

I value your trust and take your privacy seriously. This site exists to help you reconnect with yourself, not to track every move you make. That said, here's what you should know:

## 1. What We Collect

When you visit this site, certain information may be automatically collected, such as:

- Your IP address and browser type
- The pages you visit
- How long you stay on the site
- What links you click

## 2. Cookies + Google AdSense

This website uses cookies and third-party services like **Google AdSense** to deliver relevant ads. These services may use cookies to track your visit here and on other websites.

## 3. What We *Don't* Do

- I don't sell your information. Ever.
- I don't track you beyond what's needed to keep this site running smoothly.
- I don't believe in shady marketing tricks—only aligned connections.
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## 4. When You Reach Out or Buy Something

If you choose to join my email list, fill out a contact form, or purchase a digital product:

- I'll collect your name, email, and sometimes your payment info (securely processed through third parties).
- I'll only use this info to deliver what you asked for—and to keep in touch with updates that I believe support your journey.

## 5. Your Rights

You can request to: Access, update, or delete your personal information, Opt out of future emails or communications To do so, just email me at: [utahgirlinnash@gmail.com](mailto:utahgirlinnash@gmail.com), with the subject "Opt Out"

## 6. Updates

I may update this policy occasionally to reflect changes in the site or laws. When I do, I'll update the "last updated" date at the top of this page.

**Thank you for being here. This little corner of the internet is meant to feel safe, soulful, and transparent, just like the rest of this journey.**