



DR. DEE CARROLL
MOVING BEYOND

Dr. Dee Carroll

SPEAKER | AUTHOR | COACH | CONSULTANT

*Dr. Dee is Your
Emotional Emancipation
Love Doctor!*

STEP INTO
YOUR FREEDOM
AND REINVENT
YOUR TOUGHEST
CHALLENGES

AS FEATURED ON:



FORTUNE

500



Psychology Today

FOX

Daily Herald

CBS



Biography

“Are you ready to discover the best version of YOU?”

Dr. Dee is a “Phoenix”, having obtained a new life for herself, exemplifying personal growth and development. She arose from the hot and sulfuric ashes life placed at her feet and found the strength to persevere through overwhelming odds. Mastery of personal growth, the pinnacle of success, and moving beyond life’s obstacles are the foundation of Dr. Dee’s offering as a life coach, motivator, and author.



“*I will inspire and empower you on your journey to self discovery and acceptance.*”

Today she is a sought-after speaker, best-selling author, and podcast host, Dr. Dee, the LOVE DOCTOR. She is passionate about guiding people towards achieving emotional emancipation, which includes cultivating a healthy sense of self-love. “You must feel good about ‘you’.”

Dr. Dee is a global empowerment speaker, coach, and a consultant who has captivated audiences worldwide with her own story of transformation and reinvention! Empower and engage your audiences on the recreation of a beautiful life with Dr. Dee’s uniquely developed dynamic speaking and teaching approaches.

She has spent over 28 years in HR and Management, founded and led a multi-million dollar firm, and holds degrees in psychology and business administration and management, with aspirations towards an advanced degree in divinity with a focus on Christian counseling.

Dr. Dee can be the guiding light that is needed when you are faced with a “life happens” moment. “Adversities can position us to be stronger, better, and more capable than ever before.” Dr. Dee will prepare you to find your way and develop into the person that you were meant to be.

Dr. Dee Carroll | Office: 202.599.6380 | Mobile: 202.507.0218

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Credentials

"Your dreams, desires, and goals are within reach...Stay in the game!"

Featured Appearances:

- Psychology Today
- ABC, CNN, FOX, CBS, NBC
- Fortune 500
- Daily Herald, Digital Journal
- Hustle Mama Magazine
- United States Senate Committee on Housing and Urban Affairs
- Numerous Radio Shows & Podcasts

Join the growing list of organizations Dr. Dee has worked with:

- Executive Office of the President of the United States
- Defense Security Service
- General Service Administration
- Howard University
- Georgetown University
- Bowie State University
- National Association of Social Workers
- Oxford House International
- Mary Kay, Inc.
- Delta Sigma Theta Sorortiy
- Mt. Zion Baptist Church
- Living Word International Christian Church, formerly known as Immanuel's Church
- Entrepreneur Networking Seminar
- Wright Patterson Airforce Base Small Business Development Seminar
- Potomac Power and Electric Company
- Royal Caribbean Cruise Lines Professional and Personal Development
- And others!

A Few Publications and eReleases:

- "Dialogue with Dr. Dee: Moving Beyond" Podcast
- "Reinvent Your Past" Thinkific Course
- Dialogue with Dr. Dee videos on Youtube under "Dr. Dee Carroll"
- How Adversity Can Be Your #1 Solution
- Let Challenge Inspire and Empower You
- Recover, Restore, and Reinvent Your Life
- Discover How Life's Obstacles Equate to Your Success
- Move Beyond Negative Emotions to Freedom and Happiness

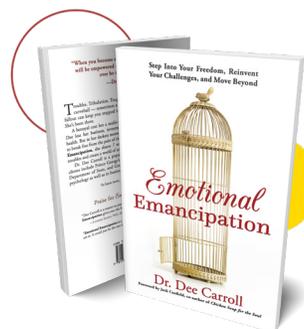
Books by Dr. Dee:

- *Emotional Emancipation: Step Into Your Freedom, Reinvent Your Past, and Move Beyond*
- *Looking 4 Love In All The Wrong Places (Book and Journal)*



Praise for *Looking For Love In All The Wrong Places*

"Dr. Carroll's book is a refreshing, honest, insightful and compassionate take on how to tell a new story when it comes to love and relationships..." - Lena Bell



Praise for *Emotional Emancipation*:

"Dr. Dee provides us with a road map full of clear directions and inspiration to help us not only overcome our struggles but to come out at the other end as stronger and better human beings." - Harvey

Available where books are sold!

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Speaking Topics



As an incredibly gifted speaker, Dr. Dee speaks to:

Public and Private Sector Entities, HR Departments, Corporate, Associations, Women's Groups, Small Businesses, Churches and Religious Organizations, Recovery Programs, Divorce Groups, Colleges and Universities, and more! Dr. Dee will also work with individuals and families to move through especially difficult or traumatic emotional circumstances.

Story Ideas Include:

- **Self Love - Your Path to Freedom:** Unlock your potential and build a fulfilling life rooted in self acceptance.
- **Finding Victory in Your Challenges:** Turn obstacles into stepping stones and emerge stronger from every hurdle.
- **Who am I, Where Am I Going?:** Embark on a journey of self-discovery and chart a meaningful course for your future.
- **Growth and Development is Intentional:** Take control of your evolution and blossom into the best version of yourself.
- **Change is Inevitable:** Embrace the ever-evolving landscape of life and navigate it with grace and resilience.
- **Never Underestimate Your Inner Strength:** Discover the hidden wellspring of power within and tap into it to overcome any obstacle.
- **Visioning For Success:** Paint a vivid picture of your aspirations and ignite the fire to motivation within.
- **Don't Allow Your Path to Slow Your Progress:** Keep moving forward, even when detours appear, and stay focused on your goals.
- **Finding Hope in Your Sorrow:** Navigate through life's inevitable darkness and discover the light of hope that shines within you.
- **Facing Conflicts With Courage:** Approach disagreements with bravery and integrity, fostering understanding and growth.
- **The Power of Gratitude:** Cultivate an attitude of appreciation and unlock happiness in unexpected ways.

Hooks Include:

- **Embrace Your Challenges and Tap into Your Resources**
- **Thriving and Surviving During Times of Uncertainty – Your Best is Lurking Within**
- **How to Exhibit Strength and Courage During Your Challenges - Move Beyond or Suffer in Silence**
- **Change Your Perception and Change Your Mindset**
- **Forgiveness Can Propel You to Greatness**
- **Tap into Your Grace and Give Your Effort a Minute**
- **Be Your Best You - Identify Your Force Within**
- **Give with No Expectations of Receiving... Your Path to Peace**
- **Every Storm Comes with A Beginning and Ending...Know Your Path Forward**
- **Your Dreams, Desires and Goals are Within Reach...Stay in The Game**
- **Failing to Succeed...It Requires Failing to Know That You Can Succeed**

Dr. Dee is Available Nationwide & Internationally and is based in the Washington, DC Metro Area.

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Connect with Dr. Dee

"My prescription is my FREEDOM Acronym, which can be used anytime you want to become *emotional emancipated*."

The FREEDOM Acronym:

Forgive Yourself and Others (realize your part in the situation)

Rejuvenate, Replenish, and Reward Yourself (take time for you)

Embrace the Possibility (change your perception, change your life)

Express Gratitude While Being Enlightened (be thankful for the growth-there is no growth without adversity)

Don't Quit, Stay in the Game (your chance of winning is based on your commitment to stay the course)

Own the Fear (take ownership as opposed to allowing fear to own you)

Move Beyond Agony to Achievement (your time is now)

Move Beyond Agony to Achievement



Dr. Dee is a leading authority in transformation and reinvention and will customize her approach for your event. Her uniquely developed dynamic speaking and teaching approaches have afforded her the opportunity to support countless individuals and organizations in their pursuit of goal and dream achievement.

Dr. Dee is available for local, national, and international engagements and is based in the Washington, D.C. Metro Area. Reach out to discuss booking details!

CONNECT:
WITH DR. DEE
ON SOCIAL

Twitter(X): @dr_dee_carroll1

Linkedin: @drdeecarroll

Youtube: @drdeecarroll_movingbeyond

Facebook: @emotionalemancipationdoctor

Instagram: @emotionalemancipationdoctor

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