



THANKFUL EVERY DAY

a *Heartstring Samplers* design by Beth Twist

Free Chart for Thanksgiving 2019

THANKFUL EVERY DAY

a *Heartstring Samplery* design by Beth Twist

Free Chart for Thanksgiving 2019

This simple little design was stitched on 32 count Smashing Jack by Dames of the Needle, using the threads mentioned on the chart. I shaped it into a large pin pillow, and filled it with sheep's wool. *However, you may choose to finish it in any way your heart desires, on any size linen or other fabric, with any color of threads.*

My only requirement for this design is that as you stitch it you do it with a thankful heart and think about the many ways you have been blessed. It has been proven that thankfulness has the power to banish darkness from the corners of our minds. I try to operate with a heart of gratitude daily, not just during the month of November. I won't deny that this is a big challenge, but I've found this practice to dramatically shift my attitude toward my circumstances in a most positive way.

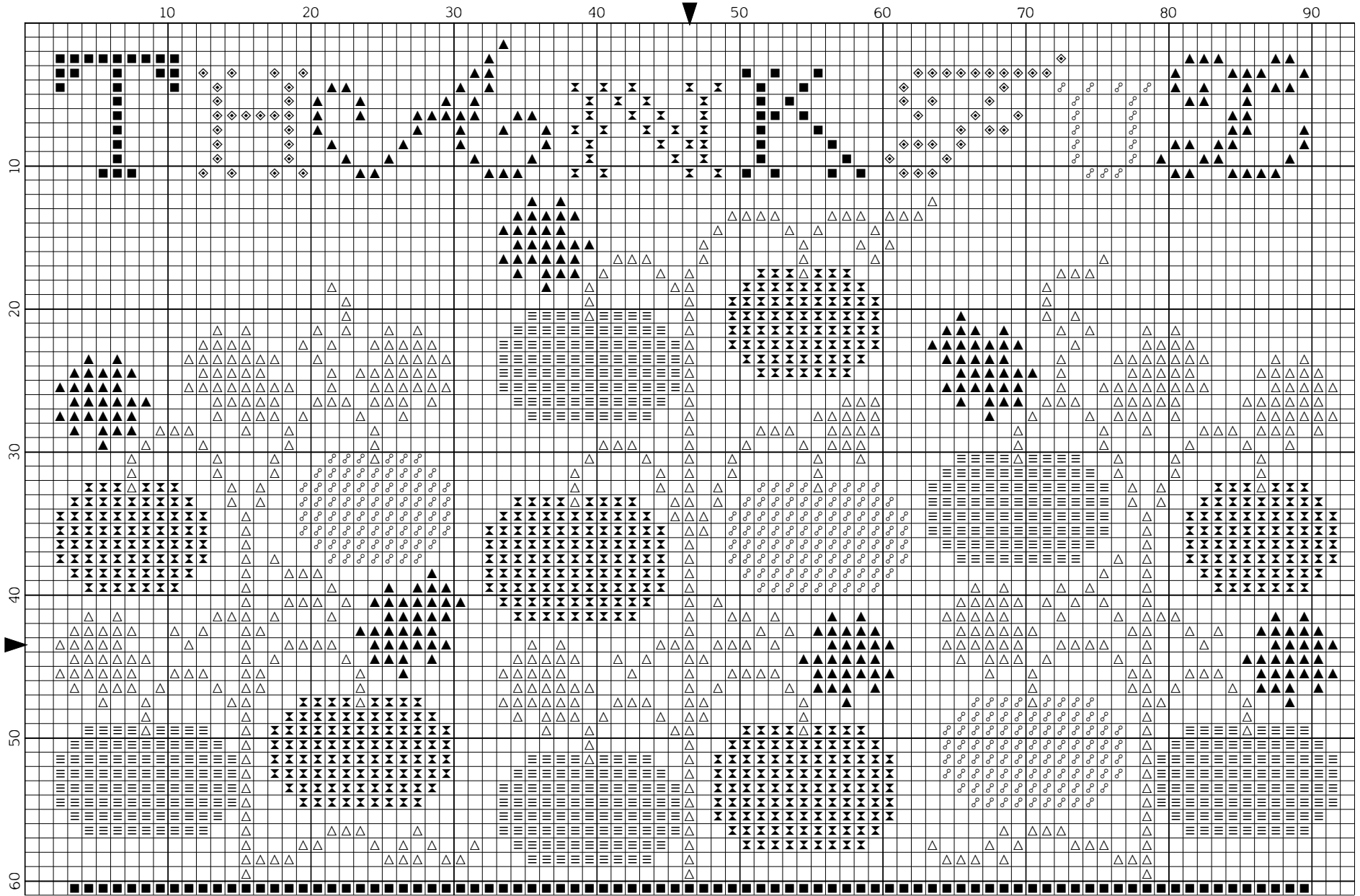
Please don't hesitate to contact me with any questions you may have regarding this design, and also feel free to send me a picture of your finish, as well as any story you may want to share about how gratitude has changed your life. My email address is: beth@heartstringsamplery.com

Shop owners, feel free to print up as many copies of this design as you want, and distribute freely to your customers. Stitchers, please do the same, sharing this design with as many of your stitching friends as are interested. It is my free gift to you.

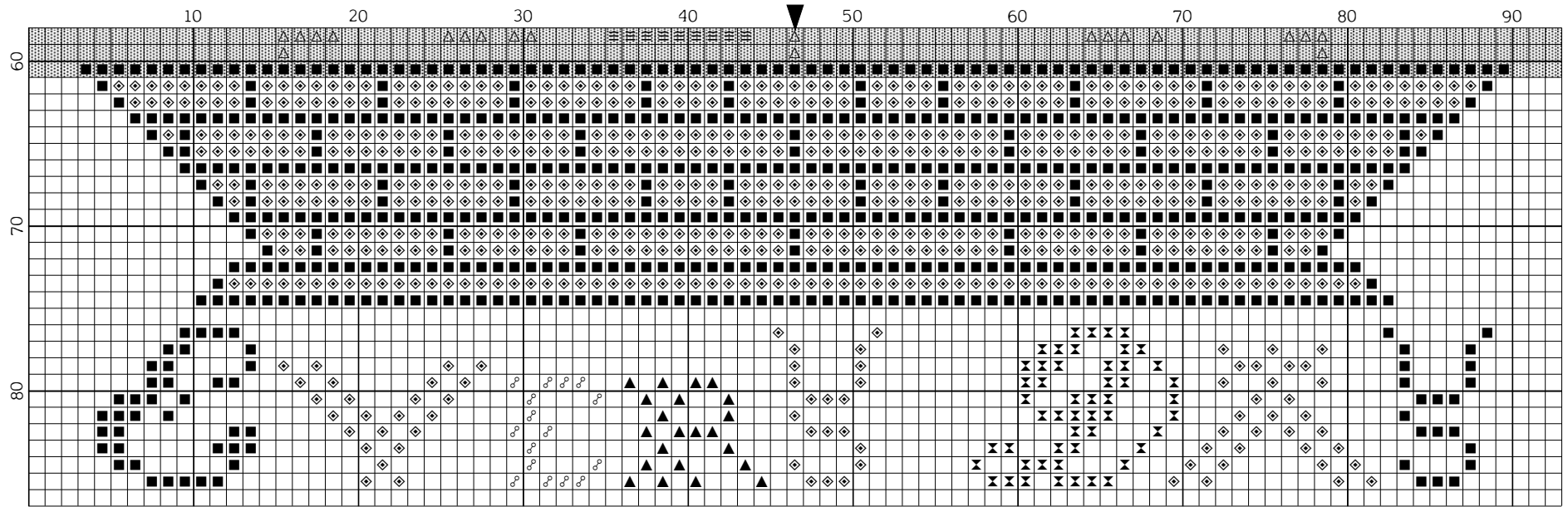
I am so thankful for the blessing of being able to create cross stitch designs that are met with welcoming arms. I could have never imagined twelve years ago that I would still be skipping down this happy path; you have made it possible for me to have a dream for an occupation. As I stitched this model, it was with Thankfulness in my heart EVERY DAY, because of YOU.

Happy Stitching! ♥ *Beth*


Thankful Every Day... a Heartstring Samplers design by Beth Twist



Thankful Every Day... a Heartstring Samplery design by Beth Twist



Legend:

- | | | | |
|--|--|--|---|
|  CCC-251 Autumn Spice |  GAF-7041 Apple Cider |  GAF-7049 Lambswool |  WDW-1274 Terrapin |
|  CCC-192 Caterpillar |  GAF-7080 Endive |  WDW-2239a Carolina Cecil | |