

# KHT

## KOREAN HAND THERAPY

*A complete energy medicine system in your hands*

### Learn & Practice KHT




KHT has many levels of training included within it, as described below

#### **Correspondence Therapy**

In this level you learn to treat physical problems by simple stimulating points on the hands that correspond to specific areas and structures in the body.

You learn how to search for the right points to stimulate and then how to apply the stimulation. Also included in this level of training is "Basic Therapy" and "Organ-Meridian Therapy".

**Anybody** can easily learn to successfully apply KHT Correspondence Therapy.

-  It is **ideal** for those who want a quick and effective method to treat simple problems such as the common cold, aches and pains, fatigue, PMS, stomach upset, etc.
-  It can be used on anybody, of any age and is ideal for children.
-  KHT at this basic level is non-invasive, that means you can get good results without using needles that puncture the skin.

Correspondence Therapy by itself can foster wonderful healing of your body-mind-emotions.

*Some problems of a severe and long standing nature often requires the more powerful techniques used by certified **KHT PRACTITIONERS**.*

#### **Meridian Therapy**

This level of training covers in detail each of the hand micro-meridians and their special clinical uses. These 12 energy micro-meridians (pathways) are analogous to their body counterparts, but they are a separate, but parallel, system. Application of the special functions of the hand meridians and acu-points adds another level of power and treatment options to enhance Correspondence Therapy.