it when they are home with you. If other events and activities take precedent now, they will take precedent later.

We are all on a journey to Christ together as a Cathedral family, join us this year as we march forward towards Him.

Fr. Apostolos Hill
Fr. Alexander Eliades
Senior Goya Discussion

This upcoming school year we will hold a meeting with our Senior Goya (Grades 9-12) the first Sunday of every month (unless noted below) at 7pm. This will provide our High Schoolers with a great opportunity to connect with each other and their faith. Please mark these dates down:

- November 6
- December 4
- January 8
- February 5
- March 5
- April 2
- May 7

There is also a possibility of a Sr. GOYA trip to San Francisco in the Spring, keep a look out for that exciting venture!

Greek Dance
Niko Panagiotakopoulos, Director
Email: npanos01@yahoo.com
Call/text: (602) 469-2039

See you there!