## **TESTIMONIES ON RELEASING**

"I used to have water phobia and that was directly related to a near drowning experience. During the releasing session, I also had an insight into my some of my issues that I was not aware of, and that was the deep grief and feeling of loss over the passing of my mother. It was somehow related to my near drowning as I had experienced fear over the uncertainty of who would take care of my mother if I had died. After the releasing session, I felt a sense of peace and relief. As an islander, for the first time in many years, I can finally also enjoy the sea."

Kartini, fashion designer, Langkawi

"I was suffering from stage 3C colorectal cancer, had autoimmune disorder and fibroids as well as clinical depression when I was introduced to Azrina and Jules by a close friend. The 3 Releasing sessions and Bioresonance over 3 months, were a turning point in my healing. The tumours in my colon and rectum have shrunk in size. The releasing also helped me to heal my childhood traumas and the Bioresonance increased my vital energy while I was undergoing chemotherapy. I also began to release my resistance to accept and receive the love and support from my loved ones. It was really hard for me to accept love and care from others before this.

"I also quit smoking after a special session of hypnotherapy with Jules. I was in a class with many other cancer survivors, and I was looking so much better. In fact, I don't look like a cancer patient. I really don't think I would be in this state, mentally and psychologically if it weren't for them. Thanks very much you guys!"

- "Helen", age 54, engineer

"When I was younger, I received some black arts and mantras from my uncle and my grandmother. Their intention was to help me to be more confident and if I chanted the mantras, it would make people sympathise with me. But I have not used them for a long time because I regretted and repented. Anyway, they were not effective when I used them last time. But it became a problem as I kept remembering them even though I was determined to forget it...till it disturbed my mind and my physical health.

After a Releasing session plus hypnotherapy with Azrina and Jules, I successfully released the knowledge and forgot the mantras. Up till today, I could not remember them even if I tried and I feel more peaceful in my mind and my life."

- "Ismail", 53, Warehouse supervisor

"Thank you so much for guiding me through the journey of self-discovery, healing, and rebuilding my life. There are no words in the world that can describe how much your work has affected my life. With these beautiful changes, I want you to know that I will keep helping others too.

You both are amazing, an incredible power couple with whom I love working and being a part of in this life. Love you both, and may all the great work continue to help more people, transforming their lives as much as mine or even more.

From the deepest part of my soul, from the bottom of my heart, thank you so very much. May what we have continue to beautifully grow, helping the world become a better place for us all...

Nor Adila, CEO and therapist for special children