

# Community Larders, Warm Spaces and Food Banks in Tunbridge Wells and surrounding areas:

**St Marks Community Larder:** Wednesdays at 1-3pm at St Mark's Church hall on St Mark's Road/Broadwater Down. Suggested donation £3 for a large bag of food & toiletries. You need to book in advance via text on [07984523646](tel:07984523646) or email [stmarkscommunitylarder@gmail.com](mailto:stmarkscommunitylarder@gmail.com). If you'd like to donate to the larder, we suggest emailing the same email for information.

**St Philips Church:** Birken Road run a community larder every Tuesday from 11.15-12.30pm, with a free cafe open from 10.30 until the larder finishes. The coffee shop offer coffee/tea and biscuits. It's a minimum £4 donation and there's a wide variety of food on offer. Take along a carrier bag to top up on food (card or cash is fine). All are welcome.

**Number One Community Cafe** in Showfields runs a food larder on Wednesdays from 10am-12pm. There's a suggested donation of £3. Email [steph@numberonecommunity.org](mailto:steph@numberonecommunity.org) for more info.

**Nourish food bank** in Tunbridge Wells works on a referral-only basis. There are lots of ways you can help this vital resource Visit the nourish website for more information. You can email them here: [admin@nourishcommunityfoodbank.org.uk](mailto:admin@nourishcommunityfoodbank.org.uk) to find out more about volunteering or how to be referred.

**Crowborough Community Pantry:** Beechview Parade, Walshes Road, Crowborough TN6 3RA. Mondays 10am until 11am; Tuesdays 2.30pm until 4pm; Wednesdays 2pm – 3pm; Thursdays 6pm until 7pm; Saturdays 10am until 11am and Sundays 6pm – 6.30pm. Suggested donations of £2, but if you aren't able to donate that's fine too.

**The community larder at St Matts:** Friday mornings at 9.30-10.45am at Bethel Hall, High Brooms Road. £5 donation for select one or more bags of food. They also run a lovely sounding warm space on Wednesdays from 11am-3pm. There's free tea, coffee, hot soup lunch as well as board games and WiFi. Donations welcome, but not required.

**Pembury Larder** brings together the churches in Pembury to create a central hub. As well as food, they can also top up gas and electricity meter keys if needed. If you know of any families who could use their help, in the first instance phone on [01892 825590](tel:01892825590) or email on [office@pemburybaptistchurch.org](mailto:office@pemburybaptistchurch.org). Each matter is dealt with confidentially and discreetly.

**Rusthall Community Larder** runs on Fridays from 12.30-2.15pm at St Paul's Church Centre Hall next to the pharmacy on Rusthall High Street. Take a bag with you. Everyone is welcome. Also, in Rusthall, The URC and Community Larder run **Tea & Toast Club** every Friday 3-6pm at the URC hall. All are welcome to come along and have a hot drink, toast and a friendly chat. There's no charge, and no booking. Rusthall URC run **Community**

**Coffee** monthly in Rusthall. Check their Facebook page for updates, but they offer coffee, cake, a hot lunch – and even a raffle.

**Tunbridge Wells Baptist Church:** Community Larder available Tuesdays 12.45pm-1.30pm at Tunbridge Wells Baptist Church. You can choose your own food, just bring your own bags and there's a recommended donation of £3. You need to book a space.

**Salvation Army** on Bayhall Road in Tunbridge Wells are a registered warm space. They offer lunch on Wednesdays and Thursdays at 12.30pm for £5, or free for people without homes. It's child friendly and offers free WiFi, charging facilities and accessible toilets. They also fairly regularly offer free dental services via **DentAid** on their premises. Contact [tunbridge.wells@salvationarmy.org.uk](mailto:tunbridge.wells@salvationarmy.org.uk) for more information.

**Christ Church Tunbridge Wells** runs Thrive Community Cafe on Thursdays 10am-12pm. This warm space offers free hot drinks and cake.

**Southborough Civic Centre** hosts a warm hub every Monday from 9am until 6pm. Expect a friendly and warm welcome. For more information call 01892 520770 or email [facilities-team@southboroughcouncil.co.uk](mailto:facilities-team@southboroughcouncil.co.uk)

**Sustain food bank:** Tonbridge Baptist Church. They are open for people to collect parcels from 12-1pm on Mondays, Wednesdays and Fridays. Referrals can be made by any front line care agency such as GP, school teacher, early help, social services, health visitor, Jobcentre, Tonbridge Gateway, social worker, doctor or citizens advice. If you are in need of food please contact one of these agencies.

**FEAST** have two projects in Kent. One is to provide families with fresh, hot meals during the school holidays. You can book onto these on their website when they're running. They also run **three community larders** in Tonbridge called Fresh. These are at Tonbridge Methodist Church larder on Wednesdays at 10.30am-12.30pm, St Stephens's Church larder on Saturdays 10.30am-12.30pm and The Oaks (TN10 4PT) on Fridays during term time 10am-1pm (this last one is food-cupboard essentials only). You need to book before visiting on their website. If you'd like to help this fantastic organisation then email them on [donate@feast.org.uk](mailto:donate@feast.org.uk)

**Clothes to Go:** Every Wednesdays during term time, Tonbridge Baptist Church runs from 10am-12pm. This is a place to pick up quality second-hand clothes for all the family, for a nominal charge. Donations are welcome – please bring them along on a Wednesday morning, or leave them in Reception marked "Clothes To Go".

**Tonbridge Baptist Church:** also runs an open house every Wednesday and Friday from 10am-noon. Here you can find coffee and biscuits, games and a chat, along with help finding relevant support if you need it. The debt-advice service are regularly there too.

**Hawkhurst Community Fridge**: offers free food for everyone in the community. It runs Monday to Sunday 8am-8pm outside The Green Shop on Rye Road. Contact them on [Hawkhurstcommunityfridge@gmail.com](mailto:Hawkhurstcommunityfridge@gmail.com) for more info.

**Southborough Christ Church Community Larder**: Thursdays at 12-1pm on Christ Church on Prospect Road. If you'd like to donate items to this Community Larder you can do so through the collection basket located in Costcutter, London Road Southborough, or for larger donations [email Rev Dave](#).

**Nibble and Natter**: Ridgewood Village Hall runs every Monday 12-3pm. There's no need to book and everyone is welcome.

**The Community Storehouse**: in Paddock Wood is the local food bank. You can self refer to this food bank but you will need some documentation such as Job Centre letter, Housing Association letter or Utility Company letters. You can also be referred here. See the website for more information.

**The Youth Centre Tunbridge Wells Youth for Christ**: runs a warm space for secondary school students on Monday to Friday, 3.30-5pm. There's free cake and toast, plus Xboxes to play on while you're there.

**The Kitchen Table**: on Camden Road is a registered safe space, and does a lot of work in the community for people with mental health issues. There is always a friendly welcome here, or they won't take offence if you'd just like to be left alone.

**Mosaic Resource Centre**: on Quarry Road is a day centre open Monday-Friday. It offers soup bowls daily from here between 12.30pm and 1.30pm as well as cooking lessons and help with reading, writing and English language lessons, plus showers and a laundry room. It's open to anyone in need.

**Langton Pavilion**: run Langton's Winter Warmer to provide delicious homemade soup and a roll, available for everyone in the village for £1. Contact Emma at Langton Pavilion directly for more information.

**Warm Wednesdays**: St Richard's in Crowborough run (from 14 December) at 12-4pm at St Richard's Church Hall. There's free hot drinks, snacks, activities and a free bookable lunch. To book call Jo on [07712611209](tel:07712611209) or Hilary on [07517414010](tel:07517414010).

**Cranbrook and Sissinghurst Parish Council**: run a warm space at Vestry Hall in Cranbrook every Tuesday, 12-2pm. There's soup, roll, dessert and company. Everyone is welcome.

You can also download the [Olio app](#) on your phone, which connects those with surplus foods – mostly supermarkets and restaurants – with those that can make use of it.