

Desert Springs

August 2025
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Issue 7

Back to School Blessing

August 3, 2025



Divine Liturgy

Newsletter of Holy Trinity Greek Orthodox Cathedral

1973 E. Maryland Avenue, Phoenix, Arizona 85016

Office: 602-264-7863 Fax: 602-230-9099 Website www.holytrinityphx.org

Rev. Protopresbyter Apostolos Hill
Rev. Alexander Eliades
Rev. Deacon John Thrasher

Office Hours:

Monday–Friday, 9:00am–3:00pm

Sunday Worship

8:00am Orthros

9:30am Divine Liturgy

Desert Springs Staff

Rev. Apostolos Hill,

Theological Advisor/Editor-In-Chief

Kristen Vasilarakos, Layout/Composition

602-332-8809,

kristen.vasilarakos@outlook.com

Desert Springs Deadline

The 25th of each month

Sunday Bulletin Deadline

Wednesdays, 12 noon

Church Office Email Addresses

Father Apostolos Hill

papoulihill@gmail.com

Father Alexander Eliades

fraeliades@holytrinityphx.org

Office Manager Heidi Demopoulos Bass

manager@holytrinityphx.org

Office Administrator

htfrontoffice@holytrinityphx.org

Church Caretakers

Paul and Dimitri Valonis

Holy Trinity Bookstore

stnectoriosphx@gmail.com

2025 Parish Council Members

President: Jim Manelis

Vice President: Sandy Annos

Treasurer: Emil Ellis

Secretary: Andi Fourlis

Connie Contes, Charlie DeMoss,
Alexander Harding, Art Kostaras,
Jill Leach, Niko Panagiotakopoulos,
Chris Petroulakis, John Schneider

Holy Trinity Cathedral

www.holytrinityphx.org

Metropolis of San Francisco

www.SanFran.goarch.org

Archdiocese Website

www.goarch.org

Organization Contacts

- **4F** — Kathy New: kkatsalis@msn.com
- **AHEPA** — Scott Leach: shirtleach@yahoo.com
- **All Saints Camp** — Fr. Jacob/George Miller: info@allsaintscamparizona.org
- **Altar Servers** — David Haag: davidmhaag@yahoo.com, Chris Francis: battersbox7@yahoo.com
- **Bible Study** — Father Apostolos Hill: papoulihill@gmail.com
- **Bookstore** — Rita Papaspyrou: stnectoriosphx@gmail.com
- **Byzantine Choir** — Elizabeth Pardhe: elizabethpardhe@gmail.com
- **Choir** — Terri Alexon: htphxmusicdirector@gmail.com or terrialexon@gmail.com
- **Celebration Committee** — Terri Alexon and Mary Pardhe: htcphxevents@gmail.com
- **Dance** — Niko Panagiotakopoulos: npanos01@yahoo.com
- **Daughters of Penelope** — Cynthia Bekiaris: cynb1308@gmail.com
- **Desert Diamonds (50+)** — Julie Karoutas: juliekaroutas@gmail.com
- **Epistle Readers** — Jill Leach: jill.leach@hotmail.com
- **FOCUS Phoenix Ministry Project** — Chris Lopez: lop62@gmail.com, Georgia Lipane: glipane@gmail.com
- **Greek Festival** — Nick Kretsedemas: nick.kretsedemas@chilis.com, Angelo Pestrivas: angelopestrivas@msn.com
- **Greek School** — Irene Mackos: eirinie@gmail.com
- **Hellenic Museum** — Bessie Hotis: call 602-953-1913
- **Little Lambs** — Deborah Harrison: 14dharrison@gmail.com
- **Living Orthodox** — Mary Pardhe: livingorthodoxministry@gmail.com
- **Maintenance** — Peter Bilitsis, Ted Fourlis: htcmaintenance1973@gmail.com, pkbilitsis@gmail.com
- **Myrrhbearers** — Stacey Beaty: staceybeaty@live.com
- **Narthex Intake** — Kristen Vasilarakos: kristen.vasilarakos@outlook.com
- **OPA** — Anthony Miaoulis: anthony.miaoulis@gmail.com
- **Oratorical Festival** — Chris Francis: battersbox7@yahoo.com, Nick Petsas: npetsas@outlook.com
- **Orthodox Christian Fellowship (OCF/18-25 year olds)** — Aleksandar "Speedy" Lučić: alucic@ocf.net
- **Parish Council** — Jim Manelis: jmanelis@aol.com
- **Philoptochos** — Kristen Vasilarakos: kristen.vasilarakos@outlook.com
- **Special Events Administrator** — Angie Lambrou: angie.lambrou@cox.net
- **Stewardship** — Sandy Meris: sandymeris@gmail.com
- **Sunday School** — Alexia Panagiotakopoulos: htphxsundayschool@gmail.com
- **Wedding Coordinator** — Patty Ladas: pattyladas@gmail.com

Attention Organizations:

Please check the listings on this page and confirm that the information is correct. Email is the default contact type, but listings can be changed to text or phone if preferred. Email any changes to both the Office at manager@holytrinityphx.org and Kristen at kristen.vasilarakos@outlook.com. **It is the organization's responsibility** to inform Heidi or Kristen of any updates to your listing.

A Message from Father Alexander

The Opportunity and Cost of Community



It should not be news to you that we live in a very individualistic world, over the last 300 years our lives have moved from being communal-centric to individual-centric because, well, we can. In times past I could not survive without my neighbor, if I were the shoe-maker I needed to know the man who raised animals to eat so that I could eat and survive. I needed to care for him and those providers of food because, I needed them, and they needed me. These close relationships fostered not just community by necessity but people chose people chose community because the small exposure to it showed them it's worth. The cost of time and personal comfort to care for and know my neighbor was worth it. Add on top of it a society with actual Christian values for selfless love for the other in action, not just word, and there was a better sense of community and care for the other, regardless of personal cost.

Now, I don't even need to know the continent my food comes from, never mind the person who grew it. Our society had "progressed" to the point of not viewing the other as a necessity. I can now even work from home, order groceries to my home, and not leave my house if I don't want to... really ever.

However, the tide seems to be turning and we are realizing the fact that we as human beings are actually not able to function this way. We are made by God for community, being made in the Image of a Triune God, 1 God in 3 Persons, our perfection is found in this same sort of community. This is one of the factors in the immense influx of people seeking the Church and converting. This is one of the strengths of this Cathedral, the infused hospitality of the Greek culture throughout every facet of our life. In fact, many of the people who check out the church for the first time return because they were welcomed and were offered a real meal of food after Liturgy on Sunday in our now bustling coffee hours!

However, this comes at a cost, both financially and in terms of effort. This is what so recently has turned us off of community, the fact that I need to give of myself and sacrifice for what I perceive I can do on my own. The reality is that I cannot replicate the fulfilling aspect of community on my own and I do need to give of myself into a greater good, even if that is a meal or get-together. A very small sample of the sacrificial love of God, who gave of Himself on the Cross for us. This is our calling in life and can only be lived out in community.

So I encourage you as we come out of the Summer time and into a new academic year and Church Year in September to see, as the saying goes, not what the Church Community can do for you, but what you can do for your Church Community. You will find when you give of yourself through your time, talent, and/or treasure into the Body of Christ that you will find this fulfillment. See something that you want to have happen at the Church? Don't grumble or wait for others to do it, seek out a solution to help with! Give of yourself a little more to these communal efforts like coffee hour, youth events, parish events, anything, and anything you can give! You will see how your heart grows along with this parish community.

Let's Meet Our Parishioner Neighbors!

Jean & Bill Miller

Bowling first brought Jean and Bill together. Jean, a member of her employer's women's bowling team, and Bill, a member of the same employer's men's bowling team first met at a bowling tournament in 1956. It was a whirlwind romance and they were married by the end of the year! Non-Greek Bill converted to Orthodoxy after attending services at a nearby military base because the priest spoke English there, since Jean's Waukegan, Illinois home church still conducted services fully in Greek.

Bill suffered from severe hay fever and thought he always would—until a stop in Phoenix in 1957 on their way to a family wedding in California cleared his sinuses! Jean readily agreed with Bill that a move to Phoenix was in their best interest. However, it took a few years to convince their families back in Illinois. Their parents could only imagine Arizona as undeveloped desert and expressed dismay that the young couple would have to deal with snakes! After their first son Peter was born in 1958, Bill and Jean were determined to live in Phoenix and finally made the move in 1960 over their families' objections. They fondly remember Theodora (Teddy) and Paul Tsakiris, who opened their home to the young family while they looked for a house and got settled into their new city.



Their second son Paul was born in 1962, completing their family, and the Millers have been members of Holy Trinity ever since! **Next year in 2026, the Millers will be celebrating 70 years of marriage!**

If you have not yet met Bill and Jean, please stop to say hello and introduce yourself!

The Sterio Family

We are Jimmy, Lisa, John, and Sophia Sterio. Jimmy and Lisa were born and raised in Aurora, Illinois, and moved to Arizona in the summer of 2009. We were married in 2010 and have been blessed with two beautiful gifts from God, John and Sophia. John was born in California in 2011, and Sophia was born in Arizona in 2013. Jimmy was raised in the Orthodox faith, as his parents immigrated to Illinois from Greece over 50 years ago. Lisa converted from Catholicism in 2010, and her family immigrated to the United States over 100 years ago. John was baptized in 2011, and Sophia was baptized in 2023.



As a family, we enjoy bowling on weekends. John has a passion for sports, especially football, while Sophia loves art. John particularly enjoys serving in the altar, and we all cherish attending Divine Liturgy and church services together. We began attending Holy Trinity the weekend of the Greek Festival in 2022 and have been members ever since. Our desire is to grow closer to Christ and deepen our connection with the Orthodox Church, which we love dearly, and has led us to Holy Trinity.

If we have not yet had a chance to meet you, please stop to say hello!

Let's Meet Our Parishioner Neighbors!

The Merk Family

My name is Justen Merk, and my beautiful wife Virginia along with our two wonderful boys, Noah (4) and Landon (almost 2), are new to the faith, being baptized for almost a year at Holy Trinity. My wife and I came from a non-denominational background where we attended a church a few times a month. As the world began to appear moving further away from God, I knew I needed to run towards Him, to help raise our children with the understanding of Jesus so they had a better chance of following Him and not the world. This is when the Lord showed me where His Church was, the Orthodox Church; "Ask, and it will be given to you; seek, and you will find..." Matthew 7:7. I stumbled upon "Orthodoxy", while watching a political debate channel, where an Orthodox apologist was debating a protestant. Two questions hit me hard; "Is there a wrong way to worship" and "How do you know you have the correct understanding if two people cannot agree on the interpretation of scripture". Lastly, a discussion was presented about Church history which I knew nothing about. It was at this moment I began to research and dive deep into the question, where is the Body of Christ. But getting back to Matthew 7:7, "... knock, and it will be opened to you.", took me another year, my wife Virginia saying, "find us a Church" and finally attending a Divine Liturgy, before I truly found the faith, and our Home.



Holy Trinity is our Home. It is filled with so many brothers and sisters in the Lord. We are truly blessed. The love this parish has, it can only be from the grace God pours out on His body. Both Greeks and non-Greek converts, coming together to worship the Lord and be there for one another. Truly, it is what made us fall in love with our parish, that and the way our kids are treated, with love and kindness.

Virginia has found her place in the choir, where she's able to use her love and gift for singing to glorify God. Along with being a stay-at-home mother and wife, being a member of the choir has enriched her spiritual life. I have found several ways to be of assistance to the Church, using the gifts the Lord has blessed me with. Under the wonderful training of Lynn Graham, I have become an iconographer. I'm also blessed to be a part of other ministries including, creating a liturgical book for children, assisting on the rebuild of our website, being a part of the liturgical support ministry, and being a proud member of AHEPA. Noah and Landon have truly adapted to the Orthodox life, enjoying the multiple services we attend weekly, and making many friends along the way. They especially love coffee hour where they run around playing with other kids and young adults alike. As we look to the future, by the Grace of God we hope to continue to grow in the faith, and be a support for others, like the members of the parish were and continue to be for us.

If we have not yet had a chance to meet you, please stop to say hello!

What YOU Can Do to Help Visitors Feel Welcome

Have you noticed new faces? We've had many visitors stop by lately. Some are Orthodox and visiting from other Parishes, some are returning to Orthodoxy after a long time away, and some are coming to check out Orthodoxy for the very first time. We currently have over 40 catechumens! No matter how they come to us, let's make sure we say hello!



Stewardship

By Sandy Meris



2025 THEME: “Your Own From Your Own”

Holy Trinity Cathedral “Why Statement”:

“To be a welcoming community, sharing Christ’s love through faith and service.”

PARISH-WIDE STEWARDSHIP SUMMER OUTREACH PROJECT A HUGE SUCCESS!!

Thanks to everyone who donated cases of water and non-perishable food items for St. Vincent De Paul. We collected hundreds of pounds of granola bars, cereal, canned fruits and vegetables, tuna, pasta and cases of clean drinking water to help hungry children and families who are struggling this summer. Because of our parishioners’ generosity and selflessness, dozens of Arizona families will have food on their tables this summer. Watch for our fall project to be announced soon.



JOIN US FOR MINISTRY SUNDAY SUNDAY, AUGUST 17TH

All are welcome to attend Ministry Sunday on Sunday, August 17th following Liturgy in the large hall of the Community Center.

This annual event highlights Holy Trinity’s ministries and gives our parishioners an opportunity to consider getting involved in a new organization.

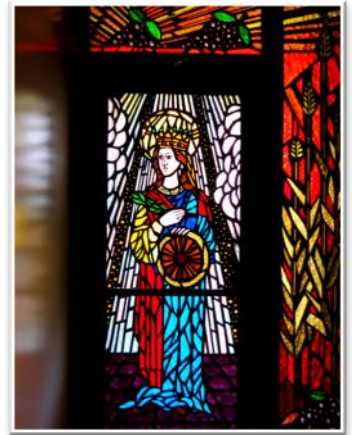


Each ministry will have a table set up with a representative available to answer questions and provide additional information into what their particular ministry focuses on. Whether it be singing in the choir, volunteering at the festival or helping F.O.C.U.S. with their outreach, there are a myriad of ministries offered at Holy Trinity.

We hope to see you there!

Holy Trinity's St. Katherine Philoptochos

Kristen Vasilarakos, President



St. Katherine faceted glass icon in the south wing of the Narthex.



Next meeting will be Thursday,
September 11, 2025 at 6:30pm
in the Lounge of the Speros Community Center



Check in on a Parishioner—Circle of Angels

Do you have a family member or friend who has not been able to come to church lately? Please let us know! Call or Text Julie at 850-225-4978.



**Philoptochos-Sponsored
Complimentary
Father's Day Lunch
June 15, 2025**



**Thank you to Chair Christina and Team
and Kitchen Stars
Phil, Steve, & Anthony**



Holy Trinity's St. Katherine Philoptochos

We will resume on **September 9th!**

For those with a flexible schedule:

Join us for coffee and talk. Included within the social are activities related to Philoptochos' **Circle of Angels**, other chapter support, sometimes church office support, and just plain hanging out with friends.



Come hang out if you can!



Retired Men's Coffee Group

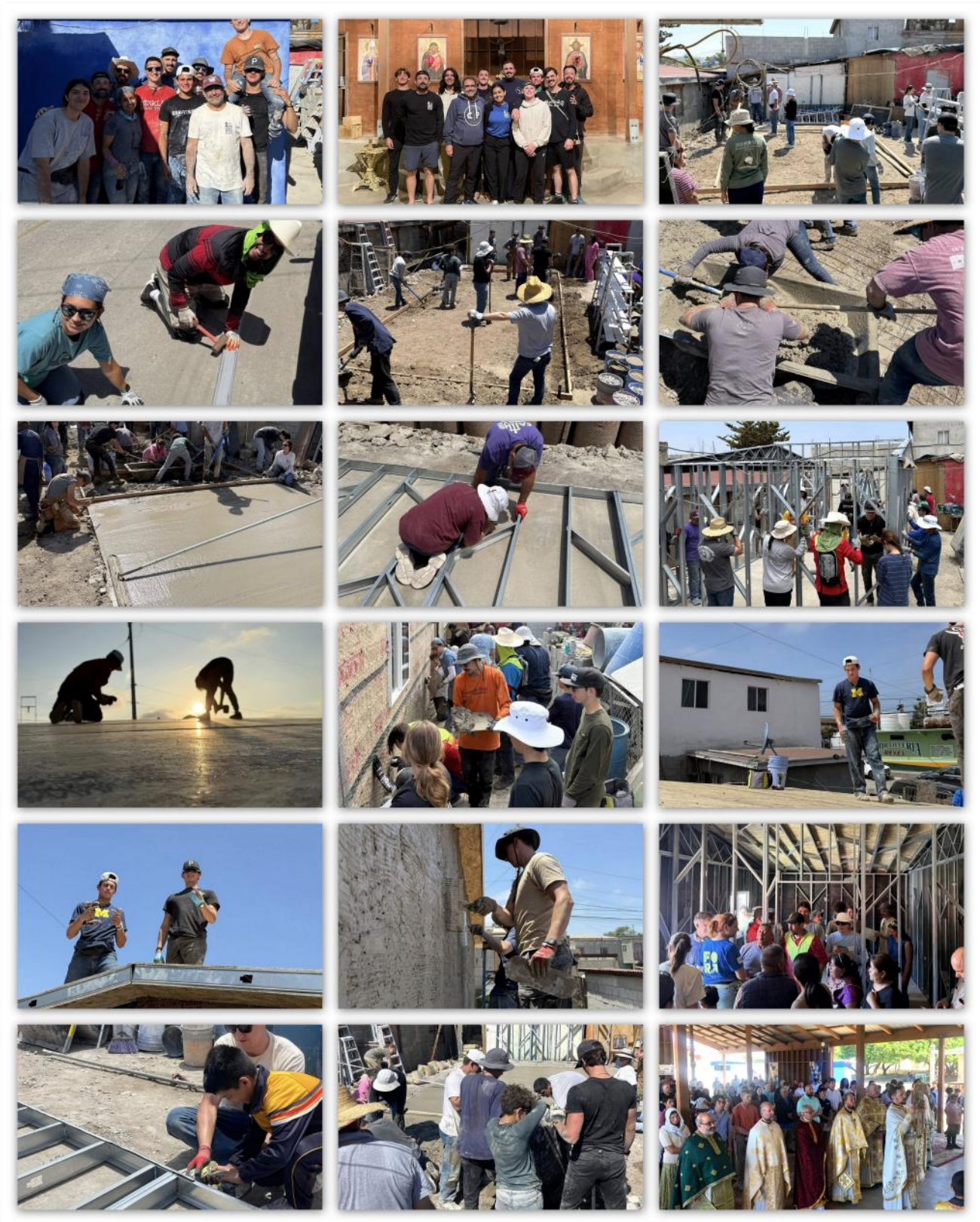
Calling all retired gentlemen! Join us for a weekly coffee group beginning Thursday, June 12th at 10:00 am in the church office conference room. Meet us each Thursday morning for a cup of coffee and some fellowship. No agenda, just an opportunity for some fellowship and good conversation. Hope to see you there!



Project Mexico

June 24-30, 2025

Thank you to everyone who donated to make this homebuilding mission a reality and help raise money to cover the costs of our travel, materials for the build, and food for the week. Please pray for our group as they set out on this mission to construct a safe and secure home for a family in need, as well as visiting and staying at St. Innocent Orphanage.

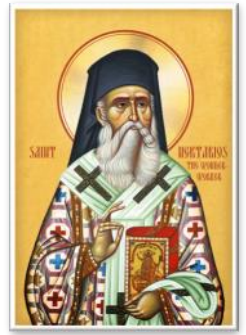


St. Nectarios Books & Beyond

Submitted by Rita Papaspyrou

stnectariosphx@gmail.com

In the month of August, we celebrate the Transfiguration of our Lord Jesus Christ and the Dormition of the Most Holy Theotokos.



The Feast of the Transfiguration of Our Lord, God and Savior Jesus Christ

Commemorated on August 6



This feast commemorates the transfiguration or metamorphosis of Christ on Mount Tabor, when our Lord appeared in His divine glory before the Apostles Peter, James, and John.

Jesus took the Apostles Peter, James, and John with Him up upon a mountain, and while they were on the mountain Jesus was transfigured. His face shone like the sun, and His garments became glistening white.

Moses and Elijah appeared with Christ, talking to Him. Peter declared how good it was for them to be there and expressed the desire to build three booths for Moses, Elijah, and Christ. This reference to the booths could imply that this occurred during the time of the Feast of Tabernacles when the Jews would be camping out in the fields for the grape harvest; for this Feast had acquired other associations in the course of its history, including the memory of the wanderings in the wilderness recorded in the Old Testament book of Exodus.

While Peter was speaking, a bright cloud overshadowed them. A voice came from the cloud saying, "This is my beloved Son, with whom I am well pleased; listen to Him." When the disciples heard this they fell on their faces filled with awe. Jesus came to them and told them to not be afraid. When the three looked up they saw only Jesus.

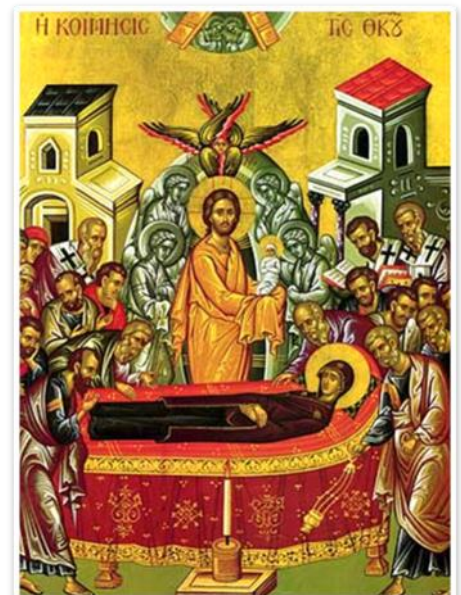
As Jesus and His disciples came down the mountain, He told them not to speak of what they had seen until He had risen from the dead.

Dormition of the Theotokos

Commemorated on August 15

The Feast of the Dormition of Our Most Holy Lady, the Theotokos and Ever-Virgin Mary is celebrated on August 15 each year. The Feast commemorates the repose (dormition and in the Greek *kimisis*) or "falling-asleep" of the Mother of Jesus Christ, our Lord. The Feast also commemorates the translation or assumption into heaven of the body of the Theotokos. At the time of her death, the disciples of our Lord who were preaching throughout the world returned to Jerusalem to see the Theotokos. Except for the Apostle Thomas, all of them including the Apostle Paul were gathered together at her bedside. At the moment of her death, Jesus Christ himself descended and carried her soul into heaven.

Following her repose, the body of the Theotokos was taken in procession and laid in a tomb near the Garden of Gethsemane. When the Apostle Thomas arrived three days after her repose and desired to see her body, the tomb was found to be empty. The bodily assumption of the Theotokos was



St. Nectarios Books & Beyond, continued

confirmed by the message of an angel and by her appearance to the Apostles.

This great Feast of the Church and the icon celebrates a fundamental teaching of our faith—the Resurrection of the body. In the case of the Theotokos, this has been accomplished by the divine will of God. Thus, this Feast is a feast of hope, hope in Resurrection and life eternal. Like those who gathered around the body of the Virgin Mary, we gather around our departed loved ones and commend their souls into the hands of Christ. As we remember those who have reposed in the faith before us and have passed on into the communion of the Saints, we prepare ourselves to one day be received into the new life of the age to come.

We also affirm through this Feast as we journey toward our heavenly abode that the Mother of God intercedes for us. Through Christ she has become the mother of all of the children of God, embracing us with divine love.

End of Summer Celebration



Find Additional Photos at

www.holytrinityphx.org

Celebration Committee



On the first Sunday of each month, the Celebration Committee organizes a potluck during Coffee Social to celebrate all the special events in parishioners' lives and birthdays that take place in that month. Please join us every month to celebrate!

The June Celebration Sunday was a wonderful celebration of numerous events. We celebrated the feastday of our cathedral (Pentecost); the elevation of Fr. Apostolos to the rank of proto-presbyter; the baptisms of Mary Coppinger and Ignatius Stoutenburg; the wedding of Katherine Koster and Juan Weaver; Jack Choukalas' Honorable Mention at the National Level of the St. John Chrysostom Oratorical Festival; and all June birthdays. The hall was decorated with green, white, and gold in honor of Pentecost.

In July, we decorated the hall with a patriotic red, white, and blue theme. We celebrated Tyler and Brittney Cohen's 8th wedding anniversary, Ria Papageorgiou's new position as First Officer at GoJet airlines, and all July birthdays.

If you want to support the ministry, either through funding or time, please let us know! For donations, please visit <https://bit.ly/HTphxCC> or put "Celebration Committee" on the memo line of checks made out to the Cathedral. To volunteer, email htcphxevents@gmail.com and/or talk to Terri Alexon or Mary Pardhe.

Communal Cooking Event

For the June Celebration Sunday, the Communal Cooking crew led by Phillip Panagiotoglou served lamb sandwiches, chicken with vegetables, Greek-style potatoes, Greek salad, pasta salad, galaktoboureko, chocolate chip cookies, and cake. For July, we served gyros, hot dogs, pasta salad. The cake was offered by the Bass and Maydanis families.



Celebration Committee

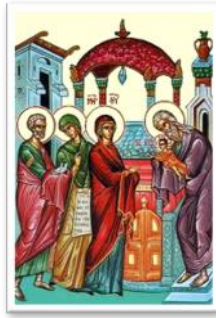
August Birthdays



Our Church Family

40 Day Blessings

"One thing I ask of the Lord, this is what I seek; that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple."
Psalm 27:4



06/15/2025

Lenore

Daughter of Brittney & Tyler Cohen
God's Blessings be upon her.

07/20/2025

Peter Joseph

Son of Mary & Zach Wilhelmi
God's Blessings be upon him.

Wedding Blessing

"Oh Lord our God, crown them with glory and honour."



07/21/2025

Virginia & Justen Merk

Sponsors: Jill & Scott Leach

God's Blessings be upon them.

Funerals

"Surely goodness and mercy shall follow me all the days of my life; and I shall dwell in the House of the Lord forever."

Psalm 23:6



06/13/2025

Lois Sakkas

May her memory be eternal.

07/03/2025

Dimitri Zannis

May his memory be eternal.

07/07/2025

Mary Smales

May her memory be eternal.



Youth Ministry

God's Corner at Coffee Hour: Used in conjunction with the Pre-K/K class for Sunday School, this corner is available most Sundays for our little ones to play in and learn together. For any questions or if you're interested in helping, please contact Mara Contes at mara.contes18@gmail.com.

4F

4F Night Returns!

Join us for our first 4F Night of the year on August 16 at 4:30pm! All youth grades 1-12 are welcome to come celebrate a new school year with their church family. RSVP to come soon.



Living Orthodox Young Adult Ministry



Living Orthodox is a national, pan-Orthodox ministry that is building a community of young adults (18-30s) who are striving to grow in and connect with their faith. Sign up at <https://bit.ly/LOconnect> for our email/SMS lists!

Prosphora Baking Session

Over the summer, we hosted a long-anticipated prosphora baking session with Diane Sedlacek and Anna Pardhe! While the event was hosted by the young adult groups, parishioners of all ages were welcome to join with the blessing of a priest. Over 30 people from 5 parishes gathered in Holy Trinity's kitchen to attend the event. We began the session with a group reading of the traditional prayers before baking prosphora. Diane and Anna then guided everyone through a live demonstration, while small groups followed along using practice dough.

Each attendee received a helpful handout that included:

- An explanation of the prosphora seal
- Prayers said before and after baking
- Diane's prosphora recipe
- A link to a video about the proskomide (prothesis) service, which shows how a priest prepares the bread and wine for the Divine Liturgy

While the prosphora baked, we enjoyed a delicious potluck lunch and discussion on how we can serve the church. The practice loaves were cut for the attendees to sample, while the prosphora loaves were offered the following day at Holy Trinity. Due to popular demand, we plan to host another prosphora event in the upcoming weeks. To be informed of upcoming events, please follow us on Instagram (https://www.instagram.com/living_orthodox_ministry/) or sign up for our email newsletter (<https://bit.ly/LOconnect>).

If you or someone you know is interested in learning more about Living Orthodox, please email us at livingorthodoxministry@gmail.com! You can also visit <https://linktr.ee/livingorthodox> for links to our social media.

AHEPA Chapter 219

AHEPA CHAPTER 219




Our Next Meeting

Date: Thursday, August 21, 2025
Location: HT Speros Community Center
Time: 6pm cocktail hour and hors d'oeuvres
Dinner: 7pm
Meeting: 7:45 - 8:45pm
Cigars on the patio: 9:00 - 10:00pm

RSVP: AHEPA219@GMAIL.COM
or call President Scott Leach
(623) 297-9376

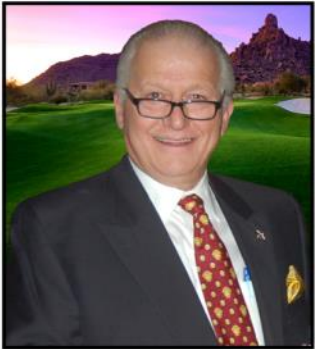
Membership Information

Contact Pete Marudas
602.284.1638
Rosemar2@msn.com



Chapter 219 "Saguaro"
Phoenix, Arizona

**THE BROTHERS OF 219
CONGRATULATE
BROTHER PETE MARUDAS**



**ON RECEIVING THE
2025 EL CAMINO REAL DISTRICT 20
PERICLEAN AWARD**

**WE ARE GRATEFUL FOR YOUR HARD WORK
AND DEDICATION TO OUR CHAPTER**

Coffee Socials Following Sunday Liturgies

The June Coffee Socials were sponsored by Philoptochos.

The July Coffee Socials are sponsored by

July 6th - Bass & Maydanis Family

July 13th - the Retired Gentlemen Club

July 20th - The Schneider Family

July 27th - Christina Yarmak & Anthony Dunn



THANK YOU!



2025 YAL Conference

Metropolis YAL Conference

The YAL (Young Adult League) Conference hosted by the Metropolis of San Francisco is coming up soon! Join us in Seattle, WA from August 28 – September 1, 2025 for an immersive weekend of Fellowship, Service, Worship and Witness. Young adults ages 18 – 35 will engage in a wide array of workshops that expand on the Conference theme, “RENEW”, giving them the opportunity to spiritually recharge, re-engage with their Orthodox identity, and recommit to life in the Church.

Visit www.sanfran.goarch.org/YAL2025 to register today!



Liturgical Services will continue to be
live streamed
by Father Apostolos
and Father Alexander.

All services can be found on the **Home**
Page of the Cathedral's website
www.holytrinityphx.org,
in addition to the continued postings on
our Facebook page.



Desert Springs Issues Available to Our Seniors

or the computer-challenged!

In an effort to reach our whole Parish Community with Cathedral news, issues of the Desert Springs will be available for **FREE** to those in our community who do not own or use a computer, tablet, or smart phone or would prefer to read the news in hard-copy print. Submit names to the Church Office or text Kristen at 602-332-8809.

Desert Springs Subscription

Enjoy **color** copies of Holy Trinity Cathedral's *Desert Springs* delivered to you!

Name: _____

Street Address: _____

City, ST, Zip: _____

Contact Phone: _____

Return this form to the Church Office or
contact Kristen at 602-332-8809

HTC on Facebook

The page offers news of our Parish Community, in addition to
offering links to videos of our services.

[Holy Trinity Greek Orthodox Cathedral—Phoenix, AZ](https://www.facebook.com/HolyTrinityGreekOrthodoxCathedralPhoenixAZ)

