



COMING SOON

Movement ED Small Group Workshops to support you in your journey will be starting soon!

R.Ac. TCM THERAPY: Choose this option if you wish to schedule an apt under the scope of Traditional Chinese Medicine to address soft tissue issues, biomechanical imbalances of the body leading to aches and pains as well as the root causes of systemic imbalances and health conditions.

Treatment may include a combination of acupuncture, manual therapy, tuina, shiatsu, guasha, cupping, movement education or diet and lifestyle recommendations into your appointment time.

Depending on your concerns, acupuncture may be suggested however, you are not required to have needles to enjoy the benefits of TCM Therapy.

MT MANUAL THERAPY: Choose this option if you wish to schedule an apt under the scope of Massage Therapy to address soft tissues and biomechanical imbalances of the body leading to aches and pains.

Treatment may include a combination of acupuncture, manual therapy, tuina, shiatsu, guasha, cupping or movement education into your appointment time.

+ MOVEMENT EDUCATION MODALITY: If you have been assessed and wish to incorporate movement education into your private sessions, you have the option of dedicating a portion of your standard appointment or adding time towards this based on the recommendations of your practitioner.

SERVICES & DURATION	CURRENT RATE	TAX**	TOTAL INVESTMENT
TCM Therapy (R.Ac.) INITIAL 75 min	175.00	n/a	175.00
TCM Therapy, 60 mins	135.00	n/a	135.00
TCM Therapy, 45 mins	110.00	n/a	110.00
TCM Therapy 30 mins	90.00	n/a	90.00
Manual Therapy (MT) INITIAL 75 min	175.00	22.75	197.75
Manual Therapy, 60 mins	135.00	17.55	152.55
Manual Therapy, 45 mins	110.00	14.30	124.30
Manual Therapy, 30 mins	90.00	11.70	101.70

Rates are effective as of June 10, 2024 and are subject to yearly increases of \$5.00/ea.

****TAX EXEMPTION** on all services provided by Registered Acupuncturists, R.Ac.

****HST is applicable to Manual Therapy** services provided by Registered Massage Therapists, MT