Gorham Youth Cheering (GYC) Policies

Updated 7.1.20

- 1. Participants must attend a Gorham public school or reside in Gorham.
- 2. If a neighboring town/city does not have a program, athletes will be allowed to join the Gorham Youth Cheering Program. Neighboring towns/cities are qualified as towns bordering Gorham: Westbrook, Windham, Standish, Buxton, Scarborough.
- 3. A 10% sibling discount will be given for each child from the same household registered after the registration of the first child.
- 4. While GYC is primarily for grades 1-8, we will occasionally host both younger and older athletes for community building (example: clinics)
- 5. GYC was created to support the athletes of the Gorham Youth Football Program; however, participation may not be limited to football season and events may be offered for participation throughout the calendar year.
- 6. Athletes are expected to attend every practice; if an athlete misses three practices in a row, they may be removed from the team. Likewise, athletes are expected to attend every event. Exceptions to both of these rules need to be discussed with the coaching staff.
- 7. Sportsmanship and teamwork are of the upmost importance. Bullying will not be tolerated nor will badmouthing of players, teams, or towns regardless if it is related to Gorham or beyond. Athletes who do not adhere to this policy will be removed from the team.
- 8. Athletes may not attend practices or events if exhibiting any signs of illness or have a fever. You must be symptom and fever free for at least 24 hours before attending practice UNLESS you have been recommended to self-quarantine by your doctor. We will require a doctor's note to return to practice. In consideration of COVID-19 CDC recommendations, all athletes are required to wear masks TO practice and when otherwise instructed. GYC will enforce social distancing guidelines as needed. Upon arrival at a practice or event, we will be checking temperatures and hand sanitizing as well as sanitizing during any breaks and at the end of each practice. Coaching staff will also be masked unless coaching from a safe social distance. Stunting will only be allowed with masks. Athletes are asked to bring their own water bottles and will be reminded not to share items.