

MAY & JUNE NOTICES:

1. A new business phone number and email address for Adaptive Wellness Centre is coming!
2. \$5.00 FEE INCREASES will take effect in June based on current Manual Therapy Rates.
3. Registered Acupuncture appointment FORMATS & FEES are changing. See below.
4. Movement ED Private & Small Group Classes to support you in your journey starting soon!

NEW FORMAT: TCM THERAPY & ACUPUNCTURE ONLY SERVICE OFFERINGS

Returning TCM ACUPUNCTURE patients can now choose between two different types of appointments:

1. **TCM THERAPY for DEDICATED TIME:** Choose this option if you wish to include manual therapy, tuina, shiatsu, guasha, cupping or movement education into your appointment time. Administering these treatments require your practitioner to be present for the duration of your session. **The value of this dedicated time will match that of a Manual Therapy appointment starting June 10, 2024.**
 2. **ACUPUNCTURE ONLY:** Choose this option if you have been assessed and have a Treatment Plan for Acupuncture ONLY. In these appointments you will have a quick check in to assess progress and a shorter quiet time before the needles are removed.
- + MOVEMENT EDUCATION MODALITY:** If you have been assessed and wish to incorporate movement education into your private sessions, you have the option of dedicating a portion of your standard appointment or adding time towards this based on the recommendations of your practitioner.

SERVICES & DURATION	CURRENT RATE	NEW + \$5.00 INCREASE	TAX**	TOTAL INVESTMENT
Manual Therapy (MT) INITIAL 75 min	170.00	175.00	22.75	197.75
MT 60 min	130.00	135.00	17.55	152.55
MT 45 min	105.00	110.00	14.30	124.30
MT30 min	85.00	90.00	11.70	101.70
R. Ac. TCM ACUPUNCTURE SERVICES WILL UPDATE IN MAY. NEW RATES WILL TAKE EFFECT ON JUNE 10, 2024				
TCM Therapy (R.Ac.) INITIAL 75 min	160.00	175.00	n/a	175.00
TCM Therapy, Dedicated 60	120.00	135.00	n/a	135.00
TCM Therapy, Dedicated 45 min	100.00	110.00	n/a	110.00
ACUPUNCTURE ONLY 45 mins	NEW	100.00	n/a	100.00
+ 15 min MOVEMENT EDUCATION	NEW	30.00	n/a	30.00
+ 30 min MOVEMENT EDUCATION	NEW	60.00	n/a	60.00

****TAX EXEMPTION** on all services provided by Registered Acupuncturists, R.Ac.

****HST is applicable to Manual Therapy** services provided by Registered Massage Therapists, MT