

Effects of Excessive Blood Loss

Possible **D E A T H**

- . **Reduced blood volume**
- . **Confusion**
- . **Tachycardia**
- . **Possible brain damage**
- . **Lowered haemoglobin**

Effects of Excessive Blood Loss - continued

Lowered haemoglobin

predisposes to:

Anaemia, physical weakness, pallor,

Short of breath when physically active,

May faint easily, profoundly fatigued,

Lassitude, loss of appetite, fever-prone

Diminished breast milk, must drink water

Needs to complement baby feeds (formula)

Needs domestic help ++ rest and sleep

Effects of Excessive Blood Loss - continued

Lowered haemoglobin

predisposes to:

Infection-prone + not clearing up quickly

Costly medications, needs help with baby

And other children, relationships strained

Easily disheartened, fragile temperament

May be at risk of post-natal depression

Long term effects include: **unfitness for work, fear of pregnancy / labour, signs + symptoms of premature aging, hormone disturbances.**