Rev. Economos Apostolos Hill  
Rev. Alexander Eliades  
Rev. Deacon John Thrasher

Office Hours:  
Monday–Friday, 9:00am–3:00pm

Sunday Worship  
8:00am Orthros  
9:30am Divine Liturgy

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Rev. Apostolos Hill,  
Theological Advisor/Editor-In-Chief  
Kristen Vasilarakos, Layout/Composition  
602-332-8809, kvasilarakos@cox.net

Desert Springs Deadline  
The 25th of each month

Sunday Bulletin Deadline  
Wednesdays, 12 noon

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Terry, Paul, and Dimitri Valonis

Holy Trinity Bookstore  
info@stnectariosphx.org

2022 Parish Council Members  
President: Paul Katsenes  
Vice President: Connie Contes  
Treasurer: Jim Manelis  
Ass’t. Treasurer: Dina Anagnopoulous  
Secretary: Andi Fourlis  
Sandy Annos, Charlie DeMoss,  
Alexander Harding, Jill Leach, Sandy Meris,  
Elias Moussa, Socrates Papadopoulos,  
Chris Petroulakis, John Schneider

Holy Trinity Cathedral  
www.holytrinityphx.org

Metropolis of San Francisco  
www.SanFran.goarch.org

Archdiocese Website  
www.goarch.org

Organization Contacts

- AHEPA — Steve Lemere: lemere4@cox.net
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- Altar Servers — David Haag, Chris Francis: davidmhaag@yahoo.com, battersbox7@yahoo.com
- Bible Study — Father Apostolos Hill: papoulihill@gmail.com
- Bookstore — Rita Papaspyrou: stnectariosphx@gmail.com
- Byzantine Choir — Joshua Pardhe: joshuapardhe@yahoo.com
- Choir — Terri Alexon: htcphxmusicdirector@gmail.com
- Celebration Committee — Terri Alexon and Mary Pardhe: htcphxevents@gmail.com
- Dance — Niko Panagiotakopoulos: npanos01@yahoo.com
- Daughters of Penelope — Cathy Keyser: keyserc53@gmail.com
- Desert Diamonds (50+) — Julie Karoutas: juliekaroutas@gmail.com
- Epistle Readers — Presvytera Denise Hill: denkevhill83@gmail.com
- Feed Those in Need — Christine Stamatis: cstamatis@cox.net
- Greek Festival — Nick Kretsedemases, Angelo Pestrivas: niko.37@cox.net
- Greek School — Irene Mackos: eirinie@gmail.com
- Hellenic Museum — Bessie Hotis: call 602-953-1913
- Little Lambs — Angela Scopelianos: angelagarozzo@gmail.com
- Living Orthodox (formerly St. Nicodemus Young Adult Book Club) — Mary Pardhe: livingorthodoxministry@gmail.com
- Maintenance — Peter Blitsis, Ted Fourlis: htmaintenance1973@gmail.com
- Myrrhbearers — Stacey Beaty: staceybeaty@live.com
- Narthex Outreach — Kristen Vasilarakos: kvasilarakos@cox.net
- OPA — Caroline Economopoulos: cjecomom@gmail.com
- Parish Council — Paul Katsenes: pkatsenes@cox.net
- Philoptochos — Alex Anagnopoulous: anagnopoulous2@msn.com
- Safety & Security — Paul Katsenes, Socrates Papadopoulos: pkatsenes@cox.net
- Sons of Pericles — Ted Fourlis: text or call: 602-625-8835
- Special Events Administrator — Angie Lambrou: angie.lambrou@cox.net
- Stewardship — Sandy Meris: sandymeris@gmail.com
- Sunday School — Kathy New: kkatsalis@msn.com
- Wedding Coordinator — Lindsay Vardalos
- YAL — Alexander Harding: text 480-626-3149

Attention Organizations:

Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at AdminAssist@holytrinityphx.org and Kristen at kvasilarakos@cox.net. It is the organization’s responsibility to inform Heidi and Kristen of any updates to your listing.
Message from Father Apostolos

Falling in Love

Christmas had scarcely passed and the Holiday items had scarcely made it to the clearance aisles before the Valentine candies appeared. Predictably, one could purchase Christmas candy canes, Valentine's Day conversation hearts, and Reese's peanut-butter Easter eggs all at the same time in the nearby Target store before New Year's Day has even arrived! There must be a temporal distortion in the retail universe that sees time so tightly compressed!

Saint Valentine's Day, as it is properly named, has long since shed itself of its historical connection to the 3rd century Christian priest-martyr who secretly wedded young Christian couples despite the prohibition by the Emperor Claudius the Cruel who pressed young male citizens into the Roman Legions to serve his territorial ambitions. Now, Valentine's Day is merely "Part Two" of the Christmas Holiday movie meme of finding true love. Well, finding true love and imbibing even more sugar!

America could certainly stand to benefit from true love, so loveless and self-seeking we sometimes seem to be. Our hearts yearn for an unforced expression of love from those around us, not based on utility and performance, but a love that is genuine and freely offered. The Orthodox understanding of love is based firmly on the example of Jesus Christ Whom we describe as Love personified.

St. Paul describes this Agape love as patient, kind, not envious, boastful, or proud, a love that doesn't degrade others, isn't self-seeking or easily angered, that doesn't keep score of perceived slights and offenses or delight in evil but rejoices in truth. This love bears all things, endures, all things, believes all things, hopes all things. This love never fails or quits when things get tough.

St. John reminds us "Behold what manner of love the Father has given to us that we should be called the children of God." And again, "Beloved, let us love one another for love is of God and everyone who loves is born of God and knows God. He who doesn't love, does not know God for God is love." As Christians, we ought to be renowned for our capacity not to judge and condemn or be harsh and unyielding, but to love! And to love in the same expansive and all-embracing way that Jesus loves us!

If this is the true standard of love for us, how might we go about deepening our capacity for Love? How might we deepen our own faith in Jesus Christ so that our love for others becomes an instinctive reflex and not a taxing ordeal? Do we perceive or experience God's love as predicated upon our good behavior? Must we qualify for God's Love? Have we been taught or do we teach our children that God loves us more when we behave and less when we do not?

We begin to see the problem. The Prophet Solomon wrote the "the fear of the Lord is the beginning of Wisdom," (Proverbs 9:10) just as St. John wrote "there is no fear in love for perfect love casts out all fear." (1 John 4:18) We must graduate from a fear-based neophyte view of God's love to one based upon the Agape Love that He offers us; "For (He) so loved that world that He gave His only-begotten Son, that whoever believes on Him should not perish (forever!) but have everlasting life." (John 3:16)
Fr. Apostolos’ Message continued from page 3

Everything about the Christian experience ought to resound with the love of the God Who created us, sustains us, provides for our needs, nurtures our growth, nourishes us with His own Divine Life in the Holy Eucharist, Who heals us when we are sick, Who forgives us when we fall into sin, who embraces us and welcomes us home when our passions and proclivities mislead us into the darkness, and Who consistently demonstrates His mercy and Fatherly care for us in every way.

Once we begin to glimpse the unflinching Love that God holds for us, we will yearn to be in His presence whenever the doors of the Cathedral are open. We will run to Him as the lover of our souls and repent of those times we neglected His Love in pursuit of our other "loves," so-called. Aware of God’s love for us, being with Him will become a source of inexplicable joy, strength, and comfort. Buoyed on the current of God’s love for us, we will no longer view the Christian life as a dreary rules-based obligation.

As we stroll past the aisles of red and pink Valentine's Day merchandise, before it too is swept aside to make way for 4th of July BBQ items, let's pause and reflect upon the love of God and on how we might share that love with those around us! And upon how we might learn to fall more deeply in love with Him!

2023 Parish Council

Congratulations to our Parish Council Officers!

On Sunday, 01/22/2023 our Parish Council had their Affirmation of Office and then elected the executive committee for the year:

President: Paul Katsenes
Vice President: Connie Contes
Treasurer: Jim Manelis
Secretary: Andi Fourlis

May God guide them all in their ministry this year!
Stewardship
By Sandy Meris

To be a welcoming community sharing Christ’s love through faith and service

Stewardship 2023 - We Are Off To A Great Start!

This year we set 2 goals for our Stewardship 2023 campaign... the first being for 100% of our stewards to submit their pledge cards by January 31st. And the second for us to increase our financial commitments in order to reach $500,000 in total pledges.

First, we are truly grateful for those who have fulfilled step 1 of our goals. Thank you to those stewards in the list below who have made their pledges. And if you have not yet made your pledge, there is no time like the present! Simply visit www.holytrinityphx.org, click on “stewardship” in the upper right hand corner, fill out your pledge card and click submit. It’s as easy as that!

It’s because of the generosity of our stewards that Holy Trinity is now able to tackle many projects to improve our community and our campus. In 2022 we purchased a new cooling tower for the Cathedral. The parking lot has been newly paved. New roofing was installed and the beginnings of the courtyard refresh are underway. Imagine what else can be accomplished if we continue to increase our pledges to grow stewardship.

New and Improved ONLINE PORTAL IS COMING SOON!

New changes are also in the works for our new and improved online payment portal and systems. The office is currently in the process of upgrading our software to ShelbyNext. Once the systems have been totally integrated we will be encouraging everyone to become an online giver in order to be a ShelbyNext member and receive all of the improvements and conveniences of this system.

With ShelbyNext we will be able to text you with important church reminders and information, by downloading the app you will be able to make stewardship or donation payments quickly and easily from your phone or computer. And even each of our ministries will be able to better keep track of their members and get information collected and distributed quickly and easily.

Keep an eye out for additional information coming soon!

holytrinityphx.org

Have you checked out the website lately?
Events • Services • Photos • Calendar • Stewardship
His Eminence Archbishop Elpidophoros of America will be in Phoenix for the Leadership 100 Conference this week. His Eminence will lead us in worship THIS Sunday, February 5, with Orthros beginning at 8:15 a.m. and the Archieratical Divine Liturgy at 9:30 a.m. We will also welcome members of Leadership 100 to our parish that day and have the opportunity to meet them and show them our hospitality in thanks for their furthering the mission of the Church. We will also pray for the repose of the souls of all the Leadership 100 members who have reposed in the Lord, including a few members of Holy Trinity Cathedral who were instrumental in the founding of Leadership 100 and the life of our Cathedral. Please join us in prayer and fellowship!

When we greet the Archbishop it is proper to call him "Your Eminence" and receive his blessing in the usual way from a clergyman.

Lessons with the Fathers
## OUR JOURNEY TO PASCHA! 2023

### SUNDAYS

<table>
<thead>
<tr>
<th>Date</th>
<th>Theme / Gospel Reading</th>
<th>How to Participate</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>February 5th</strong></td>
<td><strong>Fast - Free Week</strong>&lt;br&gt;Publican and the Pharisee&lt;br&gt;Epistle: 2 Timothy 3:10-15&lt;br&gt;Gospel: Luke 18:10-14</td>
<td>Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.</td>
</tr>
<tr>
<td><strong>February 12th</strong></td>
<td><strong>Normal Fast Week</strong>&lt;br&gt;The Prodigal Son Returns!&lt;br&gt;Epistle: 1 Corinthians 6:12-20&lt;br&gt;Gospel: Luke 15:11-32</td>
<td>Schedule a Confession. Every morning say, “Today I will be humble.” Use up/freeze meats this week.</td>
</tr>
<tr>
<td><strong>February 19th</strong></td>
<td><strong>Meatfare</strong>&lt;br&gt;The Last Judgement&lt;br&gt;Epistle: 1 Corinthians 8:8-9:2&lt;br&gt;Gospel: Matthew 25:31-46</td>
<td>Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.</td>
</tr>
<tr>
<td><strong>February 26th</strong></td>
<td><strong>Cheesefare</strong>&lt;br&gt;Adam and Eve are cast from Paradise!&lt;br&gt;Forgiveness Sunday&lt;br&gt;Epistle: Romans 13:11-14:4&lt;br&gt;Gospel: Matthew 6:14-21</td>
<td>Ask each other for forgiveness each evening this week before bed.</td>
</tr>
<tr>
<td><strong>March 5th</strong></td>
<td><strong>1st Sunday of Lent</strong>&lt;br&gt;Sunday of Orthodoxy&lt;br&gt;Epistle: Hebrews 11:24-26, 32-12:2&lt;br&gt;Gospel: John 1:43-51</td>
<td>Bring an icon to church for a procession.</td>
</tr>
<tr>
<td><strong>March 12th</strong></td>
<td><strong>2nd Sunday of Lent</strong>&lt;br&gt;St. Gregory Palamas&lt;br&gt;Epistle: Hebrews 1:10-2:3&lt;br&gt;Gospel: Mark 2:1-12</td>
<td>Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week.</td>
</tr>
<tr>
<td><strong>March 19th</strong></td>
<td><strong>3rd Sunday of Lent</strong>&lt;br&gt;Veneration of the Holy Cross&lt;br&gt;Half Way to Pascha!&lt;br&gt;Epistle: Hebrews 4:14-5:6&lt;br&gt;Gospel: Mark 8:34-9:1</td>
<td>Wear your cross to church and kiss the cross each morning with a bow!</td>
</tr>
<tr>
<td><strong>March 26th</strong></td>
<td><strong>4th Sunday of Lent</strong>&lt;br&gt;St. John of the Ladder&lt;br&gt;Epistle: Hebrews 6:13-20&lt;br&gt;Gospel: Mark 9:17-31</td>
<td>Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!</td>
</tr>
<tr>
<td><strong>April 2nd</strong></td>
<td><strong>5th Sunday of Lent</strong>&lt;br&gt;St. Mary of Egypt&lt;br&gt;Epistle: Hebrews 9:11-14&lt;br&gt;Gospel: Mark 10:32-45</td>
<td>Ask the Theotokos to offer you and the world pure thoughts and ideas this week.</td>
</tr>
<tr>
<td><strong>April 9th</strong></td>
<td><strong>Flowery (Palm) Sunday</strong></td>
<td>Place your palm branches and pussywillows behind an icon at home and in your car!</td>
</tr>
<tr>
<td><strong>April 14th</strong></td>
<td><strong>Entry of Our Lord into Jerusalem</strong>&lt;br&gt;Great and Holy Friday&lt;br&gt;Jesus Dies on the Cross&lt;br&gt;Epistle: Philippians 4:4-9&lt;br&gt;Gospel: John 12:1-18</td>
<td>Refrain from TV, Internet &amp; Phones to honor Christ’s Death.</td>
</tr>
<tr>
<td><strong>April 16th</strong></td>
<td><strong>Holly Pascha! (Christ is Risen!)</strong>&lt;br&gt;Great and Holy Friday&lt;br&gt;Check with your Parish for Royal Hours and Vespers Schedule&lt;br&gt;Epistle: Acts 1:1-8&lt;br&gt;Gospel: John 1:1-17</td>
<td>Greet everyone with “CHRIST IS RISEN!” &amp; say it before good morning and goodnight!</td>
</tr>
</tbody>
</table>
House of Stewards
As of 02/01/2023

Panagiota Agelakos
Evan & Terri Alexon
Constance Anagnostopoulos
Nikki Anest
Bettina Angelos
John & Alexandra Annos
Elaine Apostle
Argyro Apostolou
Christina & Chris Bakavelou
Constantine & Eleni Balanis
Taylor Bankson
Crisanne & Scott Bansner
Sam & Heidi Bass
Joyce Bavlinka
Scott & Stacey Beaty
Stamatios Benetos
Dan & Vicki Bichekas
Peter & Jennifer Bilitsis
James & Helen Bruno
Georgia Brusalis
Chris & Rita Bruskas
Kristen Bruskas
Constance Burkhart
Kathy Carras
Frank Carris
Chad & Amanda Carver
Laurel Charnas-Schiller
& Todd Schiller
Harriet Chotras
Pete & Kim Choukalas
Katherine & Jeffrey Clarke
Andrew & Mara Contes
James & Connie Contes
Nick & Sharon Daniolos
Patricia Davis
Rebecca Davis
Leonard & Elaine Debickero
Hercules Dellas
Patrick & Karla Delord
Joanne Demangus

Tom & Irene Demas
Alexa DeMoss
Bill DeMoss
Charles DeMoss
Chris DeMoss
John & Marjorie DeMoss
Michael & Maureen DeMoss
Basil & Ruth Denaxas
Alexandros & Erika Dimitriadis
Jimmy Drakos
Stanley & Fran Drozdz
Clyde (Emil) Ellis
Fr. Alexander & Presv. Laura Eliades
Ed & Katherine Fancher
Athanase & Georgia Fourlis
Athanasia Fourlis
Ted & Andi Fourlis
Tim & Antonette Fraenkel
Chris & Celeste Francis
Georgana Frieh
George & Julie Froumis
Chris & Anne Gavras
Andreanna Georgiou
Thomas & Christina Georgiou
Pamela Georgelos
Diana Georgelos
Demetra Georgelos
John T Giannopoulos
Stella Glitsos
Eva Goodman
Bill & Lynn Graham
Gina Graham
David Haag
Donald Hall
Mary & Roger Harris
Patsy Harris
Diane Herman
Veronica Hill
Maria Hontzas Ruttle

Bessie Hotis
Gelu Isfanut
Ekaterini Jaynes
Jeffrey Johannesmeyer
Pavlos Kairis
James & Linda Kalivas
Pete & Nicole Kamboukos
Basilis & Roula Kaneris
Marianna Kaneris
Jean Kantaros
Nick & Dena Kantaros
Maggie & Marko Karakozis
Peter Jr & Tina Karegeannes
Virginia S Karegeannes
Vasilios & Vasiliiq Karagiannis
Julie Karoutas
Joann Karros
Fotini Katrakis
George & Niki Katsaros
John & Mary Katsenes
Paul & Lori Katsenes
Thomas Katsenes
Jim & Poppy Kavouris
Fanny Kechajias
Catherine & Quentin Keyser
Ronald & Virginia Kidd
Emily Kimmell
Peter and Pat Kladis
Maria Kompos
Spiros & Carol Kostaras
Anthony & Janet Kouvousis
Elizabeth & Johnny Kratsas
Tammy Kretsedemas

House of Stewards continued on page 9
Desert Springs February 2023
House of Stewards continued from page 8

Nick & Marina Kretsedemas
Debbie Kunkel
John & Evangelia Lambrou
Judith Lamond
Elias & Mary Lampos
Scott & Jill Leach
Constance Lemere
Andrew Limber
Gregory Lizanich
Melina Machas
James & Stephanie Machas
Maria Maciejewski
Joanne Mackos
Aristotle & Evelynne Macrodimitris
Marika Makridis
Margarita Makris
Julie & Felix Mamani
Anna Manos
Jenny Margaris
William & Rina Marinakos
Nicholas Marino
Mary Lou Mastorakos
Stephen & Mari Mastorakos
Debra & Demetrios Mavroidis
Angela & Chris Mead
William & Sandy Meris
Anthony & Tania Miaoulis
Angeline Miller
William & Jean Miller
Philip & Helen Mitchell
Emily Moroz
Dino Moschovitis
Spyro & Effye Mousses
John & Maria Nicholas
Evelyn Nickalew
AnnaMarie Nieblas
Else Paletos
Elizabeth Palmer
Alexander & Alexia
Panagiotakopoulos
Socrates & Stephanie
Papadopoulos
Chrysoula Papadopoulos
Aaron Papagalos
Maria Papageorgiou
Rita & Spyros Papaspyrou
Nicholas & Stacy Papatzimas
Andrew & Emily Pappas
Harry & Fannie Pappas
Irene Pappas
John & Andrea Pappas
Daniel & Anna Pardhe
Athena Parmenter
Amy Paul
Christine & Peter Pearce
John & Dina Pesognelli
Fotini Pestrivas
Zoe Pestrivas
Katherine Petersen
Chris Petroulakis
Jacqelyn Petroulakis
William & Kathryn Petsas
Michael & TeAnn Philippis
Brian & Athena Pickett
Andreas & Mary Poulakidas
Tracy Poulos
Panagiotes & Anthipe Pries
Nicolette Pyle
Bertha Quinn
Lydia Rabbitt
Menelaos Rentzis
Voula Rentzis
Maria Hontzas & Curt Ruttle
Lois Sakkas
Dimitra Sampson
Paul Sarantes
Les & Christine Sarantinos
John Schneider
Warren & Kalliopi Schneider
Angela & George Scopelians
Diane & George Sedlacek
John Siavelis
George & Evi Skintzis
Elias & Phyllis Skoubis
Constantin Solomon
David Solheim
Angelo & Marie Spanos
Leo & Rachel Speliopoulous
William & Dianne (Tiki) Spell
James L & Karen Speros
Vasilios Speros
Jim & Kathryn Stamadianos
Andrew & Christine Stamatis
Nitsa Stamatelatos
Tristan & Alana Stoutenburg
William & Rebecca Tavlarides
Nick & Effie Theodore
Jim Thomas
John Gus Thomas
Deacon John & Diak. Mary Thrasher
Andrew Touvannas
Thaddeus & Katherine Tropea
Vaios Tsanos
Constantine & Stella Tsantilas
Vaious & Areti Tsanos
Matthew Turgeon
Costa & Koko Tzavaras
Daniel Valenzuela
Kristen Vasilarakos
Leah Venetis
Peter & Maria Vlahos
Terri & Scott Vaught
Andrew & Sandy Vlahoulis
Steve & Mary Vrahas
Matthew & Jaclyn Walsh
Paula & Colin Walsh
Zach & Mary Wilhelmi
Richard & Katina Wood
Michael & Christina Wombacher
Zachariah Yoon & Elizabeth Hong
Anthony & Karen Zaman
Dimitrios & Eugenia Zannis
George & Katherine Zannis
Evangelia Zikos
Dimitri Zistatsis
Eleanna Zistatsis
Michael & Christina Zistatsis
Vasilopita Cutting
January 8, 2023
JOIN PHILOPTOCHOS 2023

We are the right hand of the Church! We would like you to know that membership to Philoptochos IS IMPORTANT for our community, the Archdiocese and Metropolis.

Invitation to Philoptochos:

NAME: ______________________________________________________________

ADDRESS: ___________________________________________________________

EMAIL: _________________________________________________________________

PHONE: (_____) _____________ CHECK #__________________________ AMOUNT: ________________________

$15 will be sent to the Archdiocese and $15 to the Metropolis. **Any amount over $30 will be retained for our chapter charities and obligations.**

Mail your membership to:

St. Katherine’s Philoptochos of HTC Membership 2023, 1973 E. Maryland Avenue, Phoenix, AZ 85016

Coffee in the Conference Room!

**EVERY TUESDAY!**

9:30-11:00 am

No RSVP needed - just stop on by!

What is Philoptochos?
The translation is Philo = Friend and Ptochos = Poor. It is literally “Friend of the Poor”.

Holy Trinity’s
St. Katherine Philoptochos
Alex Anagnopoulos, President

Next Meeting on Thursday,
February 2, 2023
at 6:30 pm
in the Lounge of the Speros Community Center
Holy Trinity’s St. Katherine Philoptochos

Brunch!

Philoptochos is hosting a Valentine Brunch on Sunday, February 12th, following Liturgy. Fun for the whole family! Come and enjoy the activities, good food, and great fellowship. Adults $12, 5 yrs to 12 yrs old $7, and any child under 5, free!

“From Our Hearts to Yours”

Have you bought YOUR tickets yet?

Contact Alex at 602-738-6053 to reserve your tickets today!

Look for the table in the Large Hall on 02/05/2023!
Philoptochos is selling paper hearts for $10.00 each. Once decorated (we can or you can), the hearts will be strung together, blessed by the Fathers, and on display on Sunday 12th, 2023. This is a wonderful opportunity to celebrate the loved ones in your life and to honor those In Memory Of - May their Memory be Eternal.

Look for tables and presentations every week through the first week of February. Let's fill the entry into the Cathedral with many colorful reminders of those dear to us past & present! Time is limited to get your hearts - last day to order is 02/09/2023. Text 602-332-8809 or email kvasilarakos@cox.net for further information or to order your hearts!


Camp Agape

The Silent Auction to benefit Camp Agape and Kids ‘n Cancer will go live on 02/14/2023!
Holy Trinity’s St. Katherine Philoptochos

Vasilopita Auction
January 8, 2023

Thank you to Georgia Fourlis for leading another successful year!
Thank you to all those who made the tasty and attractive vasilopitas for auction and sharing, thank you to those who supported our sale, and thank you to Irene Demas for making the large vasilopita the Fathers cut and distributed in the Sanctuary.

Sweatshirts Delivered!
January 24, 2023

*120* navy and grey sweatshirts were delivered to students in need!
Orthodoxy 101

Beginning on January 11 Fr. Alexander will hold his Orthodoxy 101 Class every Wednesday after Paraklesis (around 7pm) in the Conference Room and on Zoom (here). We will approach the faith through the lens of the Apostolic Fathers, the Fathers of the Church who lived within the first 100 or so years after Jesus! What did these early Christians believe? How did they live? Let’s find out together!

We read some writings from the book "The Apostolic Fathers in English" by Michael Holmes. This book is not required as all readings are also available online through google for free but is helpful. Another helpful way to frame the class will be through reading "The Illumined Heart" by Pres. Frederica Matthews-Green.

Anointing for Healing

After the services of 2/1, 3/3, and 3/31 there will be an anointing for healing. Open to all Orthodox and Unorthodox families.

Free Driving Program for Seniors!

The YMCA is sponsoring a program to help seniors (65 and older) who can no longer drive get to where they need to be. They are expanding this program to include many parts of Central Phoenix, Scottsdale, and more. Call the YMCA at 602-494-9622 for more details.

House Blessings

House Blessings for the New Year have begun by appointment. Please call the office or Fr. Apostolos or Fr. Alexander individually to make an appointment.
Endowment Fund

The Holy Trinity Endowment Fund was established in 1992 with an initial deposit of $2,000. The goal was to build the Endowment Fund whereby the interest and appreciation would one day provide sufficient income so Holy Trinity would no longer be totally dependent on an annual festival to supplement stewardship income.

The Endowment Fund is obligated to preserve the donor’s contributions such that the principal will remain inviolate and be held in perpetuity by the Church. The funds are prudently managed by the investment committee, which reports to the Parish Council. The investment committee only approves withdrawals from the earnings and appreciation, over and above the donor’s contributions, and are used only to benefit Holy Trinity and its ministries.

Over the course of the past twenty-nine years the committee has held steadfast to this mission, and as a result, generous donors from our Church, desiring to leave a legacy in perpetuity for their family, have made contributions totaling $644,340.00.

This is your opportunity to put your lifetime thumbprint in the history of Holy Trinity Cathedral.

We have been blessed by the generosity and foresight of the individuals and families listed on the next page. We benefit today from their kindness and vision. If your circumstances allow you to give a gift above and beyond your annual stewardship commitment, then please take this occasion to join the others in creating a legacy by pledging your gift to Holy Trinity Cathedral’s perpetual Endowment Fund. Gifts of $10,000 or more will be separately listed along with others who have reached that level.

Your gift, no matter the amount, will be combined into the general endowment fund, and will be greatly appreciated.

GIFT DONATION FORM

Please list my endowment gift as follows: ________________________________

Here is my Endowment gift, which I may add to, of $______________

I plan to include the Holy Trinity Endowment fund in my Will___, my Living Trust___, or TOD*___

Signed:__________________________________________________________

Dated:______________

Donor, please sign and keep a copy for your records

*TOD = transfer on death

All gifts will be preserved in the archives of Holy Trinity Cathedral
Gifts of $10,000 or more may be made over a three year period.

Thank You, and + God Bless You + for your generosity.

Holy Trinity Greek Orthodox Cathedral + 1973 E Maryland Phoenix AZ 85016
Endowment Fund

Endowment Gifts

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George and Ann Souvall
John George Thomas

GOLD DONORS: $50,000.00 +
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DeMoss Families
IMO+ Tasia Pritchard

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IMO Koula & Pete Triantafylou
IMO James H. Karros
IMO Bette Maniatis
IMO Dan. Lester Hill

+ REMEMBER HOLY TRINITY IN YOUR WILL +

Coffee Hours

Thank you to Dance for sponsoring Coffee Hours in January.

The February Coffee Hours are sponsored by the Celebration Committee.

Thank you!
Dear Desert Diamonds & Friends,

Happy Chinese New Year 2023—Year of the Rabbit! We will be celebrating on Friday, February 10, 2023!
Location: George Yang's Chinese Cuisine
Address: 6048 N 16th Street, Phoenix, AZ 85016
Telephone: 602.368.2688
Please RSVP as soon as possible with your name and number of guests.

Looking forward to seeing YOU there.

Yours in Christ,
Julie Karoutas
email: juliekaroutas@gmail.com
Cell# 623.313.8720

January 2023
Fran Drozdz brought the Olympic torch she carried for the 1984 Los Angeles Olympics!
Many of the guests took pictures with the torch.
Celebration Committee

Let’s Celebrate!

On the first Sunday of each month, the Celebration Committee organizes a potluck during coffee hour to celebrate all the special events in parishioners’ lives and birthdays that take place in that month. Please join us every month and bring your favorite food item to share!

This month, we celebrated Zachariah Kratsas’ 40-day-blessing, Angelo and Marie Spanos’ 60th wedding anniversary, and all January birthdays (see the list of names on the following page). The décor theme, “Wintery Wonderland”, was reflected in the blue, silver, and white balloon garlands, blue tablecloths with silver organza overlays, vases filled with snow-covered willow branches and glittery leaf arrangements, and paper snowflake garlands. We also welcomed attendees with a fog machine set up at the entrance to the hall. We greatly appreciate those who have shared their milestone events with our Holy Trinity family. If you or someone you know from the parish is celebrating a baby, a birthday, an anniversary milestone, or any other special event, please let the Church Office or the parish Celebration Committee know so that we can celebrate as a community! You can send an email with suggestions and details to: htcphxevents@gmail.com.

If you are interested in volunteering or learning more, please email htcphxevents@gmail.com and/or talk to Terri Alexon or Mary Pardhe.
Celebration Committee
January Photos

Celebration Committee
January & February Birthdays!

Nick Kretsedemas
Leonithas Mackos
Stephan Mackos
Sandy Meris
Joanne Meris
Claire Meyers
Anastasia Mitchell
Zoya Moroz
Kathy Now
Irene Papoudis
Elizabeth Palmer
Gayle Petkas
Georgia Pikoulas
Nicole Pyle
Lydia Rabbit
Niki Sackos
Theodore Schneider
Alisha Sofielen
Michael Jiti Solomon
James A. Spero
Alina Stentenburg
John Theodore
Sophocles Tsainios
Dimitrios Tsoltsiopoulos
Staci Vaught
Andy Vlahos
Andrew Vlahous
Jessica Young

Dorothy Ainslie
Taylor Bankson
Michael Cartier
Thea Cartier
Ryan Choukalas
Michael Chronis
Hercules Dellas
Costa DeMoss
Maria Dennis
Matthew Dye
Lisa Elam
Greg Fernandez
Madeline Fraenkel
Miki Ganolis
Semos Gardner
Eugene Gavrillidis
Thomas Georgiou
Jeffrey Johannesmeyer
Nick Kintzios
Jack Katsenes
John Katsenes
Zapetta Kleanthis
Maria Kontakis
Marina Kretsedemas
Emilia Lipnos
Stephanie Machas

Esme Mallas
Nick Maydanis
Amalis Miaoulis
Philip Mitchell
Jonathan Oxley
Phillip Panagiotakos
Maria Papamatheakis
George Poulos
Vasilili Qiros
Rose Rentzis
Lois Sakkas
Giorgios Sbiris
John Schneider
Elaine Seretis
Terry Seretis
Gus Theodoropoulos
Martha Tsakiris
Vagios Tsanis
Athena Tsioutsiosopoulos
Roger Undhausen
Peter Vardalos
Scott Vaughn
Terri Vaughn
Anthony Zaman
Eugenis Zanni
In this time more than ever we need prayer. For those not able to come to the Cathedral yet, we have set up this ability to light a candle virtually! Please click the link above and follow the instructions. Enter your name and the names of those you wish prayed for in the PayPal “Notes” section, and Father Apostolos or Father Alexander will light a candle and say a prayer for you.

**Funerals**

“Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever.”
Psalm 23:6

**01/02/2023**  
Constantine Tsantilas  
*May His Memory Be Eternal.*

**01/04/2023**  
Gerry Stamatelatos  
*May His Memory Be Eternal.*

**01/18/2023**  
Catherine Wallerich  
*May Her Memory Be Eternal.*

**01/23/2023**  
Bettina Angelos  
*May Her Memory Be Eternal.*

**HTC on Facebook**

The page offers news of our Parish Community, in addition to offering links to podcasts and videos of our services.  
**Holy Trinity Greek Orthodox Cathedral—Phoenix, AZ**

**Donations**

We greatly value all your donations! Please remember, when you write us a check, to include your **intention for the donation and your envelope number in the memo line.** i.e. stewardship, candles, etc.  
Thank you all!
St. Nectarios Books & Beyond
Submitted by Rita Papaspyrou
stnectariosphx@gmail.com

The month of February offers us the opportunity to celebrate the Feast of the Presentation of our Lord into the Temple as well as the Feast Day of St. Haralambos the Hieromartyr.

**Presentation of Christ in the Temple**
Commemorated on February 2

Another name for this feast is The Meeting of our Lord.

The story of the Presentation is told in Luke 2:22-29. Mary and Joseph were faithful Jews and observed their religious customs. An important custom was for the couple to take their first-born son to the Temple. The baby was taken to the Temple forty days after his birth and was dedicated to God. In addition, if the parents were wealthy, they were to bring a lamb and a young pigeon or a turtle dove to be offered as a sacrifice at the Temple. The custom provided that if the parents were poor, they were to offer two pigeons or two turtle doves for the sacrifice.

Joseph and Mary were not wealthy, so they took two turtle doves with them to offer as a sacrifice at the Temple.

When Jesus was forty days old, Mary and Joseph took Him to the Temple in Jerusalem. They were not wealthy, so they took two turtle doves with them to offer as a sacrifice at the Temple. As they arrived at the Temple, Mary and Joseph were met by a very old man named Simeon. He was a holy man and was noted as a very intelligent scholar. Simeon spent much time studying about the prophets of Israel. It was during his studies that he learned of the coming of the Messiah. The Jewish people were waiting for the Messiah to come and deliver Israel from their conquerors. From that time on, Simeon spent his time praying for the Messiah to come. He spent many years in prayer. Finally, while Simeon was praying he heard the voice of God. God promised Simeon that he would not die until he had seen the Messiah.

When Simeon saw Jesus, he took the baby in his arms and blessed the Lord and said: "Lord, now let Your servant go in peace according to Your promise, because my eyes have seen Your salvation which you have prepared before the face of all peoples, a light to bring revelation to the Gentiles, and the glory to your people Israel."

**Haralambos (Charalampus) the Hieromartyr**
Commemorated on February 10

His name Χαράλαμπος means “glowing with joy” in Greek. It is believed that at the time of his martyrdom in 202, Haralambos was 113 years old. Despite his advanced age, he was tortured mercilessly.
He was the bishop of Magnesia and spread the Gospel in that region for many years. However, when news of his preaching reached the authorities of the area, the proconsul Lucian and military commander Lucius, the Saint was arrested and brought to trial, where he confessed his faith in Christ and refused to offer sacrifice to idols. He endured atrocious tortures but held steadfast to his faith.

Lucius, enraged, seized the instruments of torture and began to torture Haralambos himself, but suddenly his forearms were cut off as if by a sword. The governor Lucian then spat in the face of the saint, and immediately Lucian's head was turned around so that he faced backwards. Then Lucius entreated the Saint to show mercy on him, and both torturers were healed through the prayers of Saint Haralambos. During this a multitude of witnesses came to believe in Christ. Among them also was Lucius, who fell at the feet of the holy bishop, asking to be baptized.

The Saint was brought to the emperor Septimius Severus who sentenced him to beheading with a sword. During Saint Haralambos' final prayer, the heavens opened and the saint saw the Savior and a multitude of angels. The holy martyr asked Him to grant that the place where his relics would repose would never suffer famine or disease. He also begged that there would be peace, prosperity, and an abundance of fruit, grain, and wine in that place, and that the souls of these people would be saved. The Lord promised to fulfill his request and ascended to heaven, and the soul of the hieromartyr Haralambos followed after Him. By the mercy of God, the saint died before he could be executed.

What YOU Can Do to Help Visitors Feel Welcome

Have you noticed new faces? We've had many visitors stop by lately. Some are Orthodox and visiting from other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let's make sure we say Hello!

“Welcome! I don't believe we've met yet. My name is (your name)” is a great start. Offer to walk with them to the Coffee Social. A personal connection goes far!
Liturgical Services will continue to be live streamed by Father Apostolos and Father Alexander.

All services can now be found on the Home Page of the Cathedral’s website www.holytrinityphx.org, in addition to the continued postings on our Facebook page.

Thank you to Tom Giatron and Joshua Pardhe for their above-and-beyond efforts to bring clear and timely video to all!

Desert Springs Issues Available to Our Seniors or the computer-challenged!

In an effort to reach our whole Parish Community with Cathedral news, issues of the Desert Springs will be available for FREE to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

If you have been receiving the mailed Desert Springs, but no longer need it mailed to you, please let the Church Office know. Thank you!

Desert Springs Subscription

Enjoy color copies of Holy Trinity Cathedral’s Desert Springs delivered to you!

Name: ____________________________________________________________
Street Address: ___________________________________________________
City, ST, Zip: _____________________________________________________
Contact Phone: ________________________________
Return this form to the Church Office or contact Kristen at 602-332-8809
AHEPA Chapter 219

Palm Sunday Brunch

Hosted by the Brothers of AHEPA Chapter 219

Sunday, April 9th
Following Church Services

Holy Trinity Greek Orthodox Cathedral
1973 E. Maryland Ave - Phoenix

$30 Adults
$20 Ages 6-17
5 and Under Free

Reservations beginning Sunday, March 19th during Coffee Hour in the Church Community Center

OR CONTACT:

Natalie, Holy Trinity Office, (602) 264-7863
Pete Marudas, rosemar2@msn.com (602) 284-1638

Reserved Tables of 8 or 10 must be prepaid in advance.
All other reservations will be open seating.
AHEPA Chapter 219

AHEPA CHAPTER 219

A NIGHT OF RECOGNITION AND CELEBRATION

FEBRUARY 18, 2023

6:00PM COCKTAILS
6:30 PM DINNER
7:45 AWARDS
SOCIAL AFTER AWARDS

HOLY TRINITY GREEK ORTHODOX CATHEDRAL
JAMES A. SPEROS COMMUNITY CENTER

OPEN BAR WITH 4 COURSE - 5 STAR MEAL

$80 per Couple or $45 per person

RSVP no later than February 12, 2023 to:
John Kostaras: 480.318.1935
or jkostaras61@gmail.com

MAKE YOUR RESERVATIONS NOW - LIMITED SEATING
Daughters of Penelope
Helenos Chapter 432
Phoenix, AZ

Our Daughters celebrated the holidays on December 11th with a Saguaro Lake cruise on the Desert Belle followed by lunch at the Shiprock Restaurant in Tonto National Forest. This “all-afternoon” event flew by as we spent time talking with all our sisters. It was a great way to celebrate the season!

Our chapter has a very busy calendar in the next few months:

**February**  Meeting followed by a wine tasting
**March**  Meeting & Bunko / membership drive
**April**  Dinner with the AHEPANs followed by Meeting
**May**  Walk for UMOM & Kentucky Derby event

District conference was held January 27-29 in Palm Desert this year!

**Officers:**
Cathy Keyser, President
Angie Lambrou, Vice President
Deedee Staikos, Recording Secretary
Connie Panagiotakopoulos, Corresponding Secretary
Anastasia Mitchell, Treasurer
Jennifer Bilitsis, Marshall
Julie Karoutas, Officer at Large
OPA—Orthodox Parents Association
Caroline Economopoulos, President

OPA Meetings

One of the unique things about Holy Trinity Cathedral has always been OPA (Orthodox Parents Association) and their ability to facilitate ministry. This year we would like to empower the parents of different age groups to have meetings in their homes and other social outings with our groups:

HOPE: Grades 1-3
JOY: 4-6
Jr. Goya: 7-8
Sr. Goya: 9-12

If you are interested in heading up some outings or hosting your child's age group at your house, or simply learning more about OPA, please email Caroline Economopoulos here.

Please also join us also for OPA's informational meeting on August 14 after Divine Liturgy in the Hall. Refreshments will be offered.
4F Youth Night
January 21, 2023

We learned about Sacraments and even learned directly about baptism when we “baptized” Katherine the doll!
Greek Dance
Niko Panagiotakopoulos, Director
Email: npanos01@yahoo.com
Call/text: (602) 469-2039

OPA—Orthodox Parents Association

Little Lambs
Debra Harrison

Soup & Salad
To benefit the Dance Program

Sunday, February 5, 2023
$10.00

See you there!