



HOLY TRINITY

GREEK ORTHODOX CATHEDRAL
PHOENIX, ARIZONA

Weekly Update

SUNDAY OF ORTHODOXY



Welcome to Holy Trinity's updated email version of our weekly bulletin! We hope you will find this fresh new design enjoyable to read and informative. Please note that in the announcements we have included live links for you to click on where necessary. We hope you enjoy your new weekly bulletin!

SUNDAY, MARCH 21, 2021

This Morning Readings

St. Paul's Letter to the Hebrews 11:24-26, 32-40

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin.

And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets -- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign enemies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated -- of whom the world was not worthy -- wandering over deserts and mountains, and in dens and caves of the earth.

And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

The Gospel According to John 1:43-51

At that time, Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael, and he said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathanael said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

DOWNLOAD

Sunday of Orthodoxy **Procession of the Holy Icons**

**All children please bring an icon from home and join us for
the Procession of the Icons**

This Morning's Hymns

Resurrectional Apolytikion. Mode pl. 4.

You descended from on high, O compassionate One, and condescended to be buried for three days, so that from the passions You might set us free. Our life and resurrection, O Lord, glory be to You.

For the Feast. Mode 2.

We venerate Your immaculate icon, O good Lord, and entreat You to forgive our offences, O Christ our God. By Your own choice you were pleased to ascend the Cross in the flesh, to deliver us, whom You created, from our slavery to the foe. Therefore we cry to You with gratitude: You have filled all things with joy, O our Savior, by coming to save the world.

Church Hymn

Most blessed are You, O Christ our God, Who by sending down the Holy Spirit up-on them, made the fishermen wise and through them illumined the world; and to You the universe was ever drawn, all glory to You, O Lord.

Kontakion. Mode pl. 2.

O guide to wisdom, provider of prudence, disciplinarian of fools, and defender of the poor, fortify and discipline my heart, O Master; You, give me a word, O Word of the Father. For behold, I will not hinder my lips from crying to You: O merciful Lord, have mercy on me who have fallen.

Ἀπολυτίκιον Ἀναστάσιμον. Ἦχος πλ. δ'. Ἦ

Ἐξ ὕψους κατήλθες ὁ
εὐσπλαγχνος, ταφὴν κατεδέξω
τριήμερον, ἵνα ἡμᾶς
ἐλευθερώσης τῶν παθῶν. Ἡ
ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν,
Κύριε δόξα σοι.

Τῆς Ἑορτῆς.οντ. Ἦχος β'.

Τὴν ἄχραντον Εἰκόνα σου,
προσκυνοῦμεν ἀγαθέ,
αἰτούμενοι συγχώρησιν τῶν
πταισμάτων ἡμῶν, Χριστέ ὁ
Θεός· βουλήσει γὰρ ἠυδόκησας
σαρκί, ἀνελθεῖν ἐν τῷ Σταυρῷ,
ἵνα ῥύση οὖς ἔπλασας, ἐκ τῆς
δουλείας τοῦ ἐχθροῦ· ὅθεν
εὐχαρίστως βοῶμέν σοι· Χαρᾶς
ἐπλήρωσας τὰ πάντα ὁ Σωτὴρ
ἡμῶν, παραγενόμενος εἰς τὸ
σῶσαι τὸν κόσμον.

Τοῦ Ναοῦ

Εὐλογητός εἶ Χριστέ ὁ Θεός
ἡμῶν ὁ πανσόφος τοῦς
ἄλιεῖς ἀναδείξας καταπέμψας
αὐτοῖς τὸ Πνεῦμα τὸ Ἅγιον καὶ
δι' αὐτῶν τὴν οἰκουμένην
σαγηνεύσας φιλάνθρωπε, δόξα
Σοι.

Κοντάκιον. Ἦχος πλ. δ'. Αὐτόμελον.

Τῇ ὑπερμάχῳ στρατηγῷ τὰ
νικητήρια, Ὡς λυτρωθεῖσα τῶν
δεινῶν εὐχαριστήρια, Ἀναγράφω
σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ'
ὡς ἔχουσα τὸ κράτος
ἀπρροσμάχητον, Ἐκ παντοίων με
κινδύνων ἐλευθέρωσον, Ἴνα
κράζω σοι· Χαῖρε νύμφη
ἀνύμφευτε.

Please click on the following link for this Sunday's Matins

MATINS

Liturgical Services & Highlights

SATURDAY, MARCH 20

Saturday of Souls

8:00 am - Orthros
9:00 am - Divine Liturgy
5:00 pm - Vespers

SUNDAY, MARCH 21

Sunday of Orthodoxy

8:00 am - Orthros
9:30 am - Divine Liturgy
No Sunday School

MONDAY, MARCH 22

6:00 pm - Great Compline

WEDNESDAY, MARCH 24

5:00 pm - Greek School (Zoom)
5:00 pm - Vespers

THURSDAY, MARCH 25

Annunciation of the Theotokos

8:00 am - Orthros
9:00 am - Divine Liturgy

FRIDAY, MARCH 26

8:00 am - Presanctified Liturgy
7:00 pm - Salutations to The Theotokos

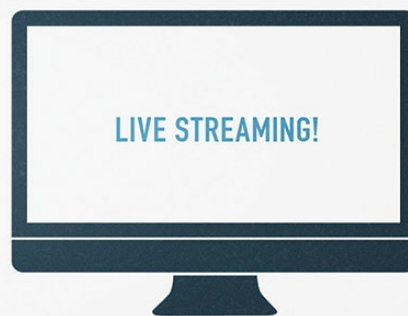
SATURDAY, MARCH 27

5:00 pm - Vespers

SUNDAY, MARCH 28

8:00 am - Orthros
9:30 am - Divine Liturgy
10:40 am - Sunday School

CHURCH ONLINE



**We livestream all our Cathedral services!
Watch the livestream below:**

WATCH NOW

Announcements



Coffee and Fellowship Hour

Join us for coffee and fellowship after Divine Liturgy in front of the chapel.

Palm Branches for Palm Sunday and Crosses

We need Palm Fronds to decorate the altar and make crosses for distribution on Palm Sunday. Please let Natalie in the Cathedral Office know if you have some and we will figure out how to bring them to church by Saturday before Palm Sunday.

Myrrhbearers for Good Friday and Pascha

Every year girls in the 5th grade to 8th grade serve as Myrrhbearers for Good Friday and Pascha. The role as Myrrhbearers is a blessed opportunity for young girls or our community to serve the church and participate in the services during Good Friday and Pascha. If you are interested please contact Stacey Beaty by phone or text at 623-826-9970 or email staceybeaty@live.com.

Philoptochos Easter Bake Sale

Good News! The Philochoos Easter Bake Sale is back! **All sales are pre-order only and will be available for pick-up on Sunday, April 25.** An order form is included below and forms will also be available every Sunday in the Narthex. If you have any questions, please contact Patty Davis at 480-703-4713.

BAKE SALE ORDER FORM

Desert Diamonds March 25th, 2021 Potluck

Join us to celebrate Greek Independence Day on Thursday, March 25th, 2021 in the small hall at the Community Center. beginning at 11:00am; lunch at 11:30 with Fellowship to follow. Please note that Fish is allowed on that day. RSVP with Julie Karoutas at 623-313-8720 or juliekaroutas@gmail.com

Metropolis Series for High Schoolers

Join other High Schoolers from across the Metropolis on Thursday evenings at 6:30pm PST during Lent for weekly presentations and discussions by different priests from across the Metropolis! REGISTER HERE: gosfyouth.org/goya#/orthotalks

Little Lambs Play Date Sun. March 21 after Liturgy

After Liturgy on Sunday, March, 21, our Little Lambs ministry will meet on the HTA playground for a play date! Bring your children from toddlers to Kindergarten to have some time together and for their parents to socialize as well. Email Angela Scopelianos for more details: angelagarozzo@gmail.com

2021 St John Chrysostom Oratorical Festival

We invite all our youth from 7-12 Grade to join in the St. John Chrysostom Oratorical Festival. This process is one of the most beneficial in our Church as it invites our young people to research into their faith and stand up and speak about it! Please encourage your child to join. Email Chris Francis at battersbox7@yahoo.com to learn more.

Holy Trinity Community Outreach Lenten Project

Let us come together as a church family during this Lenten period and help those in need. St. Mary's Food Bank has been hit especially hard as they have helped more local families than ever during the pandemic. They need our help to feed struggling families.



We will be collecting non-perishable food items from **Sunday, March 14 - Pascha on May 2.** Please leave your items in the designated boxes in the Narthex. We are also accepting monetary donations. Send your checks to the church office and mark "St. Mary's Food Bank" on the memo line of

your check. Food items most needed are:
***Peanut Butter • Canned Vegetables • Canned Fruit
Soups and Stews • Rice • Pasta • Beans • Tuna***

Calling Parents to Join in Re-Forming Sunday School

We have begun the process of brainstorming and thinking of ways to re-energize our Sunday School program, even being led by Dr. Andi Fourlis in this effort! Are you a parent? Want to help form your child in their faith? Please consider helping with Sunday School in the Fall in any capacity that you can. Reach out to Andi at alfourlis@mpsaz.org



Bible Study with Fr. Apostolos

Join Fr. Apostolos in his Bible Study on ZOOM every Saturday at 9am! The study is titled “Experiencing the Psalms” and will provide an in-depth survey of how the Psalter came to be over 1,000 years by multiple authors, how the Psalms were used in worship in the Old Testament and how they are used in Orthodox Worship today. We will examine how to incorporate the Psalms into our Rules of Daily Prayer and how to navigate them as our personal prayer book. It’s not too late to join! Zoom ID is 84203179482 and the Password is 026451.

Fr. Alexander Class on the Divine Liturgy

Join us Mondays at 7pm as we dissect the Divine Liturgy on ZOOM. We will see the development and history of the Liturgy as well as doing a “prayer-by-prayer” of the center of our life as Orthodox Christians. Zoom ID is 3601793722 and the password is HTPhoenix.

Loving our Community in 2021

Please LOOK and SEE what a 12 month Philoptochos stewardship donation provides!

- Support to the Patriarchate, Autism Fund, IOCC, Orthodox Christian Fellowship and a Mission Priest.
- Diocese commitments include Kid N Cancer, Social Welfare Emergency Relief Fund, Women’s Wellness and Student Endowment Fund.
- Our Holy Trinity community contributions, just to name are the Priest Benevolent Fund, Wheel Chair Foundation, Camp Agape, Living



Hope Center, HTA and a scholarship fund for our HTC students wishing to continue their education.

Philoptochos sends \$15 to the Archdiocese and \$15 to the Diocese with your membership. Though \$30 is the membership for an entire year, many members wish to contribute more and we welcome their kindness in the new ecclesiastical year! Membership forms will be available in the Desert Spring. Mail to: Philoptochos, 4022 E. Hamblin Drive, Phoenix 85050.

Vaccine Availability for 55+

Vaccine shots are now available for adults age 65 or older, but you must make an appointment by going to podvaccine.azdhs.gov or by calling **844-542-8201**. You will then be told the sites and available appointment times. This is for the first of two shots needed. You will receive instructions on how to get your second shot when they give you your first shot.

Pascha Flower Donation

Remember beloved family and friends and beautify the Cathedral with plants this Pascha.

Donations of \$20.00 per remembered individual or married couple are appreciated.

Complete this form and return with your donation to the Church office or enclose in an offering envelope, to place in a collection tray.

Please provide your order by April 23, 2021.

Donor name: _____

Donor phone #: (____) _____

Name (s) of those honored and the relationship to donor:

1. _____

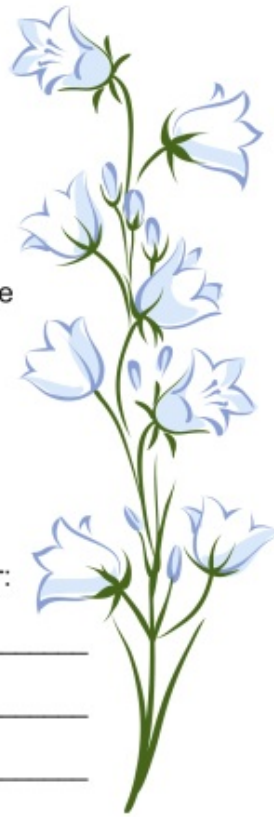
2. _____

3. _____

4. _____

Total donation: \$ _____

Questions? Please call the Cathedral office: 602-264-7863





Salutation Icon Flowers

Decorating the Annunciation Icon each week of Lent is an Orthodox tradition, and a lovely way to memorialize loved ones by supporting our Cathedral.

Suggested donation of \$50.

Complete this form and return with your donation to the Cathedral Office, or enclose in an offering envelope and place in collection tray.

Donor name: _____

Donor phone #: (____) _____

Name(s) of those honored and the relationship to donor:

Please provide your order by April 21, 2021.

Questions? Please call the Cathedral office: 602-264-7863

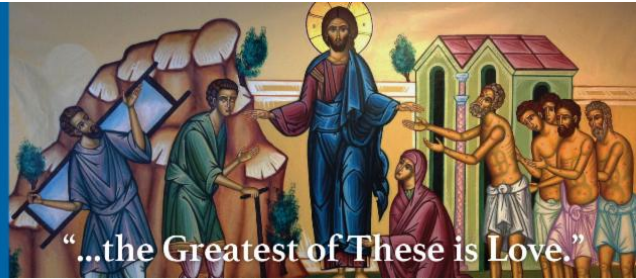


[Click Here to Light a Candle, Say a Prayer, or make a Donation](#)

2021 PLEDGED FAMILIES

AS OF 03/01/21

We offer you our thanks for your dedication to our parish and your participation in Christ's work of salvation.



If you have not filled out a pledge card for 2021, please pick one up in the Church Narthex or visit holyltrinityphx.org.

Dorothy Ainslie
 Evan & Terri Alexon
 Dena Anagnopoulos
 Mike & Alex Anagnopoulos
 Nikki Anest
 John & Sandy Annos
 Sheila Asala
 Chris & Angie Athens
 Christina Bakavelou
 Constantine & Eleni Balanis
 Ted & Rebecca Barabatis
 Scott & Stacey Beaty
 George & Stacy Benetos
 Dan & Vicki Bichekas
 Peter & Jennifer Bilitsis
 Helen Bixenman
 James & Helen Bruno
 Chris & Georgia Brusalis
 Chris & Rita Bruskas
 Kristen Bruskas
 Elias Carras
 Kathy Carras
 Frank & Alice Carris
 Katie Chames
 Laurel Charnas-Schiller
 Harriet Chotras
 Pete & Kim Choukalas
 Kathy Clarke
 Andy & Mara Contes
 Jim & Connie Contes
 Ed Cooper & Angie
 Valerou-Cooper
 Patty Davis
 Len & Elaine Debickero
 Hercules Dellas
 Patrick & Karla Delord
 Tom & Irene Demas
 John & Mary Demetropoulos
 Bill DeMoss
 Charles DeMoss
 Chris DeMoss
 John & Marjorie DeMoss
 Stan & Fran Drozd
 Denise Dye
 Kathryn Dye
 Christos & Dena

Rev. Fr. Apostolos &
 Presv. Denise Hill
 Bessie Hotis
 Pavlos Kairis
 James & Linda Kalivas
 Pete & Nicole Kamboukos
 Basile & Roula Kaneris
 Nick & Dena Kantaros
 William & Harriet Kapolas
 Christina Karalekas
 Pete & Tina Karegeannes
 Virginia Karegeannes
 Julie Karoutas
 Leon & Faji Katrakis
 Christos & Kelley Katsanos
 John & Mary Katsenes
 George Katsaros
 Helen Katsufrakis
 Jim & Poppy Kavouris
 Fanny Kechajias
 Cathy Keyser
 Ronald & Virginia Kidd
 Spiros & Maria Kontakis
 Nickolas Koziris
 Nick & Marina Kretsedemas
 Andreas & Cindy Kyprianou
 Ted Kyriacou
 John & Angie Lambrou
 Elias & Mary Lampos
 Scott & Jill Leach
 Elizabeth Linos
 Angiolo & Patricia Livi
 Gregory Lizanich
 Efterpi Lourias
 Jim & Stephanie Machas
 Maria Maciejewski
 Marika Makridis
 Margarita Makris
 Jim & Donna Manelis
 Bette Maniatis
 Maria Maniatis
 Anna Manos
 Bill & Rina Marinakos
 Nicholas Marino
 Mary Lou Mastorakos
 Peter & Christina Maydanis

Nick Papas
 Spyros & Rita Papaspyrou
 Irene Pappas
 John & Andrea Pappas
 Daniel & Anna Pardhe
 Athena Parmenter
 Kai & Katherine Pedersen
 Dean & Fotini Pestrivas
 Zoe Pestrivas
 Chris Petroulakis
 Jacque Petroulakis
 Bill & Kathy Petsas
 Brian & Athena Pickett
 Mary Ann Pikulas
 Andreas & Mary Poulakidas
 George & Kay Poulos
 Panagiotos & Anthipe Pries
 Chris & Juli Pritsos
 Nicole Pyle
 Bertha Quinn
 Lyda Rabbitt
 Greg Sackos
 Lois Sakkas
 Jim & Donna Sampanes
 Paul Sarantes
 John Schneider
 George & Angela Scopelianos
 Diane Sedlacek
 Chris & Terry Seretis
 Risa Shaver
 John Siavelis
 George & Evi Skintzis
 Elias & Phyllis Skoubis
 Carol Sowers
 Angelo & Marie Spanos
 Leo & Rachel Speliopoulos
 James & Christina Speros
 Jim & Kathryn Stamadianos
 Gerry & Nitsa Stamatelatos
 Andy & Christine Stamatis
 Despina Tavlarides
 Billy & Becky Tavlarides
 Gus & Mary Louise
 Theodoropoulos
 Jim G. Thomas
 Rev. Fr. John &

Economopoulos	Stacie McKenzie	Diak. Mary Thrasher
Fr. Alexander &	Angela Mead	Dominic Tropea
Presv. Laura Eliades	Joanne Meris	Thad & Kathy Tropea
Athanase & Georgia Furlis	Will & Sandy Meris	Dean & Stella Tsantilas
Athanasia Furlis	Angeline Miller	Dimitri Tsioutsopoulos
Ted & Andi Furlis	Paul Miller	Costa & Koko Tzavaras
Tim Fraenkel	Bill & Jean Miller	Peter & Lindsay Vardalos
Chris & Celeste Francis	Andrew & Anastasia Mitchell	Kristen Vasilarakos
Georgi FrieH	Phillip & Helen Mitchell	Argyro Vasquez
George & Julie Froumis	Matthew & Sophie Neumann	Scott & Terri Vaughn
Semos Gardner	Jerry & Kathy New	John & Jean VDal Pan
Andreanna Georgiou	John & Maria Nicholas	Andrew & Sandy Vlahoulis
Thomas & Christina Georgiou	Evelyn Nickalew	Paula Walsh
John Giannopoulos	Anthony Nicoluzakis	Michael & Christina
Stella Glitsos	Annamarie Nieblas	Wombacher
Eva Goodman	Marta Ntatsos	Richard & Katina Wood
Bill & Lynn Graham	Else Paletsos	David Worrell &
Gina Graham	Elizabeth Palmer	Stephanie Willard
David Haag	Anna Panagiotakopoulos	Dimitri & Eugenia Zannis
Mary Haidos	Thanasi & Melissa	George & Tina Zannis
Donald Hall	Panagiotakopoulos	Zella Zannis
Alexander Harding	George & Chrysoula	Michael & Christina Zistatsis
Terry Harper	Papadopoulos	
George Hasiotis	Socrates & Stephanie	
Stephanie Heckel	Papadopoulos	
Greg Hill	Betty Papas	

If you have filled out a 2021 pledge card but your name does not appear on this list, please know any omissions are unintentional. Please call the church office immediately and we will resolve the situation.



St. Mary's Food Bank

A L L I A N C E

Holy Trinity Community Outreach Lenten Project

We will be collecting
non-perishable food items
from Sunday, March 14 - Pascha on May 2

Please leave your items
in the designated boxes
in the Narthex.

We are also accepting monetary donations.
Send your checks to the church office,
and mark "St. Mary's Food Bank" on the memo line of your check.

Food items most needed are:
Soups and Stews • Rice • Pasta • Beans • Tuna
Peanut Butter • Canned Vegetables • Canned Fruit

"I was hungry, and you gave me something to eat. I was thirsty and you gave me something to drink...I can guarantee this truth: Whatever you did for one of my brothers or sisters, you did for me." Matthew 25:34-40

ORTHOTALKS FOR LENT

ALL HIGH SCHOOL STUDENTS

Join us on Thursday evenings at 6:30 p.m. PST during Lent for weekly presentations and discussions.



Cultivating Why am I here? What is the purpose of life? a Purposeful Life

Cultivating an
Enquiring Life



**Rev. Father
Peter
Dogias**
March 18

Cultivating a
Determined Life



**Rev. Father
Chris
Retelas**
March 25

Cultivating a
Committed Life



**Rev. Father
Nicholas
Mueller**
April 1

Cultivating a
Confident Life



**Rev. Father
Panagiotis
Sotiras**
April 8

Cultivating a
Servant Life



**Rev. Father
Christos
Kanakis**
April 15

Cultivating an
Authentic Life



**Rev. Father
Jacob
Saylor**
April 22



For more information, please contact
program facilitator Rev. Father Gary Kyriacou
Metropolis Pastor of Youth and Young Adult Ministries
(frgary@sanfran.goarch.org)



YOUTH &
YOUNG ADULT
MINISTRIES

[Click here to register](#) or visit www.gosfyouth.org
so you can receive the Zoom link to participate.

PRAY GIVE GO VIRTUAL BENEFIT

Sunday, April 11, 2021 | 7PM MT



GUEST SPEAKER

Fr. Christopher Rowe

OCMC Development Officer

***Connecting with Christ,
Connecting with Others***

Join us for Phoenix's first ever OCMC virtual event! Be part of the movement that began with Christ's last command to His disciples to "make disciples of all nations" and continues with YOU! Hear from OCMC's Development Officer as he shares his experience of how a life in Christ brings us closer to each other.

This FREE Stay-At-Home event is a new way to bring our communities together at the comfort of your own home. Register TODAY to get your Zoom link. We look forward to seeing you!

Questions? Contact events@ocmc.org

Register by scanning the QR code with your phone camera or visit:

[https://www.ocmc.org/serve-from-home/host-or-join-event.](https://www.ocmc.org/serve-from-home/host-or-join-event)



METROPOLIS OF
SAN FRANCISCO

Rev. Apostolos Hill, Proistamenos
htpriest@holytrinityphx.org

Fr. Alexander Eliades, Presbyter
aeliades@holytrinityphx.org

Natalie Lewis
Office Administrator

602.264.7863 | adminassist@holytrinityphx.org
www.holytrinityphx.org

Office Hours: Mon-Fri 9am-3pm

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