

The In-Home Parent Coach®
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Website: <https://www.theinhomeparentcoach.com/>
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Objective: To help provide a positive and caring environment for children and families all across Northern New Jersey.

Education: Rutgers University New Brunswick, NJ.
Master's in Social Work (2007)

William Paterson University Wayne, NJ.
B.A. in Psychology (2002)
Fine Arts Minor

Experience: The In-Home Parent Coach, LLC Rochelle Park, NJ

1/2009-Present CEO/Founder, 12 Week In-Home Parent Leadership Program®

Contract with NJ DCP&P: July 2021-Present

- Parent Leadership Program (12-week Group Program)
- Change from Within Program (26-week Group BIP)
- Fathers Leading Families® (16-week Group Program)

Contract with NJ Child System of Care: July 2014 to Present

Provide in-home therapy (IIH) and individual supports services (ISS) to children, teens, and young adults with Developmental Disabilities.

Provide Court-Approved Services: (2019-Present)

- Court-Approved: Reunification Therapist
- Court-Approved: Therapeutic Supervised Visitation Provider
- Court-Approved: Parent Coach

NJ Child System of Care: CMO Provider (2010-Present)

- MOU- Hudson Partnership September 2011- Present
- MOU-Caring Partners of Morris/Sussex County October 2011-Present
- MOU-Essex County Partnership for Children- April 2012-Present
- MOU- Families and Community Together- September 2013- Present
- MOU- Ocean County CMO- 2019-Present
- MOU- Monmouth County CMO- 2019-Present

NJ Child System of Care: Mobile Response Provider: 2020-Present

- MOU-Passaic County
- MOU- Morris/Sussex County

Certifications:(2013-Present)

- Clinical Supervision Certificate
- Deluth Model Training Certificate

- 9/2006-12/2014 Jewish Family Service Clifton, NJ.
 Out Patient Program, In-Home Parent Leadership Program, P.A.L.S Program (Peace a Learned Solution), Community Case Management Program, Sequoia Program (Senior Citizens) and Value Options/Perform Care (Master's Level)
- Individual Therapy (Children, Adults, Senior Citizens)
 Child Centered Play Therapy (children ages 3–12 years-old)
- Witnessing or experiencing domestic violence
 - Experiencing physical and/or sexual abuse
 - Children experiencing PTSD
 - Children Diagnosed with PDD and other Cognitive/ Developmental Delays.
- Directive Play Therapy (children ages 3-12 years old)
- Witnessing or experiencing domestic violence
 - Experiencing physical and/or sexual abuse
- CBT, REBT, Solution Focused, Behavioral Interventions (Adults)
- Facilitate Group Therapy
- Social Skills Groups (children ages 3-12 years old)
 - Art Therapy Groups (children ages 3-12 years old)
 - Art Therapy Group (Senior Citizens)
 - Recreational Therapy Boys Group (ages 9-12 years old)
- Program Creator/Coordinator (12 Week In-Home Parent Leadership Program)
- Family Therapy
- Creative Arts Therapy (Art Therapy, Therapeutic Games)
 - Talk Therapy (Structural, Behavioral)
- Marital Therapy
- Heavy Case Management
- Locate apartments
 - Locate Furniture
 - Take clients to Legal Services
 - Take clients to Social Services
 - Support with the court system
- In Home Needs Assessments (Through Value Options)
 Intensive In-Community Service Delivery (Through Value Options)
- 9/2005-4/2006 Passaic Beth Israel Medical Center (Internship). Passaic, NJ.
 Partial Hospitalization Program, Intensive Outpatient & Adolescent Programs
- Facilitate and Co-facilitate Group Therapy (PHP, IOP, and Adolescent Substance Abuse Treatment Program)
 - Individual counseling as needed (Adolescent Program ages 14-19)
 - Case Management (Adolescent Program)
- 6/05-9/05 People Care Hackensack, NJ.
 Behavioral Assistant (In-home)
- Behavior Modification for two teens with behavioral difficulties.
 - Individualized treatment goals catered to client
 - Token System
 - Point System

5/03-
4/05 • Supervisor for Mentoring Program
Youth Consultation Services Ramsey, NJ.
Senior Activities Therapist (for emotionally/behaviorally disturbed and developmentally delayed 3-6 year olds)

- Behavior Modification techniques (via Positive Reinforcements)
 - Star Chart
 - Treasure Box
 - Stickers
 - Verbal Praise
 - table manners/proper meal etiquette
 - Anger Management Activities
- Activities for Daily Living Skills
- Fine/Gross Motor Skills
- Second Step Program (Feelings Exploration)
- Prepare Children for Kindergarten

6/02-
9/02 In-Home Tutor/Companion Paterson, NJ
Emotionally disturbed/developmentally delayed 6 year-old and 5 year old sister

- Planned Daily Events
- Academic Activities
- Organized Outings (Parks, Children's Museum, Movies, etc.)

9/01-
4/02 YMCA Wyckoff, NJ.
After School Program/Shining Star Program

- Helped children with Homework (ages 5-12)
- Worked with Developmentally Disabled (ages 7-22)
 - Planned activities/art projects
- Birthday Part Host (3-9)
 - Independently set up tables, chairs and decorations
 - Organized Activities for Sports and Carnival Parties

Presentations: NASW 2017 Conference- Parent as Leaders: Helping Mental Health Professionals Engage and Empower Parents in Treatment. (4 Continuing Education Credits)

Certifications: Clinical Supervision Certificate
Deluth Model Training Certificate
10 Hour Certification on Positive Behavioral Supports (ID/DD Population)

Skills: Spanish speaking (Intermediate Level)
Proficient Computer Skills

Interests: Drawing, Painting, Musical Compositions