

Sharon's Sensational Stories! January Edition

Coming To The Library Company Of Burlington In January



Olivia Strauss Is Running Out Of Time by Angela Brown. Olivia Strauss is turning thirty-nine. No major milestone. She still considers herself young. At least young enough to assume she has decades to check the unchecked boxes of her life's to-do list. Ballerina? Too late. But not too late for poet. Or for reigniting the romantic spark in her marriage, spending more quality time with her son, switching careers, learning to cook, or even dyeing her hair a bright bohemian pink. She'll get to that one. There's time—until Olivia's best friend, Marian, gives her a birthday present she could have lived without.

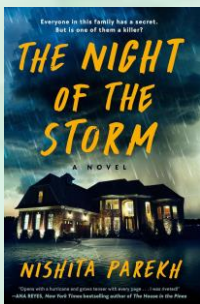
Rethinking Diabetes

What Science
Reveals About
Diet, Insulin,
and Successful
Treatments

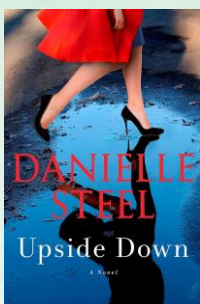
Gary Taubes*

*Author of Why We Get Fat

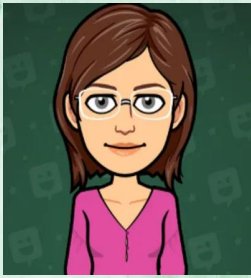
Rethinking Diabetes by Gary Taubes. Before the discovery of insulin, diabetes was treated almost exclusively through diet, from subsistence on meat, to reliance on fats, to repeated fasting and near-starvation regimens. After two centuries of conflicting medical advice, most authorities today believe that those with diabetes can have the same dietary freedom enjoyed by the rest of us, leaving the job of controlling their disease to insulin therapy and other blood-sugar-lowering medications. Rather than embark on “futile” efforts to restrict sugar or carbohydrate intake, people with diabetes can lead a normal life, complete with the occasional ice-cream cake, side of fries, or soda.



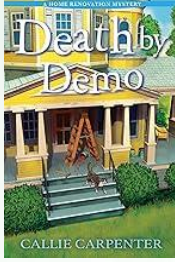
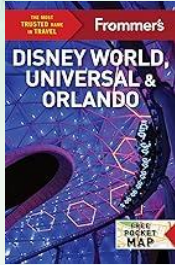
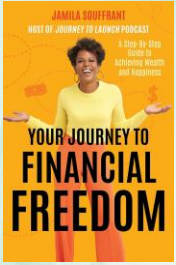
The Night Of The Storm by Nishita Parekh. Hurricane Harvey is about to hit Houston. Meanwhile, single mom Jia Shah is already having a rough week: her twelve-year-old son, Ishaan, has just been suspended from school for getting in a fight. Still reeling from the fallout of her divorce—their move to Houston, her family's disapproval, the struggle to make ends meet on her own—now Jia is worried about Ishaan's future, too. Will her solo parenting be enough? Doesn't a boy need a father?.



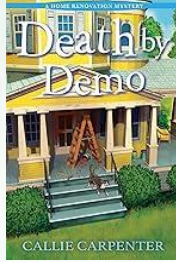
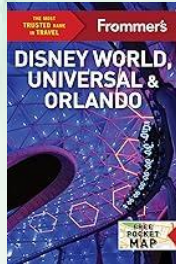
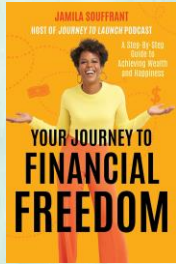
Upside Down by Danielle Steel. Oscar-winning actress Ardith Law is a Hollywood icon. Radiant at sixty-two, she is the epitome of glamour and a highly respected artist. But her success has come at a price: She has a strained relationship with her daughter, Morgan, who at thirty-eight still blames Ardith for putting her career before being a mother. Morgan is a successful plastic surgeon in New York City—and the distance from Ardith's Bel Air mansion is not lost on either of them..



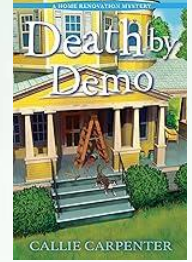
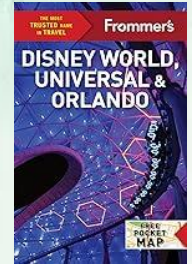
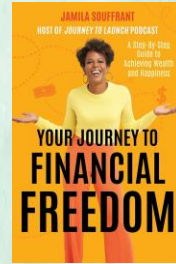
**Sharon's
Sensational Stories!
December Edition**



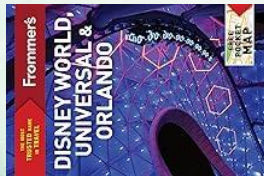
**Sharon's
Sensational Stories!
December Edition**



**Sharon's
Sensational Stories!
December Edition**



**Sharon's
Sensational Stories!
December Edition**



**Sharon's
Sensational Stories!
December Edition**

