



# Your Company's **Complete Mental Health Solution**

**Blomquist Hale**  
SOLUTIONS

# BLOMQUIST HALE SOLUTIONS

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Over the years, Blomquist Hale Solutions has seen the importance of a mental health program within an organization. Due to the rise in mental health needs, Blomquist Hale Solutions is providing a personalized and complete mental health package for your organization and employees. When partnering with Blomquist Hale Solutions, your employees will have access to the most proactive and advanced mental health program offered. Employees will have access to face-to-face counseling sessions and other mental health resources.

Blomquist Hale Solutions prides themselves on offering not only mental health services to your employees, but a partnership that your organization can rely on.

**2 TO 3 TIMES HIGHER EMPLOYEE ENGAGEMENT**

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**SAVING YOU MONEY**

**HIGH UTILIZATION**

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**Why is it so Important?**

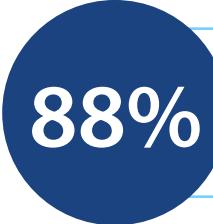
Did you know that 1 in 4 employees deal with a significant life issue each year? The impact of these untreated life issues will result in higher unscheduled absenteeism, lower job performance, lower motivation and overall decrease in well-being. Also, the ROI is only realized as employees and the organization utilize the resources. **Higher utilization = Higher return on investment.** Many of our competitors strive to have low utilization. This doesn't mean fewer employees are in need of help, it only means more employee issues go untreated and unaddressed. Savings from discounted mental health services are swallowed up in the mounting costs of advanced treatment from outside providers, untreated illnesses that manifest in the workplace, and reduced productivity.

When partnering with Blomquist Hale Solutions, your employees will know and utilize their benefit. Our focus is to increase the number of employees and dependents who get help. In turn, this helps your organization [reduce company cost](#) and [increase employee performance](#).

# MENTAL HEALTH: COVID-19

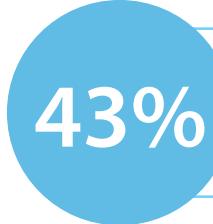
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There has never been a greater need than right now to address the incidence of serious anxiety, depression, insomnia and suicidal thoughts amongst your employees. Below are some alarming stats:



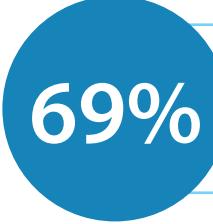
**88%**

of workers say that they have experienced moderate to extreme stress.



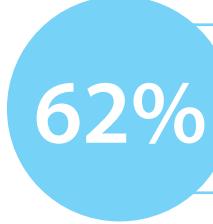
**43%**

of workers say they have become physically ill due to work-related stress.



**69%**

of workers say that right now is the most stressful time of their entire careers, even more so than during the September 11 terrorist attacks or the 2008 Great Recession.



**62%**

of workers report losing at least one hour a day in productivity due to COVID-19-related stress, and 32% say they lose at least two hours per day.

The COVID -19 research confirms that employers need to make mental health support a priority for moving forward, or risk a dramatic impact on employee health and productivity. While some employers have programs in place, there is a lot of opportunity for improvement. Blomquist Hale Solutions is positioned to help organizations and employees navigate these uncertain times and have the much needed support to positively impact your employees lives.

## NEW SERVICE - SUPPORT NOW

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### Talk with a Licensed Therapist Instantly

We recognize that none of us are immune to the stresses that life brings. It is important for your employees and their dependents to have the opportunity to discuss the things that are on their mind **instantly**. Through the Blomquist Hale Support Now program, employees and dependents instantly connect with a licensed therapist via **phone, text, email or video**. No appointment is necessary.

# DEDICATED SUPPORT & RESOURCES FOR LEADERS

Our Business Consultants are experienced in company management & leadership, and will work with you to feel confident and comfortable with the services Blomquist Hale offers. We offer tools, training and resources to support your managers, supervisors, and HR teams. Our leadership support includes training, development and consultations with your leadership teams.



Your leadership and HR teams will get to know our professionals, because we visit often. We know the importance of building trust and relationships.



You choose a tailored array of workshops and custom training, built for your goals.



On-site crisis support for your organization. When difficult critical incidents occur, Blomquist Hale will be there to support you and your employees.



Every quarter we will review your results and strategize new ways to intensify employee engagement.



Managers consult us for help with tricky cases like job performance problems or team effectiveness issues.

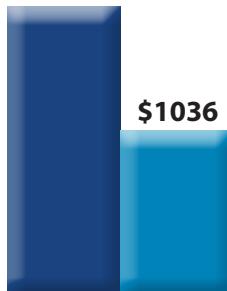


Supervisor Trainings - We provide supervisor trainings to help your leaders be more equipped to lead the organization and support employees.

# REDUCE YOUR CLAIMS

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We focus on solutions, and provide treatment intense enough to deliver those solutions. [Fewer than 20% require a referral](#) to an outside provider. An independent study examining financial savings shows insurance utilization immediately dropped following the implementation of the Blomquist Hale Employee Assistance. A 12-month before-and-after comparison yielded impressive results.



Annual Savings on  
Medical Claims Per Employee

■ Costs before adding Blomquist Hale Solutions  
■ Value realized with Blomquist Hale

Source: PEHP Savings with Blomquist Hale Solutions Study

## No Set Limits On Sessions

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Blomquist Hale provides real, meaningful help with no set session limits. In addition, Our monitors keep watch constantly for treatment quality, cost-effectiveness, and customer satisfaction.

Quality time with a good counselor is expensive. That's why cut-rate mental health providers keep sessions to a minimum, or they opt to send your employees elsewhere, to costly outside providers. This cost-cutting approach only masks and shuffles problems.

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# SERVICES AVAILABLE

## COVID-19 Support

We are positioned to help organizations and employees navigate these uncertain times and have much needed support that so many are seeking.

## Support Now

Through the Blomquist Hale Support Now Program, employees and dependents instantly connect with a licensed therapists via phone, text, email or video. No appointment is necessary.

## Resources for Leaders

We offer tools, training and resources to support your managers, supervisors, and HR teams. Our leadership support includes training, development and consultations with your leadership teams.

## Dedicated Organizational Support

Our Business Consultants are experienced in company management & leadership, and will work with you to feel confident and comfortable with the services Blomquist Hale offers.

## Rapid Crisis Intervention

We are experts in crisis response and are available around the clock by phone for emergencies. We guarantee swift and appropriate critical incident response.

## Legal, Financial & Senior Care

Employees and their dependents have access to legal, financial and senior care consultations.

## Workshops

Blomquist Hale offers a host of educational workshops for your employees (both on-site and via webinar). Topics include stress, anxiety, relationship skills, financial planning, wellness and work-life issues.

## Drug-Free Workplace Services

We provide substance abuse professional (SAP) services, and train your leadership to recognize when an employee may be putting themselves and others at risk through substance abuse.

# ADDITIONAL SERVICES

Blomquist Hale has additional services that are available to purchase. Below is a list of services available to your organization.

## Leadership

First-class leadership program that focuses on providing practical training and tools that allow organizations to forge unified cultures that profit.

## First Responder

We recognize the unique needs and the importance of ongoing understanding, training, and the right therapists partnered with those professionals.



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