

April 2019

VALENTINES FUNDRAISER

The Activities Department held a fundraiser to raise funds for 1- and 2-pound hand weights for use in exercise groups. We delivered flowers and chocolates to every resident on Valentine's Day during our Valentine's Party, thanks to our generous families. Enough funds were raised to purchase six sets of each weight! A big huge Thank You goes out to each and every family that donated.



Shayli giving Sonny his flower on Valentines Day.
What a wonderful day this turned out to be.
Special entertainment by Craig Blackstad, flowers and treats from the kitchen

Living Meadows Open House was a Success on March 17th

MOST FIT COMMUNITY AWARD!

This winter we seemed to have just one too many snow days. I guess Mother nature had some showing off to do. We kept busy inside becoming the Most Fit Community through Live2B Healthy.

Live 2B Healthy is an outside company that works with senior living communities, helping to keep them fit and independently mobile. Live 2B Healthy held a competition in January throughout the U.S., as to who could increase their class sizes by the biggest percentage. Living Meadows won with an astounding 196% increase in class participation and is now the Most Fit Community in the U.S.

Cory, the owner of Live 2B Healthy, hosted a party to celebrate our win!



We invite anyone and everyone to come join our fitness group!

We meet MWF at 9:30 AM in the Chapel

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Make your reservations for
Easter Dinner at
Living Meadows

April 21st at 12N
\$6.00 per person
(limit 6 guests)

Call 507-642-3271 ext 19



Reserving the Activity Room

We love to have families reserve space at Living Meadows for celebrations.

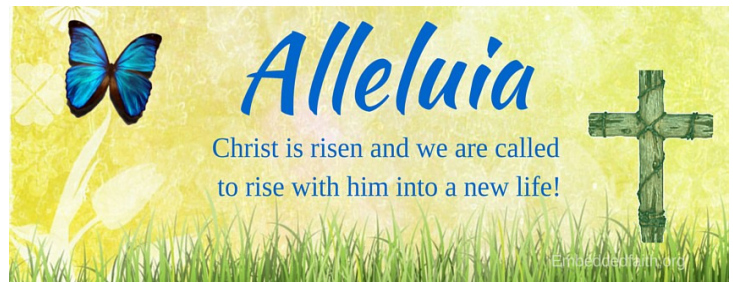
Some times things get broken or damaged in use and we do understand that.

We are starting a new "room reservation deposit" in 2019. The cost is \$150 and will be returned after the event and after we determine that things are in A-OK condition.

To make reservations, contact Paula at 507-642-3271 ext 20

BINGO WITH 4TH GRADE FRIENDS

We had a super time in March playing bingo with Mrs. Arduser and Mrs. Gunderson's 4th grade classes. All the residents received cards that were hand-made by the students. We played Bingo and then had a treat from the kitchen. What a fun couple of days that was! We are looking forward to being able to do more stuff with the school in the future.



Join us for Easter Worship!

April 21 at 11:15 AM

Mary Woolsey will be leading chapel services

UPCOMING EVENTS:

April: It's Easter!! And who else should be coming for a visit, but the Easter Bunny. We will be having an Easter party Friday April 19th, complete with an Easter Egg Hunt, Fun Easter Trivia, and a visit from the Bunny himself. Come have a treat from the kitchen and enjoy the party and maybe catch a movie in the Activity Room afterwards. April 19th 1:30-2:30

May: May 12th is Mother's Day. Please join us for Social at 2:30 for Muffins with Mom.

June: June 16th is Father's Day. We will be having Donuts with Dad during Social at 2:30. Please join us for the fun.