

# REDESIGNING MSK CARE DELIVERY

### WHY INVEST IN A MSK SOLUTION?

Integrated Musculoskeletal Care

The need is growing for quality treatment and care. Over the past decade, the number of individuals who suffer from musculoskeletal disorders (MSDs) has increased by more than 25%. This percentage is expected to increase with an aging population.

50%

Recurrence of MSK

Conditions at 1 Year

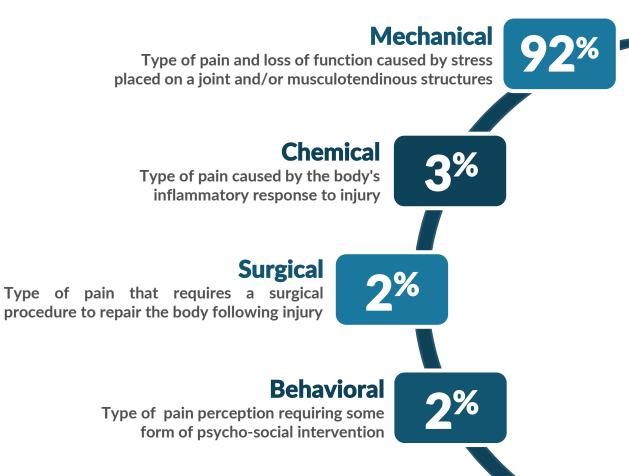
40%
Of MSD's are misdiagnosed

Americans currently suffer from an MSD 10-year Increase in Prevalence of MSK Occupational related Injuries are MSK The numbers that matter

45%
of patients have failed previous care

### **IMC CLINICAL PROCESS**

JointStrong® approach to MSD's



#### **RESPONSE** BASED ASSESSMENT

Matching the patient's condition with the most appropriate treatment classification allows the clinician to rapidly sub-classify the patient into one of five management groups for treatment.

**Red Flags** 

Type of pain associated with non-musculoskeletal related severe health conditions

.1%

### IMC CLINICAL PROCESS

Patient Stratification



#### TRIAGE QUESTIONNAIRE

Performed by a JointStrong® Health Coach or the Mobile Application to properly stratify patients into the appropriate category.

#### **SELF-CARE**

50+% of MSK cases can effectively self-treat and resolve their condition through provider guided, health coach guided or mobile app guided self-care protocols.

#### **CONSERVATIVE CARE**

MSK patients that are unable to manage or resolve their condition with self-care protocols, require escalation into conservative care through the JointStrong® clinical network or virtual care platform.

#### **SPECIALTY CARE**

MSK patients unable to resolve their condition through self-care or conservative care programs may require escalation into specialty care.

### IMC CLINICAL PROCESS

How patients receive care



 JointStrong<sup>®</sup> Triage Trained Clinicians (IMC)

Conservative Care Clinics

Occupational Health



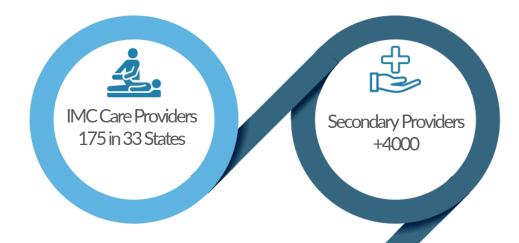
### **Virtual Care**

- Self-Care Mobile App
- Health Coaching
- JointStrong ®Telehealth

### **ACTIVE CLINICAL NETWORK**

Integrated Musculoskeletal Care

IMC'S programs provide patients convenient access to MSK services throughout the United States, ensuring optimum healthcare services and value.







### **IN-PERSON CARE MODEL**

Integrated Musculoskeletal Care



#### TRIAGE TRAINING

Proprietary training programs optimizing PCP's ability to triage MSK cases in at on-site/near-site or community based practices accessed by members.



#### **CONSERVATIVE CARE CLINICS**

National network of highly trained, standardized, and quality assured JointStrong® PT/Chiro.



#### **ON-SITE IMC PT / CHIRO**

For employers with concentrated work forces utilizing on-site/near-site or DPC clinics, IMC embeds JointStrong® providers within their clinic.



#### **OCCUPATIONAL HEALTH**

Proprietary training programs for care providers and employees alike, with IMC on-site clinician providing all care for escalated cases.

- Available to all members
- Dedicated clinic





## JointStrong® MORIJE APPLICATION



Diagnostic Assessment of musculoskeletal condition, ensuring proper diagnosis and level of care is met



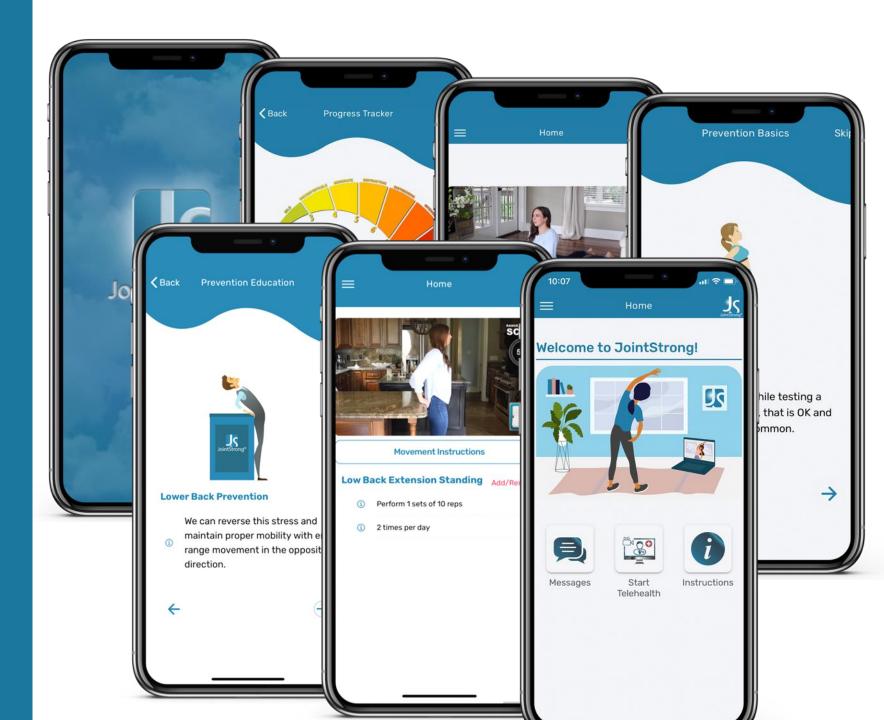
Personalized Treatment Plan tailored to results of diagnostic assessment

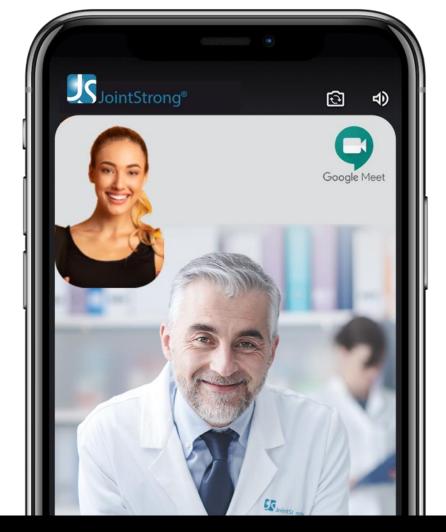


On-Call Wellness Coaches available to assist with questions and offer support



Customized Self-Care Education specific to the patient's condition





### **IMC VIRTUAL CARE**

JointStrong® video-based telehealth appointments provide the ability to schedule with our quality trained clinicians from the comfort of your home or office.



**49 State Network of Providers** 



JointStrong® Clinicians



**Outcomes Assessment** 



HIPPA Compliant Video and Direct Communications



**Personalized Treatment Plans** 

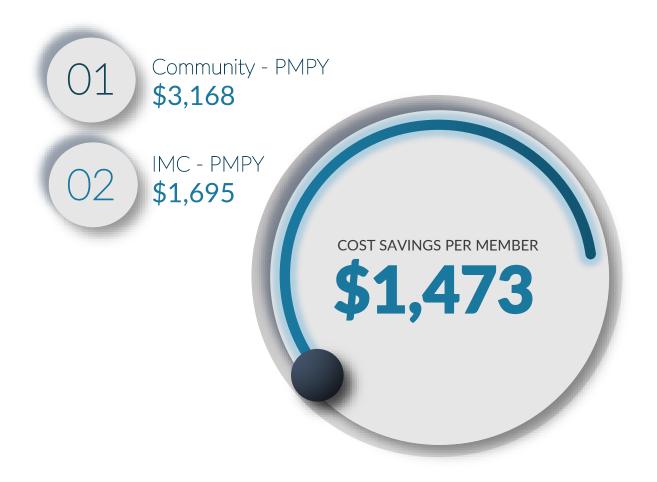


**Cross Platform Functionality** 

### FINANCIAL OUTCOMES

On-site Employer Case Study

Represent 15,000+ MSK-related cases treated with IMC's comprehensive suite of JointStrong® programs over a 9-year period for a Fortune 500 employer.

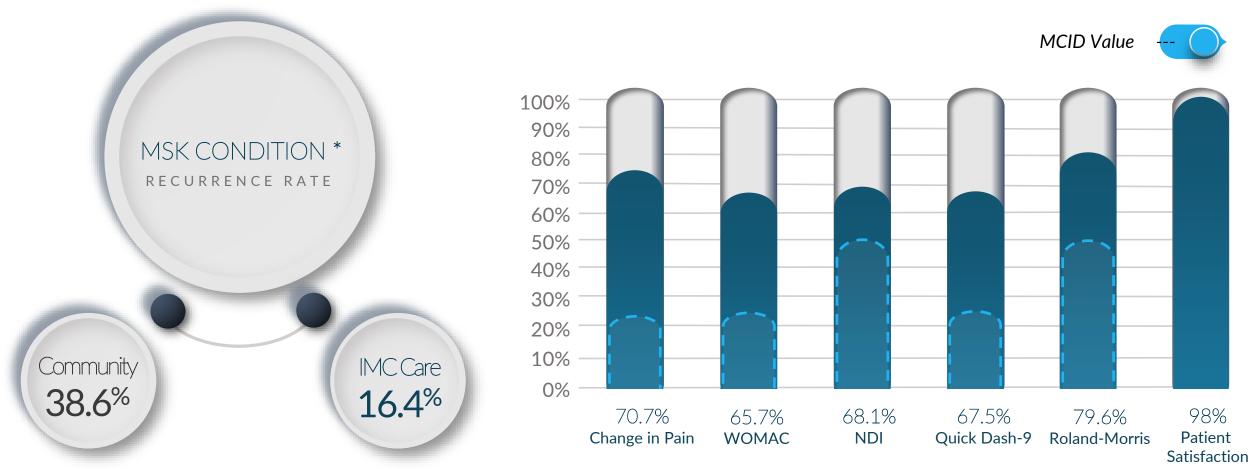


Injection	Community <b>22.1%</b>	имс <b>4.8%</b>	Difference -78%
Emergency	Community <b>13.7%</b>	IMC <b>2.1%</b>	Difference -84%
Imaging	Community <b>25.8%</b>	IMC <b>13.8%</b>	Difference -46%
Surgery	Community <b>12.6%</b>	<sub>IMC</sub> 7.9%	Difference -37%
Therapy	Community <b>25.8%</b>	имс <b>71.4%</b>	Difference <b>176%</b>

### **CLINICAL OUTCOMES**

On-site Employer Case Study

Represents 15,000+ MSK-related cases treated with IMC's comprehensive suite of JointStrong® programs over a 9-year period for a Fortune 500 employer.



<sup>\*</sup> Based on 18-month post discharge analysis of claims data

### FINANCIAL OUTCOMES

Dispersed Employer Case Study

Represents the client experience of a highly dispersed employer utilizing IMC's Digital Platform model.

Scheduled Surgical Procedures 46% of scheduled MSK surgical procedures cancelled following IMC care

**81%** of all IMC cases treated with JointStrong® Telehealth



### **SOLUTION COST SAMPLE**

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**HEALTH COACHING CASE** \$10000

VIRTUAL CARE CASE \$75000 - \$90000

**IN-PERSON CASE** \$85000 - \$100000

#### **NO SERVICE PMPM**

All services are utilization based. and there is no PMPM or PMPY associated with the IMC program.

#### **FOLLOW UPS INCLUDED**

After discharge, a patient may return to their IMC provider for up to 3 months in the event of condition recurrence with no additional charge to client





Client is billed after the member's initial evaluation. Clinical care cases can be billed as medical claims through clients TPA or invoiced directly to client.

**ALL INCLUSIVE RATE** 

Each case constitutes all potential visits with an IMC clinician for treatment of a body region

### **VERIFIED SAVINGS**

For the lives we touch

IMC guarantees a 25% reduction in your organizations musculoskeletal spend.







### **SOLUTION INTEGRATION**

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#### **EDUCATIONAL SUPPORT**

Provide education to care coordination teams on proper identification of patients appropriate for JointStrong® programs.

#### **OPERATIFICATION REVIEW**

Review pre-certification information and implement outreach campaigns targeting patients at-risk for escalation into higher cost care.

### OB CALL CENTER | PATIENT TRANSFERS

Accept warm transfers to further patient education of JointStrong® programs and enroll qualified patients in the proper level of care.

#### **O4** OUTCOMES COLLECTION

Transfer outcomes data on member interactions, program completion, and recommended continuation of treatment plans to care coordination teams.

#### **OS CLINICAL CARE RECOMMENDATIONS**

Engage second opinion vendors to provide detailed JointStrong<sup>®</sup> clinical care notes and recommendations to assist in patient's clinical treatment.



### **COMMUNICATION OPPORTUNITIES**

Member - Patient Engagement

IMC has successfully implemented segmented and general population strategic marketing campaigns for clients of all sizes with centralized and dispersed member populations across all industries.



Email and Direct Mail
Communications

Care Coordination, HR Benefits Team Training

On-site Program Presentations

Prior Authorization Programs

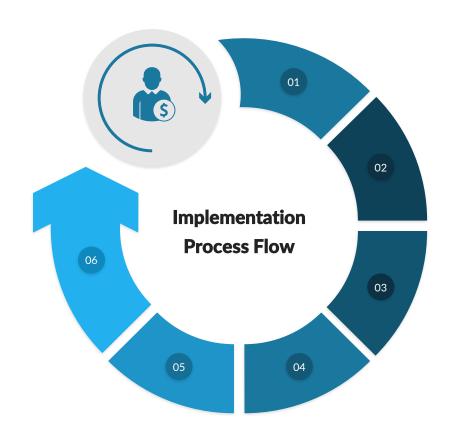
Client App and Website Integration

Breakroom / Common Area Print Media and Video Program Content

On-site Provider / Clinician Training and Program Introduction

### WHAT HAPPENS NEXT

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- Client provides member census data for location mapping to IMC clinical network.
- OPPORTUNITY ANALSYSIS
  Client provides claims data for opportunity analysis
- os STATEMENT OF WORK

  IMC develops statement of work based on client needs and claims data review
- SET IMPLEMENTATION STRATEGY
  Client and IMC develop implementation strategy and service locations / pathway utilization
- OS REVIEW FINANCIAL AGREEMENT
  Client and IMC will set case rate for care
- KPI GUARANTEES SET

  IMC and client will establish key performance indicators (KPI's) around which contracted guarantees will be made.



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