

WHY CHOOSE THE LAKES RECOVERY

WE PROVIDE CARE THAT IS PERSONALIZED TO MEET THE NEEDS OF EACH RESIDENT, WITH THE GOAL OF ACHIEVING LONG-TERM SOBRIETY. WE ARE A TEAM OF RECOVERING PEOPLE WHO FEEL SO BLESSED TO BE ALIVE TODAY. WE BELIEVE THAT EVERYONE DESERVES ANOTHER CHANCE.

- WE SERVE WOMEN 18 YEARS AND OLDER
- PROFESSIONAL, FRIENDLY, AND CARING STAFF WHO ARE IN RECOVERY AND ARE CERTIFIED PEER RECOVERY SPECIALISTS
- WE REQUIRE OUR RESIDENTS TO HAVE A SPONSOR AND TO ACTIVELY BE PARTICIPATING IN A RECOVERY PROGRAM
- ON-SITE GYM
- WE WANT ALL RESIDENTS TO FEEL SAFE, SUPPORTED, AND TO FEEL AT HOME

“Be the reason someone feels welcomed, seen, heard, valued, loved and supported.”



“CHOOSING TO LIVE IN A SOBER HOME WAS SCARY. TODAY, I CAN SAY THAT IT WAS ONE OF THE BEST DECISIONS I’VE MADE IN MY LIFE.”
-RESIDENT

THE FIRST WOMEN’S SOBER LIVING HOME IN CROW WING COUNTY



CONTACT US



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BRainerd LAKES AREA,
MINNESOTA

PLEASE FOLLOW US ON SOCIAL MEDIA!

Family OWNED & OPERATED

FIND THE COURAGE
TO LET GO
OF WHAT YOU
CAN'T CHANGE.

WE CHOOSE THOSE WHO
WANT SOBRIETY

"I AM SO PROUD OF EVERY WOMAN
THAT COMES OUT OF TREATMENT,
AND CHOOSES SOBER LIVING.
MOVING INTO A SOBER HOUSE,
GAVE ME ACCOUNTABILITY &
ANOTHER CHANCE AT LIFE."
-AMY, CO-FOUNDER

SUPPORT

ADDICTION RECOVERY MEANS SO MUCH
MORE THAN ABSTAINING FROM THE USE OF
ALCOHOL AND/OR OTHER DRUGS.
LIVING IN RECOVERY MEANS IMPROVING
YOUR HEALTH AND WELLNESS. IT MEANS
RECOVERING YOUR SENSE OF SELF AND
SENSE OF PURPOSE. IT MEANS STRIVING TO
REACH YOUR FULL POTENTIAL, AND IT
MEANS LEARNING TO LIVE DIFFERENTLY.
HOW? ONE DECISION, ONE ACTION,
AND ONE DAY AT A TIME.

YES, RECOVERY IS A LIFELONG JOURNEY.
THANKFULLY, IT'S NOT A SOLO VENTURE.
THE LAKES RECOVERY OFFERS YOU AND
YOUR LOVED ONES RECOVERY HELP,
SUPPORT AND INSPIRATION—EVERY STEP
OF THE WAY.

DETAILS

- LIVE-IN HOUSE MANAGER
- DAILY FAMILY VISITING TIME
- RANDOM U.A. & BREATHALYZERS PROVIDED FOR RESIDENTS
- ARTS & CRAFTS PROJECTS
- RECOVERY BOOKS PROVIDED
- ACCOUNTABLE, INDEPENDENT LIVING
- NEW BEDDING, PILLOWS, INTERNET, COFFEE, PAPER PRODUCTS, AND LAUNDRY DETERGENT PROVIDED
- SECURE LOCKERS FOR RESIDENT'S VALUABLES AND MEDICATION
- SINGLE & DOUBLE ROOMS
- LIVING ROOM & LOUNGE AREAS
- OFF STREET PARKING
- WALKING DISTANCE TO GROCERY STORES, ALANO CLUB, CHURCH, GYM, OUTPATIENT PROGRAMS, PARKS, AND MORE
- BACK YARD BONFIRE PIT, GRILL, GARDEN, AND GYM FOR ALL RESIDENTS OF THE LAKES RECOVERY
- MEDITATION AREA

WHAT WE DO ?

SUPPORT SOBER WOMEN



WE GIVE EVERYONE A CHANCE TO BE A PART
OF OUR FAMILY AND SUPPORT YOU THROUGH
ALL OF YOUR LIFE CHALLENGES.
WE PROVIDE THE STRUCTURE AND SUPPORT
TO KEEP YOU MOVING FORWARD IN A POSITIVE
DIRECTION, SO THAT YOU TOO CAN DISCOVER
A NEW WAY TO ENJOY LIFE AS A SOBER
WOMAN!

THE LAKES
R E C O V E R Y

