

Therapist & Coaching Contract

Terms of Engagement & Consent Form between Nutritional Therapist and client

Good nutrition and exercise support the body's natural defences and resistance to disease. However, no claim can be made about the efficacy of any advice given.

The Nutritional Therapist & Coach

- Nutritional Therapy advice will be tailored to support medically diagnosed conditions and/or health concerns agreed and identified by the two parties.
- Nutritional Therapists are not permitted to diagnose or claim to treat medical conditions.
- Nutritional Therapy advice is not a substitute for professional medical advice and treatment.

The client

- You are responsible for contacting your medical doctor or specialist about any health concerns you may have.
- Please advise your medical doctor of the Nutritional Therapy protocol you will be following. Also advise any other natural medicine therapist you are consulting.
- It is important that you tell your Nutritional Therapist about any medical diagnosis you have received any prescription medication, natural remedies, and supplements or over the counter medication you are taking as it may affect the Nutritional Therapy programme.
- If you are unclear about any part of your plan, then you should contact me immediately for clarification. Your Nutritional Therapy programme will have a time frame and you should not continue with recommendations outside of this unless agreed by your therapist. This is to avoid any adverse reactions.
- Please report any concerns about your programme to your Nutritional Therapist for discussion at your next consultation.

I understand the above and agree that our professional relationship will be based on the above content of this document.

Signed Agreement:

Client:

Signature:

Date:

Nutritional Therapist & Coach:

Signature:

Date: