### Holy Trinity Cathedral, Phoenix, AZ

SERVICES OF GREAT & HOLY LENT 2022 MARCH 7 – APRIL 16, 2022

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Service Description</th>
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</thead>
<tbody>
<tr>
<td>MONDAY, MAR 7</td>
<td>CLEAN MONDAY - 6pm Great Compline with Canon of St. Andrew</td>
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<tr>
<td>TUESDAY, MAR 8</td>
<td>6pm</td>
<td>Great Compline with Canon of St. Andrew</td>
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<tr>
<td>WEDNESDAY, MAR 9</td>
<td>5:30PM</td>
<td>9th Hour and Pre-Sanctified Liturgy *Potluck to follow</td>
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<tr>
<td>THURSDAY, MAR 10</td>
<td>6pm</td>
<td>Great Compline with Canon of St. Andrew</td>
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<tr>
<td>FRIDAY, MAR 11</td>
<td>8am</td>
<td>Presanctified Liturgy</td>
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<tr>
<td>FRIDAY, MAR 11</td>
<td>6:30pm</td>
<td>1st Salutations to the Theotokos – Young Adult Discussion</td>
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<tr>
<td>SATURDAY, MAR 12</td>
<td>8am</td>
<td>Miracle of Kolyvo Orathos and Divine Liturgy</td>
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<tr>
<td>MONDAY, MAR 14</td>
<td>6pm</td>
<td>Great Compline - Bible Study to follow</td>
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<tr>
<td>WEDNESDAY, MAR 16</td>
<td>5:30pm</td>
<td>9th Hour and Pre-Sanctified Liturgy *Potluck to follow</td>
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<tr>
<td>FRIDAY, MAR 18</td>
<td>8am</td>
<td>Presanctified Liturgy</td>
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<tr>
<td>FRIDAY, MAR 18</td>
<td>6:30pm</td>
<td>2nd Salutations to the Theotokos Grades 1-3 Discussion</td>
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<tr>
<td>MONDAY, MAR 21</td>
<td>6pm</td>
<td>Great Compline - Bible Study to follow</td>
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<tr>
<td>WEDNESDAY, MAR 23</td>
<td>5:30pm</td>
<td>9th Hour and Pre-Sanctified Liturgy *Potluck to follow</td>
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<tr>
<td>THURSDAY, MAR 24</td>
<td>6pm</td>
<td>Vespers for Annunciation</td>
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<tr>
<td>FRIDAY, MAY 25</td>
<td>8am</td>
<td>Feast of the Annunciation - Orathos and Divine Liturgy</td>
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<tr>
<td>FRIDAY, MAY 25</td>
<td>6:30pm</td>
<td>3rd Salutations to the Theotokos</td>
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<tr>
<td>SATURDAY, MAY 26</td>
<td>12-6pm</td>
<td>GOYA Lenten Retreat</td>
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<tr>
<td>MONDAY, MAY 28</td>
<td>6pm</td>
<td>Great Compline - Bible Study to follow</td>
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<tr>
<td>WEDNESDAY, MAY 30</td>
<td>5:30pm</td>
<td>9th Hour and Pre-Sanctified Liturgy *Potluck to follow</td>
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<tr>
<td>FRIDAY, MAY 1</td>
<td>8am</td>
<td>Presanctified Liturgy</td>
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<tr>
<td>FRIDAY, MAY 1</td>
<td>6:30pm</td>
<td>4th Salutations to the Theotokos Grades 4-6 Discussion</td>
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<tr>
<td>MONDAY, MAY 4</td>
<td>6pm</td>
<td>Great Compline - Bible Study to follow</td>
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<tr>
<td>WEDNESDAY, MAY 6</td>
<td>5:30pm</td>
<td>9th Hour and Pre-Sanctified Liturgy *Potluck to follow</td>
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<tr>
<td>FRIDAY, MAY 8</td>
<td>8am</td>
<td>Presanctified Liturgy</td>
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<tr>
<td>FRIDAY, MAY 8</td>
<td>6:30pm</td>
<td>The Akathist Hymn</td>
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<tr>
<td>SATURDAY, MAY 9</td>
<td>1-6pm</td>
<td>1st Parish-wide Lenten Retreat on Holy Week</td>
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<tr>
<td>MONDAY, MAY 11</td>
<td>6pm</td>
<td>Great Compline</td>
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<tr>
<td>WEDNESDAY, MAY 13</td>
<td>5:30pm</td>
<td>9th Hour and Pre-Sanctified Liturgy *Potluck to follow</td>
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<tr>
<td>FRIDAY, MAY 15</td>
<td>8am</td>
<td>Presanctified Liturgy</td>
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<tr>
<td>SATURDAY, MAY 16</td>
<td>8am</td>
<td>Saturday of Lazarus – Orathos and Divine Liturgy</td>
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<tr>
<td>APRIL 17-APRIL 24</td>
<td>Palm Sunday, Holy Week, Pascha (separate schedule)</td>
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</tbody>
</table>

On Wednesday evenings of Great Lent, following Pre-Sanctified Liturgy, we will have a Potluck Lenten meal and refreshments, along with a brief theological reflection. Bring your favorite Lenten dish and join us for an opportunity for fellowship and learning!
Organization Contacts

- AHEPA — Col. Mike Torrealday: tdayf16@cox.net
- All Saints Camp — Evan Tsagaris: etsagaris89@gmail.com
- Altar Servers — David Haag, Chris Francis: davidmaaag@yahoo.com, battersbox7@yahoo.com
- Bible Study — Father Apostolos Hill: papoulihill@gmail.com
- Bookstore — Rita Papaspyrou: stnectariosphx@gmail.com
- Byzantine Choir — George Duvall: phxchantor@cox.net
- Choir — Terri Alexon: htpxmusicdirector@gmail.com
- Dance — Niko Panagiotakopoulos: npanos01@yahoo.com
- Daughters of Penelope — Cathy Keyser: keyserc53@gmail.com
- Desert Diamonds (50+) — Julie Karoutas: juliekaroutas@gmail.com
- Epistle Readers — Presvytera Denise Hill: denkevhill83@gmail.com
- Feed Those in Need — Christine Stamatis: cstamatis@cox.net
- Greek Festival — Nick Kretsedemas, Angelo Pestrivas: niko.37@cox.net
- Greek School — Irene Mackos: eirinie@gmail.com
- Hellenic Museum — Bessie Hotis: call 602-953-1913
- Little Lambs — Angela Scopelianos: angelagarozzo@gmail.com
- Maintenance — Peter Bilitsis, Ted Fourlis: htcmaintenace1973@gmail.com
- Myrrhbearers — Stacey Beaty: staceybeaty@live.com
- Narthex Outreach — Kristen Vasiarakos: kvasilarakos@cox.net
- OPA — Caroline Economopoulos: cjecomom@gmail.com
- Parish Council — Jim Manelis: jmanelis@aol.com
- Philoptochos — Alex Anagnopoulos: aanagnopoulos2@msn.com
- Safety & Security — Paul Katsenes, Socrates Papadopoulos: pkatsenes@cox.net
- Sons of Pericles — Ted Fourlis: text or call: 602-625-8835
- Special Events Administrator — Angie Lambrou: angie.lambrou@cox.net
- Stewardship — Sandy Meris: sandymeris@gmail.com
- Sunday School — Kathy New: kkatsalis@msn.com
- Wedding Coordinator — Lindsay Vardalos
- YAL — Alexander Harding: text 480-626-3149

Attention Organizations:

Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at AdminAssist@holytrinityphx.org and Kristen at kvasilarakos@cox.net. It is the organization’s responsibility to inform Natalie and Kristen of any updates to your listing.
One of the defining characteristics of an Orthodox Christian should be the ascetical life that is lived in their daily struggle for God. This may be a difficult first sentence to tackle but it is nonetheless a true one and one that requires us to understand it and attempt to execute it. We have arrived at the “stadium of the virtues” that is Great Lent, the time where we are called to fast, pray, and give alms more ardently than we are called to do in the rest of the year. This isn’t an optional exercise, the one who fasts in Lent is not the “one who takes his faith seriously” but the one who does not attempt to fast (health issues obviously being an exception) is one who cannot be called an Orthodox Christian.

We know the words of Christ and read them the day before Lent begins, “when you fast...your Father who sees in secret will reward you openly.” This reward is not money, probably not a new car, or house or the things of this world, but the virtues. Our virtue will shine forth if we fast and pray and devote ourselves to God, if we train (ascesis) our soul to be oriented to God. We can take great inspiration from the hymns we sing in the Orthros on the Sunday of Cheesefare (the day before Lent!). “The arena of the virtues has been opened, let all who wish to struggle for the prize now enter, girding themselves for the noble contest of the Fast; for those who strive lawfully are justly crowned...Let us have as our invincible rampart our Faith, prayer as our breastplate, and as our helmet almsgiving; and as our sword let us use fasting that cuts away all evil from our heart.”

We will receive nothing from God if we do not compete for Him, if we do not strive for Him and we have entered the time to put ourselves to the test. We do all this to cleanse ourselves from food that owns us, and money that drives us. Someone who is fasting will have more discipline on their actions, their words, and their heart. Further we sing in Orthros the Sunday before Lent, “Adam was evicted from Paradise as one disobedient, after partaking of its luxury. Moses saw God, after cleansing the eyes of his soul by fasting. Hence if we desire to become residents of Paradise, let us divorce ourselves from earthly delights, and desiring to see God, as did Moses let us fast the Four Times Ten.”

Brothers and sisters, we must fast. This is what it means to be an Orthodox Christian. If you want to know to what extent and rigor you should fast, contact me or Fr. Apostolos but there must be an effort made. You must take a step to purify your life by ridding it of its reliance of the comforts of the flesh and come to realize it’s true thirst for God. Come enter the arena of the virtues and take up your weapons and struggle for the only prize that is eternal and will not decay!
Stewardship
By Sandy Meris

STEWARDSHIP 2021 AT A GLANCE

In order to have a plan moving forward, it's important to know where we've been. Here is a snapshot of the final 2021 stewardship statistics. Thank you to all of our Holy Trinity stewards who realize the importance of stewardship and how it can propel us forward in our faith.

Total number of 2021 pledges/stewards: 248
Total amount pledged: $382,405.84
Total amount collected: $432,229.28

Families who pledged...
$20,000+ = 1
$10,000+ = 1
$5,000 - $10,000 = 12
$3,000 - $4,999 = 20
$1,000 - $2,999 = 85
$500 - $999 = 61
$1 - $500 = 68

Lowest pledge = $1
Highest pledge = $22,000
Median pledge = $850

We are off to a good start for 2022 but we want every single parishioner to become a steward in good standing. Being a steward in good standing enables you to vote on important items in our parish assembly meetings and elect our parish council members.

Total numbers of 2022 pledged stewards (to date): 214
Total amount pledged for 2022 (to date): $337,732.86

House of Stewards
Through 02/24/2022

Panagiota Agelakos
Catherine Agra
Evan & Terri Alexon
Constance Anagnostopoulos
Mike & Alex Anagnostopoulos
Christi Anagnostopoulos
John & Sandy Annos
Elaine Apostle
Chris & Angie Athens
Christina Bakavelou
Ted & Rebecca Barabatis
Constantine & Eleni Balianis
Elise & Shannon Bard
Alexandra Bates
Joyce Bavlinka
Scott & Stacey Beaty
George & Stacy Benetos
Stamatis Benetos
Dan & Vicki Bichekas
James & Helen Bruno
Chris & Georgia Brusalis
Chris & Rita Bruskas
Constance Burkart
Kristen Bruskas
Joanne Carras
Kathy Carras
Frank Carris
Chad & Amanda Carver
Laurel Charnas-Schiller
Thanos & Anna Chimonas
Harriet Chotras
Pete & Kim Choukalas
Katherine & Jeffrey Clarke
Jim & Connie Contes
Kathy & Eleni Contes
Ed Cooper & Angie Valerou-Cooper
Nick & Sharon Daniolos
Stefanos & Tiffany Daniolos
Patty Davis
Len & Elaine Debickero
Hercules Delias

House of Stewards continued on page 5
Desert Springs March 2022
Have you made your 2022 Stewardship commitment? If not, please join us for our Stewardship Fair on **Sunday, March 13th**. Please come by the Stewardship table during Coffee Hour and fill out your 2022 Pledge Card.
Community Picnic
Saturday, February 26, 2022

Thank you to OPA and the team for this wonderful event!
Parish Council Swearing In and Anointing
Sunday, February 6, 2022

The 2022 Parish Council, recognizing the need for even more hands to help in the work of moving our Cathedral forward, appointed the three members who also offered their services to the Cathedral and ran for Parish Council earlier this year. On Sunday, 02/06/2022 we swore in and anointed these three members who were appointed for this year:

Alexander Harding
Jill Leach
Elias Mousa

Congratulations to all and we ask your prayers for their work in steering our Cathedral to it's bright future!

Trisagion for Ukraine and Prayers for Peace
February 27, 2022

Holy God, Holy Mighty, Holy Immortal, have mercy on us,
Holy God, Holy Mighty, Holy Immortal, have mercy on us,
Holy God, Holy Mighty, Holy Immortal, have mercy on us.
Endowment Fund

+ THE HOLY TRINITY CATHEDRAL ENDOWMENT FUND +

The Holy Trinity Endowment Fund was established in 1992 with an initial deposit of $2,000. The goal was to build the Endowment Fund whereby the interest and appreciation would one day provide sufficient income so Holy Trinity would no longer be totally dependent on an annual Festival to supplement stewardship income.

The Endowment Fund is obligated to preserve the donor's contributions such that the principal will remain inviolate and be held in perpetuity by the Church. The funds are prudently managed by the investment committee, which reports to the Parish Council. The investment committee only approves withdrawals from the earnings and appreciation, over and above the donor's contributions, and are used only to benefit Holy Trinity and its ministries.

Over the course of the past twenty-nine years the committee has held steadfast to this mission, and as a result, generous donors from our Church, desiring to leave a legacy in perpetuity for their family, have made contributions totaling $594,140.

This is your opportunity to put your lifetime thumbprint in the history of Holy Trinity Cathedral.

We have been blessed by the generosity and foresight of the individuals and families listed on the next page. We benefit today from their kindness and vision. If your circumstances allow you to give a gift above and beyond your annual stewardship commitment, then please take this occasion to join the others in creating a legacy by pledging your gift to Holy Trinity Cathedral's perpetual Endowment Fund. Gifts of $10,000 or more will be separately listed along with others who have reached that level.

Your gift, no matter the amount will be combined into the general endowment fund, and will be greatly appreciated.

We are extremely grateful to those who have made sacrificial donations for the perpetual benefit of Holy Trinity Cathedral

+ ENDOWMENT GIFTS OVER $10,000.00 +

| Gabriel & Helen Papagallo | Faye Boukas | George & Ann Souvall |
| The DeMoss Families | Dennis & Anastasia DeBerry | MO+ Tasia Pritchard |
| IMO+ Mary Montague | George & Koula Cheros | John George Thomas |
| IMO+ John G. Zannaras | IMO+ Dina Sakellarakis | Steve & Joan Vrahas |
| Steve & Judith Vrahals | Dr. Nicholas Baziotes | James & Connie Coin Contes |
| Ange & Alex J, Pappas | John & Mary Katsenes | |

GENERAL ENDOWMENT FUND DONATIONS OVER $1,000.00

Dr. Christopher J. DeMoss, the Lambrou Family

Endowment Fund

GIFT DONATION FORM

Please list my endowment gift as follows: ________________________________

Here is my Endowment gift, which I may add to, of $_________

I plan to include the Holy Trinity Endowment fund in my Will___, my Living Trust___, or TOD*___

Signed:______________________________________________________________

Dated:___________

Donor, please sign and keep a copy for your records

*TOD = transfer on death

All gifts will be preserved in the archives of Holy Trinity Cathedral

Gifts of $10,000 or more may be made over a three year period.

Thank You, and + God Bless You + for your generosity.

Holy Trinity Greek Orthodox Cathedral + 1973 E Maryland Phoenix AZ 85016

IRA Tax Savings

TAX SAVINGS FOR HOLY TRINITY MEMBERS WITH IRA’S

Seniors are required to take withdrawals from their IRA’s when they reach 72 years old.

Those withdrawals are fully taxable at ordinary income rates. There is a simple way to avoid that tax, and help Holy Trinity. When you have funds sent directly from your IRA to Holy Trinity, the tax is avoided. You do not get an additional deduction for this donation, because you have already saved the tax by your direct gift from your IRA.

You can make this process very simple by asking your IRA manager to issue a checkbook to you, then you simply write checks directly from Your IRA to Holy Trinity and any other charitable gifts you wish to make.

+ REMEMBER HOLY TRINITY IN YOUR WILL +
Philoptochos Helping the Homeless

Philoptochos is collecting the following items for the homeless. The following items we consider essential for our families: bar soap, washcloths, shampoo and conditioner, toothbrushes, comb, hair brush and socks (tube socks). We will also accept financial assistance and we will purchase them if you do not have time to shop.

Thank you for your continued support. It is very much appreciated.

"FRIENDS OF THE POOR"
An organization where membership is an honor & a privilege.
JOIN & ENRICH YOUR LIFE!
Happiness Hour—Membership Drive & Raffle
February 26, 2022
Thank you to the Membership Committee of Patty Davis, Georiana Frieh, Cathy Keyser, and Connie Venetis for chairing the entertaining event!
Chapter Focus on Local Charities

In an effort to engage our membership in the Philoptochos mission to ‘Help the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, those with disabilities and the victims of disaster’, and to expand involvement locally, we include, as a new part of our monthly program, the opportunity for members to formally nominate and select charity recipients.

Bill Marianes, who assisted with the Cathedral’s “Why Statement”, reminds us that the more money extended out into our community, the more we will realize from the community back into our church.

The Chapter will accept nominations at each monthly meeting.

Philoptochos Members: Click HERE for the Nomination Form
## Our Journey to Pascha! 2022

### Sundays

<table>
<thead>
<tr>
<th>Date</th>
<th>Theme / Gospel Reading</th>
<th>How to Participate</th>
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| **February 13th** | Publican and the Pharisee  
Epistle: 2 Timothy 3: 10-15  
Gospel: Luke 18: 10-14 | Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week. |
| **February 20th** | The Prodigal Son Returns!  
Epistle: 1 Corinthians 6: 12-20  
| **February 27th** | The Last Judgement  
Epistle: 1 Corinthians 8: 8-9:2  
Gospel: Matthew 25: 31-46 | Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week. |
| **March 6th** | Adam and Eve are cast from Paradise!  
FORGIVENESS SUNDAY  
Epistle: Romans 13: 11-14:4  
Gospel: Matthew 6: 14-21 | Ask each other for forgiveness each evening this week before bed. |
| **March 13th** | SUNDAY OF ORTHODOXY  
Epistle: Hebrews 11: 24-26, 32-12:2  
Gospel: John 1: 43-51 | Bring an icon to church for a procession. |
| **March 20th** | ST GREGORY PALAMAS  
Epistle: Hebrews 1: 10-2:3  
Gospel: Mark 2: 1-12 | Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week. |
| **March 27th** | VENERATION OF THE HOLY CROSS  
HALF WAY TO PASCHA!  
Epistle: Hebrews 4: 14-5:6  
Gospel: Mark 8: 34-9:1 | Wear your cross to church and kiss the cross each morning with a bowl! |
| **April 3rd** | ST JOHN of the LADDER  
Epistle: Hebrews 6: 13-20  
Gospel: Mark 9: 17-31 | Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross! |
| **April 10th** | ST MARY of EGYPT  
Epistle: Hebrews 9: 11-14  
Gospel: Mark 10: 32-45 | Ask the Theotokos to offer you and the world pure thoughts and ideas this week. |
| **Flower [Palm] Sunday** | ENTRY OF OUR LORD INTO JERUSALEM  
Epistle: Philippians 4: 4-9  
Gospel: John 12: 1-18 | Place your palm branches and pussywillows behind an icon at home and in your car! |
| **April 17th** | GREAT WEEK BEGINS  
GREAT AND HOLY FRIDAY  
JESUS DIES ON THE CROSS  
CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE | Refrain from TV, Internet & Phones to honor Christ’s Death. |
| **April 22nd** | FEAST OF FEASTS!  
HOLY PASCHAI! (CHRIST IS RISEN!)  
Epistle: Acts 1:1-8  
Gospel: Jan 1:1-17 | Great everyone with “CHRIST IS RISEN!” & say it before good morning and goodnight! |
Palm Sunday Brunch
April 17, 2022

Palm Sunday Brunch
Hosted by the Brothers of AHEPA Chapter 219
SUNDAY, APRIL 17TH
FOLLOWING CHURCH SERVICES

$25 ADULTS
$15 AGES 6-17
5 AND UNDER FREE

HOLY TRINITY
GREEK ORTHODOX CATHEDRAL
1973 E. MARYLAND AVE - PHOENIX

Reservations beginning Sunday, March 20th during Coffee Hour in the Church Community Center

OR CONTACT:
Natalie, Holy Trinity Office, (602) 264-7863
Pete Marudas, rosemar2@msn.com (602) 284-1638

Reserved Tables of 8 or 10 must be prepaid in advance.
All other reservations will be open seating.
Coffee Hours

Thank you to Choir for sponsoring Coffee Hours in February.

The March Coffee Hours are sponsored by Greek School.

St. Nicodemos the Hagiorite Book Discussion Club
Arizona Chapter

Are you interested in reading and discussing Orthodox books with young adults across the Valley? If so, join us for the new St. Nicodemos Book Discussion club! Just pick a book from our library (located in the Narthex on the left as you enter) and read at your own pace. We meet virtually twice a month with occasional in-person gatherings and events. For more information about the club and registration, please email yalazbookclub@gmail.com or contact Mary Pardhe at mdpardhe@gmail.com!

Link to books available to borrow: Book Availability Tracker
Discord server: https://discord.gg/vCecfncws7

Arizona Hellenic Foundation Scholarship

The Arizona Hellenic Foundation has several scholarships available. For eligibility requirements and application please visit the Foundation's website: Azhellenic.org.

Application deadline: April 1, 2022.
Music Ministry “Notes”
By Terri Alexon, Choir Director

Byzantine Chant
Our Byzantine Chant Class will begin soon! The course is open to all Holy Trinity parishioners, and will cover the notation, the eight Modes of Byzantine Music, as well as participation in and learning about the divine services. Anyone interested in attending should contact Cantor George Duvall for more information.

Youth Meetings!

The Cherubic Hymn
At the Divine Liturgy
Mode Ga 2

HOLY TRINITY CATHEDRAL

LENTEN FRIDAY MEETINGS
On Fridays during Lent we will meet with one of our ministries in the Conference Room after Salutations at 6:30pm for discussion!
MARCH 11: YOUNG ADULTS
MARCH 18: 1ST-4TH GRADE
APRIL 1: 5TH-8TH GRADE
APRIL 8: HIGH SCHOOL

For more info email: fraeliades@holytrinityphx.org
March Events:

Our next AHEPA 219 Meeting is scheduled for Thursday March 17, 2022 at 6:00pm at Holy Trinity Greek Orthodox Cathedral.

Reservations for the Palm Sunday Luncheon begin March 20, 2022.

Interested in Membership?
Contact Steve Lemere
770-990-6825
Dear Desert Diamonds & Friends,

On March 21, 2022, at 7:00pm there will be a special, one time showing of the movie "A Man of God" at select Valley AMC & Harkins theaters. I will be booking at the AMC Desert Ridge Dine In theatre, call to make your reservation at 480.606.0806. Please feel free to go to the theater closest to you.

The cost per ticket is $13.58 inclusive. Refreshments are separately priced.

Be sure to make your reservations ASAP as the theaters are filling up fast.

Love in Christ,
Julie Karoutas

Please alert your friends that do not have email addresses.
Email: juliekaroutas@gmail.com
Cell: 623.313.8720

See YOU there!!!

Donations

We greatly value all your donations! Please remember, when you write us a check, to include your intention for the donation and your envelope number in the memo line. i.e. stewardship, candles, etc.

Thank you all!
Liturgical Services will continue to be live streamed by Father Apostolos and Father Alexander.

All services can now be found on the **Home Page** of the Cathedral’s website [www.holytrinityphx.org](http://www.holytrinityphx.org), in addition to the continued postings on our Facebook page.

Thank you to Tom Giatron and Joshua Pardhe for their above-and-beyond efforts to bring clear and timely video to all!

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**Desert Springs Issues Available to Our Seniors or the computer-challenged!**

In an effort to reach our whole Parish Community with Cathedral news, issues of the Desert Springs will be available for FREE to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

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**Desert Springs Subscription**

Enjoy color copies of Holy Trinity Cathedral’s *Desert Springs* delivered to you!

Name: ________________________________________________________

Street Address: ________________________________________________

City, ST, Zip: _________________________________________________

Contact Phone: _____________________________________________

Return this form to the Church Office or contact Kristen at 602-332-8809
What YOU Can Do to Help Visitors Feel Welcome

Have you noticed new faces? We’ve had many visitors stop by lately. Some are Orthodox and visiting from other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let’s make sure we say Hello!

“Welcome! I don’t believe we’ve met yet. My name is (your name)” is a great start. Offer to walk with them to Coffee Hour. A personal connection goes far!

Our Church Family

40 Day Blessing
“One thing I ask of the Lord, this is what I seek; that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple.”
Psalm 27:4

1/1/2017
Angelo, son of Angela & George Scopelianos
God’s Blessings be upon him.

Baptisms and Chrismations
“For as many of you as were baptized into Christ have put on Christ.”
Galatians 3:27

2/6/22
Alana & Tristan Stoutenburg,
Godparents Celeste & Chris Francis
God’s Blessings be upon them.

2/12/22
Charles Carver II & Henry Carver,
Godparents Cara & Tristan Moody
Amanda Carver, Charles Carver III, & George Carver,
Godparents Jill & Scott Leach
God’s Blessings be upon them.

2/26/22
Briana & Christopher Lopez, Hendrix & Santana, Godparent Catherine Agra
God’s Blessings be upon them.

Funerals
“Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever.”
Psalm 23:6

02/16/2022
Leonidas Katrakis
May his memory be eternal.

Light a Candle

In this time more than ever we need prayer. For those not able to come to the Cathedral yet, we have set up this ability to light a candle virtually! Please click the link above and follow the instructions. Enter your name and the names of those you wish prayed for in the PayPal “Notes” section, and Father Apostolos or Father Alexander will light a candle and say a prayer for you.
Annunciation of the Theotokos
Commemorated on March 25

The Feast commemorates the announcement by the Archangel Gabriel to the Virgin Mary that our Lord and Savior Jesus Christ, the Son of God, would become incarnate and enter into this world through her womb.

The Archangel Gabriel appeared to the Virgin Mary, who was living in Nazareth, and said to her, “Hail, O favored one, the Lord is with you.” Mary was perplexed and wondered what kind of greeting this was.

The angel told her not to be afraid, for she had found favor with God. He said, “You will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob forever; and of his kingdom there will be no end.”

Mary responded to the angel by asking how this could happen since she had no husband. The angel told her that the Holy Spirit and the power of God would come upon her, and that the child to be born of her would be called holy, the “Son of God.”

In faith and obedience to the will of God, Mary replied to the angel, “Behold, I am the handmaid of the Lord; let it be according to your word.” Upon her response, the angel departed.

It is on the Feast of the Annunciation, that Orthodox Christians commemorate both the divine initiative of God, whereby He took on flesh from the Virgin for our salvation, and the human response, whereby Mary freely accepted the vocation offered to her. He elected to become man, and He desired to do this with the willing agreement of her whom He chose as His mother. Mary could have refused, for she was not a passive instrument, but an active participant with a free and positive part to play in God’s plan for our salvation. Thus, when on this and other feasts the Orthodox Church honors the Theotokos, the Mother of God, it is not just because God chose her but also because she herself chose to follow His will.

May Their Memory Be Eternal
All Saints Camp

Get excited... SUMMER IS BACK!

This summer, All Saints Camp is going to the Metropolis of San Francisco Summer Camp at St. Nicholas Ranch! We will be taking up our group of campers for Session I: July 10-16. Online registration will open on this Tuesday, March 1, 9 am PST at: https://gosfyouth.org/summer-camp. Please register ASAP, as spots will fill up very quickly.

Concerning transportation, we will be flying into Fresno, California as a group. PLEASE DO NOT BOOK YOUR OWN FLIGHT. Once you have registered as a camper, please notify us at: info@allsaintscamparizona.org.

If you have any questions please email Fr Alexander: fraeliades@holytrinityphx.org
Daughters of Penelope

Chapter 432
Phoenix AZ

Daughters Chapter meeting on 02/27/2022, wearing sunflower pins in honor of the Ukrainian people.

Officers:
Cathy Keyser, President
Angie Lambrou, Vice President
Deedee Staikos, Recording Secretary
Connie Panagiotakopoulos, Corresponding Secretary
Anastasia Mitchell, Treasurer
Jennifer Bilitsis, Marshal
Julie Karoutas, Officer at Large, AHEPA Liaison

If you are interested in joining, please contact Angie Lambrou (Vice President) by email: angie.lambrou@cox.net or by phone at (480) 473-4906.
Tell Us Something Good

Holy Trinity Cathedral is truly blessed by the many in our community that have come forward, volunteering time and talent for the benefit of our Church.

One of our members has devoted a great deal of time and energy for Holy Trinity. Pete Choukalas—and his family—for years has always stepped forward, not only in helping, but also in dedicated attendance every Sunday.

Again, we are blessed to have Pete and his family, and others like them, who put Holy Trinity in the forefront of their lives.

Parish Celebration Committee

Join us in a brand-new ministry dedicated to bringing our community together by celebrating milestones in our parish members’ lives! The Celebration Committee will organize baby showers and celebrations for 40-day blessings, major anniversary landmarks, and chrismations/baptisms. If you would like to be a part of the committee or know of an upcoming special event, please let us know! You can contact Terri Alexon here or Mary Pardhe here.

Altar Service

Interested in learning more about serving on the altar?

Contact:
Chris Francis at battersbox7@yahoo.com,
David Haag at davidmhaag@yahoo.com

Wednesday Evening Potlucks

Join us every Wednesday of Lent at 5:30pm for Presanctified Liturgy followed immediately by a potluck in the Office Conference Room! Bring your Lenten dish before Presanctified and drop it off in the Conference Room, attend Liturgy, then join everyone in the Conference Room for a Potluck and small spiritual reflection by a rotating series of presenters.
All Saints Camp

Stewardship
If you have not filled out a pledge card for 2022, please pick one up in the Church Narthex or visit holytrinityphx.org. We offer you our thanks for

Delay on Stewardship Donation Envelopes
The Stewardship weekly donation envelopes have not yet arrived from our printer. They have informed us that they are delayed and will ship them as soon as possible. If you are waiting for those envelopes in order to contribute toward your Stewardship, there is no need to wait! Simply put your check in the offering tray, use a blank envelope from home or grab an envelope from the Narthex. Be

All Saints Camp

Summer Camp 2022
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We will be flying into Fresno, California as a group.
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To register click HERE.
OPA—Orthodox Parents Association
Caroline Economopoulos, President

Are you getting the weekly OPA Newsletter? OPA communicates primarily through email, via our email newsletter. To stay informed on all of the youth, parent, and family happenings at Holy Trinity, sign up today. It’s easy, just email your information cjecomom@gmail.com, and we’ll get you added to list!

High School Juniors and Seniors!

The CrossRoad Summer Institute is coming to San Francisco!

July 2–July 12, 2022—San Francisco State University, San Francisco, CA
Additional sessions in Brookline, MA and Chicago, IL
Visit www.crossroadinstitute.org to apply today!
Soup & Salad Luncheon
February 6, 2022
Greek Dance
Niko Panagiotakopoulos:
call/text: 602-469-2039
npanos01@yahoo.com

Ta Patriotakia
in the Primary Category, Division II
Won Category Costume Award
Won Category Choral Award
Placed 2nd in their category
Greek Dance

Vrondi
in the Advanced Junior Category, Division II
Won Category Costume Award
Won Category Choral Award
Placed 2nd in their category

Exhibition Group
Great work, girls!
Greek Dance

Thiela
in the Senior Category, Division I
Won Category Choral Award
Placed 4th in their category

ADDITIONAL congratulations

Assumption & St. Katherine's Thymosofi
in the Advanced Junior Category
Placed 1st in their category
Won Division II Choral Special Achievement Award

Assumption’s Aristofori
in the Advanced Senior Category, Division I
Placed 3rd in their category
Won Category Founder's Special Achievement Award