# THE ABM TIMES

# A MONTHLY DIGEST "NURTURING MINDS, BUILDING FUTURES"

April 2024 to May 2024

# **"CHAMPIONS OF ACADEMIC EXCELLENCE" Session 2023-24**









CHOUDHARY (9<sup>TH</sup>)







SABHYA (3<sup>RD</sup>)

























MUSKAN (10<sup>th</sup>)



## **LET'S REMEMBER THESE DAYS**

#### 1<sup>st</sup> May-Labour Day

Labour Day is one of the most important days in May, and it is observed worldwide. In India, Labour Day is known as Antar Rashtriya Shramik Diwas or Kamgar Din. On this day, the accomplishments of workers and labour unions around the world are celebrated."

#### "3 May - Press Freedom Day

Every year Press Freedom Day or World Press Freedom Day is observed on 3rd May to evaluate press freedom around the world and to pay tribute to journalists who have lost their lives in the exercise of their profession."

#### "7 May - World Athletics Day

World Athletics Day is observed on 7 May to raise awareness about sports among youth, in schools and institutions to promote athletics as the primary sport. And to introduce new talent and youngsters in the field of athletics."

#### 8 May World Red Cross Day

"World Red Cross Day is observed every year on 8 May to commemorate the birth anniversary of the founder of the Red Cross. Let us tell you that the founder of the Red Cross was Henry Dunant as well as the founder of the International Committee of the Red Cross (ICRC). He was born in Geneva in 1828."

#### **12 May-International Nurses Day**

Every year International Nurses Day is celebrated on 12 May to commemorate the anniversary of <u>Florence Nightingale's birthday</u>. This day also celebrates the contribution done by nurses to society around the world. On this day the International Council of Nurses organisation produces an International Nurses kit to educate and assist health workers globally with a different theme every year.

#### "31 May – Anti-Tobacco Day

Anti-Tobacco Day or World No Tobacco Day is observed on 31 May every year across the globe to make people aware and educate them about the harmful effects of tobacco on health which causes cardiovascular diseases, cancer, tooth decay, staining of teeth etc."

### NEWS OF THE MONTH (BHARAT RATNA)

#### "M. S. Swaminathan

Mankombu Sambasivan Swaminathan (7 August 1925 - 28 September 2023) was an Indian agronomist, agricultural scientist, geneticist, administrator and humanitarian. Swaminathan was a global leader of the green revolution. He has been called the main architect of the green revolution in India for his leadership and role in introducing and further developing high-yielding varieties of wheat and rice.

#### LK Advani

BJP chief LK Advani widely respected for his intellect and unwavering commitment to a strong India, Prime Minister Modi acknowledged Advani's significant role in the country's progress."I am very happy to share that Shri LK Advani Ji will be conferred the Bharat Ratna. One of the most respected statesmen of our times, his contribution to the development of India is monumental. His life that started from working at the grassroots to serving the nation as our Deputy Prime Minister. He distinguished himself as our Home Minister and I&B Minister as well. His Parliamentary interventions have always been exemplary, full of rich insights,"

#### Chaudhary Charan Singh

Chaudhary Charan Singh was an Indian politician and a freedom fighter who served as the 5th Prime Minister of India from 1979 to 1980 and the 3rd Deputy Prime Minister of India from January 1979 to July 1979. He served as 5th Chief Minister of Uttar Pradesh as a member of Bhartiya Kranti Dal. Charan Singh is known for his land and agricultural reform initiatives.

## **ARTICLE OF THE MONTH** (DIVINE DESTINATIONS)

#### Kedarnath Dham

"One of the most revered temple destination of India, Kedarnath town is nestled in the mighty Garhwal Himalayas. The town, built around the revered Kedarnath temple, is located at an altitude of 3,580 m, near Chorabari glacier, which is the source of the Mandakini river. Dedicated to Lord Shiva, the ancient temple has exquisite architecture and is built of



extremely large but evenly shaped grey stone slabs. A conical rock formation inside the temple is worshipped as Lord Shiva in his "Sadashiva" form. The Kedarnath temple, dedicated to Lord Shiva, is a part of Char Dham pilgrimage circuit, and is one of the 12 Jyotirlingas of Lord Shiva in India. Behind the Kedarnath temple, stand the Kedarnath peak, Kedar Dome and other Himalayan peaks."

#### **Badrinath Dham**

"The Badrinath temple remains the most attractive historical object of the town. The legend says that Shankaracharya found a black stone resembling the image of Lord Badrinarayan. He then moved it to a cave and later in the sixteenth century the Garhwal King shifted the statue to the standing temple. We can make a forty-eight hours journey from



Kedarnath to Badrinath for the subsequent part of the tour, that is, the Kedarnath tour. The town is situated within a few kilometer form the India Tibet (China) border. The Badrinath Temple is also important for its mythological as well as historical importance. However June and September remains the best time to visit this place.

#### Gangotri Dham

Gangotri is one of the four sites in the Chota Char Dham pilgrimage circuit. It is also the origin of the Ganges river and, per Hinduism, the seat of the goddess Ganga. The source of the Ganges river is the Bhagirathi River, originating from the Gangotri Glacier. Once the river confluences with the Alakananda River at a town called Devprayag it finally acquires the name Ganga (the Ganges).



# SCHOOL ACTIVITY CORNER





#### Karpoori Thakur

Karpoori Thakur was an Indian politician who served two terms as the 11th Chief Minister of Bihar, first from December 1970 to June 1971, and then from June 1977 to April 1979. He was popularly known as Jan Nayak (transl. people's hero). On 26 January 2024, he was posthumously awarded India's highest civilian honour, the Bharat Ratna, by the Government of India. This was announced by the President of India Draupadi Murmu on 23 January 2024.

#### Pamulaparthi Venkata Narasimha Rao

Pamulaparthi Venkata Narasimha Rao, popularly known as P. V. Narasimha Rao, was an Indian lawyer, statesman and politician who served as the 9th prime minister of India from 1991 to 1996. He was the first person from South India and second person from non-Hindi speaking background to be the prime minister. He is especially known for introducing various liberal reforms to India's economy by recruiting Manmohan Singh as the finance minister to rescue the state from going towards bankruptcy during the economic crisis of 1991.





