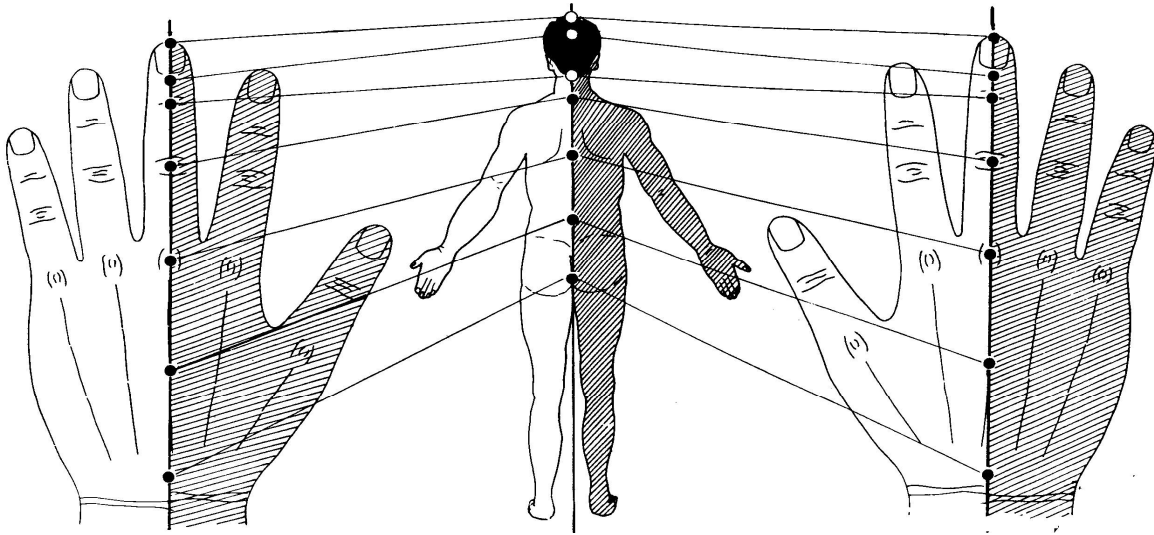


KHT Low Cost Treatment Protocols Practitioner Manual



Ideas for Fast, Effective, Economical Treatments

Ideal for New & Experienced Practitioners

Introduction

Included here are materials and low cost applications we developed, tested and applied in our KHT clinic for fixed income, low income and elderly clients.

Client Benefits Include

- Lower client cost....about 1/4th of usual treatment cost
- Shorter treatment time, 10-20 minutes
- Better outcomes due to the practitioners treatment plans for home self-treatment
- Better outcomes for long term chronic problems under the supervision of a KHT practitioner
- Social interaction while being treated in a group setting

Clinic Benefits Include

- Better health care & pain reduction results due the clients' ability to continue treatment
- Long term treatment relationships with clients resulting in better outcomes
- Increased client referrals
- Serving low income clients who could otherwise not attend your clinic
- Better clinic space utilization as several clients can be treated in one room at the same time
- Greater income due to treating more patients/hour

Parts I and II

- Part I is treatment ideas for the KHT practitioner
- Part II includes instructions with line drawings for the client

CustomerService@KHTSystems.com.....951-766-1426

KHT Therapy Ideas

Low Cost “Chair” Treatments:

We created the idea of a low cost chair treatment for our fixed & low income clients. Most had chronic problems that needed frequent treatments; they could not afford regular clinic rates. We used our waiting room with relaxing music & comfortable armchairs.

Some Suggestions:

1. The client can sit across from the practitioner with a narrow table between them.
2. The client can sit in a chair opposite the practitioner who supports their hand for diagnosis and treatment.
3. Larger clinics can use a small room with comfortable armchairs, low lighting, relaxing music and a “no talking” policy.
4. Smaller clinics can use an armchair in the waiting room.
5. We recommend clients relax for a few minutes before they leave.
6. Be sure the chair arms are wide as many clients fall asleep.
7. Combine micro-systems (i.e. add the ear).
8. Ask the client to visualize their problem as healed.



Practitioner searching for reflex points across a table from the client



Practitioner searching for reflex points while supporting the hand of the client

KHT Treatment Methods

Pellet Treatments:

1. Many potential clients do not want their hands needled but they will accept a noninvasive, pellet or Stiper treatment.
2. Acupuncture without needles is a good clientele builder.
3. Pellet treatments will usually results similar to needles.
4. Pellet treatments are better for chronic conditions.
5. Pellets are also used for self treatments at home.



Needle Phobic

Needle Treatments:

If you wish to use hand needles, or the client responds better to needles:

- Provide a comfortable armchair.
- Place a rolled up towel under their forearms to lift their hands and prevent bumping the needles.
- Ask the client to relax for 15-20 minutes.
- Remove needles & tape Stipers or pellets over the treated points.

Experience Stiper Stimulation

Feel Your Bio-Resonance



- Place a Stiper in your palm
- Take three deep breaths
- Notice the sensation

Note: muscle test b/4 & After

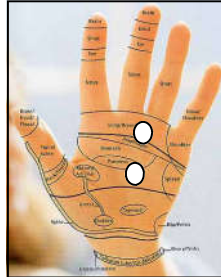
You are Feeling Your Own Energy

The Stiper is Amplifying, Balancing and Returning it to You

Stipers: Soft Non-invasive, re-usable, treatment disks
Available in sizes 3,6,9 &12



Ears # 3



Hands# 9



Feet #12



Body # 12



Kids # 6

What Are Stipers ?

- Soft disks containing tiny quartz crystals that retain the original crystal energetics



How Stipers Work

- Transfer a vibrational charge
- Provides information for repair at the cellular level



What Stipers Do ?

- Disperse excess
- Tonify Deficiency
- Absorb Erratic Body Energy
- Re-Establish normal Body Energy



How To Treat with Stipers

- Place on area, or Acupoint
- Retain a minimum of 30-45 min.
- Best results: Retain 1-6 days

Home Treatments-Teaching KHT to Clients

We also encouraged our clients to do self treatment at home. We gradually added more information during each visit, while we maintained a 15-20 min time frame.

Client Instruction Suggestions

1. Demonstrate the animal form on their hand.
(See Part II, Client Manual).
2. Use a Level 1 chart to show general location of the body-hand correspondence.
3. Explain how Stipers, metal pellets & metal *point locator stimulation affects the body.
4. Teach them the use of the point locator so they can produce a reflex reaction.
6. Explain that gently stimulating the reflex points 2-3 times/day speeds healing.
6. Demonstrate correct pellet placement & taping and coach them in doing the same.
7. Create a map showing treatment pellet color and locations.
8. Suggest they buy a metal reflex point locator, pellets/Stipers & a roll of tape.
9. When you are sure they can do an effective home treatment, extend the time between clinic visits.
10. Schedule them to return periodically:
 - Evaluate their progress
 - Re-evaluate their home treatment plan
 - Give them a treatment
 - Replenish their pellet / Stiper supplies
 - These visits allow you to maintain your client relationship

** Note: Use only metal point locators and not plastic, wood or glass.*