



DR. DEE CARROLL
MOVING BEYOND

DR. DEE CARROLL, PHD

SPEAKER, COACH, AND CONSULTANT

*Your Emotional
Emancipation Doctor*

"IT'S OK TO FALL. LET'S GET YOU BACK UP."

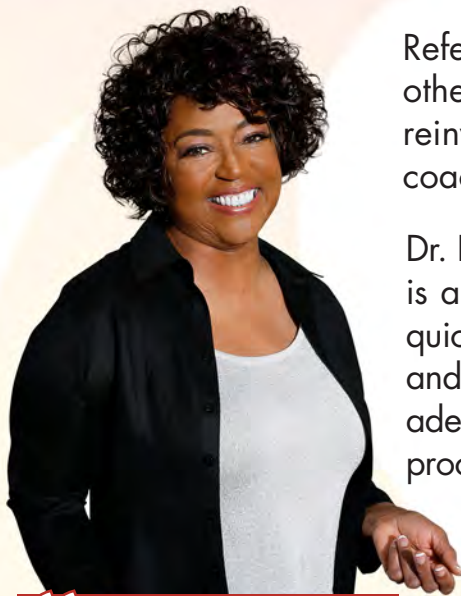


STEP INTO
YOUR FREEDOM & RE-INVENT
YOUR TOUGHEST
CHALLENGES

BIOGRAPHY

Are you overwhelmed with tough decisions? Has life dealt you some difficult blows? Are you wondering how to rise from the ashes?

Dee Carroll, PhD, speaker, coach, and consultant, has a captivating personal experience of re-invention. A phoenix who rose from the ashes of devastating, overwhelming odds to recreate a beautiful life, Dee Carroll spent over 28 years in HR and management, owned her own multi-million dollar firm, and holds degrees in psychology, and business administration and management.



Referred to as the *Emotional Emancipation Doctor*, Dee Carroll helps others discover unique tools to liberate, release, recover, restore, and reinvent their lives. She is a sought-after, gifted, and engaging speaker, coach, seminar host, and consultant.

Dr. Dee enjoys challenges and has successfully taken calculated risks. She is a leader who is able to assume responsibility, master new challenges quickly and derive great satisfaction from working with individuals, teams, and businesses. Dr. Carroll is a seasoned life coach who is results oriented, adept at identifying problems, defining solutions, and implementing new processes and procedures. Her decision to become a Life Coach was to support individuals, corporations, and small business entities in their journey to achieve their goals.

“

You Have
A Choice.
You Can Soar
Like You Never
Have Before! ”

Dr. Carroll attributes her success to a philosophy based on commitment, teamwork, and solutions, and embodies the belief that successful relationships are built on trust, respect, teamwork and confidence.

Dr. Carroll's aim is to lead and guide utilizing sound practices, quality services and effective solutions. She is dedicated to your success, empowerment, and ensuring your movement from where you are to where you want to be!

CREDENTIALS

As an incredibly gifted speaker, Dr. Dee speaks to: Public and Private Sector Entities, HR Corporate, Associations, Women's Groups, Small Business, Churches and Religious Organizations, Recovery Programs, Divorce Groups, Colleges and Universities, and more! Dr. Dee will also work with individuals and families to move through especially difficult or traumatic emotional circumstances.

One of Dr. Dee's most memorable professional accomplishments was her appearance before the United States Senate Committee on Housing and Urban Affairs to respond to a Disparity in Capital Lending to Minorities and Inner City Communities. Dr. Dee was also featured on a CNN segment discussing the success of Minority Owned Businesses.

Story Ideas

THIS IS NOT THE END, IT'S YOUR BEGINNING

Move from emotional agony to achievement.

HOW TO ATTRACT AND RETAIN GREAT EMPLOYEES

High performance without breaking the bank.

DOWNSIZING WITH STYLE

A bridge over troubled waters.

FEAR OF FAILURE

Discover why it's hurting your business.

WHY CAREER CHALLENGES CAN BE YOUR GREATEST GIFTS

Change your perception and change your life.

TEAM LEADER MINDSET REINVENTION

Innovate with bold ideas.

SIX TIPS FOR BUSINESS LEADERS IN CRISIS

One Step at a time.

EMPLOYEE DISSATISFACTION

Why an increasing number of employees walk away to start a business.

RECOGNIZE YOUR MOST VALUABLE ASSET

Tap into your employee's mindset.

A Few of Dr. Dee's Clients



GEORGETOWN UNIVERSITY

Dr. Dee Carroll, PhD | Office: 301.587.0700 | Mobile: 202.905.6653

drdeecarroll@gmail.com | www.drdeecarroll.com

Hooks

- HOW TO STOP FEAR FROM STOPPING YOU
- FORGIVENESS: MAKE IT YOUR ANTI-STRESS SUPERPOWER
- SHOULD YOU FORGIVE A CHEATING SPOUSE?
- DISCOVER THE 30-SECOND QUICK FIX TO REINVENT YOURSELF
- EXPERT REVEALS HOW TO OVERCOME SUICIDAL THOUGHTS
- COULD YOU FORGIVE AN ABUSIVE PARENT?
- 3 STEPS TO IMPROVE YOUR RELATIONSHIP
- WHAT YOUR PARENTS NEVER TAUGHT YOU ABOUT OVERCOMING ADVERSITY
- FORGIVENESS IS KEY! DISCOVER HOW FORGIVENESS CAN PROPEL YOU TO SUCCESS
- LEARN THE SURPRISING SECRET TO GET RID OF STRESS
- FEELING NEGATIVE? DISCOVER A 30-SECOND ATTITUDE BOOST
- GET YOUR DREAM JOB...WITHOUT A COLLEGE DEGREE
- ARE YOUR EMPLOYEES ROBBING YOU BLIND?
- LEARN TO FACE FAILURE AND COME OUT ON TOP
- BOOST YOUR FORGIVENESS POWER
- HOW TO EMANCIPATE YOUR STAFF AND RETAIN TALENT

Radio, Television, and Magazine Appearances:



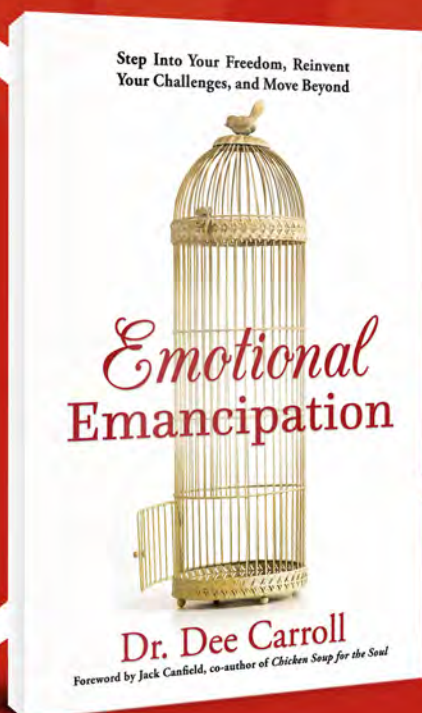
EmeraldPlanet

"Your Sustainable Environmental, Economic,
and Social Development Link"



Your 30 Second Quick Fix to Reinventing Yourself:

- Display courage, conviction, and confidence
- Maintain a positive attitude about the adversity
- Change your ways and thought processes
- Accept reality, take responsibility, and embark on total resolution
- Maintain hope, faith, and trust in your survival skills
- Own your part in the problem and be willing to change and move forward
- Seek immediate support with a coach, pastor, or professional
- Move beyond



*Dee's new book, **Emotional Emancipation: Step Into Your Freedom, Re-Invent Your Challenges, and Move Beyond.***

IS NOW AVAILABLE ONLINE AND WHERE BOOKS ARE SOLD!

CONTACT

Move Beyond Agony In To Achievement



CONNECT ONLINE



facebook.com/drdeecarroll



twitter.com/Dr_Deecarroll



linkedin.com/in/dr-dee-carroll

My prescription is my **FREEDOM** Acronym, which can be used anytime you want to become Emotionally Emancipated:

Forgive Yourself and Others (realize your part in the situation)

Rejuvenate, Replenish, and Reward Yourself (take time for you)

Embrace the Possibility (change your perception, change your life)

Express Gratitude While Being Enlightened (be thankful for the growth-there is no growth without adversity)

Don't Quit, Stay in the Game (your chance of winning is based on your commitment to stay the course)

Own the Fear (take ownership as opposed to allowing fear to own you)

Move Beyond Agony to Achievement (your time is now)

Available Nationwide or Internationally by Arrangement | Based in Washington, DC Metro Area

Dr. Dee Carroll, PhD | Office: 301.587.0700 | Mobile: 202.905.6653
drdeecarroll@gmail.com | www.drdeecarroll.com