



GRATEFUL THANKFUL BLESSED

a Heartstring Samplery design by Beth Twist

Free Chart for Thanksgiving 2018

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This simple little design was stitched on 40 count Patriot's Brew by R & R Reproductions, using the threads mentioned on the chart. The candle holder that it rests in was found at Hobby Lobby (Wood Pedestal Candle Holder- Small, part #1453513). I designed it specifically to fit this candle holder, which has an opening that measure 3 1/8 inches in diameter. *However, you may choose to finish it in any way your heart desires, on any size linen or other fabric, with any color of threads.*

My only requirement for this design is that as you stitch it you do it with a thankful heart and think about the many ways you have been blessed. It has been proven that thankfulness has the power to banish darkness from the corners of our minds. I try to operate with a heart of gratitude daily, not just during the month of November. I won't deny that this is a big challenge, but I've found this practice to dramatically shift my attitude toward my circumstances in a most positive way.

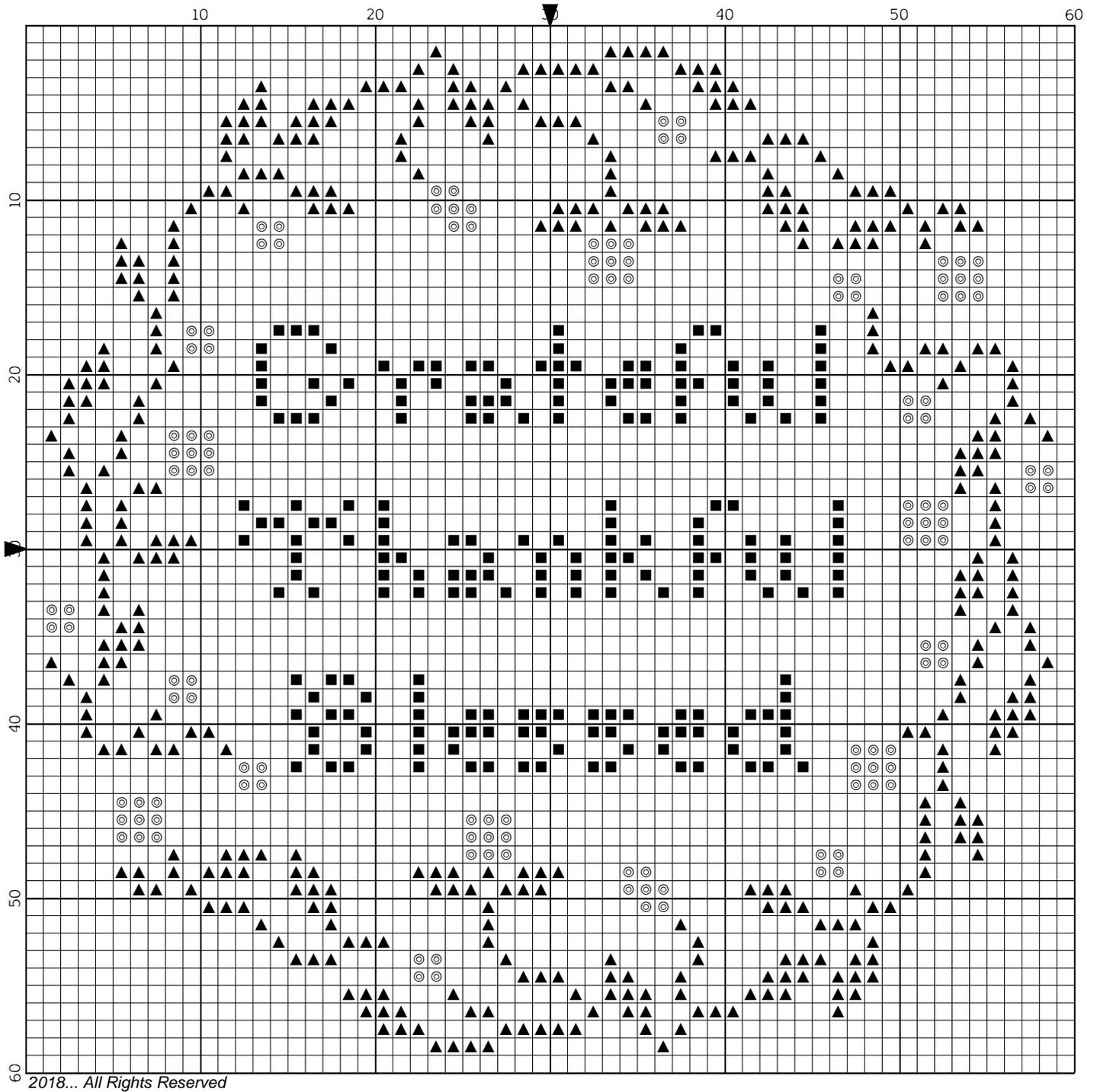
Please don't hesitate to contact me with any questions you may have regarding this design, and also feel free to send me a picture of your finish, as well as any story you may want to share about how gratitude has changed your life. My email address is: beth@heartstringsamplery.com

Shop owners, feel free to print up as many copies of this design as you want, and distribute freely to your customers. Stitchers, please do the same, sharing this design with as many of your stitching friends as are interested. It is my free gift to you.

I am so thankful for the blessing of being able to create cross stitch designs that are met with welcoming arms. I could have never imagined ten years ago that I would still be skipping down this happy path; you have made it possible for me to have a dream for an occupation. As I stitched this model, it was with a Grateful Thankful Blessed heart, because of YOU.

Happy Stitching! ♥ Beth

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Legend:

- ▲ CCC-250 Pine Needles
- ◎ CCC-251 Autumn Spice
- GAF-1111 Acorn