

# October 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Morning Stretch 10:00 Traveling with Coffee 1:30 Bingo 2:30 Social 4:00 Book Club 6:30 Card Group	2 9:30 Live 2B Healthy 10:15 Devotions 11:15 Bird Bath 1:30 Art 2:30 Social 4:00 Reminisce	3 9:30 Morning Stretch 10:00 Coffee and News 1:30 Bingo 2:30 Social 4:00 Games/Book Club 6:30 Happy Hour	4 9:30 Live 2B healthy 10:15 Devotions 11:00 Uptown Shopping 1:30 Manicures 2:30 Social 3:15 Movie and Popcorn	5 10:00 Morning Stretch 11:00 Baking 1:30 Pokeno 2:30 Social
6 10:00 Morning Stretch 10:30 Catholic Communion 11:15 Chapel 1:30 Garden Club 2:30 Social	7 9:30 Live 2B Healthy 10:15 Devotionals 11:00 Resident Council 1:30 Manicures 2:30 Social 4:00 Active Games/Outdoors	8 9:30 Morning Stretch 10:00 Traveling with Coffee 1:30 Bingo <b>2:30 Social/Dedication of Act. Room</b> 4:00 Book Club 6:30 Card Group	9 9:30 Live 2B Healthy 10:15 Devotions 11:15 Bird Bath 1:30 Art 2:30 Social 4:00 Reminisce	10 9:30 Morning Stretch 10:00 Coffee and News 1:30 Bingo 2:30 Social 4:00 Games/Book Club 6:30 Happy Hour <i>Cathy Samlaska</i>	11 9:30 Live 2B healthy 10:15 Devotions <b>1:30 Craig Blackstad</b> 2:30 Social 3:15 Movie and Popcorn	12 10:00 Morning Stretch 11:00 Baking 1:30 Pokeno 2:30 Social
13 10:00 Salem Lutheran in Activities Room 10:30 Catholic Communion 11:15 Morning Stretch 1:30 Garden Club 2:30 Social	14 9:30 Live 2B Healthy 10:15 Devotionals 1:30 Manicures 2:30 Social 4:00 Active Games/Outdoors	15 9:30 Morning Stretch 10:00 Traveling with Coffee 1:30 Bingo 2:30 Social 4:00 Book Club 6:30 Card Group	16 9:30 Live 2B Healthy 10:15 Devotions 11:15 Bird Bath 1:30 Art 2:30 Social 4:00 Reminisce	17 9:30 Morning Stretch 10:00 Coffee and News <b>1:30 Neverly Brothers</b> 2:30 Social 4:00 Games/Book Club 6:30 Happy Hour	18 9:30 Live 2B healthy 10:15 Devotions 1:30 Manicures 2:30 Social 3:15 Movie and Popcorn	19 10:00 Morning Stretch 11:00 Baking 1:30 Pokeno 2:30 Social
20 10:00 Morning Stretch 10:30 Catholic Communion 11:15 Chapel 1:30 Garden Club 2:30 Social	21 9:30 Live 2B Healthy 10:15 Devotionals 1:30 Manicures 2:30 Social 4:00 Active Games/Outdoors	22 9:30 Morning Stretch 10:00 Traveling with Coffee 1:30 Bingo 2:30 Social 4:00 Book Club 6:30 Card Group	23 9:30 Live 2B Healthy 10:15 Devotions 11:15 Bird Bath 1:30 Art 2:30 Social 4:00 Reminisce	24 9:30 Morning Stretch 10:00 Coffee and News 1:30 Bingo 2:30 Social 4:00 Games/Book Club 6:30 Happy Hour	25 9:30 Live 2B healthy 10:15 Devotions 1:30 Manicures 2:30 Social 3:15 Movie and Popcorn	26 10:00 Music and Movement 11:00 Baking 1:30 Pokeno 2:30 Social
27 10:00 Salem Lutheran in Activities Room 10:30 Catholic Communion 11:15 Morning Stretch <b>1:30 Musik Meisters</b> 2:30 Social <i>Della Byro</i>	28 9:30 Live 2B Healthy 10:15 Devotionals 1:30 Manicures 2:30 Social 4:00 Active Games/Outdoors	29 9:30 Morning Stretch 10:00 Traveling with Coffee 1:30 Bingo 2:30 Social 4:00 Book Club 6:30 Card Group	30 9:30 Live 2B Healthy 10:15 Devotions 11:15 Bird Bath 1:30 Art 2:30 Social 4:00 Reminisce	31 9:30 Morning Stretch 10:00 Coffee and News 1:30 Bingo 2:30 Social <b>3:30 Trick or Treating</b> 6:30 Happy Hour		