We are the same
We live, dream, breathe, love, explore, grow old, we are humans.
All life is precious, everyone matters, our origins are the same, we are the same.

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a Heartstring Samplery design
by Beth Twist
some thoughts that my soul needed to express this morning. a prayer for peace.

we are the same.
we breathe the same.
our hearts beat the same.
synapses fire in brains; food digests in intestines; muscles flex and contract.
we are humans.
made from the same flesh.
formed in the same uterus.
we live love nurture provide dream seek explore grow old.

the same.
bio logically emotionally metaphysically we are the same.

only one thing declares some apart from the other.
one human different from another.
there is one dividing substance that should cause segregation.
one flint one spark that should rightfully cause one human to stand against another.
one and only one thing should cause us to raise our fists.
to stand. to protest. to defend.

hate.

hate does not know color or socioeconomic privilege.
hate only knows hate.
it swells in the souls of humankind in every province every state every race.
hate unites in brutality toward beauty and love and innocence.

but love will win.
love always wins.
Love already won.

where there is hatred, let me sow love.
where there is injury, pardon.
where there is doubt, faith.
where there is despair, hope.
Lord, make me an instrument of your peace.

let peace begin with me.
let nothing divide me from my sisters my brothers my fellow humankind.
let me seek ways to foster unity to break the bones of racism.
let all of us rise up peacefully with love with kindred hearts
and say no more; we are the same.

Beth Twist
May 29, 2020
We are the Same... a Heartstring Samplery design by Beth Twist

Legend:
- WDW-1112  Banana Pudding
- WDW-1238  Cappuccino
- WDW-2239a Carolina Cecil
- WDW-1232  Driftwood
- WDW-1240  Dirt Road
- WDW-1193  Guacamole
- WDW-3902  Kohl
- WDW-1101  Light Khaki
- WDW-2194  Lily Pad
- WDW-1127  Skinny Dip
- WDW-2219  Whiskey

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