

Assessment Services for NDIS Participants

Which funding management options and categories from your NDIS plan can you use for dietetic services?

Here at Hatch Dietetics, we can provide services to NDIS participants who are self-managed or plan-managed. We offer telehealth, phone or home visiting services. Note, our home visiting services are offered based on clinical need and your location.

If you are hoping to use NDIS funds, you can use the following funding items for dietetic services with us:

- Capacity Building Supports: Improved health and wellbeing (any age)
- Capacity Building Supports: Improved daily living category – therapy supports for over 7 years – ‘Other Therapy’ and/or ‘Dietitian Consultation and Diet Plan Development’
- Capacity Building Supports for Early Childhood Interventions: Other Therapy
- Core Supports – assistance with daily life supports: Disability related health supports

Our comprehensive dietary and mealtime assessment package

We start our service with you by undertaking a comprehensive dietary and mealtime assessment so that we can understand your goals, your strengths and any challenges that you might be experiencing. This assessment package may include the following direct and behind the scenes work to support you:

Direct nutrition assessment session

This is a session which involves talking with you so that we can learn more about you, your goals, your strengths and any barriers that you may be experiencing to achieving your goals. We may also undertake a nutrition-focussed physical assessment. This involves taking some measurements and looking at some parts of your body (such as your muscles, nails, skin and hair). This will help us to assess your nutritional status. If you have a feeding tube, we may look at your tube site and equipment that you use for tube feeding. This session can take 1.5-2 hours.

Mealtime observation session

We may request to see you eating a meal or snack. We may ask to look at what you do before, during and after a mealtime to gain a good understanding of how you feel about mealtimes, how ready you are to eat and drink, how much enjoyment you get out of your meals and how you respond to different foods. We can do this in-person or we may ask you to take a video of a typical mealtime and watch it back together.

Indirect nutrition, mealtime and diet analysis

We may do some work ‘behind the scenes’ to support you. This includes analysing the food information that you have provided us and to determine if there are any nutritional gaps that may be impacting your function. We may need to plot and assess how you are growing as well as assessing your mealtime information against standards. We may also need to communicate or

review information from other formal and informal supports in your life. This helps us to better understand the functional impact of your food intake and mealtimes so that we can build a plan together to work on the goals that are important to you.

Report for funding body or clinical reports with recommendations for you

If we are only providing an assessment service for you, we will need to write a report for your funding body (NDIA). Please note, the NDIA requires allied health professionals to complete participant reports as part of the services delivered. This cannot be negotiated.

If you are seeking therapeutic intervention services with us, we may consolidate our assessment findings into a clinical report for you to help us guide your intervention services. We will discuss whether a report is required at this point or later in your plan cycle.

An assessment outcomes session

This session is where we discuss all the findings of our assessment and support you to understand how these areas link in with your functional goals. We may also provide you with general strategies on how to reach your goals, or we may recommend and discuss a plan for ongoing intervention supports.

How many hours do I need to commence services with Hatch Dietetics?

For all NDIS services a minimum of 5 hours (+ any travel) is required. We will discuss travel requirements with you upon application for our services.

If we do not require 5 hours to undertake your assessment, we will discuss this with you. In this instance, you could redirect your funding to other therapies or we can use it to support you with a therapeutic intervention.

What happens after your assessment?

Following your assessment, further funding can be allocated to support you to work on a therapeutic intervention. This is where we support you with your therapy goals. If you choose to continue to work with us, we will discuss what services will look like for you.

Want to learn more about our services?

For further information, please see the following links:

<https://hatchdietetics.com.au/client-services>

<https://hatchdietetics.com.au/ndis-information>

<https://hatchdietetics.com.au/blog/f/dietitian-services-and-the-ndis>