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Rev. Economos Apostolos Hill Rev. Alexander Eliades Rev. Deacon John Thrasher

Office Hours:

Monday-Friday, 9:00am-3:00pm

Sunday Worship

8:00am Orthros 9:30am Divine Liturgy

Desert Springs Staff

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Desert Springs Deadline
The 25th of each month

Sunday Bulletin Deadline Wednesdays, 12 noon

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Church Caretakers Terry, Paul, and Dimitri Valonis

Holy Trinity Bookstore info@stnectariosphx.org

2022 Parish Council Members

President: Paul Katsenes
Vice President: Connie Contes
Treasurer: Jim Manelis
Ass't. Treasurer: Dina Anagnopoulos
Secretary: Andi Fourlis
Sandy Annos, Charlie DeMoss,
Alexander Harding, Jill Leach, Sandy Meris,
Elias Moussa, Socrates Papadopoulos,
Chris Petroulakis, John Schneider

Holy Trinity Cathedral www.holytrinityphx.org

Metropolis of San Francisco www.SanFran.goarch.org

Archdiocese Website www.goarch.org

Organization Contacts

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- All Saints Camp Evan Tsagaris: etsagaris89@gmail.com
- Altar Servers David Haag, Chris Francis: <u>davidmhaag@yahoo.com</u>, <u>battersbox7@yahoo.com</u>
- Bible Study Father Apostolos Hill: papoulihill@gmail.com
- Bookstore Rita Papaspyrou: stnectariosphx@gmail.com
- Byzantine Choir Joshua Pardhe: joshuapardhe@yahoo.com
- Choir Terri Alexon: <a href="http://https:
- Celebration Committee Terri Alexon and Mary Pardhe: <a href="httph://httph://httph://httph://httph://httph://http://httph://htt
- Dance Niko Panagiotakopoulos: npanoso1@yahoo.com
- Daughters of Penelope Cathy Keyser: keyserc53@gmail.com
- **Desert Diamonds (50+)** Julie Karoutas: <u>juliekaroutas@gmail.com</u>
- Epistle Readers Presvytera Denise Hill: denkevhill83@gmail.com
- Feed Those in Need Christine Stamatis: cstamatis@cox.net
- Greek Festival Nick Kretsedemas, Angelo Pestrivas: niko.37@cox.net
- Greek School Irene Mackos: eirinie@gmail.com
- Hellenic Museum Bessie Hotis: call 602-953-1913
- Little Lambs Angela Scopelianos: angelagarozzo@gmail.com
- Living Orthodox (formerly St. Nicodemus Young Adult Book Club) —
 Mary Pardhe: livingorthodoxministry@gmail.com
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- Myrrhbearers Stacey Beaty: staceybeaty@live.com
- Narthex Outreach Kristen Vasilarakos: kvasilarakos@cox.net
- OPA Caroline Economopoulos: cjecomom@gmail.com
- Parish Council Paul Katsenes: pkatsenes@cox.net
- Philoptochos Alex Anagnopoulos: <u>aanagnopoulos2@msn.com</u>
- Safety & Security Paul Katsenes, Socrates Papadopoulos: <u>pkatsenes@cox.net</u>
- Sons of Pericles Ted Fourlis: text or call: 602-625-8835
- Special Events Administrator Angie Lambrou: angie.lambrou@cox.net
- **Stewardship** Sandy Meris: <u>sandymeris@gmail.com</u>
- Sunday School Kathy New: kkatsalis@msn.com
- Wedding Coordinator Lindsay Vardalos
- YAL Alexander Harding: text 480-626-3149

Attention Organizations:

Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at AdminAssist@holytrinityphx.org and Kristen at kvasilarakos@cox.net. lt is the organization's responsibility to inform Heidi and Kristen of any updates to your listing.

Message from Father Alexander

The School of the Services



When I was younger I will admit I was like most children are: utterly bored by the services of the Church. Even though I went quite often, every Sunday and sometimes on weekdays, I knew something beneficial came from the services but I couldn't tell you what and I probably wouldn't ever admit that I enjoyed any of it and would sorely complain! I do remember however one Lenten service when I couldn't have been more than 12. We were attending an OCA parish near our house and their choir was absolutely mesmerizingly beautiful and I just began to weep. About the same time, my sister took up chanting at our church and when she went off to college and then the monastery where she has resided for almost 15 years now, my priest asked me if I'd give a stab at chanting the services.

I had no idea what I was doing but had a decent "ear" for things so when the older Greek Psalti would chant something, I could match whatever "tone" he was in and it would be a passible exercise in chanting. But as I had a closer encounter with the texts I was chanting, something else happened. I actually paid attention to them. I began to read and try to comprehend them for the first time and their beauty as they spoke about the love God has for us, the great sinfulness I have but yet the GREATER mercy of God, I was struck. At weekly Sunday Orthros I was moved by the power of the words proclaiming the Resurrection of Christ.

I learned and I began to love the services.

As I paid attention to the hymns I learned what the Church wished to teach me about God, in fact almost ALL the Church wished to teach me about Him. And this makes sense, in the olden days, not everyone could read, not everyone had time to study, or especially study theology so the services HAD to be the classroom for the people. And it worked. The people who are pious and love God truly, love the services because in them they learn more about the one they love and worship Him.

This Lent we have an opportunity to come to the services at least 5 times per week! Finally we have a shot to offset what the classroom of the world tells us compared to what the Church wishes to tell us. We are loved, we are unworthy, but we are loved and God Himself has come to make that known to ME.

When we don't come to the services we are choosing the same as not coming to school, to class. I am choosing that I don't need to learn. But we all need to. And something surprising will probably happen when you begin to make a habit and routine of coming to services. You'll learn and you'll love them.

So this Lent, make a routine, a habit of coming to church and if you pay attention you'll learn, and you'll begin to love them.

May we have "Good Strength" in this season of preparation for the Resurrection of our Lord!

Stewardship

By Sandy Meris

To be a welcoming community sharing Christ's love through faith and service



2023 Stewardship Theme:

Giving Thanks: Eucharistic Stewardship

#GOALS!

Goals are important to set for ourselves as individuals and as a Cathedral family. As you are aware we set 2 goals for Stewardship 2023:

- 1. 100% participation by our parishioners to fill out and submit their Pledge Cards by January 31st.
- 2. Reach a total amount of \$500,000 pledged by all our stewardship combined.

We are pleased to report that as of the end of February we have 233 families who have pledged \$419,257. This is a significant increase from last year at this same time. We are so close to reaching that \$500,000 mark and of all of our families becoming stewards. The House of Stewards list is on pages 9 & 10 and we are grateful to all of those who raised their pledges for 2023 and met our January 31st goal. We are grateful to all of our Holy Trinity stewards for your generosity and commitment.

For those who still need to become 2023 Stewards, there is no time like the present! Just visit our church website at: www.holytrinityphx.org click on "Stewardship" in the upper right hand corner. Click on "Pledge Card" and fill out the information and submit.

LENTEN PARISH WIDE COMMUNITY SERVICE PROJECT

We are working on organizing a parish wide Lenten community service project. We will go as a group to roll up our sleeves and help those in need. Please keep an eye out for further information and how you can join us and help!

STEWARDSHIP 2022 FINAL FINANCIAL REPORT

It's important to take a moment and see how far we have come and know where we want to go. The past can help propel us forward and enables us to plan for the future. Below is a final report from Stewardship 2022.

2022 FINAL STEWARDSHIP NUMBERS

Total number of Pledged Families = 310

Total amount pledged by all Stewards combined = \$470,635

Total amount collected = \$474,022

Any amounts overpaid = \$37,751

Number of Stewards giving:

\$20,000+ = 1 \$10,000+ = 2 \$5,000 - \$9,999 = 19 \$3,000 - \$4,999 = 18 \$1,000 - \$2,999 = 119 \$500 - \$999 = 62 \$1 - \$499 = 89

Lowest pledge = \$5 Highest pledge = \$23,000 Median pledge = \$1,000

Archbishop Elpidophoros Visit

February 5, 2023

In town for the Leadership 100 Conference, His Eminence led us in worship on Sunday.



Archbishop Elpidophoros Visit

February 5, 2023



Following Divine Liturgy, His Eminence posed with some of the youth in attendance, before heading down to our Speros Community Center for a Celebration & Soup & Salad lunch.

Upcoming Youth Retreat

March 18, 2023

Valley-wide Lenten Retreat 4F Day!

We're excited to host the Valley-wide Youth Lenten Retreat here at Holy Trinity on March 18 from 9am-3pm! In this special version of 4F we'll come together for the day to learn about how to reclaim our true humanity as we know it to be as Orthodox Christians. Please RSVP here.



See you there!

OUR JOURNEY TO PASCHA! 2023

SUNDAYS

THEMES / GOSPEL READING

HOW TO PARTICIPATE:

Fast - Free Week **FEBRUARY 5th**



Publican and the Pharisee Epistle: 2 Timothy 3:10-15 Gospel: Luke 18:10-14

Show compassion on the poor and distressed. Trust in God, not yourself and ask for His help before every task this week.

Normal Fast Week **FEBRUARY 12th**



The Prodigal Son Returns! Epistle: 1 Corinthians 6:12-20

Gospel: Luke 15:11-32 Schedule a Confession. Every morning say, "Today I will be humble." Use up/freeze meats this week.

Meatfare



The Last Judgement

Epistle: 1 Corinthians 8:8-9:2 Gospel: Matthew 25:31-46

Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week.

Cheesefare

FEBRUARY 26th **FAREWELL TO CHEESE TODAY**



Adam and Eve are cast from Paradise! FORGIVENESS SUNDAY

Romans 13:11-14:4 Epistle: Gospel: Matthew 6:14-21

Ask each other for forgiveness each evening this week before bed.

1st Sunday of Lent MARCH 5th



GREAT LENT BEGINS WITH FORGIVENESS VESPERS

SUNDAY of ORTHODOXY

Hebrews 11:24-26, 32-12:2 Epistle:

John 1:43-51 Gospel:

2nd Sunday of Lent MARCH 12th



ST GREGORY PALAMAS

Hebrews 1:10-2:3 Epistle: Mark 2:1-12 Gospel:

Bring an icon to church for a procession.

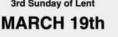
Bring a prayer rope to be

blessed today!

Use it and pray the Jesus Prayer

each day this week.

3rd Sunday of Lent



VENERATION OF THE HOLY CROSS

HALF WAY TO PASCHA!

Epistle: Hebrews 4:14-5:6 Mark 8:34-9:1 Gospel:

Wear your cross to church and kiss the cross each morning with a bow!

4th Sunday of Lent

MARCH 26th



ST JOHN of the LADDER

Epistle: Hebrews 6:13-20 Gospel: Mark 9:17-31

Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross!

5th Sunday of Lent

APRIL 2nd



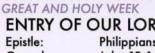
ST MARY of EGYPT

Hebrews 9:11-14 Epistle: Mark 10:32-45 Gospel:

Ask the Theotokos to offer you and the world pure thoughts and ideas this week.

FLOWERY (PALM) SUNDAY!





ENTRY OF OUR LORD INTO JERUSALEM

Philippians 4:4-9 Gospel: John 12:1-18

Place your palm branches and pussywillows behind an icon at home and in your car!

GREAT AND HOLY FRIDAY



GREAT AND HOLY FRIDAY

JESUS DIES ON THE CROSS CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE

Refrain from TV, Internet & Phones to honor Christ's Death.

FEAST OF FEASTS!

APRIL 14th



BRIGHT WEEK

HOLY PASCHA! (CHRIST IS RISEN!)

Epistle: Acts 1:1-8 Gospel: John 1:1-17

Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight!

HOLY TRINITY CATHEDRAL, PHOENIX, AZ SERVICES OF GREAT & HOLY LENT 2023 FEBRUARY 26 – APRIL 8, 2023

SUNDAY, FEBRUARY 265PM - FORGIVENESS SUNDAY VESPERS
MONDAY, FEBRUARY 27CLEAN MONDAY - 6PM GREAT COMPLINE WITH CANON OF ST. ANDREW
TUESDAY, FEBRUARY 286PM - GREAT COMPLINE WITH CANON OF ST. ANDREW
WEDNESDAY, MARCH 15:30PM - 9TH HOUR AND PRE-SANCTIFIED LITURGY *POTLUCK TO FOLLOW
THURSDAY, MARCH 2
FRIDAY, MARCH 38am - Presanctified Liturgy
FRIDAY, MARCH 36pm - 1st Salutations to the Theotokos and Anointing
SATURDAY, MARCH 48/9AM - MIRACLE OF KOLYVA ORTHROS AND DIVINE LITURGY
MONDAY, MARCH 66PM - GREAT COMPLINE
WEDNESDAY, MARCH 85:30pm - 9th Hour and Pre-Sanctified Liturgy *
FRIDAY, MARCH 108AM - PRESANCTIFIED LITURGY
FRIDAY, MARCH 106:00pm - 2nd Salutations to the Theotokos
MONDAY, MARCH 136PM GREAT COMPLINE
WEDNESDAY, MARCH 155:30PM 9TH HOUR AND PRE-SANCTIFIED LITURGY *
FRIDAY, MARCH 178AM - PRESANCTIFIED LITURGY AT ASSUMPTION IN SCOTTSDALE
FRIDAY, MARCH 176PM - 3rd SALUTATIONS TO THE THEOTOKOS
SATURDAY, MARCH 1812-6pm Lenten 4f Retreat
MONDAY, MARCH 206PM - GREAT COMPLINE
WEDNESDAY, MARCH 225:30pm - 9th Hour and Pre-Sanctified Liturgy *
FRIDAY, MARCH 246PM — GREAT VESPERS WITH THE 4TH STANZA OF THE SALUTATIONS
SATURDAY, MARCH 258/9AM ORTHROS AND DIVINE LITURGY FOR THE ANNUNCIATION
MONDAY, MARCH 276PM GREAT COMPLINE
WEDNESDAY, MARCH 295:30pm - 9th Hour and Pre-Sanctified Liturgy *
FRIDAY, MARCH 318AM - PRESANCTIFIED LITURGY
FRIDAY, MARCH 316PM - THE AKATHIST HYMN AND ANOINTING
MONDAY, APRIL 36PM GREAT COMPLINE
WEDNESDAY, APRIL 55:30pm - 9th Hour and Pre-Sanctified Liturgy *
FRIDAY, APRIL 78AM - PRESANCTIFIED LITURGY
SATURDAY, APRIL 88/9AM - SATURDAY OF LAZARUS - ORTHROS AND DIVINE LITURGY
SATURDAY, APRIL 8Holy Week 4F Retreat following palm cross folding until 2PM
APRIL 9-APRIL 16PALM SUNDAY, HOLY WEEK, PASCHA (SEPARATE SCHEDULE)

*On Wednesday evenings of Great Lent following Pre-Sanctified Liturgy, we will have a Potluck Lenten meal and refreshments, along with a brief reflection on the apostolic fathers. Bring your favorite Lenten dish and join us for an opportunity for fellowship and learning!

KAΛΗ ΔΥΝΑΜΗ! GOOD STRENGTH! BLESSED FAST TO ALL!
HOLY WEEK SCHEDULE TO FOLLOW

House of Stewards

As of 02/23/2023

Panagiota Agelakos Catherine Agra Evan & Terri Alexon

Constance Anagnopoulos

Mike & Alexandra Anagnopoulos

Nikki Anest Bettina Angelos John & Sandy Annos

Elaine Apostle Argyro Apostolou

Christina & Chris Bakavelou Constantine & Eleni Balanis

Taylor Bankson

Crisanne & Scott Bansner

Sam & Heidi Bass Joyce Bavlinka

Scott & Stacey Beaty George & Stacy Benetos

Stamatios Benetos Dan & Vicki Bichekas Peter & Jennifer Bilitsis James & Helen Bruno

Georgia Brusalis Chris & Rita Bruskas Kristen Bruskas Constance Burkhart

Kathy Carras Frank Carris

Chad & Amanda Carver

Laurel Charnas-Schiller & Todd

Schiller Harriet Chotras Jim Chotras

Pete & Kim Choukalas Katherine & Jeffrey Clarke Andrew & Mara Contes James & Connie Contes Hon Steve & Stacia Counelis Nick & Sharon Daniolos

Patricia Davis Rebecca Davis

Leonard & Elaine Debickero

Anastasia Dellas Hercules Dellas Patrick & Karla Delord Joanne Demangus Tom & Irene Demas

John & Mary Demetropoulos

Alexa DeMoss Bill DeMoss Charles DeMoss Chris DeMoss

John & Marjorie DeMoss Michael & Maureen DeMoss

Basil & Ruth Denaxas

Alexandros & Erika Dimitriadis

Jimmy Drakos

Stanley & Fran Drozdz

Christos & Dena Economopoulos

Clyde (Emil) Ellis

Fr. Alexander & Presv. Laura

Eliades

Ed & Katherine Fancher Athanase & Georgia Fourlis

Athanasia Fourlis Ted & Andi Fourlis

Tim & Antonette Fraenkel Chris & Celeste Francis

Georgana Frieh

George & Julie Froumis

Semos Gardner Chris & Anne Gavras Andreanna Georgiou

Thomas & Christina Georgiou

Pamela Georgelos Diana Georgelos Demetra Georgelos John T Giannopoulos

Polly Ginakes Stella Glitsos Eva Goodman Bill & Lynn Graham

Gina Graham David Haag Mary Haidos Donald Hall Terry Harper

Mary & Roger Harris



Patsy Harris Diane Herman

Veronica & Michael Hill

Bessie Hotis

Gelu & Jesa Isfanut Ekaterini & Jason Jaynes

Jeffrey Johannesmeyer & Melina

Machas Pavlos Kairis

James & Linda Kalivas Pete & Nicole Kamboukos Basilis & Roula Kaneris

Marianna Kaneris Jean Kantaros

Nick & Dena Kantaros William & Harriet Kapolas Maggie & Marko Karakozis Peter Jr & Tina Karegeannes

Virginia Karegeannes

Vasilios & Vasiliqi Karagiannis

Julie Karoutas Joann Karros Fotini Katrakis

George & Niki Katsaros John & Mary Katsenes Paul & Lori Katsenes Thomas J Katsenes Jim & Poppy Kavouris

Fanny Kechajias

Catherine & Quentin Keyser

Ronald & Virginia Kidd

Emily Kimmell Pete & Pat Kladis Maria Kompos

Spiros & Maria Kontakis Arthur & Carol Kostaras

House of Stewards continued from page 9

Anthony & Janet Kouvousis Elizabeth & Johnny Kratsas

Tammy Kretsedemas

Nick & Marina Kretsedemas Debbie Caras & Greg Kunkel John & Evangelia Lambrou Judith & Bruce Lamond Elias & Mary Lampos Scott & Jill Leach

Constance & Steve Lemere

Lea Linaris Andrew Limber Gregory Lizanich

James & Stephanie Machas

Maria Maciejewski Joanne Mackos

Aristotle & Evelyne Macrodimitris

Jenny Margaris Marika Makridis Margarita Makris Julie & Felix Mamani

Anna Manos

William & Rina Marinakos

Nicholas Marino

Mary Lou Mastorakos

Stephen & Marianthi Mastorakos

Debra & Demetrios Mavroidis

Angela & Chris Mead William & Sandy Meris Anthony & Tania Miaoulis

Angeline Miller
Paul & Linda Miller
William & Jean Miller
Philip & Helen Mitchell
Emily & Oleg Moroz
Dino Moschovitis
Spyro & Effie Mousses
John & Maria Nicholas

John & Maria Nicholas Evelyn Nickalew

AnnaMarie Nieblas

Else Paletsos Elizabeth Palmer

Alexi & Alexia Panagiotakopoulos Philip & Eleni Panagiotoglou

Sofia Panagiotoglou

Chrysoula Papadopoulos Elias & Phyllis Skoubi Socrates & Stephanie Papadopoulos Constantin Solomon

Aaron Papagalos

Maria Papageorgiou Betty & James Papas

Nick Papas

Rita & Spyros Papaspyrou Gabriella Papatzimas

Nicholas & Stacy Papatzimas

Angeline Pappas

Andrew & Emily Pappas Harry & Fannie Pappas

Irene Pappas

John & Andrea Pappas Daniel & Anna Pardhe Athena Parmenter

Amy Paul

Christine & Peter Pearce Katherine Pedersen John & Dina Pesognelli

Fotini Pestrivas Zoe Pestrivas Chris Petroulakis Jacquelyn Petroulakis

Nicholas Petsas

William & Kathryn Petsas Michael & TeAnn Philippis Brian & Athena Pickett Andreas & Mary Poulakidas

Tracy Poulos

Panagiotes & Anthipe Pries

Nicole Pyle Bertha Quinn Lydia Rabbitt Menelaos Rentzis Voula Rentzis Maria & Curt Ruttle

Lois Sakkas

Dimitra Sampson Paul Sarantes

Les & Christine Sarantinos

John Schneider

Warren & Kalliopi Schneider Angela & George Scopelianos Diane & George Sedlacek

Terry & Chris Seretis

John Siavelis

George & Evi Skintzis Elias & Phyllis Skoubis Constantin Solomon David & Alisha Solheim Angelo & Marie Spanos
Leo & Rachel Speliopoulos
William & Dianne (Tiki) Spell
James L & Karen Speros
Vasilios & Diana Speros
Jim & Kathryn Stamadianos
Andrew & Christine Stamatis
Gerry & Nitsa Stamatelatos
Tristan & Alana Stoutenburg
William & Rebecca Taylarides

Nick & Effie Theodore

Gus & Mary LouiseTheodoropoulos

Jim Thomas

John Gus & Teresa Thomas

Deac. John & Diak. Mary Thrasher

Andrew Touvannas

Thaddeus & Katherine Tropea

Stacy & Gerri Tsantilas

Constantine & Stella Tsantilas

Vaious & Areti Tsanos Matthew & Eva Turgeon Costa & Koko Tzavaras

Daniel Valenzuela Kristen Vasilarakos Argyro Vasquez Terri & Scott Vaughn George & Connie Venetis

Leah Venetis

Peter & Maria Vlahos Andrew & Sandy Vlahoulis

Steve & Mary Vrahas Matthew & Jaclyn Walsh Paula & Colin Walsh Zach & Mary Wilhelmi

Richard & Katina Wood

Michael & Christina Wombacher Zachariah Yoon & Elizabeth Hong

Anthony & Karen Zaman Dimitrios & Eugenia Zannis George & Katherine Zannis

Evangelia Zikos

Kostas & Margarita Zistas

Eleanna Zistatsis

Michael & Christina Zistatsis

First Pan-Orthodox Vespers Since 2019

March 5, 2023



Holy Trinity's St. Katherine Philoptochos

Alex Anagnopoulos, President

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Next Meeting on Thursday,

March 9, 2023

at 6:30 pm
in the Lounge of the Speros Community Center



St. Katherine faceted glass icon in the south wing of the Narthex.



What is Philoptochos?
The translation is Philo = Friend and Ptochos = Poor.
It is literally "Friend of the Poor".



JOIN PHILOPTOCHOS 2023

We are the right hand of the Church! We would like you to know that membership to Philoptochos *IS IMPORTANT* for our community, the Archdiocese and Metropolis.

Invitation to Philoptochos:

NAME:		
ADDRESS:		
EMAIL:		
	CHECK #	AMOUNT:

\$15 will be sent to the Archdiocese and \$15 to the Metropolis. Any amount over \$30 will be retained for our chapter charities and obligations.

Mail your membership to:

St. Katherine's Philoptochos of HTC Membership 2023, 1973 E. Maryland Avenue, Phoenix, AZ 85016

Holy Trinity's St. Katherine Philoptochos

Super Coffee Social

"From Our Hearts to Yours"













Sunday, February 12, 2023
Thank you to all who joined us!
And thank you to Cathy Keyser for leading the team!

February Meeting Hostesses

February 2, 2023



Thank you, Connie Venetis and Patty Davis, for the tasty treats!





Coffee in the Conference Room!

EVERY TUESDAY!

9:30-11:00 am No RSVP needed just stop on by!









Holy Trinity's St. Katherine Philoptochos Hearts Project

Thank you to all who helped create—and then hang—the more than 130 paper hearts! You are appreciated!

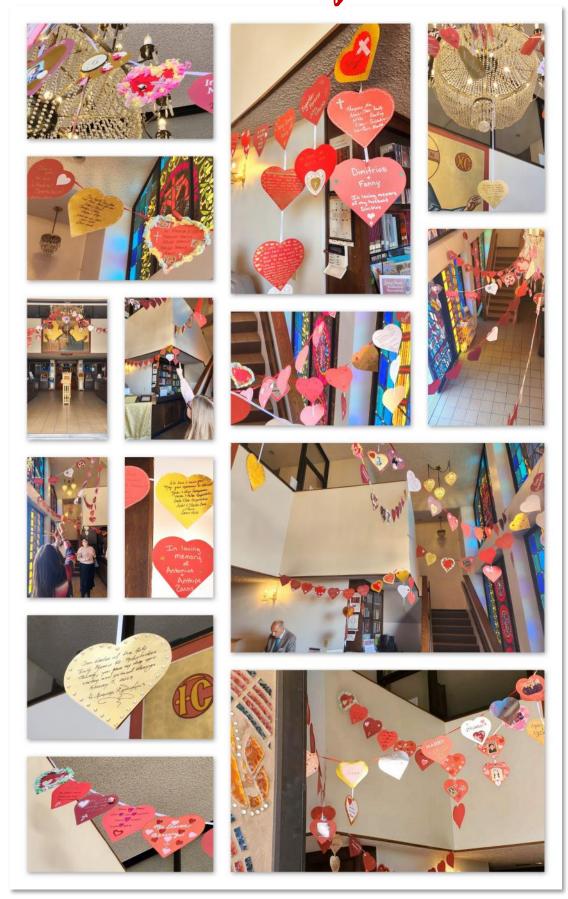
Below: set-up on Saturday, 02/11/2023.
A special thank you to the Valonis brothers for their invaluable assistance!



Holy Trinity's St. Katherine Philoptochos Hearts Project



Holy Trinity's St. Katherine Philoptochos Hearts Project



Holy Trinity's St. Katherine Philoptochos

Pascha Bake Sale! Deadline to order is 04/02/2023.



ST. KATHERINE PHILOPTOCHOS PASCHA BAKE SALE PRE-ORDER FORM

NAME		
PHONE #	EMAIL	
ITEMS AVAILABLE:		
TSOUREKI \$12 each (please	specify quantity & type):	
PLAIN		
ALMOND		
SESAME		
	TOTAL \$	_
KOULOURAKIA \$10 dozen	(how many?) TOTAL \$	_
	GRAND TOTAL \$	
PAYMENT:		
CHECK NO(Please make check payable to: PI	AMOUNT \$	
CREDIT CARD #	CVV EXPIRATION	ZIP
PLEASE MAIL COMPLETE	ED FORM AND CHECK (IF APPLICABLE) TO:	
	PHILOPTOCHOS 4022 E HAMBLIN DR PHOENIX, AZ 85050	

DEADLINE FOR ORDERS IS SUNDAY, APRIL 2, 2023

ALL ORDERS WILL BE AVAILABLE FOR PICK UP ON SUNDAY, APRIL 9 **ONLY**. **QUESTIONS? PLEASE CALL PATTY @ 480-703-4713**.

Meatfare Sunday

February 19, 2023

Thank you, Phillip Panagiotoglou, for making and serving the delicious lamb pasta!



Forgiveness Sunday

February 26, 2023



"Forgive me, a sinner."

Sunday of Orthodoxy

March 5, 2023

Bring Your Icons for Sunday of Orthodoxy!

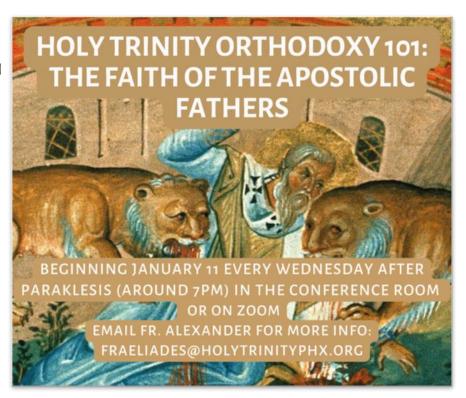
Sunday, March 5 is Sunday of Orthodoxy! Please have your children bring their icons from home and parents are welcome to bring their too as we proclaim the Triumph of Truth in our faith!



Orthodoxy 101

Fr. Alexander holds his Orthodoxy 101
Class every Wednesday after Paraklesis
(around 7pm) in the Conference Room and
on Zoom (here). We will approach the
faith through the lens of the Apostolic
Fathers, the Fathers of the Church who
lived within the first 100 or so years after
Jesus! What did these early Christians
believe? How did they live? Let's find out
together!

We read some writings from the book "The Apostolic Fathers in English" by Michael Holmes. This book is not required as all readings are also available online through google for free but is helpful. Another helpful way to frame the class will be through reading "The Illumined Heart" by Pres. Frederica Matthews-Green.





Have you checked out the website **lately?**Events • Services • Photos • Calendar • Stewardship



Did you know? We had **3,228** site visitors in February and **37,501** site visitors in the last 12 months?

Endowment Fund



THE HOLY TRINITY CATHEDRAL ENDOWMENT FUND



The Holy Trinity Endowment Fund was established in 1992 with an initial deposit of \$2,000. The goal was to build the Endowment Fund whereby the interest and appreciation would one day provide sufficient income so Holy Trinity would no longer be totally dependent on an annual festival to supplement stewardship income.

The Endowment Fund is obligated to preserve the donor's contributions such that the principal will remain inviolate and be held in perpetuity by the Church. The funds are prudently managed by the investment committee, which reports to the Parish Council. The investment committee only approves withdrawals from the earnings and appreciation, over and above the donor's contributions, and are used only to benefit Holy Trinity and its ministries.

Over the course of the past twenty-nine years the committee has held steadfast to this mission, and as a result, generous donors from our Church, desiring to leave a legacy in perpetuity for their family, have made contributions totaling \$644,340.00.

This is your opportunity to put your lifetime thumbprint in the history of Holy Trinity Cathedral.

We have been blessed by the generosity and foresight of the individuals and families listed on the next page. We benefit today from their kindness and vision. If your circumstances allow you to give a gift above and beyond your annual stewardship commitment, then please take this occasion to join the others in creating a legacy by pledging your gift to Holy Trinity Cathedral's perpetual Endowment Fund. Gifts of \$10,000 or more will be separately listed along with others who have reached that level.

Your gift, no matter the amount, will be combined into the general endowment fund, and will be greatly

appreciated.

Holy Trinity Greek Orthodox Cathedral ENDOWMENT GIFTS PLATINUM DONORS: \$100,000.00 + GENERAL ENDOWMENT FUND: \$1,000.00 + Faye Boukas Dr. Christopher J. DeMoss George and Ann Souvall The Lambrou Family John George Thomas OTHER IN MEMORY GIFTS GOLD DONORS: \$50,000.00 + IMO Stacy Hotis Dr. Nick Baziotes IMO Danny Speros REMEMBER IMO Mark Sprintz SILVER DONORS: \$25,000.00 + IMO Chris Gabriel HOLY TRINITY DeMoss Families IMO Fr. James & Katherine Taylarides IMO+ Tasia Pritchard IMO Fr. Anthony & Mary Coniaris IN YOUR WILL **IMO Tom Contes** BRONZE DONORS: \$10,000.00 + IMO Leonard Mastorakos Gabriel & Helen Pappagallos IMO John Sqouros IMO Mary Montague IMO Chris Gabriel John & Mary Katsenes IMO Athena & Dan Choukalas George & Koula Cheros IMO Milton & Harriet Sioles IMO Dina Sakellarakis IMO Koula & Pete Triantafyllou Steve and Joan Vrahas IMO James H. Karros Ange & Alex J. Pappas **IMO Bette Maniatis** James & Connie Contes IMO Dan Lester Hill Dennis & Anastasia DeBerry IMO John G. Zannaras Steve & Judith Vrahas

Hellenic Historical Museum

His Eminence Archbishop Elpidophoros visited the museum during his February visit.



Located in the northeast section of the James A. Speros Community Center, the Museum displays vintage photographs and other historic artifacts related to pioneer Greek families in Phoenix from the early 1900s, the founding in 1930 of the first Hellenic Orthodox Church in Arizona, and up to the relocation in 1973 at the present site of Holy Trinity Greek Orthodox Cathedral.

Contact Bessie Hotis 602-953-1913 for more information.

Coffee Hours

Thank you to **Celebration Committee** for sponsoring Coffee Hours in February.

The March Coffee Hours are sponsored by the Greek School.

Thank you!



Desert Diamonds

Senior Parishioners and their guests
Julie Karoutas

email: juliekaroutas@gmail.com, cell: 623-313-8720 call or text

Dear Desert Diamonds & Friends,

Greetings! Save the date!
Tuesday, March 21st, at 9:30am
"Coffee at Ker"

The Magic Flute Co. presented with the Arizona Opera

Refreshments provided by Renegade Coffee Co.

The Coffee events are part of a series of free, informal presentations featuring Arizona Opera and guest musicians. Patrons are encouraged to contribute a suggested donation of \$5.00 and bring a can of food or sealed personal items to be donated to the Vista del Camino Food Bank. Coffee & refreshments are served in the Crescendo Garden at 9:30am. Event begins at 10:30am.

I have made 15 reservations, the first 14 to RSVP will receive a reservation. I will, of course, have a wait list, should there be a cancellation. More to follow for those with a reservation.

Looking forward to seeing YOU there.

Yours in Christ,
Julie Karoutas
email: juliekaroutas@gmail.com
Cell# 623.313.8720



In February, twelve of our Desert Diamonds (not all are pictured) met for a delicious luncheon at George Yang's Chinese Cuisine on 16th Street in Phoenix.



Celebration Committee



In February, we were honored to host His Eminence and members of Leadership 100 during Celebration Sunday. The Dance ministry had their annual Soup and Salad luncheon while the Celebration Committee set out a grab-and-go breakfast spread.

We had several events to celebrate in February including Jim and Connie Contes' 30th wedding anniversary, Pres. Laura Eliades' baby shower, the baptism of Emily Mead (daughter of Chris and Angela Mead), the 40-day-blessing of Peter Justin Walsh (son of Matt and Jacky Walsh), Ria Papageorgiou's achievement of earning her private pilot license, and all February birthdays. The décor was red and pink for Valentine's Day. Attendees were welcomed at the entrance with a bubble machine. Each table was decorated with a red or pink overlay, a vase with fresh flowers, and a bowl with conversation heart candies. The stage was decorated with balloon garlands while paper heart garlands, foil heart balloons, and a balloon arch were placed around the hall.

We greatly appreciate those who have shared their milestone events with our Holy Trinity family. If you or someone you know from the parish is celebrating a baby, a birthday, an anniversary milestone, or any other special event, please let the Church Office or the parish Celebration Committee know so that we can celebrate <u>as a community!</u> You can send an email with suggestions and details to: <a href="httph://dx.doi.org/nc.nc/httph://dx.doi.

If you are interested in volunteering or learning more, please email httph://docume.new.org/nat/ and/or talk to Terri Alexon or Mary Pardhe. We're looking for more volunteers to help out on a monthly basis!

Celebration Committee

February Celebration

















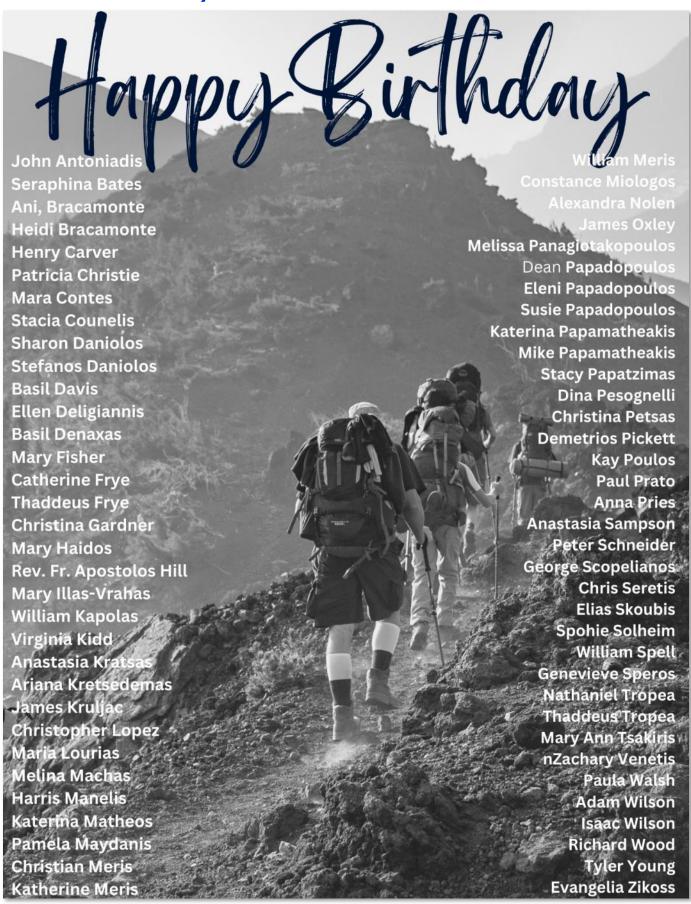








Celebration Committee March Birthdays



Our Church Family

40 Day Blessings

"One thing I ask of the Lord, this is what I seek; that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple." Psalm 27:4



02/01/2023

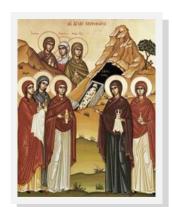
Peter, son of Jaclyn & Matthew Walsh God's Blessings be upon him.

02/25/2023

James, son of Laurel & Nick Petsas God's Blessings be upon her.

Funerals

"Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever." Psalm 23:6



02/10/2023

Evangelos Skoubis May His Memory Be Eternal.

02/20/2023

Ann Zoukis May Her Memory Be Eternal.

02/22/2023

Mike Linaris May His Memory Be Eternal.

Donations

We greatly value all your donations! Please remember, when you write us a check, to include your **intention for the donation and your envelope number in the memo line**. i.e. stewardship, candles, etc. *Thank you all!*





Light a Candle

In this time more than ever we need prayer. For those not able to come to the Cathedral yet, we have set up this ability to light a candle virtually! Please click the link above and follow the instructions. Enter your name and the names of those you wish prayed for in the PayPal "Notes" section, and Father Apostolos or Father Alexander will light a candle and say a prayer for you.





HTC on Facebook

The page offers news of our Parish Community, in addition to offering links to podcasts and videos of our services.

Holy Trinity Greek Orthodox Cathedral—

Holy Trinity Greek Orthodox Cathedral— Phoenix, AZ



St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou stnectariosphx@gmail.com

Annunciation of the Theotokos

Commemorated on March 25



The Feast commemorates the announcement by the Archangel Gabriel to the Virgin Mary that our Lord and Savior Jesus Christ, the Son of God, would become incarnate and enter into this world through her womb.

The Archangel Gabriel appeared to the Virgin Mary, who was living in Nazareth, and said to her, "Hail, O favored one, the Lord is with you." Mary was perplexed and wondered what kind of greeting this was.

The angel told her not to be afraid, for she had found favor with God. He said, "You will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob forever; and of his kingdom there will be no end."

Mary responded to the angel by asking how this could happen since she had no husband. The angel told her that the Holy Spirit and the power of God would come upon her, and that the child to be born of her would be called holy, the "Son of God."

In faith and obedience to the will of God, Mary replied to the angel, "Behold, I am the handmaid of the Lord; let it be according to your word." Upon her response, the angel departed.

It is on the Feast of the Annunciation, that Orthodox Christians commemorate both the divine initiative of God, whereby He took on flesh from the Virgin for our salvation, and the human response, whereby Mary freely accepted the vocation offered to her. He elected to become man, and He desired to do this with the willing agreement of her whom He chose as His mother. Mary could have refused, for she was not a passive instrument, but an active participant with a free and positive part to play in God's plan for our salvation. Thus, when on this and other feasts the Orthodox Church honors the Theotokos, the Mother of God, it is not just because God chose her but also because she herself chose to follow His will.

Women's Lenten Retreat

March 11, 2023



What YOU Can Do to Help Visitors Feel Welcome

Have you noticed new faces? We've had many visitors stop by lately. Some are Orthodox and visiting from other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. No matter how they come to us, let's make sure we say Hello!



"Welcome! I don't believe we've met yet. My name is (your name)" is a great start. Offer to walk with them to the Coffee Social. A personal connection goes far!

"To be a welcoming community sharing Christ's love through faith and service."

Salutation Flowers



Decorating the Annunciation Icon each week of Lent is an Orthodox tradition, and a lovely way to memorialize loved ones by supporting our Cathedral.

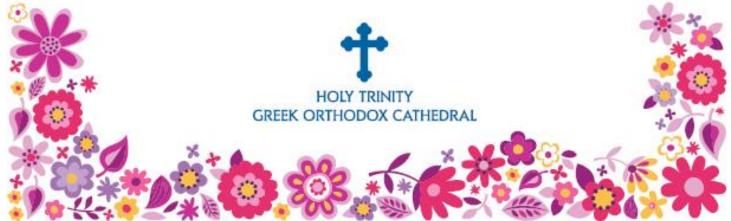
Suggested donation of \$50.

Complete this form and return with your donation to the Cathedral Office, or enclose in an offering envelope and place in collection tray.

Donor phone #: (_)
Name(s) of those h	honored and the relationship to don

Please provide your order by March 20, 2023.

Questions? Please call the Cathedral office: 602-264-7863



Pascha Flowers

Pascha Flower Donation

Remember beloved family and friends and beautify the Cathedral with plants this Pascha.

Donations of \$20.00 per remembered individual or married couple are appreciated.

Complete this form and return with your donation to the Church office or enclose in an offering envelope, to place in a collection tray.

Please provide your order by March 20, 2023.

Donor name:	
Donor phone #: (

Name (s) of those honored and the relationship to donor:

1			

2._____

3._____

4.____

Total donation: \$

Questions? Please call the Cathedral office: 602-264-7863



Liturgical Services will continue to be live streamed by Father Apostolos and Father Alexander.

All services can now be found on the

Home Page of the

Cathedral's website

www.holytrinityphx.org,
in addition to the continued postings on

our Facebook page.

Thank you to Tom Giatron and Joshua Pardhe for their aboveand-beyond efforts to bring clear and timely video to all!



Desert Springs Issues Available to Our Seniors

or the computer-challenged!

In an effort to reach our whole Parish Community with Cathedral news, issues of the Desert Springs will be available for FREE to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

If you have been receiving the mailed Desert Springs, but no longer need it mailed to you, please let the Church Office know. Thank you!

Desert Springs Subscription
Enjoy color copies of Holy Trinity Cathedral's <i>Desert Springs</i> delivered to you
Name:
Street Address:
City, ST, Zip:
Contact Phone:
Return this form to the Church Office or Icontact Kristen at 602-332-8809

AHEPA Chapter 219



Reservations beginning Sunday, March 5th during Coffee Hour in the Church Community Center

OR CONTACT:

Heidi Demopoulos Bass, Holy Trinity Office, (602) 264-7863 Andrew Touvannas, (509) 628-6293 Pete Marudas, rosemar2@msn.com (602) 284-1638

Reserved Tables of 8 or 10 must be prepaid in advance.
All other reservations will be open seating.

AHEPA Chapter 219

AHEPA CHAPTER 219



Our Next Chapter Meeting

Thursday, March 16 at 6 PM

Holy Trinity Greek Orthodox Cathedral Community Center 1973 E Maryland Ave Phoenix, AZ 85016

INTERESTED IN MEMBERSHIP?
CONTACT STEVE LEMERE
602-882-9990

Living Orthodox Young Adult Ministry

Living Orthodox Young Adult Ministry

Living Orthodox is a national, pan-Orthodox ministry that is building a community of young adults (18-35) who are striving to grow in and connect with their faith! The focus of this ministry is to highlight ways that we, as young adults, personally grow in our Orthodox faith (ex. attending services, reading books, listening to podcasts, watching spiritual videos, etc.) and to share ideas on how to increase our



commitment to live an Orthodox life. Join us on for virtual meetings every other week and in-person for our monthly potluck discussions!

January Potluck and Discussion



Our January potluck had a record attendance with 45 young adults from 7 parishes! Dcn. Raphael Abrahams (St. George) gave an excellent presentation titled "What Makes Evangelism So Difficult: Why Bother?". The video of his presentation is available on our YouTube channel - https://tinyurl.com/LOvideosYT. If you are interested in learning more about evangelism and how to gain confidence in sharing the Faith, please sign up his newsletter at https://desertdeacon.com/.

First question: why is evangelism difficult?

Answers included the following: the culture isn't Orthodox, it is Protestant; many Orthodox people don't know what evangelism is; people are turned away from previous misconceptions or experiences; we, as Orthodox, are not "shining examples" of Christ; and that there is social discomfort with talking about religion. Dcn. Raphael's added more answers including poor training; communication issues; the fear of "what if I get a question I cannot answer"; people don't want to listen; the fear of "I might say the wrong thing", and the conception of "I don't know enough to share my faith".

How to share the Faith?

After discussing the answers, Dcn. Raphael talked about the history of evangelism in the New Testament with the example of the Apostle Paul. There is no formula for evangelism in the Bible; however, the apostles customized the message of the gospel so that it made sense to the audience they were addressing. We should follow that example when we share the gospel with others.

Small-group discussion questions: "Do you agree or disagree that Christianity in America is in decline? Do you have any opinions as to why it is in decline?"

Everyone agreed with the first question and spent the discussion time on the second question. There was a

Living Orthodox Young Adult Ministry

lively discussion at each table with numerous opinions shared and debated. The collective answers to the second question were as follows: It is because Christianity in America is founded on Protestantism, which is a house built on sand; there is less use of spiritual disciplines; it is founded on emotion, which declines once emotion declines (as it inevitably does); it is shallow, and the solution is to become more traditional and go back to the roots of Christianity.

Proposed solutions:

Live as examples

Practice spiritual disciplines

Learn about apologetics

Start small and start with yourself. You cannot spread something that you do not have. Focus on a depth of holiness and not just breadth of preaching.

Once again, the full talk can be found on our YouTube channel - https://tinyurl.com/LOvideosYT.

If you or someone you know is interested in learning more about Living Orthodox, please email livingorthodoxministry@gmail.com! You can also visit https://linktr.ee/livingorthodox for links to our Instagram channel and Discord server.



OPA—Orthodox Parents Association

Caroline Economopoulos, President



OPA Meetings

One of the unique things about Holy Trinity Cathedral has always been OPA (Orthodox Parents Association) and their ability to facilitate ministry. This year we would like to empower the parents of different age groups to have meetings in their homes and other social outings with our groups:

HOPE: Grades 1-3

JOY: 4-6 Jr. Goya: 7-8 Sr. Goya: 9-12

If you are interested in heading up some outings or hosting your child's age group at your house, or simply learning more about OPA, please email Caroline Economopoulos here.

Little Lambs

Debra Harrison



CATHEDRAL • PHOEN













Dance Soup & Salad Luncheon

February 5, 2023



Greek Dance

Niko Panagiotakopoulos, Director Email: npanoso1@yahoo.com Call/text: (602) 469-2039

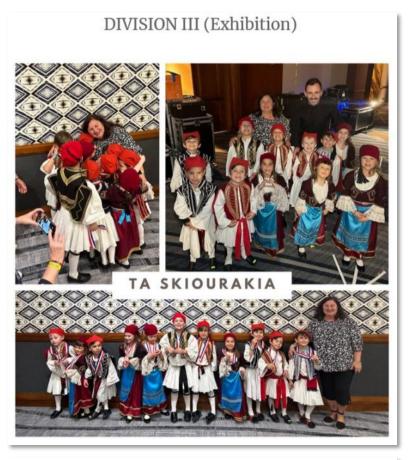


FDF photo collages by Caroline Economopoulos

Greek Dance

Niko Panagiotakopoulos, Director Email: <u>npanoso1@yahoo.com</u>

Call/text: (602) 469-2039





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Call/text: (602) 469-2039





Greek Dance

Niko Panagiotakopoulos, Director Email: npanoso1@yahoo.com

Call/text: (602) 469-2039



CONGRATULATIONS

to

TA PATRIOTAKIA

placing 3rd Place in the Junior Division

WONDERFUL PERFORMANCES BY ALL!!!

