



resilience^{oro}

BY ORRIANT

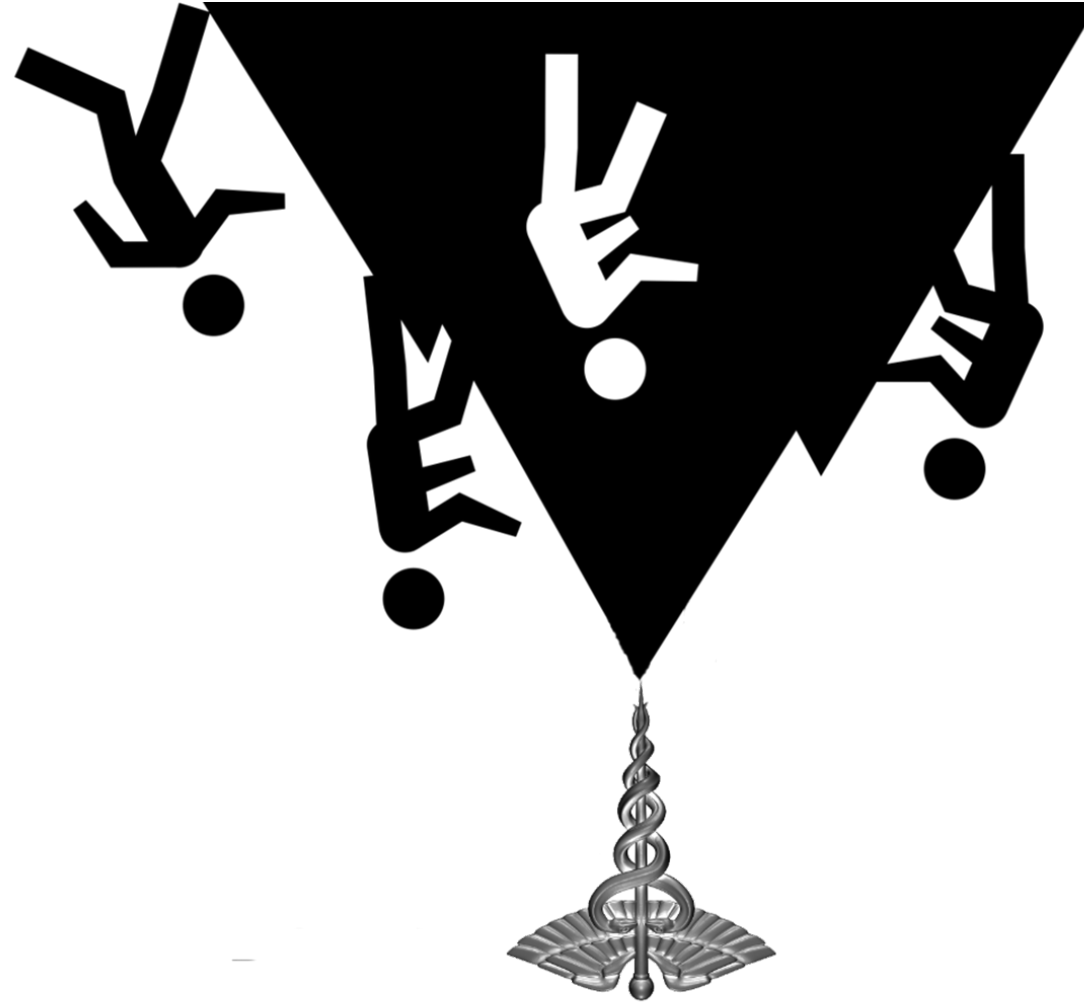
A Uniquely Proactive
Mental Health and
Personalized Well-being
Strategy

Focus

Healthcare: Bottom of the Cliff









87.5%
of healthcare
costs are
lifestyle related

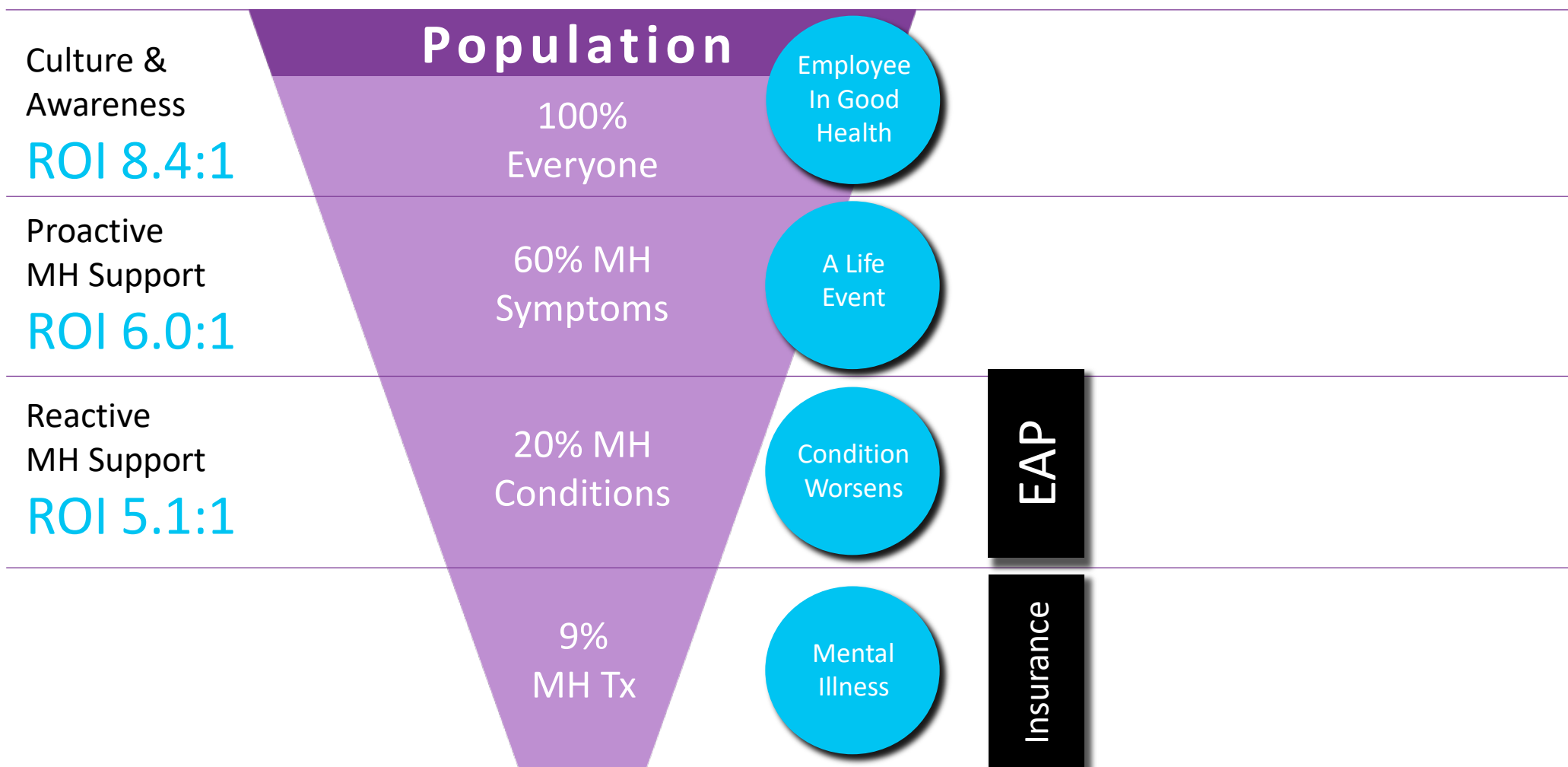


Source: Indiana University-Purdue University, Fort Wayne (IPFW) Study, 2006

Potential ROI
for each stage of
Prevention:

Mental Health in the Workplace:

Employee
Journey



Source: Deloitte-UK Mental Health Employers Monitor Deloitte Oct 2017 PDF

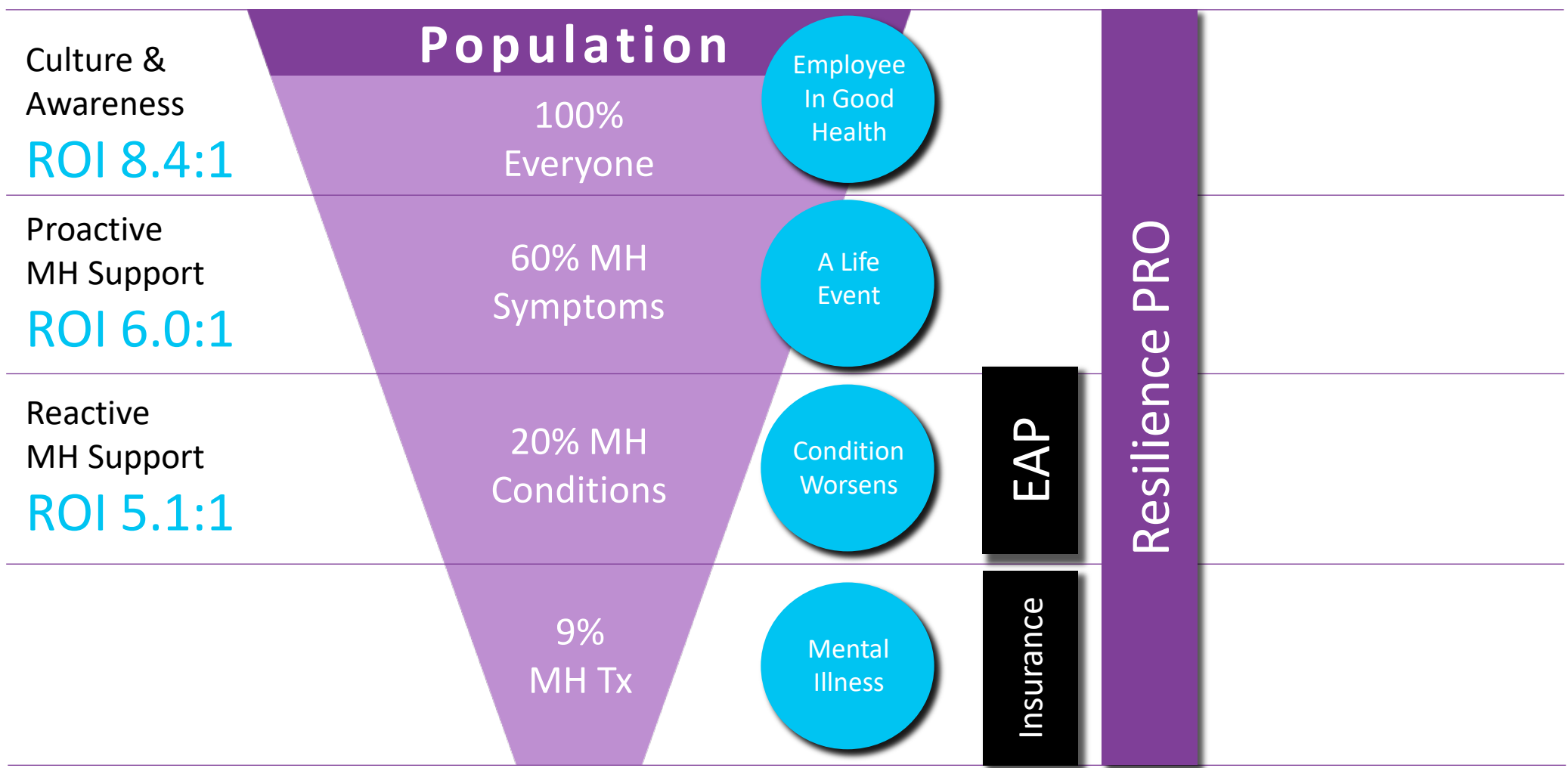
Solution

Apply to Mental Health

Potential ROI for each stage of Prevention:

Mental Health in the Workplace:

Employee Journey



Source: Deloitte-UK Mental Health Employers Monitor Deloitte Oct 2017 PDF

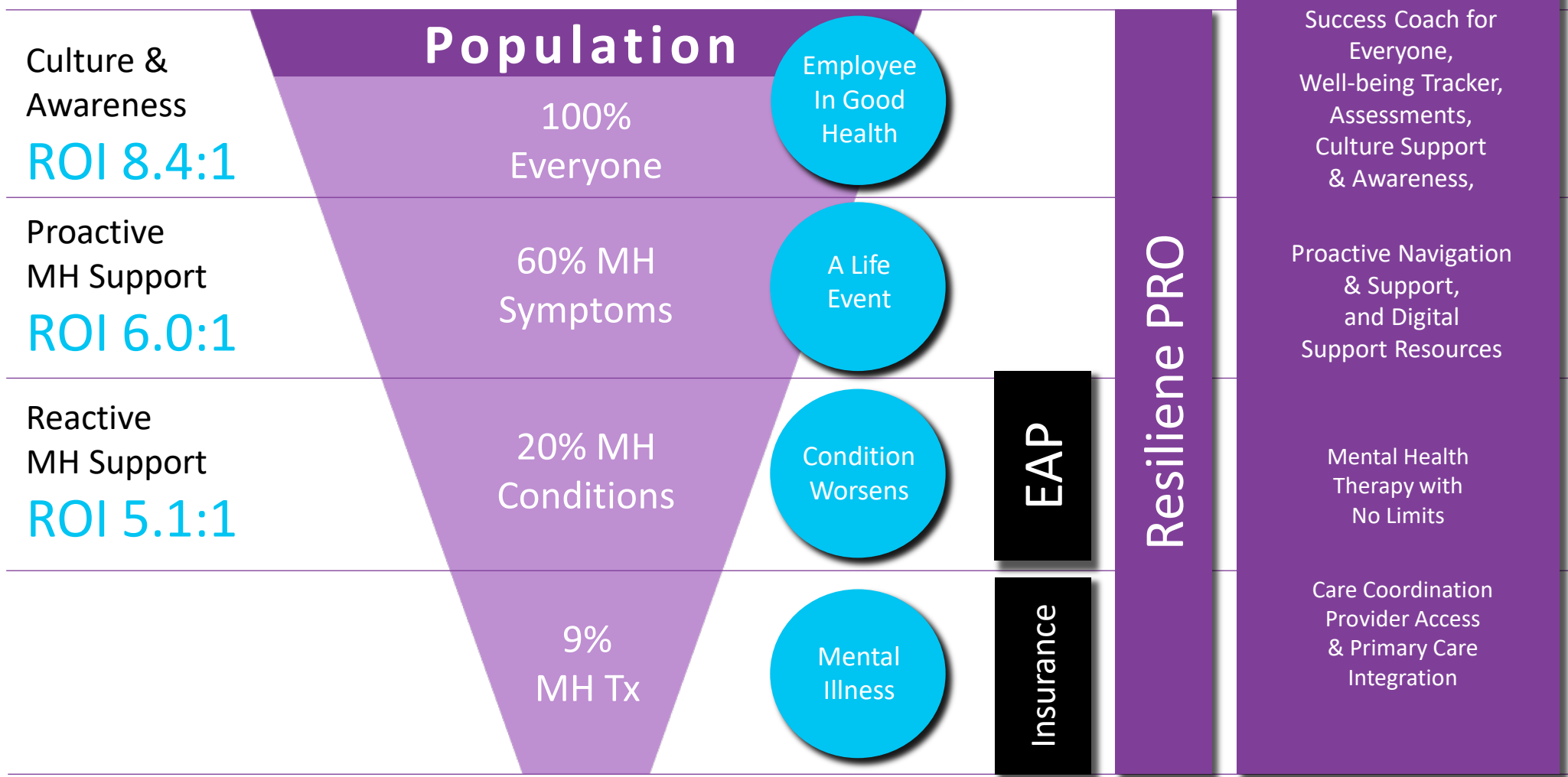
Solution

Apply to Mental Health

Potential ROI for each stage of Prevention:

Mental Health in the Workplace:

Employee Journey



Source: Deloitte-UK Mental Health Employers Monitor Deloitte Oct 2017 PDF

Everyone is assigned their own
personal success coach





- Accountability partner
- Support to focus on individual's own goals
- Help making complex behavioral changes
- Someone to celebrate success
- Advocate, navigator and facilitator



- Backed up by a panel of support coaches with access to individual's records
- To ensure on-demand access to someone who cared 24/7
- Evenings and weekends – immediate access to licensed mental health crisis counselor

Solution

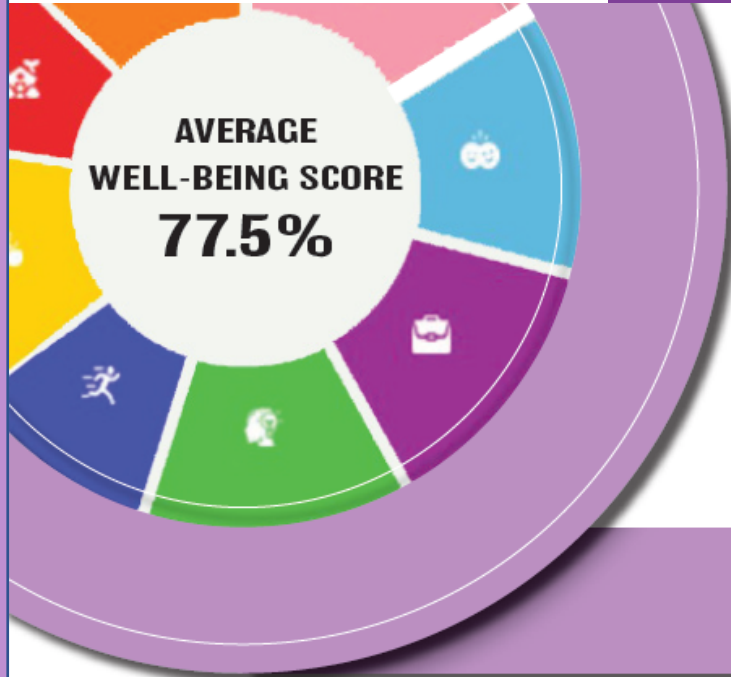
Facilitate Integration



Medical Care

Mental Healthcare





Coach monitors the well-being score of each person to proactively address life issues

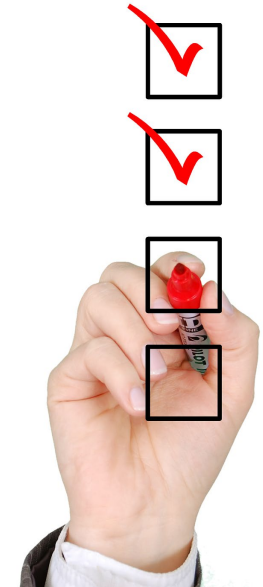
Company Wide Dashboards

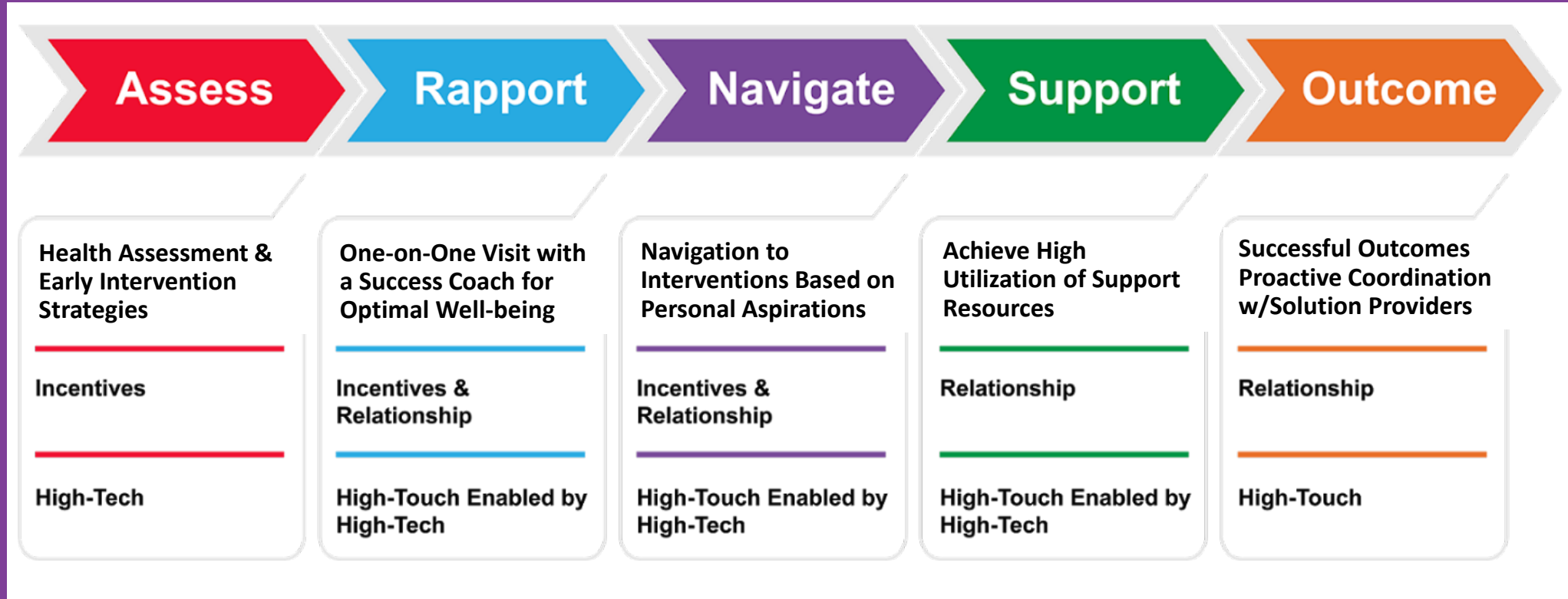
Technology to track Well-being Score



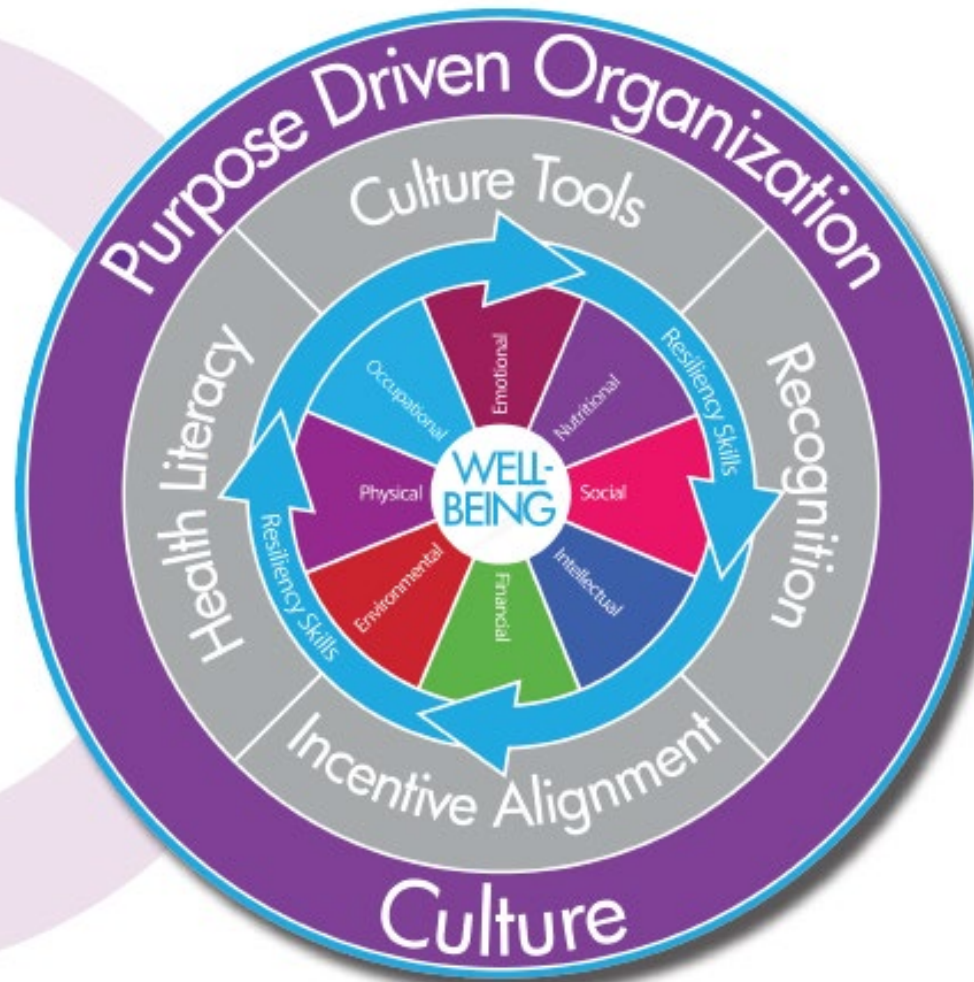
Periodic assessments used for early identification and proactive interventions.

- **Emotional/Well-being Health Assessment**
- **Deluxe Mental Health Questionnaire**





Culture



- **Culture Tools** – Strategies that create and inspire excellence
- **Recognition** – Create individual acknowledgement to engage and facilitate a healthy community
- **Incentive Alignment** – Create balance and optimize all elements of health, organization wide.
- **Health Literacy** – Create knowledge and understanding of benefit resources.

Interactive educational seminars on-line or at the worksite on a broad spectrum of topics to enhance mental health awareness

Offered by highly skilled speakers

A

FAMILY MATTERS

Parenting, bullying, caregiving, children and divorce, dealing with change, handling a family crisis, helping troubled teens, preparing for college, screen guide, single parenting and teaching children about money.

B

HEALTHY LIVING

Addiction, alternative medicine: fact or fiction, be positive, body image, conquering fear and anxiety, dealing with mental illness, sleep issues, depression, eating disorders, diabetes, exercise, and eating right for life.

C

IN THE WORKPLACE

Assertive communication, ergonomics, building a team brand, violence, business etiquette, call center stress management, career transitions, collaborative communication, conflict management and storytelling.

D

MINDING YOUR MONEY

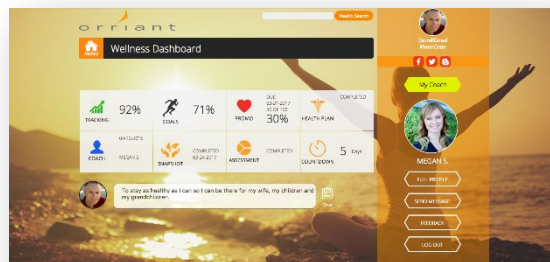
Banking, credit, college tuition, documents for life, mortgages, estate planning, holiday budgeting, investment basics, planning a financial future, money basics, and managing your money in tough times.

E

MILLENNIALS AND GEN ZERS

Campus to career: transitioning into the workplace, communicating in a tech world, don't forget your social life, productivity skills, stress management for the new professional and managing your boss.

Well-being Dashboards



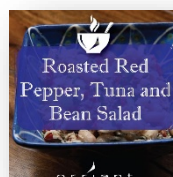
Webinars



Social Media



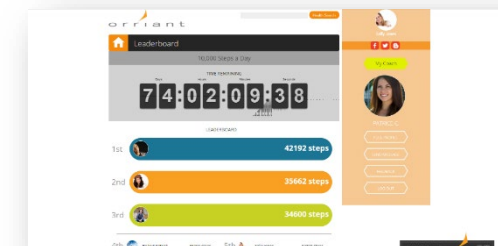
Healthy Recipes



Resilience Challenges



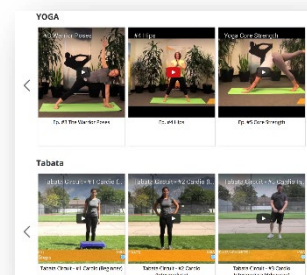
Leaderboards



Newsletters



Videos

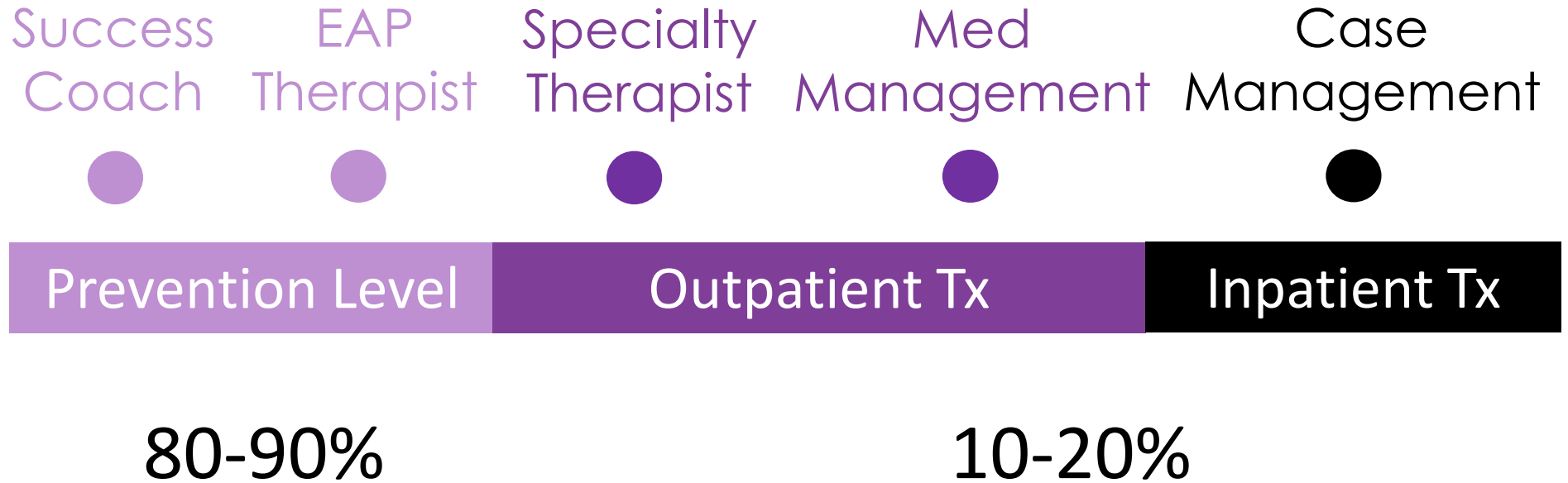


Mindfulness Apps



Solution

Full Continuum of Services



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can lay over all your existing
benefits to drive engagement

Current
Coaching
Program

Current
Financial
Wellness

Current
Well-being
Programs

Current
EAP

Current
Case
Mgmt.

no need to change anything

Solution

Full Continuum of Services

Or,

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can replace your existing benefits
for a fully integrated MH solution

resilience^{pro}
Coaching
Program

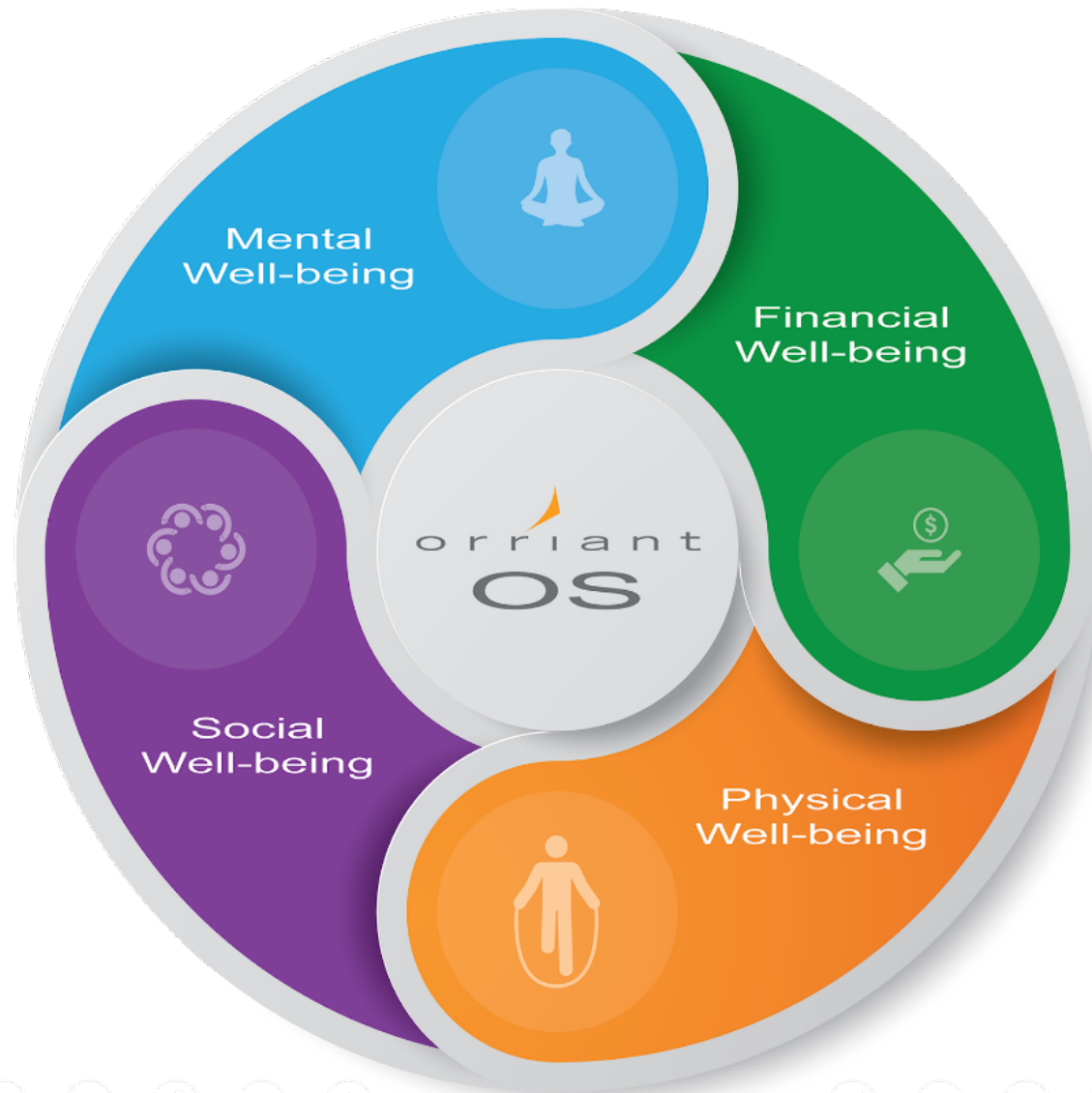
resilience^{pro}
Financial
Wellness

resilience^{pro}
Well-being
Program

resilience^{pro}
EAP

resilience^{pro}
Case
Mgmt.

replace just one, or all



Questions?

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