

MODERN LUXURY SPOTLIGHT



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## Burcin U. Fraser, MD, MPH, FAAAAI

WHOLE FAMILY ALLERGY & IMMUNOTHERAPY

Fascination with immune system dysfunction led Dr. Burcin Fraser to allergy and immunology after years in HIV and breastfeeding research. At Whole Family Allergy and Immunotherapy, her revolutionary approach has transformed countless lives.

“Within the last three years, we have helped almost 200 children prevent or work through a food allergy or multiple food allergies to the point where they can safely eat all food,” she shares. For parents who once lived in constant fear of accidental exposure, these treatments have meant freedom from daily anxiety and a normal childhood for their kids.

Her practice thrives on collaborative innovation, with team members freely exchanging ideas within a culture that values diverse perspectives and continuous learning. Dr. Fraser also loves talking with patients about breakthroughs. She’s especially excited about monoclonal antibodies that target allergic pathways, plus oral immunotherapy that shows remarkable promise for her youngest patients. She’s keeping an eye on emerging peanut vaccines that could transform allergy treatment even further.

Dr. Fraser maintains a personalized approach to patient care by following a four-day work week to replenish her professional passion. She acknowledges that she and her team cannot provide excellent care if not performing their best. “When we are there, we are giving it our all, but we do take our time off and reset to be able to keep doing it.” Her patient philosophy remains refreshingly straightforward: Trust your instincts and seek providers who truly listen.

### LOCATION

8401 Connecticut Ave Ste. 450  
Chevy Chase, MD 20815  
301.453.2530  
[myprivia.com/wholefamilyallergy](https://myprivia.com/wholefamilyallergy)

### DEGREES & CERTIFICATIONS

Doctor of Medicine, Master of Public Health, Fellow of the American Academy of Allergy, Asthma and Immunology

### AREAS OF EXPERTISE

Food Allergy, Oral Immunotherapy, Allergic Rhinitis/Environmental Allergies, Subcutaneous Immunotherapy/Allergy, Shots, Allergic Asthma, Atopic Dermatitis/Eczema, Chronic Hives and Angioedema. Sinusitis and Recurrent Infections, Nasal Polyps, Drug Allergy, Anaphylaxis

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