

TOP DOCTORS® SPOTLIGHT

WHOLE FAMILY ALLERGY AND IMMUNOTHERAPY

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OWNER & PHYSICIAN

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From an early age, Dr. Burcin Fraser was captivated by the intricate workings of the immune system, particularly in its fight against viruses and allergens. Her passion deepened during her mentorship with Dr. Louis Mendelson, laying the groundwork for her career in allergy and immunology.

As a leader in food allergy in the Capitol, Dr. Fraser has dedicated herself to transforming lives through immunotherapy—a role she views as both a privilege and a profound responsibility, especially for children at risk of lifelong food allergies. For her, being a physician isn't just about medical interventions—it's about guiding families, supporting their journeys, and celebrating their resilience through prevention.

"I created my company, Whole Family Allergy and Immunotherapy, on the principle that when we treat one person, we need the entire family involved," says Dr. Fraser. "We strive to empower families to have control over their food allergies and other allergic diseases. What sets us apart is that we are connected with our patients and on a journey together to better their lives."

Dr. Fraser's commitment to community health extends to increasing access to allergist services in remote areas. Efforts such as addressing misconceptions about penicillin allergies highlight the broader public health impact allergy specialists can have, illustrating her dedication to improving healthcare outcomes.

Looking ahead, there is a focus on continuing to communicate prevention strategies with patients and the medical community and bridging healthcare gaps, particularly for underserved communities. The Whole Family Allergy and Immunotherapy approach reflects a belief that a tailored and comprehensive approach will help people reach their healthcare goals. This philosophy differentiates the practice and reinforces the commitment to improving lives together.

