

THESE MEDICATIONS WILL INTERFERE WITH TESTING AND NEED TO BE STOPPED FOR 7 DAYS PRIOR TO TESTING. IF IT IS TOO RISKY TO STOP THEM THEN PLEASE DO NOT STOP YOUR MEDICATIONS. WE WILL DISCUSS OTHER OPTIONS AT YOUR VISIT.

Oral medications

Chlorpheniramine

Diphenhydramine (Benadryl, many cold and flu medications)

Cyproheptadine (Periactin)

Clemastine (Allerhist-1)

Hydroxyzine (Atarax)

Promethazine (Phenergan)

Cetirizine (Zyrtec)

Levocetirizine (Xyzal)

Fexofenadine (Allegra)

Loratadine (Claritin, Alavert)

Gastrointestinal Medications

Cromolyn

Famotidine (Pepcid)

Nasal Sprays

Azelastine (Astepro)

Olopatadine (Rylatris, Patanase)

Eye Drops

Tripelennamine

Azelastine (Optivar)

Olopatadine (Pataday)

Ketotifen (Zatidor)

Cromolyn

Tricyclic Antidepressants

Doxepin (Silenor, Sinequan, Adapin, Zonalon topical)

Desipramine (Norpramin)

Imipramine

Nortriptyline

Amitriptyline

Clomipramine (Anafranil)

Amoxapine
Trimipramine
Protriptyline

Benzodiazepines*

Lorazepam (Ativan)
Clonazepam (Klonopin)
Diazepam (Valium)
Midazolam (Versed)

Atypical Antidepressants/Sedatives*

Mirtazapine (Remeron)
Quetiapine (Seroquel)

Herbal Supplements that MAY affect skin testing

Licorice
Green Tea
Saw Palmetto
St. John's Wort
Feverfew
Quercetin
Stinging Nettle
Butterbur
Turmeric

**THESE MEDICATIONS CAN SOMETIMES AFFECT TESTING. IF POSSIBLE STOP
1-3 DAYS BEFORE TESTING. BUT IF TOO RISKY TO HOLD THEN DO NOT STOP**

Atypical Antidepressants/Sedatives*

Zolpidem (Ambien)
Eszopiclone (Lunesta)
Trazodone
Bupropion (Wellbutrin)

THESE MEDICATION BELOW ARE OKAY TO CONTINUE. NO NEED TO STOP

Serotonin Norepinephrine Reuptake Inhibitors (SNRI)- Ok to stay on

Cymbalta (Duloxetine)

Effexor (Venlafaxine)

Ixen (Milnacipran)

Pristiq (Desvenlafaxine)

Savella (Milnacipran)

Proton Pump Inhibitors (PPI)- OK to stay on

Rabeprazole (Aciphex)

Dexlansoprazole (Dexilant)

Esomeprazole (Nexium)

Lansoprazole (Prevacid)

Omeprazole (Prilosec, Zegerid)

THESE MEDICATIONS CAN AFFECT HOW YOUR BODY RESPONDS TO EPINEPHRINE DURING ANAPHYLAXIS. WE MAY ASK YOU TO HOLD THESE MEDICATIONS AROUND PROCEDURES THAT PUT YOU AT RISK FOR A REACTION LIKE AN ALLERGY SHOT OR ORAL CHALLENGE.

Heart and Blood Pressure Medications, Headache medications, Ocular Drops

Atenolol

Propranolol

Metoprolol

Nadolol

Carvedilol

Timolol

Labetolol

Bisoprolol

Betaxolol