



Holy Trinity Greek Orthodox Cathedral Sunday Bulletin

SUNDAY, FEBRUARY 14, 2021
16th Sunday of Matthew

This Morning's Readings

St. Paul's Second Letter to the Corinthians 6:16-18; 7:1

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

The Gospel According to Matthew 15:21-28

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.



This Morning's Hymns

Resurrectional Apolytikion, Mode 3

Let the heavens sing for joy, and let everything on earth be glad. For with His Arm the Lord has worked power. He trampled death under foot by means of death; and He became the firstborn from the dead. From the maw of Hades He delivered us; and He granted the world His great mercy.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ᾄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

For the Devout Man, Mode 1

As a citizen of the desert and an angel incarnate and a wonder-worker you shone forth, O Afxentios, our God-bearing father. Since you received the spiritual gifts by fasting and vigilance and prayer, you can cure those who are ailing and heal the souls of those who run to you with faith. Glory to Him who gave His might to you; glory to Him who placed a crown on you; glory to Him who operates through you, providing cures to all.

Τῆς ἐρήμου πολίτης καὶ ἐν σώματι ἄγγελος καὶ θαυματουργὸς ἀνεδείχθης θεοφόρε πατήρ ἡμῶν Αὐξέντιε, νηστεία, ἀγρυπνία, προσευχῆ, οὐράνια χαρίσματα λαβών· θεραπεύεις τοὺς νοσοῦντας καὶ τὰς ψυχὰς τῶν πίστει προστρεχόντων σοι. Δόξα τῷ δεδωκότι σοι ἰσχύιν, δόξα τῷ σὲ στεφανώσαντι, δόξα τῷ ἐνεργούντι διὰ σοῦ πᾶσιν ἰάματα.

Church Hymn

Most blessed are You, O Christ our God, Who by sending down the Holy Spirit up-on them, made the fishermen wise and through them illumined the world; and to You the universe was ever drawn, all glory to You, O Lord.

Εὐλογητός εἶ Χριστὲ ὁ Θεός ἡμῶν ὁ πανσόφους τοὺς ἅλιους ἀναδείξας καταπέμψας αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον καὶ δι' αὐτῶν τὴν οἰκουμένην σαγηνεύσας φιλόανθρωπε, δόξα Σοι.

Kontakion, Mode 2

O Protection of Christians that never fails, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία, πρὸς τὸν Ποιητὴν ἀμετάθετε, μὴ παρίδης, ἁμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε



THE BEATITUDES

In Thy kingdom remember us, O Lord, when Thou comest in Thy kingdom.

O blessed are the poor in spirit for theirs is the kingdom of heaven.

O blessed are those who mourn for they shall be comforted.

O blessed are the meek for they shall inherit the earth.

O blessed are those who hunger and thirst after righteousness for they shall be satisfied.

O blessed are the merciful for they shall receive mercy.

O blessed are the pure in heart for they shall see God.

O blessed are the peacemakers for they shall be called the children of God.

O blessed are those who are persecuted for righteousness sake for theirs is the kingdom of heaven.

O blessed when men shall revile you and persecute you and say all manner of evil against you falsely for My sake.

Rejoice and be exceedingly glad for great is your reward in heaven.



Liturgical Services and Highlights for the week of February 14, 2021

SUNDAY, FEBRUARY 14 **16th Sunday of Matthew**

8:00 am - Orthros

9:30 am - Divine Liturgy

10:40 am - Sunday School

MONDAY, FEBRUARY 15

7:00 pm - Class on the Liturgy (Zoom)

WEDNESDAY, FEBRUARY 17

5:00 pm - Greek School (Zoom)

6:30 pm - Paraklesis

SATURDAY, FEBRUARY 20

9:00 am - Bible Study (Zoom)

5:00 pm - Vespers

SUNDAY, FEBRUARY 21 **Sunday of the Sunday of the Publican and Pharisee**

8:00 am - Orthros

9:30 am - Divine Liturgy

10:40 am - Sunday School

Contact

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TODAY'S MEMORIALS

Evanthia Papagos: 40 days - Offered by George Panagos

George Karegeannes: 10 Year Memorial - Offered by Nicki Tsioutsopoulos

Alex Pappas: 21 Year Memorial - Offered by the Pappas Family



Announcements

Bible Study with Fr. Apostolos

Join Fr. Apostolos in his Bible Study on ZOOM every Saturday at 9am! The study is titled “Experiencing the Psalms” and will provide an in-depth survey of how the Psalter came to be over 1,000 years by multiple authors, how the Psalms were used in worship in the Old Testament and how they are used in Orthodox Worship today. We will examine how to incorporate the Psalms into our Rules of Daily Prayer and how to navigate them as our personal prayer book. It’s not too late to join! Zoom ID is 84203179482 and the Password is 026451.

Fr. Alexander Class on the Divine Liturgy

Join us Mondays at 7pm as we dissect the Divine Liturgy on ZOOM. We will see the development and history of the Liturgy as well as doing a “prayer-by-prayer” of the center of our life as Orthodox Christians. Zoom ID is 3601793722 and the password is HTPhoenix.

Vaccine Availability for 75+

Vaccine shots are now available for adults age 65 or older but you must make an ap-ointment by going to **podvaccine.azdhs.gov** or by calling **844-542-8201**. You will then be told the sites and available appointment times.

This is for the first of two shots needed. You will receive instructions on how to get your second shot when they give you your first shot.

Wear RED this Sunday, February 14th!

We may not be gathering for a Philoptochos Champagne Luncheon as in the past, but how about we still wear something red? We are encouraging EVERYONE in our community to participate, not just Philoptochos members! If you are not attending Divine Liturgy, snap a selfie or gather your family—either wearing red or holding something red sometime between now and the 21st—and send the photos to **kvasilarakos@cox.net** or by text to **602-332-8809**.

